



We will be recording this session in case of scheduling conflicts. If you are from SPH, you must sign a release. Link will be with program info on OGHE website.



# OGHE Summer 2024 Global *Interdisciplinary* Programs: Migrant Health Service Learning (Tucson, AZ)

## Sexual and Reproductive Health in Bolivia (+Spanish)

Wed. October 18 - 12:15-1:15 pm

\*See the 10/23 [article](#) on Expanding Global Health Experiences: MHSL and Bolivia



v. 10/11/23

# Office of Global Health Education (OGHE)

- **Sylvia Becker-Dreps, MD, MPH, Director**
- **Heidi White, MIS, Assistant Director**

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\*Location: 3319 Roper Hall

*Schedule an in-person (Mon-Thurs)  
OR virtual appointment (Mon-Fri)*

*Sign up for the [OGHE listserv](#)*





# MHSL Program in Tucson, AZ

- Interdisciplinary SERVICE program (SPH students, Medical Residents)
- Cohort program (together for 9 days)
- Multiple days of volunteer work with non-profits ([Casa Alitas](#)) assisting migrants (recently released from CBP in 1<sup>st</sup> stages of seeking asylum)
  - Arrival welcoming/processing, medical checks, family reconciliation assistance, food, clothing, and travel reservation services at several facilities \*other projects
- Visits to border wall and desert trips with Humane Borders &/or Tucson Samaritans; Learn about border/related issues and complications
- Desert Museum, Desert outlook trips
- Daily meals together/reflections



# MHSL Program Details

- Required Spring Course:

1 credit. Meets in-person Friday afternoons for 8 weeks 1/12-3/8 (1:25-3:20 pm)

- The course examines the migration phenomenon in the Americas from a global public health perspective. We take a broad understanding of migration, as the process of moving from one's place of origin to another forced by different factors (i.e., economic, political, environmental), and migrating with different documentation status (i.e., asylum seekers/ refugees, undocumented/irregular, work visa holders). We examine different patterns of migration in the region of the Americas, the effects on the health of migrants, and the opportunities and challenges to intervene at different points of the migration cycle.
- **For Med Students-GLBE 455: Migrant Health-Service Learning, Tucson, AZ**
- **For MPH students-PUBH 890-002 Special Topics in Public Health Leadership -Public Health & Migration: Persistent Discussions & Emerging Issues**

# MHSL Program Details

- Dates: Depart RDU **Sat., May 25** – Return to RDU **Sun., June 2**
  - For MD/MPH or MPH/PhD in PH – possibility to stay longer for PH practicum/research
    - Talk to SPH contacts for details on this
- Capacity: 9 participants and 3 leaders (one MD)
- Housing: Group lives together in shared rooms in Air B&B.
- We work, prepare meals, eat, *sweat*, sleep, share bathrooms, do house chores *AND* do evening debriefs together during program. *Usually up by 8 am and done with dinner/clean up at 9 pm.*



# MHSL Program Details

- Cost: **\$1,500**, includes:
  - Flight to/from RDU on program dates
  - Housing for program
  - At least 2 meals a day breakfast and dinner (some lunches provided)
  - Group transportation in Tucson
  - Costs for program related trips and sights (museum entrance fees, etc)
- Does not include
  - Flight day expenses (food, airport transport, airline fees for luggage, etc)
  - Food not included/provided on program (some lunches)
  - Donations for charity (clothing, etc)
  - Other supplies/personal items
- For Med Students/Residents – If accepted into the program, **OGHE will cover the \$1,500**
- For MPH & PhD students-*SPH will offer some funding for students for the program that can be used to pay the program fees to OGHE.*

# Requirements/Timeline - MHSL

- Applicants must be in good standing at UNC and able to take the required spring course and participate fully on the program
- Applicants must be responsive to pre-departure requirements (paperwork/communications) & participate in any pre-departure meetings
- Spanish proficiency is not required, but highly useful  
Willingness to try to learn Spanish to assist as needed is required
- [Application](#) is available **Oct 18-Nov 19. Deadline 11:59 Sunday, Nov 19**
  - Biographical Info/Spanish Language experience
  - Personal statement describing your interest, experience and skills related/relevant to the program
  - CV/Resume
  - Faculty Letter of reference/support



## *Listen to Past Participants*





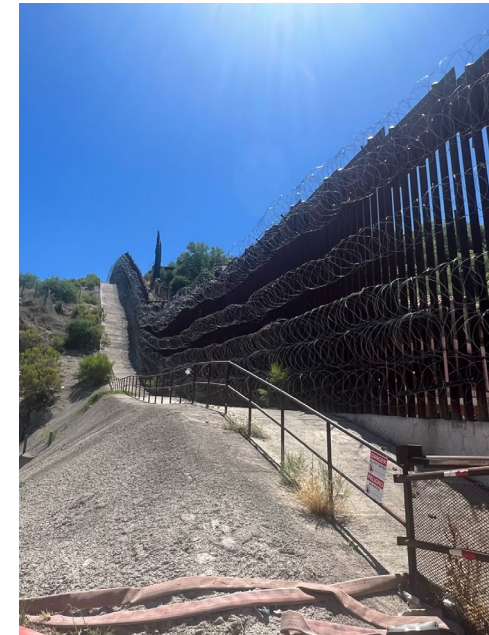
A stylized map of Arizona is centered in the background. It features a large, light orange star in the center. The upper half of the map is divided into alternating yellow and light pink diagonal stripes, while the lower half is a solid light blue color.

# Migrant Health Service Learning '23

By Anya Fernandez, Eduardo “Eggy” Santana-Bueno, and Jack O’Hara

*Listen to Past Participants*

# Where did you go and What did you do there?



# What were some of the benefits of your experience?

Learning about the migrant experience and its effects on the health of current and future patients; the wonderful relationships we built while learning to work well as a team, and..... The food →





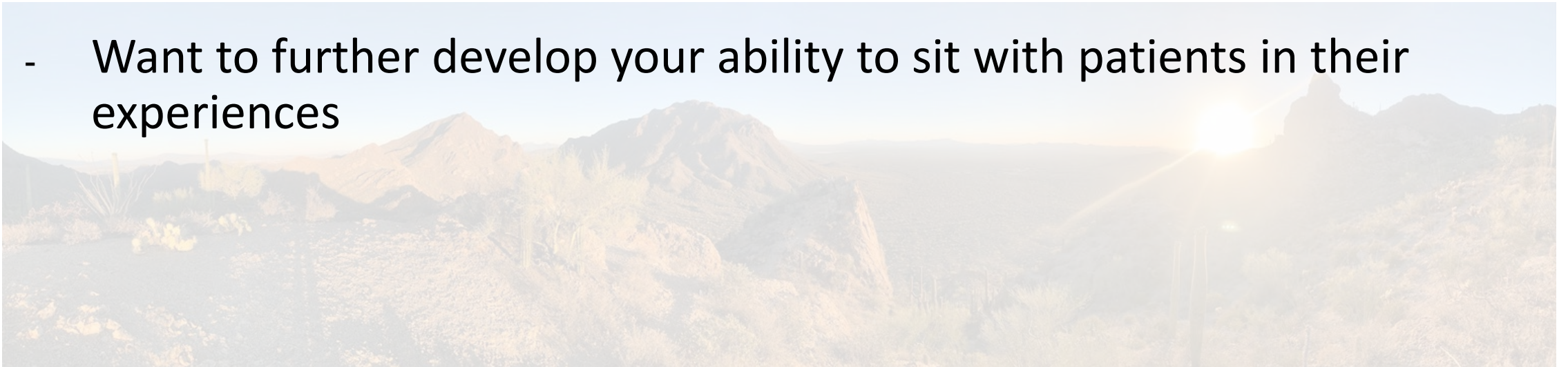
# What were some challenges you encountered?



# What recommendations do you have for future students interested in your program?

GO! If you.....

- Want to LEARN about the migrant experience
- Plan to work with migrant patients
- Want to further develop your ability to sit with patients in their experiences





# Questions?





# Additional Articles/News on Past Programs

- October 2023 [article](#) on Expanding Global Health Experiences: MHSL & Bolivia
- [Blogs from Public Health Student Quintin Van Dyk](#) on his Public Health Practicum (started with MHSL) in Tucson, AZ summer of 2023
- [Recording](#) of American Immigration Council and the American Immigration Lawyers Association (AILA) - unpacking the U.S. asylum process and how it can be improved

## Additional Articles on Asylum Related Issues:

- <https://www.aila.org/highstakesasylum>
- <https://www.aila.org/advo-media/issues/featured-issue-asylum-and-credible-fear>
- <https://immigrationimpact.com/2022/05/31/biden-new-asylum-rules/>
- **EVENT- Monday Oct. 30, 6-7 pm in Global Education Center-Turned Back at the Border: The Situation of Central American Asylum Seekers in Mexico**

# Sexual & Reproductive Health in Bolivia

- 4-week clinical observation & health education elective with CIES
  - Bolivian non-profit
  - 30+ years of experience providing reproductive & sexual healthcare services
  - Access to comprehensive health services
  - Network of clinics throughout Bolivia



# Sexual & Reproductive Health in Bolivia

- Can be combined with 2-week *pre-program* intensive Spanish
- Spanish/medical Spanish classes (afternoons) in person at one site
- Live in homestays or Air B&B (depending on city placement)
- Weekly reflections with the other med students in your city





# Bolivia Program Location Details

- Capacity: ~3 participants at each city location for clinical work (12+ per 4 weeks)

## Clinic Locations:

- **Sucre** - Spanish colonial history. Has language school ([Latino Schools](#)) for in-person language classes. Housing: homestays (inc. 2 meals a day); Best city for lower-level Spanish students.
- **Potosi** - 2.5 hours from Sucre by car. Higher elevation/Colder, smaller town, more rustic, outdoor adventure options, silver mine & larger clinic. ~20% Quechua-monolingual patients. Housing: Air B&B. Virtual Spanish classes available.
- **Cochabamba** – *new location*. Double population of Sucre. 1 hr flight from Sucre. Warmer climate. Housing: Air B&B. Virtual Spanish classes available.
- **Tarija** -- Spanish colonial city near Argentina with population of 200,000. 1 hr flight from Sucre. Housing: Air B&B. Virtual Spanish classes available.





## Elevations

Potosi 13,420

Sucre 9154

Cochabamba 8392

Tarija 6083

Remember: Jun-July is winter in Bolivia

# Bolivia Program Tentative Dates\*

## Cohort I:

- ~2 weeks of **Pre-Program** Spanish- Depart on Sat., May 25  
Spanish classes Mon. May 27-Wed. June 5
- 4-week program – Depart Tues. June 4 if no Pre-Program
  - Orientation for all and excursion to Uyuni Thurs-Sat June 6-8
  - Sun. June 9 travel to clinic city (if needed);
  - Mon. June 10-Tues. July 2 Clinic & Health Ed work
  - Return to US ~July 3/4

## Cohort II:

- ~2 weeks of **Pre-Program** Spanish- Depart on Sat., June  
Spanish classes Mon. June 17-Fri June 28
- 4-week program – Depart on Thurs. June 27 if no Pre-Program
  - Orientation for all and excursion to Uyuni Sat June 29-Mon July 1
  - Tues. July 2 travel to clinic city (if needed);
  - Wed. July 3-Friday, July 26 Clinic & Health Ed work
  - Return to US ~July 27 or 28

Debrief for both Cohorts – in person at SOM on July 29 or 30



# *Bolivia Daily Schedule*

## **Spanish Intensive in Sucre**

- Spanish 8:30 am -12:30 pm
- *Home for lunch 12:30-2:30*
- Additional Spanish classes/homework (if needed) 2:30-5:30 pm

## **Clinical Program in Various Cities**

- Clinic 8:30 am -12:30 pm
- *Home/Break for lunch 12:30-2:30*
- Health Education/Clinic and/or Spanish classes on certain days between 2:30-5:30 pm
- *Other Health Education Activities in the evenings or on weekends*

# Bolivia Program Details

- Costs: \$1,750 for 4 weeks of language (40 hours total); Homestay/with 2 meals a day (Sucre) or Air B&B and transport to the placement city (if needed); orientation/assistance, trip to Uyuni & airport transport to/from for int'l flight.
- \$500 for Clinical Placement/Support/Supervision
- \$50/\$75 medical insurance for 4/6 weeks
- (optional) \$1,100 additional for an additional ~2 weeks of intensive Spanish language classes (40 hours total) with homestay and 2 meals a day

**If accepted into the program, OGHE will cover all the costs above.**

## Costs not covered by OGHE:

- Flight (estimate 800-1500). We will suggest a group flight from Miami to Sucre (AA/Boliviana Air); with possible return from clinical placement city.
- Flight day expenses (food, airport transport, airline fees for luggage, etc)
- Food not included/provided on program (for those in Air B&Bs = most meals)
- Other supplies/personal items
- For MPH & PhD PH students- *Talk to SPH about the possibility of funding for students for the program that can be used to pay the program fees to OGHE. SPH students may want to focus on the health education/advocacy & not clinic placement.*

# Requirements/Timeline - Bolivia

- Applicants must be in good standing at UNC and able to take the required course and participate fully on the program
- No required spring course, but applicants must be responsive to pre-departure requirements (paperwork/communications) & participate in any pre-departure meetings
- Intermediate Spanish proficiency recommended. We highly recommend the intensive additional 2 weeks for those that could use it to improve or brush up on your skills. Medical Spanish classes are possible for those already at a high enough level. The opportunity to use/learn/practice Spanish is a highlight of the program! *BOLIVIAN SPANISH IS THE BEST FOR LEARNING!*
- [Application](#) is available **Oct 18-Nov 19. Deadline 11:59 Sunday, Nov 19**
  - Biographical Info
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  - Cover letter/personal statement describing your interest, experience and skills related/relevant to the program
  - Faculty Letter of reference/support





## *Listen to Past Participants*



## SERVICES



CARE IN  
MEDICAL  
SPECIALTIES:

INTENSIVE CARE - HOSPITALIZATION - CARDIOLOGY -  
CASTROENTEROLOGY - OPHTHALMOLOGY - INTERNAL MEDICINE -  
DERMATOLOGY - NEONATOLOGY AND PEDIATRICS - UROLOGY -  
NEUROLOGY AND NEUROSURGERY - CHILDBIRTH, POSTPARTUM  
AND NEWBORN CARE - CERVICAL AND BREAST CANCER  
PREVENTION - EMERGENCIES - MEDICAL SURGICAL CARE -  
FERTILITY - NUTRITION - OTOLARYNGOLOGY - TRAUMATOLOGY -  
GYNECOLOGY AND OBSTETRICS - FAMILY PLANNING - ITS/HIV/AIDS -  
SEXUAL HEALTH - SERVICES FOR ADOLESCENTS AND YOUNG  
ADULTS.





Questions?



# Most Important Attributes for Both Programs

- Flexibility/Patience/Adaptability – things can and will change before, during and after the program – must be able to go with the flow and adjust quickly if needed to new plan/process/need
- Openness – to always being a student/teacher and using the experience to learn/practice in any way from anyone.
- Ask Questions & Volunteer– ask questions of all to learn more and show curiosity and to show your interest to get involved or be included.
- **MHSL** – be a good listener – each story is individual and private/personal. Be empathetic - be there to learn different perspectives even on the same issue. Be helpful, and conscious of the group and the mission to learn and support/help as much as possible. Do not oversell what you can do or volunteer too much *personal* assistance with the migrants.



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