



## OFFICE OF GLOBAL HEALTH EDUCATION EMERGENCY PLAN FOR MEDICAL STUDENTS AND RESIDENT PHYSICIANS TRAVELING GLOBALLY

**SAVE A COPY OF THIS EMERGENCY PLAN, PASSPORT COPY, TRAVEL ITINERARY, LOCAL ADDRESS AND CONTACT INFORMATION, AND EMERGENCY CONTACTS AND STORE AND SHARE THESE IMPORTANT TRAVEL DOCUMENTS VIA EMAIL OR GOOGLE FOLDER WITH FAMILY MEMBER STAYING IN THE USA. IN AN EMERGENCY, THEY MAY NEED TO ACCESS THIS INFORMATION ON YOUR BEHALF.**

Go to the US State Department website (<https://travel.state.gov>) before you leave and record this information for your country of travel so you have it easily available. Destination Country: \_\_\_\_\_  
Address and phone # of US Embassy or Consulate: \_\_\_\_\_

**In the instance of a medical emergency, (serious illness/hospitalization or injury/ injury due to sexual or other assault) that may need attention beyond what is locally available while you are out of the USA, contact GeoBlue (24/7 Emergency Assistance at 1-844-268--2686 for customer service or OR +001-610-254-8771 for evacuation) or email [globalhealth@geo-blue.com](mailto:globalhealth@geo-blue.com).**

If it is a life-threatening emergency, first seek medical care, and then call GeoBlue Emergency Assistance.

\* **In all emergencies**, contact the UNC Department of Public Safety 24/7 emergency line so that we are able to support you at UNC **+001 (919) 962-8100**

**Step 1:** Identify yourself as a UNC **medical student** or **resident physician** and ask them to contact School of Medicine senior leadership and for residents, your Department Chair and Program Director. Be prepared to provide a call back number in order for SOM leadership to reach you.

**Step 2:** Call the Office of Global health Education during business hours +001-919-962-6195. Leave a voice mail if there is no response.

**If you experience exposure to blood borne pathogens via a needle stick or mucus membrane splash/splatter, while in a clinical setting abroad:**

1. Immediately clean the affected area with soap or sanitizer and water and notify your on-site supervisor or preceptor
  2. Obtain source patient information as possible (Name, date of birth and MR#, information on HIV status and most recent testing for HIV, Hepatitis B and Hepatitis C). If possible, request source patient testing.
  3. If you are a student, call UNC Campus Health 24/7 at +001 (919) 966-2281. When Campus Health is closed a nurse advice line is also available at this #.
  4. If you are a resident/fellow, call UNC Occupational Health at +001-984-974-4480 (leave a message if not during hours).
  5. Initiate PEP (if you have your own kit from Campus or Occupational Health) or request locally available PEP kit from the on-site preceptor. If PEP is not available, return to the U.S. within 72 hours and report immediately to Campus Health.
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**3. If you experience a non-medical emergency** (e.g. If you are a victim of a criminal assault or involved in a police action or you know of a disappearance of another UNC student) contact the US embassy or consulate in the country where you are staying. If appropriate, embassy personnel will contact local police on your behalf.

**If there is concern for serious political crisis or a national disaster**, contact the U.S. embassy closest to where you are who will have information available and a plan for US citizens living abroad for safety precautions and/or evacuation if necessary. In the instance of/concern regarding serious political crisis or natural disaster, contact the US embassy THEN contact GeoBlue as in some situations they may assist with evacuation or emergency plans.

**4. If you are a victim of sexual assault/sexual violence abroad**, contact the U.S. embassy. You may contact SASHAA (Sexual Assault Support & Help for Americans Abroad). They provide confidential sexual assault prevention & response worldwide: <http://sashaa.org/contact-the-crisis-center/>

### **Post-Travel Support and Counseling Services**

When you return to the US, confidential counseling services are available for students and residents. Students may contact the UNC School of Medicine Wellness Services (<https://www.med.unc.edu/wellness/counseling/>) or CAPS through Campus Health. Residents/fellows and faculty may contact: <https://www.med.unc.edu/psych/wellness-initiatives/taking-care-of-our-own/>

### **Office of Global Health Education**

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