

UNC SCHOOL OF MEDICINE EMERGENCY PLAN FOR INTERNATIONAL TRAVEL for MEDICAL STUDENTS AND FACULTY

We want you to have safe and enjoyable experiences while you are abroad and we also want to be certain that you have the information needed to respond to an emergency if needed.

PLEASE SAVE IN YOUR EMAIL AND PRINT OUT THIS INFORMATION TO HAVE WITH YOU. ALSO, SAVE A COPY ALONG WITH YOUR PASSPORT INFORMATION, ITINERARY FOR TRAVEL, HOST SITE CONTACT, AND EMERGENCY CONTACT INFORMATION AND SHARE VIA EMAIL WITH A CLOSE FAMILY MEMBER STAYING IN THE USA.

Go to the US State Department website (<https://travel.state.gov>) before you leave the US, and record this information for your country of travel so you have it easily available.

Destination Country: _____

Address and phone # of US Embassy or Consulate: _____

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In the instance of a medical emergency (serious illness/hospitalization or injury/ injury due to sexual or other assault) that may need attention beyond what is locally available while you are out of the USA, contact the GeoBlue Emergency Assistance at 610-254-8771) or email globalhealth@geo-blue.com If it is a life threatening emergency. Seek medical care THEN call GeoBlue Emergency Assistance.

1. If you experience exposure to blood borne pathogens via a needle stick or mucus membrane splash/splatter while in a clinical setting abroad:

- Immediately clean the affected area with soap or sanitizer and water and notify your on-site supervisor or preceptor
- Obtain source patient information as possible (Name, date of birth and MR#, information on HIV status and most recent testing for HIV, Hepatitis B and Hepatitis C). If possible, request source patient testing.
- If you are a student, call UNC Campus Health 24/7 at +001 (919) 966-2281. This service is available 7 days a week, 24 hours a day. When Campus Health Services is closed, the physician on call can be contacted through HealthLink, a nurse advice service affiliated with UNC Healthcare +001-984-974-6303. Identify yourself as a UNC student abroad.
- Initiate PEP (if you have your own kit from Campus or Occupational Health) or request locally available PEP kit from the on-site preceptor. If PEP is not available, return to the U.S. within 72 hours and report immediately to Campus Health.

2. In the instance of a non-medical emergency (know of a disappearance/kidnapping of another student or criminal assault or you are involved in a police action) contact the US embassy or consulate in the country where you are staying. If appropriate, embassy personnel will contact local police on your behalf.

3. If there is concern for serious political crisis or a national disaster, contact the US embassy who will have information available and a plan for US citizens living abroad for safety precautions and/or evacuation if necessary. In the instance of/concern regarding serious political crisis or natural disaster, contact the US embassy THEN contact GeoBlue as in some situations they may assist with evacuation or emergency plans.

4. If you are a victim of sexual assault/sexual violence abroad, you may contact SASHAA (Sexual Assault Support & Help for Americans Abroad). They provide confidential sexual assault prevention & response worldwide:

<http://sashaa.org/contact-the-crisis-center/>

5. In all situations of emergency, contact the UNC Department of Public Safety 24/7 emergency line so that we are able to support you at UNC as well. (919-962-8100). Identify yourself as a UNC **medical student**, ask them to contact Dr. Dent, Assoc. Dean of Student Affairs (919-216-1534/beeper or 919-619-2477/mobile) or office line (919-962-8335) OR the Office of International Activities during business hours (919-962-6195).

Additional info

If you are recording your experiences and photos on a blog or website, please share with the UNC OIA Program Manager and we'll link it to the OIA website (www.med.unc.edu/oia) so others who are interested can follow you.

Post-Travel Support and Counseling Services

When you return to the US, confidential counseling services are available for students, staff and faculty. Students may contact the UNC School of Medicine Wellness Coach, Allison Schad at allison_schad@med.unc.edu or Counseling and Psychological Services at 919-966-2281. Faculty should contact the Employee Assistance Program at 877-314-5841.