North Carolina Palliative Care Resource Guide



The University of North Carolina at Chapel Hill 12/11/2011





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Table of Contents

- I. Services listed by county p. 2-97
- II. Community Coalitions p. 98-99
- III. National and State Websites p. 100-102
 - A. Online Databases for Palliative Care Related Providers
 - B. Advance Care Planning and Palliative Care Websites
 - C. Disease Specific Websites
 - **D. State Resource Websites**

I. Services listed by county

ALAMANCE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Amedisys Hospice 1111 Huffman Mill Road, Suite 102 Burlington, NC 27215-8862 (336)584-4440

Community Home Care and Hospice 2855 South Church Street Burlington, NC 27215 (336)584-6033

Liberty Home Care and Hospice 2563 Eric Lane, Suite F Burlington, NC 27215 (336)226-4053

Hospice and Palliative Care of Alamance-Caswell 914 Chapel Hill Road Burlington, NC 27215 (336)532-0198

Life Path Home Health 914 Chapel Hill Road Burlington, NC 27215 (336)532-0100

Hospice In- patient Facilities

Hospice Home 918 Chapel Hill Road Burlington, NC 27215 (336)532-0100 Hospice Inpatient Beds: 8; Hospice Residence Beds: 8

Palliative Care Services

Palliative Care Consults, education & assistance Hospice & Palliative Care Center of Alamance-Caswell Collaboration with Alamance Regional Medical Center to provide palliative care services to in-patients at Alamance

Regional, an outpatient palliative care clinic at Alamance Regional Cancer Center Thursday afternoons, and palliative care consults at area nursing homes, and assistive living facilities (limited home visits) 914 Chapel Hill Road Burlington, NC 27215 (336)532-0100

Support Groups

Breast Cancer Support Group For newly diagnosed, those undergoing treatment, and long-term survivors Norville Breast Care Center Alamance Regional Medical Center 1240 Huffman Road Burlington, NC 27216 (336)538-7577

Wings to Recovery Support group for newly-diagnosed cancer patients Alamance Regional Cancer Center 12136 Huffman Mill Road Burlington, NC 27215 (336)586-3737

Cancer Family Support Group Support group for friends and family members of cancer patients Grand Oaks Center Alamance Regional Campus (336)586-3737

Look Good Feel Better Helps women learn beauty techniques to cope with their self-image during cancer treatments Alamance Regional Medical Center Alamance Cancer Center 1236 Huffman Mill Road Burlington, NC 27215 (336)586-3737

Alzheimer's and Related Disorders Family Support Group Support groups for family members of people with Alzheimer's and related disorders The Village at Brookwood, The Gathering Place Call Edith Berkeley at (336)570-8346

Epilepsy Support Group Alamance Regional Cafeteria (336)622-0336

Family Caregivers Support Group Alamance ElderCare Office Call Alamance Eldercare at (336)538-8080

Stroke Support Group Groups provides support and education to stroke survivors and their families (336)538-7500

Healing together Support group for miscarriage, fetal or newborn death Alamance Regional Medical Center Burlington, NC Contact Robin Smith at (336)538-7988

Pediatric Services

KidsCan! Provides emotional support for kids age 6-18 who have a family member with cancer Alamance Regional Cancer Center 1236 Huffman Mill Road Burlington, NC 27215 (336)586-3914 Family Support Network of Central Carolina

Provides support and resources for families of children with: prematurity, developmental disabilities, chronic illness, and other special needs. Serves Alamance, Caswell, Guilford, Randolph, and Rockingham counties 801 Green Valley Road Greensboro, NC 27408 (336)832-6507

Kids Path Hospice and Palliative Care Center of Alamance-Caswell Provides medical services and counseling and support for children 0-18 years old who have a lifethreatening condition 914 Chapel Hill Road Burlington, NC 27215 (336)532-0123

Other Community Resources

Alamance County Department of Social Services 319 N Graham-Hopedale Rd, Suite C Burlington, NC 27217 (336)570-6532

Alamance Regional Cancer Center Provides support groups and transportation assistance through a volunteer list 1240 Huffman Mill Road Burlington, NC 27215 (336)538-7725

Healing Touch

Energy-based therapeutic approach to healing that may enhance physical, emotional, mental and spiritual health Alamance Regional Medical Center Grand Oaks Center 1240 Huffman Mill Road Call the Pastoral Care and Counseling Department (336)538-7475 for information

ALEXANDER

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice and Home Care of Alexander County 50 Lucy Echerd Lane Taylorsville, NC 28681 (828)632-5026

Support Groups

Look Good...Feel Better The Cutting Edge 1274 East Highway 90 Taylorsville, NC 28681 Contact American Cancer Society at (828)237-6333

ALLEGHANY

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) High Country Health Care System 81- A West Doughton Street Sparta, NC 28675 (336)373-8018

Pediatric Services

Family Support Network of the High Country Parent to Parent Family Support is families helping families who have: high risk or premature infants; children with chronic illnesses; children with problems learning, hearing, seeing, moving, talking or controlling their emotions; children and adults with injuries resulting from an accident; and children who have died 2359 Highway 105 Boone, NC 28607 (828) 262-6089 Toll Free Phone: (866) 812-3122

hayeskl@appstate.edu

www.parent2parenthighcountry.org

Covers Alleghany, Ashe, Avery, Mitchell, Watauga, and Yancey counties

Other Community Resources

High Country Health Care Hospice Offers Grief Counseling 81-A W. Doughton St. Sparta, NC 28675 (336)372-8018

Alleghany CARES Offers financial assistance, medication assistance, clothing (336)372-5959

BROC-Blue Ride Opportunity Commission Offers energy assistance, resource referrals 1747 US Hwy 21N Sparta, NC 28675 (336)372-7284

ANSON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice Services of Anson County 205 West Morgan Street Wadesboro, NC 28170 (704)694-4880

Liberty Home Care and Hospice 921 Caswell Street Wadesboro, NC 28170 (704)694--5992

Support Groups

Diabetes Support Group For people with diabetes Calvary Episcopal church Contact Cynthia Furr at (704)695-3233

New Beginnings

Support group for Anson County cancer patients, survivors and family and friends First United Methodist Church Wadesboro Contact Sandra Bruney at (704)694-5211

Compassionate Friends For parents who have lost children Contact Irvin Thompson at (704)826-6063

Brain Injury Support group Contact Peggy Philbrick at (704)355-4354

Pediatric Services

Family Support Network of the Sandhills Offers support for families of children with special needs by providing a oneon-one match with a trained support parent for emotional support and resource sharing 10 Parker Lane, Suite 1 Southern Pines, NC 28374 (910)295-3133, ext. 241 Serves Anson, Harnett, Hoke, Lee, Montgomery, Moore, Richmond, and Scotland counties

Other Community Resources

Parish Nurse & Health Ministries Provides physical, emotional, and spiritual care for individuals through the areas church congregations and community agencies

- Diabetes Self-Management Program Offers diabetes selfmanagement instruction, and individual and group classes (704)695-3405
- Medical Nutrition Therapy Offers services from a registered dietician to assist in

healthy meal planning tailored to the patient's condition or disease (704)695-3233 Carolina's Medical Center Anson Community Hospital 500 Morven Road Wadesboro, NC 28170 (704)695-3233 or visit www.ansonparishnurse.org

ASHE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) High Country Health Care System 392 Highway 88 East Jefferson, NC 28640 (336)246-6443

Support Groups

Look Good...Feel Better Offers hands-on cosmetic techniques to help with appearance related side effects from cancer treatment Ashe Memoria Hospital Jefferson, NC (336)246-3358 or (336)246-3500

Women's Cancer Support Group West Jefferson, NC Contact Jean Colvard at (336)846-3839

Reach to Recovery Breast cancer support and info provided to newly diagnosed or currently in treatment from breast cancer survivors Contact Mary Caryl Elmore at (336)246-7567

Pediatric Services

Family Support Network of the High **Country Parent to Parent** Family Support is families helping families who have: high risk or

premature infants; children with chronic illnesses; children with problems learning, hearing, seeing, moving, talking or controlling their emotions; children and adults with injuries resulting from an accident; and children who have died 2359 Highway 105 Boone, NC 28607 (828) 262-6089 Toll Free Phone: (866) 812-3122 hayeskl@appstate.edu www.parent2parenthighcountry.org Covers Alleghany, Ashe, Avery, Mitchell, Watauga, and Yancey counties

Other Community Resources

BROC-Blue Ride Opportunity Commission Offers energy assistance, resource referrals and weatherization 169 Warrensville School St. Warrensville, NC 28693 (336)384-4543

High Country Health Care System Hospice Offers grief counseling 392 Hwy 88 E Jefferson, NC 28640 (336)246-6443

Mountain Hearts Center for Prevention and Wellness Provides primary and secondary prevention programs for Cardiac, pulmonary, Arthritis, Diabetes and weight management health Ashe Memorial Hospital 200 Hospital Ave Jefferson, NC 28640 (336)846-0744

Ashe County Healthy Carolinians Organizes Community Health Action Teams. Chronic disease information available 200 Hospital Ave Jefferson, NC 28640 (336)846-0781

ACT Against Cancer Coalition Resource information and booklets, contact for American Cancer Society programs in Ashe County Ashe Memorial Hospital 200 Hospital Avenue Jefferson, NC 28640 (336)846-0781

Ashe Outreach Ministries Offers a food pantry 9382 NC Hwy 88 West Warrensville, NC 28693 (336)385-1314 Ashe Medication Assistance Program Provides prescription medication assistance 626 Ashe Central School Road Jefferson, NC 28640 (336)982-6000

Ashe Cancer Education Provides talks on cancer subjects for groups. Educates public about cancer symptoms and treatment options (336)246-7567

AVERY

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Medi Home Hospice 351 West Mitchell Street Newland, NC 28657 (828)733-0663

Support Groups

Reach to Recovery Breast cancer support and info provided to newly diagnosed or currently in treatment from breast cancer survivors

Contact Donna Wise at (828)733-6031

Pediatric Services

Family Support Network of the High **Country Parent to Parent** Family Support is families helping families who have: high risk or premature infants; children with chronic illnesses: children with problems learning, hearing, seeing, moving, talking or controlling their emotions; children and adults with injuries resulting from an accident; and children who have died 2359 Highway 105 Boone, NC 28607 (828) 262-6089 Toll Free Phone: (866) 812-3122 hayeskl@appstate.edu www.parent2parenthighcountry.org Covers Alleghany, Ashe, Avery, Mitchell, Watauga, and Yancey counties

Other Community Resources

Cancer Resource Center Provides printed information on cancer and wigs Cannon Memorial Hospital, Newland Contact Sally Woodring at (828)737-7538

BEAUFORT

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 814 Washington Plaza Shopping Center Washington, NC 27889 (252)946-0312

Continuum Home Care & Hospice of Beaufort County 250 Lovers Lane Washington, NC 27889 (252)975-1636

Other Community Resources

Marion L. Shepard Cancer Center Offer support groups for patients and families, therapeutic massage, restorative yoga and meditation 1209 Brown Street Washington, NC 27889 (252)975-4308 Newsletter: <u>http://www.marionlshepardcancercent</u> <u>er.org</u>

BLADEN

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Lower Cape Fear Hospice 101 South Craig Street PO Box 1984 Elizabethtown, NC 28337 (910)862-3111

Community Home Care & Hospice 411 S Poplar St, Elizabethtown, NC 28337 (910)862-9928

Liberty Home Care and Hospice 501 Doctors Drive Elizabethtown, NC 28337 (910)862-8538

Support Groups

Bladen County Family Caregiver Support Group Support for those in a caregiving role Mt. Zion AME church MLK Jr. Drive Elisabethtown, NC Call (910)272-0121 for information

Sisters Network Support for African-American women with breast cancer and their families Contact Irene Stewart at (910)738-3175 or <u>sistersnetsenc@aol.com</u>

Pediatric Services

Sunrise Kids program Lower Cape Fear Hospice Provides grief support for kids who have experienced the death of someone through an in-school program, individual counseling, and through a grief camp for ages 7-12 101 South Craig Street PO Box 1984 Elizabethtown, NC 28337 (910)862-3111

Family Support of the Greater Cape Fear Region Provides support for families of children with special needs. Serves Bladen, Cumberland, Robeson, and Sampson counties 1211-A Ireland Drive Fayetteville, NC 28304 (910)486-1590

Dorothy Spainhour Children's Center Provides specialized services for children with disabilities including speech, occupational, and physical therapies. Serves Bladen, Cumberland, Harnett, Hoke, Robeson, and Sampson counties 223 Hull Road Fayetteville, NC 28303 (910)483-7283

Other Community Resources

Baptist Association-Bladen Provides emergency assistance for those in crisis or emergency situations P.O. Box 62 Elizabethtown, NC 28337 (910)862-3496

Bladen County NC Department of Social Services Provides emergency assistance including assistance with utilities 208 McKay Street Elizabethtown, NC 28337

(910)862-6800

Bladen Health Watch Provides medication assistance P.O. Box 189 300 Mercer Mill Rd Elizabethtown, NC 28337 (910)862-1294

Four County Council Community Services Provides emergency assistance 2104 S. Elwelle Ferry Rd Council, NC 28434 (910)669-2919

BRUNSWICK

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 117 Suite E Village Road Leland, NC 28451 (910)371-6427 Lower Cape Fear Hospice 10 Doctor's Circle, Suite 4 Supply, NC 28462 (910)754-5356

Liberty Homecare & Hospice Services 1120 Ocean Hwy W Supply, NC 28462 (910)754-8133

Healthkeeperz 6949-1 Beach Drive, SW Ocean Isle, NC 28469 (910)522-0001

Palliative Care Services

Palliative Care Bridge program New Hanover Regional Medical Center Home Care contracts with Lower Cape Fear Hospice to focus on symptom management for patient's whose needs are in between Home Health and Hospice level of care. The program acts as a transition program to Hospice 2131 S. 17th Street Wilmington, NC 28401 (910)343-7000

Support Groups

Big Macedonia Baptist Church Support group for cancer survivors who are post-treatment 405 Big Macedonia Road P.O. Box 494 Supply, NC 28462 (910)757-5709

Breast Cancer Group For all survivors, family, caregivers and friends Southport-Oak Island Breast Cancer Support Group Oak Island Recreation Center Oak Island, NC 28465 Contact Jan Hartlaub at (910)278-4045

Cancer Support Group For any cancer patient, family, and friends Brendan Hall St. Brendan's Catholic Church Supply, NC 28462 Contact Betty Zegan at (910)842-5767 or St. Brendan's at (910)754-8544

Caregivers Support Group For those who provide care for an elderly parent or loved one First Baptist Church Leland 517 Village Rd, NE Leland, NC 28451 (910)371-2233

Grief Support Group

Grief support group for those who have experienced the death of a loved one Ocean View Methodist Church 8400 E. Oak Island Drive Oak Island, NC 28465 (910)278-5973 Cancer Support Group Support group open to those with cancer and their family and friends Trinity United Methodist Church 209 E. Nash St. Southport, NC 28461 (910)457-6633

Juvenile Diabetes Family Connections Program For families who have a child with juvenile diabetes to share resources and information Visit <u>www.jdrftriangle.org</u> or call Shannon at (910)352-2803 or Erin at (910)509-9899

Empty Cradle

Family support group for those who have experienced the death of a child St. Mark's Catholic Church Contact Nora Golden at <u>ngolden28@yahoo.com</u>, (910)270-8783 or Patty White at <u>patty.white@nhrmc.org</u>, (910)342-3413

Living with Grief For adults who have experienced the death of a loved one Lower Cape Fear Hospice 10 Doctors Circle, Suite 4 Supply, NC 28462 (910)754-5356 Contact Julie Errett at (910)796-7991 or Sue Strickler at (910)796-7900

Pediatric Services

Family Support Network of Southeastern NC, Inc. Provides support for families of children with special needs. Serves Brunswick, Columbus, Duplin, New Hanover, and Pender counties 4701-1 Wrightsville Ave., Bldg. 1 Wilmington, NC 28403-6916 (877)749-7011 (910)792-6133 Easter Seals UCP of Greater Wilmington Supports families whose children have disabilities providing information, personal care services, and respite care. Serves Brunswick, New Hanover and Pender counties 33 Darlington Ave. Wilmington, NC 28403 (910)790-5921

Sunrise Kids program Lower Cape Fear Hospice Provides grief support for kids who have experienced the death of someone through an in-school program, individual counseling, and through a grief camp for ages 7-12 10 Doctor's Circle, Suite 4 Supply, NC 28462 (910)754-5356 or contact Julie Errett at (910)796-7991 or Marty Hernandez (910)524-1872

Other Community Resources

Brunswick Family Assistance Agency Provides emergency assistance, clothing, and food assistance 4600-8/9 Main Street Shalotte, NC 28462 (910)754-4766

Brunswick Resource Coalition Provides information on resources in Brunswick County and holds annual resource fairs P.O. Box 491 Bolivia, NC 28422 http://www.brunswickresourcecoalitio n.org

BUNCOMBE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) CarePartners Hospice & Palliative Care Services 21 Belvedere Road Asheville, NC 28803 (828)255-0231

Four Seasons Compassion for Life 571 South Allen Road Flat Rock, NC 28731 (828)692-6178 Serves Buncombe, Henderson, Transylvania, Macon, and Jackson Counties

In-patient Hospice

CarePartners Hospice & Palliative Care Services 21 Belvedere Road Asheville, NC 28803 (828)255-0231 Hospice Inpatient Beds: 15; Hospice Residence Beds: 12

Palliative Care Services

CarePartners Hospice & Palliative Care Services Palliative care team consults available at Mission hospital, nursing facilities, in the home setting, or at the CarePartners campus 21 Belvedere Road Asheville, NC 28803 (828)255-0231

Charles George VA Medical Center Advanced Illness and Palliative Care team provides consults for patients and families 1100 Tunnel Road Asheville, NC 28805 (828)298-7911

Mission Hospital Four Seasons Palliative Care Consultation 509 Biltmore Ave. Asheville, NC 28801 (828)213-1111 Four Seasons Compassion for Life Outpatient Palliative Care Consults Palliative Care consults provided in clinics, home, hospital, nursing home, or assisted living 571 South Allen Rd Flat Rock, NC 28731 (828)692-6178 (Serves Buncombe, Henderson, Transylvania, Macon, and Jackson counties)

Support Groups

CarePartners Hospice & Palliative Care Services Offers support groups related to grief, bereavement, and disease specific groups 21 Belvedere Road Asheville, NC 28803 (828)255-0231 http://www.carepartners.org/pagedisp lay.cfm?mainpage=11

CAPES (Caring for Aging Parents Education and Support) Provides support and education for anyone caring for an older adult Contact Mission Hospital's Senior services at (828)213-4542 or Council on Aging of Buncombe County at (828)277-8288

Leukemia and Lymphoma Support Group Mission's Resource Center Memorial Campus 50 Doctors Drive Asheville (828)213-4656

Cornerstone for adults with diabetes Health Education Center 445 Biltmore Contact Scott and Meg Olmsted at (828)779-6306 Diabetes support group for children and their parents S.W.E.E.T. Revenge-Supporting with Education, Encouragement, and Togetherness For parents of a child with Diabetes Mission's Reuter Outpatient Center in Vanderbilt Park (828)213-1792

ILID-Injecting Life into Diabetes For teens and pre-teens with Diabetes Mission's Reuter Outpatient Center in Vanderbilt Park (828)213-1792

Breast Cancer Support Group Contact American Cancer Society at (828)213-4480

Breast Support Group ABIPA/Parity Achievement Empowerment 70 South Market Street Asheville, NC 28801 For African American woment Contact Wendy Hawthorne at (828)251-8364

Cancer Support Group Biltmore Baptist Church 35 Clayton Road Arden, NC 28704 Contact Evelyn Arthur at (828)687-6268

I Can Cope 120 Executive Park, Building 1 Asheville, NC 28801 Contact American Cancer Society at (828)254-6831

Look Good...Feel Better Hope A Women's Center 100 Ridgefield Court Asheville, NC 28806 And Mission Hospital 534 Biltmore Ave Asheville, NC 28801 Contact American Cancer Society at (828)254-6831

Pediatric Services

Kids Path CarePartners Hospice & Palliative Care Services Meets the needs of children and teens with a life-limiting illness and offers counseling for those experiencing an illness or death of a loved one 21 Belvedere Road Asheville, NC 28803 (828)255-0231

Family Support Network of Western NC Provides support and education for parents whose children have a premature birth, physical, mental, or developmental disabilities, hearing or visual impairment, chronic illness, or other health or learning related disorders 11 Vanderbilt Park Drive Asheville, NC 28803 (828)213-0033 Tollfree: (888) 810-2800 ext. 2 http://www.missionhospitals.org/body childrens.cfm?id=572 Covers Buncombe, Henderson, Madison, and Transylvania counties

Other Community Resources

CarePartners Hospice & Palliative Care Services Offers advanced care planning presentations for the community 21 Belvedere Road Asheville, NC 28803 (828)255-0231

Cancer Centers of North Carolina Provides support groups, a resource room, a patient resource navigator, and classes such as yoga and massage 20 Medical Park Drive Asheville, NC 28803

(828) 254-8232

Mission Hospital Cancer Center Offers support groups, Adult Cancer survivor camp. Services spread around Mission Hospital campus, new Cancer center building expected to open Nov. 2011 509 Biltmore Ave Asheville, NC 28801 (828)213-1111

Pathways-Life After Cancer Offers individual counseling, family/caregiver series, and a survivor group 121 Sherwood Rd Asheville, NC 28803-2426 (828)252-4106

American Cancer Society Offers support groups, information, education, and advocacy 120 Executive Park # 1 Asheville, NC 28801-2426 (828) 254-6931 Hope Women's Cancer Centers Provides support groups and classes 100 Ridgefield Court Aheville, NC 28816 (828)670-8403

BURKE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Burke Hospice and Palliative Care, Inc. 1721 Enon Road Valdese, NC 28690 (828)879-1601

Catawba Hospice and Palliative Care 3975 Robinson Road Newton, NC 28658 (828)466-0466

In-Patient Hospice

Burke Palliative Care Center 1715 Enon Road Valdese, NC 28640 (828)879-1601 Hospice Inpatient Beds: 8; Hospice Residence Beds: 6

Palliative Care Services

Burke Hospice and Palliative Care, Inc. Offer palliative care services in the home setting Serves Burke, Catawba, Caldwell, Avery, McDowell, Rutherford, Cleveland, and Lincoln counties in western North Carolina. 1721 Enon Road Valdese, NC 28690 (828)879-1601

Support Groups

HOPE (Helping Other People Endure) Grace Hospital 2201 South Sterling Street Morganton, NC 28655 Contact Jan Holler at (828)580-6703

I CANCope

Cancer education program for patients and their families Valdese Hospital 720 Malcolm Boulevard Rutherford College, NC 28690 Contact Jan Hollar at (828)580-6703

Look Good...Feel Better Valdese Hospital 720 Malcolm Boulevard Rutherford College, NC 28690 Contact Rhoda Crowe at (828)438-4643

Other Community Resources

Cancer Care Center Blue Ridge Healthcare Offers information, education, and support groups 720 Malcolm Blvd Valdese, NC 28690

(828)874-2251

CABARRUS

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice and Palliative Care of Cabarrus County 5003 Hospice Lane Kannapolis, NC 28081 (704)935-9434

In-Patient Hospice

Bob & Carolyn Tucker Hospice House Hospice & Palliative Care of Cabarrus County 5005 Hospice Lane Kannapolis, NC 28081 (704)935-9434 Hospice Inpatient Beds: 6; Hospice Residence Beds: 6

Palliative Care Services

In-patient palliative care team Carolina's Medical Center Northeast 920 Church Street N. Concord, NC 28025 (704)403-3276

Presbyterian Hospice & Palliative Care Provides palliative care consults in the home, assisted living, and skilled nursing settings 324 N McDowell Street Charlotte, NC 28204-2215 Serves Mecklenburg, Gaston, Lincoln, Cabarrus and Union counties (704)384-6478

Support Groups

Changing the Face of Cancer (CFC) For patients with Stage III or Stage IV cancer Batte Cancer Center conference room 100 Medical Park Drive, Suite 110 Concord, NC 28025 Contact Cora Davis at (704)403-1055 or April Carroll at (704)403-2129

Breast Cancer Support Group For people with newly diagnosed breast cancer Batte Cancer Center conference room 100 Medical Park Drive, Suite 110 Concord, NC 28025 Contact Cindy Wise at (704)403-2392

Look Good...Feel Better Workshop to help female patients undergoing cancer treatment cope with appearance related side effects of treatment 100 Medical Park Drive, Suite 110 Concord, NC 28025 Contact Kristy Wilhoit at (704)403-3100 at ext. 68582

2Young: Support for Young Survivors For young survivors, explore issues related to family and friends, employment, fertility, and other topics Batte Cancer Center conference room 100 Medical Park Drive, Suite 110 Concord, NC 28025 Contact Cindy Wise at (704)403-2392 or Cora Davis at (704)403-1055

Pediatric Services

Family Support Network of Southern Piedmont Support network for families who have a child with special needs. Provides information and referrals, parent-toparent matching, and support P.O. Box 1367 Concord, NC 28026 (704)788-1616 Serves Cabarrus, Iredell, Rowan, Stanley, and Union Counties

Hospice and Palliative Care of Cabarrus County Provides children's individual counseling services, grief support groups and family workshops. Also provides WINGS2 SOAR camp for children and teens age 6-16 who have experienced the death of a loved one 5003 Hospice Lane Kannapolis, NC 28081 (704)935-9434

Kids Path

Program for infants to eighteen years of age, provides home health care, hospice care, or supportive care for seriously ill children and teens and their families. Supportive services include individual or group support and a grief camp, Chameleon's Journey, for children and teens Hospice & Palliative Care Charlotte Region 1420 East Seventh Street Charlotte, NC 28204 Program operates in Cabarrus, Catawba, Cleveland, Gaston, Iredell, Lincoln, Mecklenburg, and Union counties.

(704)375-0100

Easter Seals UCP

Irwin & Carol Belk Children's Center Provides specialized services including speech, occupational, and physical therapies 716 Marsh Road Charlotte, NC 28209 Serves Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties (704)522-9912

Other Community Resources

Batte Cancer Center Provides massage therapy, support groups, the Rejuvenation center offers free wigs, scarves, and hats to cancer patients 920 Church Street N. Concord, NC 28025 Contact Kristy Wilhoit at (704)403-3100, ext. 68582 or Rita Alston at (704)403-2027

Sisters in Partnership (SIP) Volunteer group of African American women who educate women in their community about breast cancer and early detection Carolina Medical Center –Northeast Medical Arts Building Classrooms 1 & 2 920 Church Street Concord, NC 28025 Contact Virginia Hunter at (704)920-1255

CALDWELL

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Caldwell Hospice & Palliative Care, Inc. 902 Kirkwood St. NW Lenoir, NC 28645 (828)754-0101

In-patient Hospice

Jack and Shirley Robbins Center Caldwell Hospice & Palliative Care 526 Pine Mountain Road Hudson, NC 28638 (828)754-0101 Hospice Inpatient Beds: 5; Hospice Residence Beds: 7

Wiliam E. Stevens, Jr. Patient Care Unit at Kirkwood Caldwell Hospice & Palliative Care, Inc. 902 Kirkwood St. NW Lenoir, NC 28645 (828)754-0101 Hospice Inpatient Beds: 4; Hospice Residence Beds: 2

Palliative Care Services

Caldwell Hospice & Palliative Care, Inc. 902 Kirkwood St. NW Lenoir, NC 28645 (828)754-0101

Support Groups

Arm in Arm Group for Breast cancer survivors and lymphedema patients Wig Bank of Caldwell County 226 Mulberry Street SW Lenoir, NC 28645 Contact Crystal Dula at (828)757-5443

Futures Unlimited For cancer survivors and their families Wig Bank of Caldwell County 226 Mulberry Street, SE Lenoir, NC 28645 Contact Crystal Dula at (828)757-5443

Caldwell Memorial Hospital Wig Bank of Caldwell County 226 Mulberry Street SW Lenoir, NC 28645 Contact Crystal Dula at (828)757-5443

Restorative Yoga Support Group Caldwell Memorial Hospital Wig Bank of Caldwell County 226 Mulberry Street SW Lenoir, NC 28645 Contact Crystal Dula at (828)757-5443

With Love Family Caregiver Support Group Wig Bank of Caldwell County 226 Mulberry Street SW Lenoir, NC 28645 Contact Crystal Dula at (828)757-5443

Other Community Resources

Wig Bank of Caldwell County Provides wigs and support services for patients with Cancer 226 Mulberry Street SW Lenoir, NC 28645 (828)757-5443

CARTERET

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 3328-D Bridges Street Morehead City, NC 28557 (252)240-1142

Continuum Home Care & Hospice of Carteret County 210 Foxhall Road Newport, NC 28570 (252)223-2560

Hospice of Carteret County 302 Medical Park Court Morehead City, NC 28557 (252)808-6085

Liberty Home Care and Hospice 1206 Arendell Street Morehead City, NC 28557 (252)247-4748

In-patient Hospice

(In development) Crystal Coast Hospice House Contact: Patti Schweis at (252)247-9246 http://www.crystalcoasthospicehouse. org/hospice-house-events.asp

Other Community Resources

Dr. Amy Charlesworth Makes housecalls when patient can no longer come into the office P.O. Box 825 Morehead City (252)725-9555

Healthy Carolinians Project Website, Carteret Resource Connection has an online list of resources for health, mental health, and aging services HealthyCarteret.org Contact: Ann Hardison at hardisonma@aol.com

Carteret General Hospital

- Training program for Parish nursing and congregational health ministries, assists churches in developing heath ministries and congregational health assessments (252)808-6678
- Website lists support groups and educational programs on website including : Colorectal support group: (252)808-6642, Hospice Bereavement support group: (252)808-6085,
- Leukemia/Lymphoma/Myeloma support group: (252)808-6642, Tickled Pink/Breast Cancer support group: (252)808-6642 <u>http://www.ccgh.org/comunity/</u> <u>support ed programs.shtml</u>
- Old Crystal Bluff's Cancer Center In development

Community Home Care and Hospice Contact: Catherine Uhler Starting a new End of Life Care Coalition Phone: (252)240-1142

CASWELL

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice and Palliative Care of Alamance-Caswell 914 Chapel Hill Road Burlington, NC 27215 (336)532-0198

Palliative Care Services

Palliative Care Consults, education & assistance

Hospice & Palliative Care Center of Alamance-Caswell Provides Palliative care consults at nursing homes and assisted living facilities 914 Chapel Hill Road Burlington, NC 27215 (336)532-0100

Pediatric Services

Family Support Network of Central Carolina Provides support and resources for families of children with: prematurity, developmental disabilities, chronic illness, and other special needs. Serves Alamance, Caswell, Guilford, Randolph, and Rockingham counties 801 Green Valley Road Greensboro, NC 27408 (336)832-6507

Other Community Resources

Caswell Senior Center Provides free and reduced cost wigs, accessories, or styling services 649 Firetower Road Yanceyville, NC 27379 (336)694-7447

CATAWBA

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Palliative Care Center & Hospice of Catawba Valley, Inc 3967 Robinson Road Newton, NC 28658 (828)466-0466

In-patient Hospice

Catawba Valley Hospice House 3961Robinson Road Newton, NC 28658 (828)466-0466 Hospice Inpatient Beds: 11; Hospice Residence Beds: 10

Palliative Care Services

Palliative Care Center & Hospice of Catawba Valley, Inc 3967 Robinson Road Newton, NC 28658 (828)466-0466

Catawba Valley Medical Center Interdisciplinary in-patient palliative care team 810 Fairgrove Church Rd SE Hickory, NC 28602 (828)326-3000

Support Groups

Strides to Recovery Twelve week wellness program for cancer patients Contact Tracy Glover at (828)326-3680

Look Good, Feel Better Catawba Valley Medical Center Helps women deal with appearance related side effects of cancer treatments Call (828)485-2300 to make an appointment with a Look Good instructor

Look Good, Feel Better Frye Regional Medical Center Helps women deal with appearance related side effects of cancer treatments Contact Rebecca Couch at (828)315-3391

I Can Cope Education Series Series of classes to help patients and their families live with cancer Contact Peggy Messick at (828)485-2300

Other Community Resources

Palliative Care Center & Hospice of Catawba Valley, Inc Center for Grief and Loss Offers individual counseling and support groups 208 Union Square Hickory, NC (828)466-0466

Frye Regional Medical Center Offers a cancer resource center, support groups and yoga classes 420 N. Center Street Hickory, NC 28601 (828)315-5000

Catawba Valley Medical Center Community Cancer Resource Center Provides information, resources, and support groups. Offers a CLIMB (Children's Lives Include Moments of Bravery) support program for children whose parents or grandparents have cancer 810 Fairgrove Church Rd SE

Hickory, NC 28602 (828)326-2175

CHATHAM

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 1414 East 11th Street Siler City, NC 27344 (919)663-1244 Hospice of Wake County, Inc. 72 Hillsboro Street, Suites 101 & 102 Pittsboro, NC 27228 (919)828-0890

Liberty Home Care and Hospice 401 East 3rd Street Siler City, NC 27344 (919)472-4843 UNC Hospice 480 Hillsboro Street, Suite 800 Pittsboro, NC 27312 (919)542-5545

Support Groups

Cancer Support Group Support group for people with cancer. Meets in Siler City local restaurants at 6:30pm the 3rd Tuesday of the month For location call Chatham Hospital at (919)663-2113

Pediatric Services

Family Support Network of North Central Carolina Non-profit organization dedicated to supporting, educating, and informing families of children with: prematurity, developmental disabilities, chronic illness, and other special needs 115 Market St., Suite 201 Durham, NC 27701 (919)560-3000 Serves Chatham, Durham, Franklin, Granville, Orange, Person, Vance and Warren counties

Other Community Resources

Joint Orange-Chatham Community Action (JOCCA) Provides emergency assistance 35 Chatham St. W P.O. Box 27 Pittsboro, NC 27312 (919)542-4781

Chatham County Department of Social Services Provides emergency assistance 102 Camp St., P.O. Box 489 Pittsboro, NC 27312 (919)542-2759

CHEROKEE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Good Shepherd Home Health and Hospice Agency, Inc. 379 Whitaker Lane Andrews, NC 28901 (828)321-4113

Community Home Care and Hospice 64 Memorial Drive Andrews, NC 28901 (828)516-9475

Support Groups

Alzheimer's Support Group Alzheimers Association of Western North Carolina Penland Senior Center 69 Alpine Street Murphy, NC 28906 Contact Laura or Tommy Harris at (828)644-0680

Compassionate Friends Offers friendship and understanding to bereaved parents and siblings Penland Senior Center 69 Alpine Street Murphy, NC 28906 Contact Maxine Arve at (828)837-0425 or Mabel Cooke at (828)837-0425

Pediatric Services

Family Support Network of Region A Supports, educates, and empowers families of children with developmental disabilities, attention deficit hyperactivity disorder, genetic disorders, and chronic illness 116 Jackson Street Sylva, NC 28779 (828) 456-8631 x 39 www.regionakids.org/fsn.html Serves Cherokee, Clay, Graham, Haywood, Jackson, Macon, and Swain Counties

CHOWAN

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Chowan County 1341 Paradise Road P.O. Box 566 Edenton, NC 27932 (252)482-7481

Support Groups

Cancer Support Group For patients and caregivers Chowan Hospital 211 Virginia Road Edenton, NC 27932 (252)482-7441

Other Community Resources

Emergency Aid of Edenton Provides medication assistance 1370 N. Broad St. Edenton, NC 27932 (252)482-7060

Chowan County Department of Social Services Provides emergency assistance 113 E. King St, P.O. Box 296 Edenton, NC 27932 (252)482-7441

Edenton-Chowan Food Pantry 1307 N. Broad St. Edenton, NC 27932 (252)482-2504

CLAY

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Good Shepherd Home Health and Hospice Agency, Inc. P.O. Box 465, 165 Highway 64 W Hayesville, NC 28904 (828)389-6311

Support Groups

Cancer Support Group Little Brasstown Baptist Church 6210 Harshaw Road Brasstown, NC 28902 (828)837-8875

Other Community Resources

Clay County Health Department Provides financial assistance 1 Riverside Circle, P.O. Box 55 Hayesville, NC 28904 (828)389-8052

CLEVELAND

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice & Palliative Care Cleveland County 951 Wendover Heights Drive Shelby, NC 28150 (704)487-4677

In-patient Hospice

Kings Mountain Hospice House 321 Kings Mountain Blvd. Kings Mountain, NC 28086 (704)487-4677 Hospice Inpatient Beds: 4; Hospice Residence Beds: 4

Wendover-The Kathleen Dover Hamrick Hospice House 953 Wendover Heights Drive Shelby, NC 28150-3565 (704)487-7018 Hospice Inpatient Beds: 5; Hospice Residence Beds: 9 Hospice

Palliative Care Services

Hospice & Palliative Care Cleveland County Provides palliative care consults in the hospital, nursing home, assisted living, and in-home settings 951 Wendover Heights Drive Shelby, NC 28150 (704)487-4677

Support Groups

Diabetes Support Group Cleveland Regional Medical Center 2nd floor Grover Building (980)487-3953

Healthy Hearts Support Group Cleveland Regional Medical Center Cardiopulmonary Rehab Department (980)487-3659

Pink Ribbon Network Breast Cancer support group Cleveland Regional Medical Center's Blumenthal Cancer Center (980)487-3757

WINGS Cancer Support Group Support group for patients with all types of cancer Cleveland Regional Medical Center's Blumenthal Cancer Center (980)487-3025

Parkinson's Support Group Life Enrichment Center 110 Life Enrichment Blvd Shelby, NC 28150 (704)484-0405

Dementia Support Group (Lunchtime) Neal Senior Center 103 TR Harris Drive Shelby, NC 28150 (704)484-0405

Dementia Support Group (Evening) Life Enrichment Center 110 Life Enrichment Blvd Shelby, NC 28150 (704)484-0405

Evening Alzheimer's Support Group Neisler Life Enrichment Center 222 Kings Mountain Boulevard Kings Mountain, NC 28086-9121 (704)739-4858

Pediatric Services

Family Support Network of the Foothills This program offers support for families of children with special needs by providing a one-on-one parent match with a trained support parent for emotional support, assistance in finding community resources, and sharing parenting experiences. 312 West Marion Street Shelby, NC 28150 (704)480-5620 Covers Cleveland, Gaston, Lincoln, Polk, and Rutherford counties

Other Community Resources

Crisis Ministry Provides emergency assistance for utilities and rent P.O. Box 1335 Kings Mountain, NC 28086 (704)739-7256

Cleveland County Department of Social Services Provides emergency assistance 130 S. Post Rd, Drawer 9006 Shelby, NC 28151 (704)487-0661

Greater Cleveland county Baptist Association, Inc.

Provides emergency assistance 1175 Wyke Rd Shelby, NC 28150 (704)482-3472

Blumenthal Cancer Center Cleveland Regional Medical Center Provides counseling, education, support groups, and information about community resources for people with cancer and their families 201 East Grover Street Shelby, NC (980)487-3000

Hospice & Palliative Care Cleveland County Provides a six week grief support group for those who have lost a loved one, grief workshops and a day camp for children ages 6-16 who are grieving the loss of a loved one 951 Wendover Heights Drive Shelby, NC 28150 (704)487-4677

Faith Community Nursing or Parish nursing Volunteer model for professional nurses who want to improve the health of others through local churches Cleveland County HealthCare System 201 East Grover Street Shelby, NC (980)487-3000

COLUMBUS

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Lower Cape Fear Hospice 206 Warrior Trail Road Whiteville, NC 28472 (910)642-9051 Liberty Home Care & Hospice 46 McNeill Place Whiteville, NC 28472 (910)642-5808

Community Home Care And Hospice 16 White's Crossing Plaza, Suite B Whiteville, NC 28472 (910)642-5009

Liberty Home Care and Hospice 44 McNeil Plaza Whiteville, NC 28472 (910)641-4095

Heartland Home Health Care & Hospice 205 Rattlesnake Trail 4 Mcneill Place Whiteville, NC 28472 (910)641-4095

In-patient Hospice

Columbus County Angel House Hospice Care Center Lower Cape Fear Hospice, Inc. 206 Warrior Trail Whiteville, NC 27842 (910)642-9051 Hospice Inpatient Beds: 6

Support Groups

Faith in Action Cancer Support Group African American Breast Cancer Group Hallsboro, NC Contact Armatha Shular at (910)646-4998 for information

Reach to Recovery Breast Cancer Support Group Support for women with breast cancer by someone who has breast cancer Columbus Regional Healthcare System 500 Jefferson Street Whiteville, NC 28472 (910)642-8011

Diabetes Support Group Support for people with diabetes Education Center Columbus Regional Healthcare System 500 Jefferson Street Whiteville, NC 28472 (910)642-9305

Columbus County Brain Injury Support Group Support for those with brain injuries and their family members Education Center Columbus Regional Healthcare System 500 Jefferson Street Whiteville, NC 28472 Contact Carla Brown at (910)642-1717

Living with Grief For adults who have experienced the death of a loved one Lower Cape Fear Hospice 206 Warrior Trail Road Whiteville, NC 28472 (919)642-9051 Contact Julie Errett at (910)796-7991 or Sue Strickler at (910)796-7900

Pediatric Services

Sunrise Kids program Lower Cape Fear Hospice Provides grief support for kids who have experienced the death of someone through an in-school program, individual counseling, and through a grief camp for ages 7-12 101 South Craig Street PO Box 1984 Elizabethtown, NC 28337 (910)862-3111

Family Support Network of Southeastern NC, Inc. Provides support for families of children with special needs. Serves Brunswick, Columbus, Duplin, New Hanover, and Pender counties 4701-1 Wrightsville Ave., Bldg. 1 Wilmington, NC 28403-6916 (877)749-7011

(910)792-6133

Other Community Resources

Columbus County Help Mission Provides emergency assistance with food, clothing, rent, medications, bills and fuel P.O. Box 1011 127 West Commerce Street Whiteville, NC 28472

(910)642-2724

Four County Community Services, Inc. Provides emergency assistance, USDA food, and a weatherization program P.O. Box 337 425 South Lee Street Whiteville, NC 28472 (910)642-8381

Hospitality House of Wilmington Provides lodging and support services to patients and their families when they are going through a medical crisis 1613 Medical Center Drive Wilmington, NC 28401 (910)763-2130

Lion's Club

Provides financial assistance for health services for people in need including vision and eye care coverage for exams and eye glasses and assistance with the costs of medications and hearing aids P.O. Box 743 Whiteville, NC 28472 (910)640-3604 (910)234-5888

Columbus County Department of Social Services Provides emergency assistance with utility bills and rent P.O. Box 397 Whiteville, NC 28472 (910)642-2800 or (910)640-6631

Support Services

Donayre Cancer Care Center Nursing, nutritional, spiritual, and social service support for patients 500 Jefferson Street Whiteville, NC 28472 (910)642-8220

CRAVEN

Hospice (Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 1423-A South Glenburnie Road New Bern, NC 28563 (252)672-8301

Continuum Home Care & Hospice of Craven County 1505 South Glenburnie Road, Unit K New Bern, NC 28562 (252)638-6821 United Hospice of Coastal Carolina 1310 Helen Avenue New Bern, NC 28560 (252)633-4311

Craven County Health Dept. Home Health-Hospice Agency (Home Care with Hospice) 2818 Neuse Boulevard New Bern, NC 28562 (252)636-4930

Support Group

Compassionate Friends Chapter Support group for family who have suffered the death of a child First Baptist Church 239 Middle St. New Bern, NC 28560 (252)638-4483

Pediatric services

Easter Seals United Cerebral Palsy (UCP)

Provide specialized services for children with and without disabilities including speech, occupational, and physical therapies (252)636-6007

Other Community Resources

Lenoir Memorial Hospital Information and Referral line LINKline (252)522-7587

Religious Community Services Provide food pantry, clothing closet, financial assistance for rent and utility and prescription medication 919 George Street P.O. Box 704 New Bern, NC 28562 (252)633-2767

Cooperative Extension Provides information on healthy living, Medicare enrollment (252)633-1477

CUMBERLAND

Hospice (Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.)

Liberty Home Care and Hospice 1830 Owen Drive Suite 103 Fayetteville, NC 28304 (910)864-9210

Cape Fear Valley Home Care and Hospice 1830 Owen Drive, Suite 201, 202 & 203 Fayetteville, NC 28304 (910)609-6740

Healthkeeperz Home Care and Hospice 4155 Ferncreek Drive, Suite 201/202 Fayetteville, NC 28314 (910)860-4764 VAMC Fayetteville Hospice and Palliative Care 2300 Ramsey St. Fayetteville, NC (910)488-2120 ext. 7210

Community Home Care and Hospice 5301 Morganton Rd Fayetteville, NC 28314 (910)323-9816

Home Health and Hospice Care (3HC) 2504 Raeford Rd Fayetteville, NC 28305 (910)860-7858

Native Angels Home Health and Hospice 201 E. Livemore Drive Pembroke, NC 28372 1-800-718-1541

In-patient Hospice

Carol S. Roberson Center 2431 Legion Road Fayetteville, NC 28304 (910)429-7000 Hospice Inpatient Beds: 8

Palliative Care Services

Palliative care consults for in-patients and outpatient veterans VAMC Hospice and Palliative Care 2300 Ramsey St. Fayetteville, NC Multiple services (910)488-2120 ext. 7210 Contact: Maureen Running <u>Maureenrunning@va.gov</u> William Okello (910)488-2120 ext. 5807 Williamokello@va.gov

Support Groups

Nutrition Class Cape Fear Valley Cancer Center Lower Level Conference Room Provides information on topics related to nutrition and cancer Every 1st Thursday of the month Call (910)615-6791 for information

Man Talk

Cape Fear Valley Cancer Center Lower Level Conference Room For men who have been diagnosed with cancer 1st Tuesday of the month Call (910)615-6791 for information

Facing Forward Group Cape Fear Valley Cancer Center Lower Level Conference Room For women who have been diagnosed with cancer 2nd Tuesday of the month Call (910)615-6791 for information

Coming Together

Cape Fear Valley Cancer Center Lower level Conference Room For children who have a loved one with cancer. Group for children to discuss their concerns and adults also meet to get information on how to support their kids

Call (910)615-6791 for information

Look Good, Feel Better

Monthly program which teaches wig styling, skin care, and make-up techniques for those going through cancer treatment Call (910)615-7618 for information Share A support group for grieving parents of infants

Fayetteville Diagnostic Center Fayetteville, NC (910)323-2209 Taking Charge of your C.A.R.E. For patients, their friends and family. Group discusses topics related to living with cancer Cape Fear Valley Cancer Center Lower level Conference Room Call (910)615-6791 for information

Cape Fear Valley Hospice Bereavement Support Group Hospice Department, Village Drive Education Center 3418 Village Drive, Fayetteville, NC 28304 Meets first and third Thursday of the month from noon - 1:30 pm For those who have experienced death of a loved one. Call for details. Contact: Chaplain Teresa Strickland or Brenda Kain at (910)609-6511

Fayetteville Area Chapter of the Compassionate Friends Support group for family who have suffered the death of a child or a friend Medical Arts Building(Room 102) 100 Robeson Street Fayetteville, NC 28301 Contact Jennifer at (910)245-3177 or Sharon at (910)484-9437

Fayetteville Brain Injury Support Group Meets in the evening the second Tuesday of the month Care Fear Valley Rehabilitation Center Call Ellen Morales at (910)486-1101 for more information

Caregiver Support Group HealthPlex, Cape Fear Valley Health System 1930 Skibo Road, Classroom C, Fayetteville, NC 28314 Meets fourth Monday of the month at 11:00 am Call Helga Baer at (910)867-5385 for more information

Stroke Support Group Third Wednesday of Month Medical Arts Center 101 Robeson Street Cape Fear Valley Health System Call Laurie Costello at (910)615-8753 for more information

Hepatitis & Chronic Liver Disease For patients with hepatitis or liver disease and their loved ones Meets on the third Wednesday of various months Medical Arts Center 101 Robeson St. Fayetteville, NC Contact Billie Kennedy at (910)864-7828 for information

Lupus Foundation Meets 2nd Tuesday of each month Prudential All American Homes 6920 Cliffdale Rd Fayetteville, NC 28314

Alzheimer's Ministry Provides support for caregivers of people with Alzheimers (910)323-2970

Alzheimer's Caregivers 3rd Tuesday of month Better Health of Cumberland County 142 Bragg Blvd Fayetteville, NC (910)609-1633

Pediatric Services

Cape Fear Children's Center Provides specialized services for children with disabilities including speech, occupational, and physical therapies. 511 Wilson Ave. Spring Lake, NC 28390 (910)436-1211

Fayetteville Developmental Disabilities Services Community skills training, personal care and respite support 351 Wagoner Drive, Suite 130 Fayetteville, NC 28303 (910)487-0388

Other Community Resources

Cape Fear Valley Cancer Center Provides a resource center, support groups and the Oasis Complementary Medicine program which includes massage therapy, reflexology, and healing touch. 1638 Owen Drive Fayetteville, NC 28304 (910)615-7811

Stanton Hospitality House Cape Fear Valley Health System Provides low cost housing for family members of patients who are being treated at the local medical centers. Two houses are located within walking distance to Cape Fear Valley, Southeastern Regional Rehabilitative Center, and Behavioral Health Care-Melrose Center 1617 Roxie Avenue Fayetteville, NC 28304 (910)615-4032

St. Joseph of the Pines Ages 55 and older, enables people to stay in their homes 910-429-7220

Cedar Creek Church of God Offers group classes on inner healing and also has a food bank POB62 Fayetteville, NC 28302

CURRITUCK

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Albemarle Home Care (Home Care with Hospice) *Agency also has a "Bridge" program, providing services for patients with needs in between Home care and Hospice* 2793 Caratoke Hwy Currituck Governmental Currituck, NC 27929 (252)338-4066

Palliative Care service

Albemarle Home Care (Home Care with Hospice) *Agency also has a "Bridge" program, providing services for patients with needs in between Home care and Hospice* 2793 Caratoke Hwy Currituck Governmental Currituck, NC 27929 Phone: (252)338-4066

Support Group

Mt. Zion Cancer Fellowship and Encouragement Group 6480 Carotoke Highway Grandy, NC 27939 Contact: American Cancer Society at (252)453-3559

DARE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Dare County 430 West Health Center Drive Nags Head, NC 27959 (252)441-3116

Dare Home Health and Hospice (Home Care with Hospice) 109 Exeter Street Manteo, NC 27954 (252)475-5028

Support Groups

Compassionate Friends Chapter Support group for family who have suffered the death of a child Elizabeth City Chapter Albemarle Hospital 1144 North Rd St Elizabeth City, NC 27909 Contact: Jeannie at (252)331-1142

The Outer Banks Hospital Cancer Resource Center Provide educational services and support groups including a Compassionate Friends Chapter (Ellie at (252)475-5034) 4800 S. Croatan Highway Nags Head, NC 27959 1-877-359-9179

Christian Breast Cancer Support Group 112 Duck Woods Drive Southern Shores, NC 27949 Contact: Jan Wilson at (252)441-5232

Hatteras Island Cancer Support Group Our Lady of the Seas Catholic Church Buxton, NC 27920 Contact: Sydnee Roberts-Slaughter at (252)473-0830

DAVIDSON

Hospice (Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Davidson County 706 Pineywood Road Thomasville, NC 27360 (336)475-9116

Hospice of Davidson County, Inc. 200 Hospice Way Lexington, NC 27292 (336)475-5444 Liberty Home Care and Hospice 1007 Lexington Ave Thomasville, NC 27360 (336)472-1080

In-patient Hospice

The Henry Etta and Bruce Hinkle Hospice House Hospice of Davidson County 706 Pineywood Road Thomasville, NC 27360 (336)475-9116 Hospice Inpatient Beds: 8; Hospice Residence Beds: 4

Palliative Care Service

Thomasville Medical Center In-patient palliative care unit (newly created) 207 Old Lexington Road Thomasville, NC 27360 Call (336)472-2000 and speak with a hospitalist about admission to this unit

Support Groups

Alzheimer's/Dementia Support Group The Life Center of Davidson County 601 W. Center Street Lexington, NC 27292 Contact Robin or Carolyn at (336)249-2155

Exercise/Support Group For women with Cancer Davidson County Cancer Services, Inc. 25th West 6th Ave. Lexington, NC 27295 (336)249-7265

Caregiver Support Group For caregivers of people with cancer Davidson County Cancer Services, Inc. 25th West 6th Ave. Lexington, NC 27295 (336)249-7265

Cancer Support group For men and women with cancer Davidson County Cancer Services, Inc. 25th West 6th Ave. Lexington, NC 27295 (336)249-7265

Look Good...Feel Better Offered through the American Cancer Society, women who are receiving cancer treatments receive a free beauty makeover Lexington Memorial Hospital 250 Hospital Drive Lexington, NC Call to register American Cancer Society, 1-800-395-5665 or Lexington Memorial Hospital (336)238-4409

Diabetes Support Group Learn about healthy living with Diabetes Lexington Memorial Hospital 250 Hospital Drive Lexington, NC Contact Sally Jones at (336)238-4408

Diabetes Self-Management Class Weekly educational program for people to diabetes to learn the importance of self-care and focus on topics related to diabetes management Lexington Memorial Hospital 250 Hospital Drive Lexington, NC Contact Michelle Cole or Sally Jones at (336)238-4408

Pediatric Service

Family Support Network of Greater Forsyth

Support network and resource referrals for families with children who have a hearing or visual impairment, prematurity at birth, mental challenge or developmental delay, physical impairment, learning disability, chronic illness, trauma resulting from an accident, emotional disturbance, or other disability or medical condition 4505 Shattalon Drive Winston-Salem, NC 27106 (336)924-5301 Serves Davidson, Davie, Forsyth, Stokes, Surry, and Yadkin counties

Other Community Resources

Lexington Memorial Offers Parish Nursing program providing health education, health counseling, advocacy, and spiritual support 250 Hospital Drive Lexington, NC (336)238-4454

Hospice of Davidson County, Inc. Offers workshops, grief counseling, and a grief camp for children 200 Hospice Way Lexington, NC 27292 (336)475-5444

DAVIE

Hospice (Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice & Palliative Care Center 377 Hospital Street, Suite 103 Mocksville, NC 27028 (336)768-3972 Davie County Home Health Agency 642 Wilkesboro Street Mocksville, NC 27028 (336)753-6750

Palliative Care Services

Hospice & Palliative Care Center Provides palliative care in home and nursing home settings 377 Hospital Street, Suite 103 Mocksville, NC 27028 (336)768-3972 Mountain Valley Hospice and Palliative Care

Provides Palliative care services in home and nursing facility settings 401 Technology Lane, Suite 200 & 201 Mount Airy, NC 27030-6692 (336)789-2922

Support Groups

Conversations on Cancer for both men and women with cancer Davie County Library 371 North Main Street Mocksville, NC 27028 Contact Melissa Lyle-Nipper at 800-228-7421 or 336-(336)760-9983

Look Good Feel Better Appearance consultation for women American Cancer Society 800-282-4914 Pink Broomstick[®] Visitation Program Breast cancer peer visitation program Cancer Services, Inc. (336)760-9983 or 800-228-7421 Reach to Recovery Breast cancer program American Cancer Society 800-282-4914

Pediatric Services

Family Support Network of Greater Forsyth Support program for parents with a child having a hearing or visual impairment, prematurity at birth, mental challenge or development delay, physical impairment, learning disability, chronic illness, trauma resulting from an accident, emotional disturbance, or other disability or medical condition. Serves Davidson, Davie, Forsyth, Stokes, Surry, and Yadkin counties 4505 Shattalon Drive Winston-Salem, NC 27106 (336)924-5301 www.fsngreaterforsyth.com

Other Community Resources

Cancer Services, Inc. Services include patient advocacy, breast cancer support programming, medication and financial assistance, equipment and supply loans, healing hands clinics, transportation, and wellness programming. Serves Forsyth, Davie, Stokes, and Yadkin counties 3175 Maplewood Ave Winston-Salem, NC 27103 800-228-7421 http://cancerservicesonline.org

DUPLIN

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Carolina East Home Care and Hospice, Inc. 401 North Main Street Kenansville, NC 28349 (910)296-0819

Community Home Care and Hospice 312 East Southerland Street Wallace, NC 28466 (910)275-0121

Liberty Home Care and Hospice 46 McNeill Plaza Wallace, NC 28472 (910)285-4954

In-patient Hospice

Reba & Milford Quinn Hospice Care Center Carolina East Home Care and Hospice 748 South Kenansville Bypass Kenansvile, NC 28349 (910)275-0050 Hospice Inpatient Beds: 3 Hospice Residence Beds: 3

Pediatric Services

Family Support Network of Southeastern NC, Inc. Provides support for families of children with special needs. Serves Brunswick, Columbus, Duplin, New Hanover, and Pender counties 4701-1 Wrightsville Ave., Bldg. 1 Wilmington, NC 28403-6916 (877)749-7011 (910)792-6133

Other Community Resources

Duplin County Department of Social Services Provides emergency assistance and transportation services 423 N. Main Street Kenansville, NC 28349 (910)296-2200

Duplin County Health Department Provides emergency assistance 340 Seminary St. Kenansville, NC 28349 (910)296-2130

DURHAM

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Amedisys Hospice 2609 Duke Street, Suite 102 Durham, NC 27704-3048 (919)941-9325

Community Home Care and Hospice 1738 Hillandale Road, Suite 203 Durham, NC 27705 (919)806-5040

Duke Hospice 4321 Medical Park Drive, Suite 101 Durham, NC 27704 (919)620-3853 Healthkeeperz 3020 Pickett Road, Suite 402 Durham, NC 27705 (910)522-0001

Hospice of Wake County, Inc. 1822 E. NC Hwy. 54, Suite 250 Durham, NC 27705 (919)828-0890

Liberty Home Care and Hospice 3414 N. Duke Street; Suite 201 Durham, NC 27705 (919)477-4239

In-patient Hospice

Duke Hospice Hock Family Pavilion 4023 N. Roxboro Road Durham, NC 27704 (919)620-3853 Hospice Inpatient Beds: 12

Palliative Care Service

Horizons Palliative Care Division of Hospice of Wake County Provides palliative care assessment and symptom management recommendations for those diagnosed with an advanced illness in hospitals, nursing homes, and home care Serves Wake, Durham, Franklin(limited coverage area), Johnston, and Harnett counties 205 Hospice Circle Raleigh, NC 27607 (919)828-0890

Duke University Hospital In-patient palliative care service provided by an interdisciplinary team 2301 Erwin Road Durham, NC 27710 888-275-3853

Durham Regional Hospital In-patient palliative care service provided by an interdisciplinary team 3643 North Roxboro Road Durham, NC 27704 (919)470-4000

Support Groups

Duke Medicine Website lists support groups sponsored by Duke Medicine <u>http://www.dukehealth.org/events</u> 888-275-3853

Breast and Gynecologic Cancer Support Group Duke Comprehensive Cancer Center Durham, NC 27710 Contact Duke Cancer Patient Support at (919)684-4497 or cancersupport@mc.duke.edu

Look good...Feel Better Duke Comprehensive Cancer Center Durham, NC 27710 <u>www.cancer.duke.edu/support</u> Contact Duke Cancer Support at (919)470-6524 or <u>cancersupport@mc.eduke.edu</u>

Sister's Network Breast Cancer Support Group

Durham, NC

For African-American breast cancer survivors. Provides safe haven to share concerns, questions and learn new ways to regain control of one's life. Contact Valerie Worthy at (919)419-8284

Tender Loving Care Durham, NC 27704 Grief recovery support group Contact Sherry Watson at 800-377-5827 Triangle Area Breast Cancer Support Group Durham, NC 27710 Contact Pearl Shelby at (919)682-3316

Pediatric Services

Duke Children's Hospital & Health Center Pediatric Quality of Life Program (Palliative Care) Offers comprehensive, family-centered care for infant, children, or adolescents who are current inpatients with complex, life-threatening or chronic conditions 2301 Erwin Road Durham, NC 27710 888-275-3853

Ronald McDonald House of Durham Provides low cost housing for families who live at a distance and have a child with a serious illness being treated in the Durham area 506 Alexander Avenue Durham, NC 27706 (919)286-9305 www.ronaldhousedurham.org

Family Support Network of North Central Carolina Non-profit organization dedicated to supporting, educating, and informing families of children with: prematurity, developmental disabilities, chronic illness, and other special needs 115 Market St., Suite 201 Durham, NC 27701 (919)560-3000 Serves Chatham, Durham, Franklin, Granville, Orange, Person, Vance and Warren counties

Other Community Resources

Duke Community Bereavement Services

Provides short-term individual grief counseling, support groups and grief workshops. Free to Duke Hospice families, and available by donation to others.

1001 Corporate Drive Hillsborough, NC 27278

(919)644-6869

Duke Comprehensive Cancer Center Provides counseling, support groups, self-image resources and workshops, volunteer assistance, and education resources to Duke patients and their family members

Duke University Hospital
2301 Erwin Road
Durham, NC 27710
888-ASK-DUKE (888-275-3853)
Morris Cancer Center
Morris Building
200 Trent Drive
Durham, NC 27710
888-ASK-DUKE (888-275-3853)

Cornucopia Cancer Support Center Provides acupuncture, massage, educational classes, yoga, support groups, and a peer support program for people with Cancer 5517 Durham Chapel Hill Blvd Suite 1000 Durham, NC 27707 (919)401-9333 www.cancersupport4u.org

Project Compassion 180 Providence Road, Suite 1-C Chapel Hill, NC 27514 (919)402-1844 http://www.project-

compassion.org

Circles of Care
Network of volunteer Support
Teams that provide health
information, access to care,
practical caregiving and spiritual
support to African Americans living
with advanced cancer and other
illnesses in Durham, Orange,
Chatham and Wake counties
Support Teams
Organize, train, and implement

volunteer support teams to offer

practical, emotional and spiritual support for people living with illness and caregiving in Durham, Orange, and Chatham counties

EDGECOMBE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 1702 Howard Ave. Tarboro, NC 27886 (252)823-1155

Edgecombe HomeCare & Hospice (Home Care with Hospice) 2909 Main Street Tarboro, NC 27886 (252)641-7518

FORSYTH

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Forsyth County 728 Piney Grove Road Kernerville, NC 27284 (336)996-4038

Hospice & Palliative Care Center 101 Hospice Lane Winston Salem, NC 27103 (336)768-3972

In-patient Hospice

Kate B. Reynolds Hospice Home 101 Hospice Lane Winston Salem, NC 27103 (336)760-1114 Hospice Inpatient beds: 20; Hospice Residence beds: 10

Palliative Care Services

Forsyth Medical Center Provides an inpatient unit and Novant inpatient care specialists focusing on symptom management and comfort 3333 Silas Creek Parkway Winston-Salem, NC 27103 (336)718-7041

Wake Forest University Baptist Medical Center

Provides a consultation service and a specialized inpatient unit focusing on the needs of the patient and family by an inter-disciplinary team Medical Center Boulevard Winton-Salem, NC 27157 (336)716-2011

Hospice & Palliative Care Center Provides palliative care in home and nursing home settings 101 Hospice Lane Winston-Salem, NC 27103 (336)768-3972

Support Groups

Active Treatment support group For patients and families currently in treatment Wake Forest University Baptist Medical Center (336)716-3741

Redefining Survival: Women Facing Breast Cancer Together 6-week program Wake Forest University Baptist Medical Center/<u>Cancer Patient Support</u> <u>Program</u> (336)716-7980

CLIMB Program for Families Provides educational and emotional support for children and help with family communication about cancer Cancer Services, Inc. (336)760-9983 or 800-228-7421 Family Support Group For adults with leukemia, multiple myeloma, Hodgkin's Disease and lymphoma Forsyth Regional Cancer Center (336)718-8577 or 866-611-FRCC (3722)

I Can Cope Series of 2-hour classes about cancer, treatment, research and emotions American Cancer Society 800-282-4914 (Patient Services)

Living with Cancer General cancer support group St. Paul's Episcopal Church (336)723-4391

Living Well Beyond Cancer A group to educate and support survivors in a healthy lifestyle after cancer Cancer Services, Inc. (336)760-9983 or 800-228-7421

Look Good Feel Better Appearance consultation for women American Cancer Society 800-282-4914

Lung Group Cancer Services, Inc. (336)760-9983 or 800-228-7421

Man to Man Telephone support for prostate cancer survivors American Cancer Society 800-282-4914

Metastatic & Recurrent Cancer Wellness Group For survivors who are experiencing metastatic or recurrent cancer Cancer Services, Inc. (336)760-9983 or 800-228-7421 My Life With Cancer A 6-week program designed to help manage the 1st year of the cancer journey Cancer Services, Inc. (336)760-9983 or 800-228-7421

Pink Broomstick[®] Breast Cancer Wellness Group Breast cancer survivors group Cancer Services, Inc. (336)760-9983 or 800-228-7421

Pink Broomstick[®] Program Breast cancer peer program for newly diagnosed patients Cancer Services, Inc. Contact Nedra Edwards Hines at 336-760-9983 or 800-(336)228-7421

Survive & Thrive After Treatment Course To help all types of survivors answer the "What's Next?" question they often face after finishing active treatment Cancer Services, Inc. (336)760-9983 or 800-228-7421

Us Too! Prostate cancer survivors and family Forsyth Regional Cancer Center (336)718-8577 or 866-611-FRCC (3722)

Western Piedmont Speak Easy For laryngectomy patients and family members Contact Nancy Reynolds at (336)768-7626

YMCA Sister Speak! African American Breast Cancer Group 1201 Glade Street Winston-Salem, NC 27101 Contact Betty Meadows at (336)722-5138, ext. 232

Young Adults Cancer Support Group Cancer Services, Inc.

3175 Maplewood Ave Winston-Salem, NC 27103 Contact Julie Lanford at 800-228-7421 or (336)760-9983 or julie.lanford@cancerservicesonline.org

Pediatric Services

Ronald McDonald House in Winston-Salem Low cost lodging for families of pediatric inpatients and outpatients from outside of Forsyth county receiving medical care in the Winston-Salem area 419 S. Hawthorne Road Winston-Salem, NC 27103 (336)723-0228

Family Support Network of Greater Forsyth

Support program for parents with a child having a hearing or visual impairment, prematurity at birth, mental challenge or development delay, physical impairment, learning disability, chronic illness, trauma resulting from an accident, emotional disturbance, or other disability or medical condition. Serves Davidson, Davie, Forsyth, Stokes, Surry, and Yadkin counties 4505 Shattalon Drive Winston-Salem, NC 27106 (336)924-5301 www.fsngreaterforsyth.com

Hospice and Palliative Care Center Carousel Pediatric Program Focuses on community support, home health, hospice, and counseling for infants, children, and adolescents. Offers Camp Carousel, a retreat for children and adults who have experienced the loss of a loved one 101 Hospice Lane Winston-Salem, NC 27103 (336)768-3972 Community Pediatric Enhanced Care Team (CPECT)

Team has a community program which links families who have a child with a complex, chronic medical condition with resources such as DME, help with medications, rent and utilities, transportation, and home repairs. CPECT also has an in-patient component providing emotional support and discharge planning.

Wake Forest University Baptist Medical Center Medical Center Boulevard Winton-Salem, NC 27157 Serves Forsyth county only at this time Contact Lisa Hagan at (336)713-9707

Other Community Resources

Comprehensive Cancer Center Wake Forest University Baptist Medical Center Provides counseling for patients and family members, support groups, educational programs, resource center, and appearance consultation Medical Center Boulevard Winston-Salem, NC 27157 (336)716-2255 www.wfubmc.edu/cancer

Derrick L. Davis Forsyth Regional Cancer Center

- Provides nutrition and wellness classes, nurse navigation program, and a learning center 3333 Silas Creek Parkway Winston-Salem, NC 27103 1-866-611-3722 www.forsythmedicalcenter.org
- Cancer Care Coalition Coalition of 8 local agencies formed to help cancer patients and family members during after diagnosis and treatment. Compiles information on

community resources and publishes the Cancer Care Guide Cancer Care Coalition has a listing of local support groups: http://www.wfubmc.edu/Comp rehensive-Cancer-Center/Local-<u>Resources.htm</u> (336)716-9451

Cancer Services, Inc.

Services include patient advocacy, breast cancer support programming, medication and financial assistance, equipment and supply loans, healing hands clinics, transportation, and wellness programming. Serves Forsyth, Davie, Stokes, and Yadkin counties 3175 Maplewood Ave Winston-Salem, NC 27103 800-228-7421 http://cancerservicesonline.org

FRANKLIN

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Amedisys Hospice 3320 US 1 Highway, Suite B Franklinton, NC 27525-8438 (919)494-3773

Community Home Care and Hospice 928 North Main Street Louisburg, NC 27549 (919)496-1206

Continuum Home Care & Hospice of Franklin County 1704 NC 39 Highway N Louisburg, NC 27549 (419)496-7222 Hospice of Wake County, Inc. One Park Place Bldg., Suite 92 60 Wheaton Youngsville, NC 27596 (919)828-0890

Palliative Care Service

Horizons Palliative Care (will come to some parts of Franklin county) Division of Hospice of Wake County Provides palliative care assessment and symptom management recommendations for those diagnosed with an advanced illness in hospitals, nursing homes, and home care Serves Wake, Durham, Franklin, Johnston, and Harnett counties 205 Hospice Circle Raleigh, NC 27607 (919)828-0890

Support Groups

Tender Loving Care 1937 Highway 39 North Louisburg, NC 27549 Contact Chaplain Allen Murph at (919)496-1900

Pediatric Services

Family Support Network of North Central Carolina Non-profit organization dedicated to supporting, educating, and informing families of children with: prematurity, developmental disabilities, chronic illness, and other special needs 115 Market St., Suite 201 Durham, NC 27701 (919)560-3000

GASTON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Gaston Hospice 258 E. Garrison Blvd Gastonia, NC 28054 (704)861-8405

In-patient Hospice

Robin Johnson House - Gaston Hospice 5005 Shepherds Way Drive

Dallas, NC 28034 (704)922-4211 Hospice Inpatient Beds: 6; Hospice Residence Beds: 6

Palliative Care Services

Gaston Hospice Palliative Care consults are coming soon, currently in planning, development stage Contact: Dr. Michael Case 258 E. Garrison Blvd P.O. Box 3984 Gastonia, NC 28054 (704)861-8405

Presbyterian Hospice & Palliative Care Provides palliative care consults in the home, assisted living, and skilled nursing settings 324 N McDowell Street Charlotte, NC 28204-2215 (704)384-6478 Serves Mecklenburg, Gaston, Cabarrus and Union counties

Support Groups

Man to Man Prostate Cancer Group Provides support and information on prostate cancer to men and their spouses CaroMont Cancer Center Gaston Memorial Hospital Call (704)834-3551 for more information

Look Good...Feel Better Seminar offering cosmetic advice for women experiencing side effects of chemotherapy or radiation treatments CaroMont Cancer Center Gaston Memorial Hospital Call (704)834-3551 for more information

The Compassionate Friends- Death of a Child Support Group

Monthly support group for people who have lost a child First Presbyterian Church 1621 E. Garrison Blvd. Gastonia, NC- Call Rose and John at (704)865-7229 for more information

Alzheimer's Support Group Monthly Support group for people who are caring for a loved one with Alzheimer's Disease or other forms of dementia Gaston Hospice office 258 E. Garrison Blvd Water Tower Place Gastonia, NC (704)922-4211

Reach to Recovery

Trained volunteer breast cancer survivors provide emotional support and resources to women newly diagnosed with breast cancer CaroMont Cancer Center Gaston Memorial Hospital Call (704)834-3551 for more information

P.O.W. E. R.

Program for Oncology Wellness, Education, and Rehabilitation Each cancer patient receives a rehabilitation program to improve functioning and promote physical and emotional well-being during the four week program, free for all cancer patients treated through Gaston Memorial Hospital and the affiliated physicians Call Cardiac Health at (704)671-7930 for more information

Pediatric Services

Family Support Network of the Foothills This program offers support for families of children with special needs by providing a one-on-one parent match with a trained support parent for emotional support, assistance in finding community resources, and sharing parenting experiences. 312 West Marion Street Shelby, NC 28150 (704)480-5620 Covers Cleveland, Gaston, Lincoln, Polk, and Rutherford counties

Kids Path

Program for infants to eighteen years of age, provides home health care, hospice care, or supportive care for seriously ill children and teens and their families. Supportive services include individual or group support and a grief camp: Chameleon's Journey, for children and teens Hospice & Palliative Care Charlotte Region 1420 East Seventh Street Charlotte, NC 28204 Program operates in Cabarrus, Catawba, Cleveland, Gaston, Iredell, Lincoln, Mecklenburg, and Union counties (704)375-0100

Other Community Resources

Baptist Association Provides emergency assistance 1607 Rankin Lake Road Gastonia, NC 28052 (704)867-0905

Belmont Community Organization Provides general assistance programs 91 Catawba St., P.O. Box 1248 Belmont, NC 28012 (704)825-4526 Bessemer City Crisis Center Provides emergency assistance including food, medicine, clothing and utilities 111 N 12th St, P.O. Box 921 Bessemer City, NC 28016 (704)629-2147 Salvation Army Provides emergency assistance P.O. Box 1094 Gastonia, NC 28052 (704)867-6145

SOCKS (Serving Our Community with Kindness in Springwood) Provide monetary assistance 160 Woodlawn Ave. McAdenville, NC 28101 (704)827-8780

Gaston County Department of Social Services Provides emergency assistance 330 N. Marietta St. Gastonia, NC 28052 (704)862-7500

Gaston Hospice

Provides advanced directive clinics, support groups, and grief and individual counseling for adults and children, and an annual grief camp for children and their families Dallas, NC 28034 (704)922-4211

New Hope Counseling Center for Grief and Loss Provides support for those who are grieving or who have experienced the death of a loved one Gaston Hospice 258 E. Garrison Blvd Gastonia, NC 28054 (704)861-8405

Cancer Services of Gaston County, Inc. Provides education, a loan library, and a cancer patient assistance program 306 S. Columbia St. Gastonia, NC 28054 (704)864-1271

CaroMont Cancer Center Gaston Memorial Hospital Provides support groups, counseling, a resource library, and information and assistance 2525 Court Drive Gastonia, NC (704)834-3551

GRAHAM

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Graham County 811 Snowbird Road PO Box1147 Robbinsville, NC 28771 (282)479-8421

Pediatric Services

Family Support Network of Region A Supports, educates, and empowers families of children with developmental disabilities, attention deficit hyperactivity disorder, genetic disorders, and chronic illness 116 Jackson Street Sylva, NC 28779 (828) 456-8631 x 39 www.regionakids.org/fsn.html

Serves Cherokee, Clay, Graham, Haywood, Jackson, Macon, and Swain Counties

GRANVILLE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 911 Linden Avenue, Unit #121 Oxford, NC 27565 (919)603-0438

Hospice of Wake County, Inc. 509 North Main Street Creedmoor, NC 27522 (919)828-0890

GREENE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Green County 1304 SE 2nd Street Snow Hill, NC 28580 (252)747-8126

GUILFORD

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Hospice
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(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice and Palliative Care of Greensboro 603 Dolly Madison Road, Suite 200 Greensboro, NC 27410 (336)621-2500

Hospice of the Piedmont, Inc. 1801 Westchester Drive High Point, NC 27262 (336)889-8446

Hospice and Palliative Care of Greensboro 2500 Summit Avenue Greensboro, NC 27405 (336)621-2500

Continuum Home Care & Hospice of Guilford County 308 W. Meadowview Road Greensboro, NC 27406 (225)252-3909

In-patient Hospice

Hospice Home at High Point 1803 Westchester Drive High Point, NC 27262 (336)889-8446 Hospice Inpatient Beds: 6; Hospice Residence Beds: 8 Hospice and Palliative Care of Greensboro-Beacon Place 2500 Summit Avenue Greensboro, NC 27405 (336)621-5301 Hospice Inpatient Beds: 8; Hospice Residence Beds: 6

Palliative Care Services

Moses H. Cone Memorial Hospital, Wesley Long Community Hospital and Hospice and Palliative Care of Greensboro are working together providing inpatient palliative care services using a hospital-based interdisciplinary team at both hospitals

 Moses H. Cone Memorial Hospital
1200 N. Elm St.
Greensboro, NC 27401
(336)832-7000
Wesley Long Community Hospital
501 N. Elam Ave
Greensboro, NC 27403
(336)832-1000

Hospice and Palliative Care of Greensboro Proived Palliative Care services in hospital, long-term-care communities, and assisted living facilities 2500 Summit Avenue Greensboro, NC 27405 (336)621-2500

Hospice & Palliative Care Center Provides palliative care in home and nursing home settings 101 Hospice Lane Winston-Salem, NC 27103 Phone: (336)768-3972

Hospice of the Piedmont, Inc. Provides palliative care consults and care coordination in home and nursing home settings 1801 Westchester Drive High Point, NC 27262 (336)889-8446

Support Groups

Compassionate Friends Chapter Support group for family who have suffered the death of a child Centenary United Methodist Church Greensboro, NC 27403 Contact Margaret at (336)883-1892

Prostate cancer support group Mose Cone Regional Cancer Center 501 N. Elam Ave. Greensboro, NC 27403 Contact Bob Hamilton at (336)832-7950

Young women's Breast Cancer Support Group Moses Cone Regional Cancer Center 501 N. Elam Ave. Greensboro, NC 27403 Contact Terry Moore-Painter at (336)832-0364

Gastronintestinal Cancer Support Group Wesley Long Community Hospital Education Center 501 N. Elam Avenue Greensboro, NC 27403 Contact Terry Moore-Painter at (336)832-0364

Look Good...Feel Better Cancer patients learn about ways to deal with hair loss and other effects of cancer therapies Moses Cone Regional Cancer Center Call the American Cancer Society at 1-888-227-6333 to register

Tai Chi Class for cancer patients and family members Wesley Long Community Hospital Education center 501 N. Elam Avenue Greensboro, NC 27403 Contact Terry Moore-Painter at (336)832-0364

Living with Cancer Support Group For patients and their families. High Point Regional Cancer Center 601 North Elm Street High Point, NC 27262 (336)878-6888

ReVitalize: Cancer Related Fatique Program For cancer survivors experiencing exhaustion and decreased physical abilities. Requires a physician referral and is billable Contact Lois Powers at (336)878-6000, ext. 2472

Look Good, Feel Better program Teaches beauty techniques to women cancer patients in active teatment High Point Regional Cancer Center 601 North Elm Street High Point, NC 27262 Call 1-800-227-2345 to register

Pediatric Services

Kids Path Hospice and Palliative Care of Greensboro 603 Dolly Madison Road, Suite 200 Greensboro, NC 27410 (336)621-2500 Serves children and teens who are coping with their own serious health condition or with an illness or death of a loved one

Kids Path

Meets the needs of children and teens with a life-limiting illness and offers counseling for those experiencing an illness or death of a loved one Hospice of the Piedmont, Inc. 1801 Westchester Drive High Point, NC 27262 (336)889-8446

Family Support Network of Central Carolina Provides support and resources for families of children with: prematurity, developmental disabilities, chronic illness, and other special needs. Serves Alamance, Caswell, Guilford, Randolph, and Rockingham counties 801 Green Valley Road Greensboro, NC 27408 (336)832-6507

Other Community Resources

American Cancer Society Provides advocacy and support for patients with cancer Greensboro Chapter 4 Oak Branch Drive Greensboro, NC 27407 (336)834-0844

Moses Cone Regional Cancer Center Provides education, support groups and massage and yoga for cancer patients 501 N. Elam Ave. Greensboro, NC 27403 (336)832-1100

High Point Regional Cancer Center Provides resource room, yoga classes, and support groups. Listing of support groups:

<u>http://www.highpointregional.com/our</u> <u>services/cancer-center/support-</u>

groups.asp

601 North Elm Street High Point, NC 27262 (336)878-6888

HALIFAX

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 112 Long Circle Roanoke Rapids, NC 27870 (252)535-1605

Continuum Home Care & Hospice of Halifax County 544 Julian Allsbrook Hwy Roanoke Rapids, NC 27870 (252)533-1806

Home Health and Hospice of Halifax 1229 Julian R. Allsbrook Highway Roanoke Rapids, NC 27870 (252)308-0700

Support Groups

Compassionate Friends Cancer support group Scotland Neck Library 1600 Main Street Scotland Neck, NC 27874 Contact: Phyliss McKinsey at (252)826-2131

HOPE: Helping other people emotionally support group Joe Story Senior Citizen Building 701 Jackson Street Roanoke Rapids, NC 27870 Contact: Myrtle Coates at (252)537-6468

HARNETT

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 400 East H Street Erwin, NC 28339

(910)892-7548

Continuum Home Care & Hospice of Harnett County 604 Lucas Road Dunn, NC 28334 (910)891-4600

Hospice of Wake County, Inc. 26 West Front Street Lillington, NC 27546 (919)828-0890

Hospice of Harnett County, Inc. 111A North Ellis Avenue Dunn, NC 28339 (910)892-1213

Liberty Home Care and Hospice 105 Hunt Valley Drive Dunn, NC 28334 (910)892-6427

In-patient Hospice

E. Carlton Powell Hospice Center 185 Pine State Street Lillington, NC 27546 (910)893-5394 Hospice Inpatient Beds: 8

Support Groups

Harnett County Caregivers Support Group For caregivers caring for anyone 60 years of age and older or a caregiver who is over 60 years and older caring for a child who is 18 years old or younger Harnett County Department of Social Services Call (910)814-6643 for more information

Pediatric Services

Family Support Network of the Sandhills Provides support for families of children with special needs by providing a one-on-one parent match with a trained support parents for emotional support, assistance in finding community resources, ad sharing parenting experiences. Serves Anson, Harnett, Hoke, Lee, Montgomery, Moore, Richmond, and Scotland counties

10 Parker Lane, Suite 1 Southern Pines, NC 28374 (910)295-3133, ext. 241

Dorothy Spainhour Children's Center Provides specialized services for children with disabilities including speech, occupational, and physical therapies

Serves Bladen, Cumberland, Harnett, Hoke, Robeson, and Sampson counties 223 Hull Road Fayetteville, NC 28303

(910)483-7283

Stepping Stones Learning Center Provides specialized services for children with disabilities including speech, occupational, and physical therapies Serves Harnett, Johnston, and Lee counties 1550 Kelly Drive Sanford, NC 27330 (910)708-5599

Other Community Resources

Health Department

 NC Breast & Cervical Cancer Screening Program
Provides screening services that include clinical breast examination, mammograms, pelvic examination, or Pap tests to underserved women

 Provides assistance paying for medications
307 Cornelius Harnett Blvd,

Lillington, North Carolina 27546 (910)893-7500 Department of Social Services Provides emergency assistance with rent and utilities 311 Cornelius Harnett Blvd, Lillington, North Carolina 27546 (910)893-7500

Cancer Centers of NC Offers support groups 700 Tilghman Drive, Suite 706 Dunn, NC 28334 (910)892-0070

HAYWOOD

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) HRMC Hospice & Palliative Care 243 Jones Cove Road Clyde, NC 28721 (828)452-8811

Home Care Services of Haywood Regional Medical Center 560 Leroy George Drive Clyde, NC 28721 (828)452-8292

Care Partners Hospice and Palliative Care 68 Sweeten Creek Road Asheville, NC 28803 (828)277-4800

Palliative Care Services

Haywood Regional Medical Center In-patient palliative care service 262 Leroy George Drive Clyde, NC 28721 (828)456-7311

Haywood Regional Medical Center Hospice & Palliative Care Provides palliative care consults in five nursing facilities in Haywood county 243 Jones Cove Road Clyde, NC 28721 (828)452-8811

Support Groups

Haywood Regional Medical Center Hospice & Palliative Care Call for upcoming groups 243 Jones Cove Road Clyde, NC 28721 (828)452-8811

HOPEful Living Women's Cancer Support Group Haywood Regional Medical Center Fitness Center, Health Education Room 262 Leroy George Drive Clyde, NC 28721 (828)593-9203

Look Good...Feel Better Century Oncology 600 Hospital Drive, Suite 10 Clyde, NC 28721 Contact Elizabeth at (828)452-2320

Look Food... Feel Better Carolina Cancer Specialist 600 Hospital Drive, Suite 2 Clyde, NC 28721 Contact Peggy at (828)454-0181

Pediatric Services

Family Support Network of Region A Supports, educates, and empowers families of children with developmental disabilities, attention deficit hyperactivity disorder, genetic disorders, and chronic illness 116 Jackson Street Sylva, NC 28779 (828) 456-8631 x 39 <u>www.regionakids.org/fsn.html</u> Serves Cherokee, Clay, Graham, Haywood, Jackson, Macon, and Swain

Haywood, Jackson, Macon, and Swaii Counties

HENDERSON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Four Seasons Compassion for Life 571 South Allen Road Flat Rock, NC 28731 (828)692-6178 Serves Buncombe, Henderson, Transylvania, Macon, and Jackson Counties

In-patient Hospice

The Elizabeth House Four Seasons Compassion for Life 581 South Allen Road Flat Rock, NC 28731 (828)692-9633 Hospice Inpatient Beds: 19

Palliative Care Services

Pardee Hospital Four Seasons Palliative Care Consultation 800 North Justice Street Hendersonville, NC 28791 (828)696-1341

Park Ridge Hospital Four Seasons Palliative Care Consultation 100 Hospital Drive Hendersonville, NC 28792 (828)684-8501

Four Seasons Compassion for Life Outpatient Palliative Care Consults Palliative Care consults provided in clinics, home, hospital, nursing home, or assisted living 571 South Allen Rd Flat Rock, NC 28731 (828)692-6178 (Serves Buncombe, Henderson, Transylvania, Macon, and Jackson counties)

Support Groups

Pardee Hospital Online listing including Prostate Cancer support group, personal loss support group, and a breast cancer support group

http://www.pardeehospital.org/calend ar/

Look Good...Feel Better Park Ridge Health Breast Center 50 Hospital Drive, Suite 4B Hendersonville, NC 28792 (828)650-2790

Breast Friends Forever Support for women with cancer Pardee Hospital, Elisabeth Reilly Breast Center 800 Justice Street Hendersonville, NC 28791 Call Kay Boyd at (828)698-7334

Hope Caregiver Wellness Program Support group sponsored by HOPE Behavioral Health Services for family members or friends caring for an older adult

Park Ridge Hospital 100 Doctors Drive Hendersonville, NC 28792 Contact Ruth Ellen Price at (828)682-2432 or (828)681-2203

I Can Cope Park Ridge Hospital Breast Center 100 Doctors Drive Hendersonville, NC 28792 Contact Debbie Gentry at (828)650-2790

Look Good...Feel Better Grace Hematology/Oncology 3159 Henderson Rd Fletcher, NC 28732 Contact the American Cancer Society at (828)687-9993 Look Good...Feel Better Pardee Hospital Health Education Center Blue Ridge Mall 1800 Four Seasons Blvd Hendersonville, NC 28792 Contact American Cancer Society at (828)692-4600

Pediatric Services

Family Support Network of Western NC Provides support and education for parents whose children have a premature birth, physical, mental, or developmental disabilities, hearing or visual impairment, chronic illness, or other health or learning related disorders 11 Vanderbilt Park Drive Asheville, NC 28803 (828) 212 0022

(828) 213-0033 Tollfree: (888) 810-2800 ext. 2 <u>http://www.missionhospitals.org/body</u> childrens.cfm?id=572

Covers Buncombe, Henderson, Madison, and Transylvania counties

Other Community Resources

Comprehensive Cancer Center Offers a cancer resource room, wigs, bras or scarfs available, support groups and Camp Liberty for adult cancer patients and survivors Pardee Hospital (828)696-1341

Park Ridge Cancer Services Offers cancer education, support groups, and social services support 100 Hospital Drive Hendersonville, NC 28792 (828)684-8501

Project C.A.R.E. (Caregiver Alternatives to Running on Empty) Offers respite care, family consultation, and community resources to caregivers of persons with Alzheimer's disease and other types of Dementia Park Ridge Health 100 Hospital Drive Hendersonville, NC 28792 (828)684-8501

HERTFORD

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) University Health Systems Home Health and Hospice 521 Myers Street Ahoskie, NC 27910 (252)332-3392

Support Group

Cancer Support Group First Presbyterian Church East Church Street and South Catherine Creek Road Ahoskie, NC 27910 Contact: Bonnie Langdale of Rev. Richard Rice at (252)332-2145

HOKE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Healthkeeperz 406B Harris Avenue Raeford, NC 28376 (910)522-0001

Liberty Home Care and Hospice 336 South Main Street Raeford, NC 28376 (910)875-8198

Pediatric Services Family Support Network of the Sandhills

Provides support for families of children with special needs by providing a one-on-one parent match with a trained support parents for emotional support, assistance in finding community resources, ad sharing parenting experiences. Serves Anson, Harnett, Hoke, Lee, Montgomery, Moore, Richmond, and Scotland counties 10 Parker Lane, Suite 1 Southern Pines, NC 28374 (910)295-3133, ext. 241

Dorothy Spainhour Children's Center Provides specialized services for children with disabilities including speech, occupational, and physical therapies Serves Bladen, Cumberland, Harnett, Hoke, Robeson, and Sampson counties 223 Hull Road Fayetteville, NC 28303 (910)483-7283

Other Community Resources

Department of Social Services Provides emergency assistance 314 S Magnolia St, PO Box 340 Raeford, North Carolina 28376 (910)875-8725

HYDE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 33460 US 264, Number 3 E Engelhard, NC 27824 (252)925-7159

IREDELL

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 225 Davie Avenue Statesville, NC 28677 (704)871-8036

Hospice and Palliative Care of Iredell County, Inc. 150 Fairview Road, Suite 325 Mooresville, NC 28117 (704)663-0051

Hospice and Palliative Care of Iredell County, Inc. 2347 Simonton Road Statesville, NC 28625 (704)873-4719

In-patient Hospice

Gordon Hospice House 2347 Simonton Road Statesville, NC 28625 (704)761-2400 Hospice Inpatient Beds: 9; Hospice Residence Beds: 6

Palliative Care Services

Hospice and Palliative Care of Iredell County, Inc. Provides palliative care consults in home, assisted living, nursing homes, and hospitals

150 Fairview Road, Suite 325
Mooresville, NC 28117
(704)663-0051
2347 Simonton Road
Statesville, NC 28625
(704)873-4719

Support Groups

Living with Cancer Iredell Health System 557 Brookdale Drive Statesville, NC 28677 (704)878-5661, ext 3414

Look Good, Feel Better Helps women undergoing cancer treatment to cope with the appearance related side effects Iredell Health System Women's Health Center 735 Hartness Road Statesville, NC 28687 Register at (704)878-4550

Compassionate Friends For bereaved parents and grandparents Gordon Hospice House 2341 Simonton Road Statesville, NC Contact Randy Berryhill at (704)873-4719, ext. 4353

Cancer Support Group Open to cancer survivors and their families Lake Norman Regional Medical Center 171 Fairview Road Mooresville, NC 28117 Contact LNRMC Community outreach at (704)660-4859

Diabetes Support Group Open to diabetics and their family members Charles Mack Citizen Center 215 North Main Street Mooresville, NC 28115 (704)660-4859

Stroke Support Group Open to stroke survivors and their families South Iredell Senior Center 202 North Church Street Mooresville, NC 28115 Contact LNRMC Community Outreach at (704)660-4859 Look Good...Feel Better Lake Norman Regional Medical Center 171 Fairview Road Mooresville, NC 28117 Contact Cathy Quade at (704)662-0770

Pediatric Services

Rainbow Kidz Hospice and Palliative Care of Iredell County, Inc. Offers hospice, palliative and supportive care, and bereavement services to assist the needs of infants and children up to 18 years of age who have life-threatening illnesses (704)873-4719, ext. 4313

JACKSON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) WestCare Home Health and Hospice Services 132 Sylva Plaza Sylva, NC 28779 (828)586-7410

Four Seasons Compassion for Life 571 South Allen Road Flat Rock, NC 28731 (828)692-6178 Serves Buncombe, Henderson, Transylvania, Macon, and Jackson Counties

Palliative Care Services

Four Seasons Compassion for Life Outpatient Palliative Care Consults Palliative Care consults provided in clinics, home, hospital, nursing home, or assisted living 571 South Allen Rd Flat Rock, NC 28731 (828)692-6178 (Serves Buncombe, Henderson, Transylvania, Macon, and Jackson counties)

Support Groups

Bereavement support group Harris Regional Hospital 68 Hospital Road Sylva, NC 28779 Contact Judy Pepper at (828)586-7410

Pediatric Services

Family Support Network of Region A Supports, educates, and empowers families of children with developmental disabilities, attention deficit hyperactivity disorder, genetic disorders, and chronic illness 116 Jackson Street Sylva, NC 28779 (828) 456-8631 x 39

www.regionakids.org/fsn.html

Serves Cherokee, Clay, Graham, Haywood, Jackson, Macon, and Swain Counties

JOHNSTON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 962 Hwy 42 West Clayton, NC 27520 (919)989-7276

Continuum Home Care & Hospice of Johnston County Smithfield, NC 27577 (919)934-6017

Hospice of Wake County, Inc. 486 Highway 42 West, Suite 200 Clayton, NC 27520 (919)828-0890 Johnston Memorial Home Care and Hospice 514 North Brightleaf Boulevard Smithfield, NC 27577 (919)938-7560

Liberty Home Care and Hospice 1317 North Bright Leaf Blvd.; Suite # C Smithfield, NC 27577 (919)989-6792

3HC

723 South 3rd Street, Suite C Smithfield, NC 27577-9300 (919)934-0664

United Hospice of Eastern Carolina, Smithfield 332 Brightleaf Drive, Suite C Smithfield, NC 27577 (919)938-3301

In-patient Hospice

SECU Hospice House of Johnston Health 426 Hospital Road Smithfield, NC 27577 (919)934-8171 Hospice Inpatient Beds: 12; Hospice Residence Beds: 6

Palliative Care Service

Horizons Palliative Care Division of Hospice of Wake County Provides palliative care assessment and symptom management recommendations for those diagnosed with an advanced illness in hospitals, nursing homes, and home care 205 Hospice Circle Raleigh, NC 27607 (919)828-0890

Support Groups

Cancer Support Group Johnston Medical Center 509 Brightleaf Boulevard Smithfield, NC 27577 Contact Connie Grady at (919)934-8171, ext. 7759 www.johnstonmemorial.org

Grief and Loss Support Group Johnston Medical Center-Smithfield 509 N. Brightleaf Blvd Smithfield, NC 27577 Interfaith Chapel (919)209-3655 http://www.johnstonmemoiral.org/grie f.htm

Pediatric Services

Family Support Network of Eastern NC, Inc.

Provides emotional support and resource information for parents whose children have a chronic illness, disability, premature birth or parents who experience the death of a child

www.fsnenc.org

(252)847-5120 (Located in Greenville, but includes Johnston county in their network)

Other Community Resources

Johnston Medical Center Inpatient community resource coordination 509 N. Brightleaf Blvd. Smithfield, NC 27577 Contact April Matthews at (919)934-8171

JONES

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) 3HC (Home Care with Hospice) 204 Main Street Maysville, NC 28555-0190 (910)743-2800

LEE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care & Hospice 809 Wicker Street Sanford, NC 27330 (919)718-5417

Liberty Home Care and Hospice 1005 Carthage Street Sanford, NC 27331 (919)774-9522

Support Groups

Breast health Navigator and MammaCare Specialist Assists women with screening methods for breast health Central Carolina Hospital Contact Gwyn Sandlin through Breastnavigator.com or call 1-800-483-6385

Breast Cancer Support Group Support group for patients with breast cancer and their families Central Carolina Hospital 1135 Carthage St, Sanford, North Carolina 27330 (919)774-2100

Family and Caregiver Support Group This group was formed to help patients and their family members have a better idea of how to take a more positive approach with their care and where to turn when questions arise. Central Carolina Hospital 1135 Carthage St, Sanford, North Carolina 27330 (919)774-2100

Sanford Prostate Cancer Support Group Group meets 2nd Tuesday of each month at 7:00 p.m. Call Bob Cline (919)776-0501 for more information

CHF workshops CHF patient education workshops: Learn warning signs of CHF, medication management, and proper nutrition Central Carolina Hospital 1135 Carthage Street Sanford, NC 27330 Call 1-877-228-3638 for more information or register online <u>http://www.centralcarolinahosp.com</u>

Alzheimer's Support Group Group for family members, caregivers and friends of those with Alzheimers. Meetings are held the 2nd Tuesday of each month Enrichment Center Central Carolina Hospital Call (919)776-0501 for more information

Diabetes Bus A program that offers diabetes selfmanagement classes, physician's referral required Central Carolina Hospital Call (919)876-8466 for more information

Pediatric Services

Family Support Network of the Sandhills Provides support for families of children with special needs by providing a one-on-one parent match with a trained support parents for emotional support, assistance in finding community resources, ad sharing parenting experiences. Serves Anson, Harnett, Hoke, Lee, Montgomery, Moore, Richmond, and Scotland counties 10 Parker Lane, Suite 1 Southern Pines, NC 28374

(910)295-3133, ext. 241

Stepping Stones Learning Center Provides specialized services for children with disabilities including speech, occupational, and physical therapies Serves Harnett, Johnston, and Lee counties 1550 Kelly Drive Sanford, NC 27330 (910)708-5599

Other Community Resources

Lee County Department of Social Services Provides emergency assistance 503 Carthage Street Sanford, North Carolina 27331 (919)718-4690

Lee County NC Health Department National Breast and Cervical Cancer Early Detection Program (NBCCEDP) Provides screening services that include clinical breast examination, mammograms, pelvic examination, or Pap tests to underserved women. 106 Hillcrest Dr, PO Box 1528 Sanford, North Carolina 27330 (919)718-4640

LENOIR

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) 3HC (Home Care with Hospice) 2405 N. Heritage Street, Suite I Kinston, NC 28501 (252)527-9561

Community Home Care and Hospice 701 Doctors Drive, Suite D Kinston, NC 28501-1584 (252)527-2201 Continuum Home Care & Hospice of Lenoir County 704 M Plaza Blvd. Kinston, NC 28501 (252)527-3786

Support Group

Compassionate Friends Chapter Support group for family who have suffered the death of a child Lenoir Memorial Hospital 100 Airport Rd Kinston, NC 28501 (252)523-6408

Other Community Resources

Lenoir Memorial Hospital Information and Referral line LINKline (252)522-7587

Lenoir Memorial Cancer Center Resource center, support services, oncite counseling to help patients and families cope with their diagnosis 100 Airport Road Kinston, NC 28501 (252)522-7000

LINCOLN

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice & Palliative Care Lincoln County 107 North Cedar Street Lincolnton, NC 28092 (704)375-0100

Palliative Care Services

Palliative Medicine Consultants Provides palliative medicine in hospital intensive care unit, home, or skilled nursing facility settings Hospice & Palliative Care Lincoln County

Hospice

107 North Cedar Street Lincolnton, NC 28092 Contact Alesa Larkin at (704)732-6146

Support Groups

Lupus Support Group: Fact, Fiction, and Hope Support Group for patients with Lupus and their families LiveWELL Carolinas! @ Northlake Mall (704)494-2237

Diabetes Management Classes, education support sessions Carolinas Medical Center Lincoln 433 McAllister Road Lincolnton, NC 28092 (980)212-6037 Lincoln Cancer Support Group Gaston College, Lincolnton Campus South Aspen Street Lincolnton, NC 28093 Call Ann Abee at (704)735-8668

Pediatric Services

Kids Path

Program for infants to eighteen years of age, provides home health care, hospice care, or supportive care for seriously ill children and teens and their families. Supportive services include individual or group support and a grief camp: Chameleon's Journey, for children and teens Hospice & Palliative Care Charlotte Region 1420 East Seventh Street Charlotte, NC 28204 Program operates in Cabarrus, Catawba, Cleveland, Gaston, Iredell, Lincoln, Mecklenburg, and Union counties. (704)375-0100

Other Community Resources

Christian Ministry of Lincoln County, Inc Provides emergency assistance 207 S. Poplar Street Lincolnton, NC 28093 (704)732-0383

Lincoln County Department of Social Services Provides emergency assistance 1136 E. Main Street, P.O. Box 130 Lincolnton, NC 28092 (704)732-0738

East Lincoln Christian Ministry Provides assistance with utilities 4278 Catawba Burris Road, PO Box 421 Denver, NC 28037 (704)483-4415

MACON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Macon County 3195 Old Murphy Road Franklin, NC 28734 (828)524-7806

Highlands-Cashiers Hospice 190 Hospital Drive Highlands, NC 28741 (828)526-1402

Angel Hospice and Palliative Care 170 Church Street Franklin, NC 28734 (828)369-4206

Four Seasons Compassion for Life 171 Hospital Drive JW Building, Suite 600 Highlands, NC 28741 (828)526-1402 Serves Buncombe, Henderson, Transylvania, Macon, and Jackson counties

Palliative Care Services

Angel Hospice and Palliative Care 170 Church Street Franklin, NC 28734 (828)369-4206

Highlands Cashiers Hospital Four Seasons Palliative Care Consultation 190 Hospital Drive Highlands, NC 28741 (828)256-1200

Four Seasons Compassion for Life Outpatient Palliative Care Consults Palliative Care consults provided in clinics, home, hospital, nursing home, or assisted living 571 South Allen Rd Flat Rock, NC 28731 (828)692-6178 (Serves Buncombe, Henderson, Transylvania, Macon, and Jackson counties)

Support Groups

Diabetes Support Group Angel Medical Center dining room 120 Riverview Street Franklin, NC 28734 (828)369-4421

Chronic Pain Support Group Administrative Conference room Angel Medical Center 120 Riverview Street Franklin, NC 28734 (828)369-6717

Look Good...Feel Better Angel Medical Center 120 Riverview Street Franklin, NC 28734 Contact Phyllis Castle at (828)524-8411

Pediatric Services

Family Support Network of Region A

Supports, educates, and empowers families of children with developmental disabilities, attention deficit hyperactivity disorder, genetic disorders, and chronic illness 116 Jackson Street Sylva, NC 28779 (828) 456-8631 x 39

www.regionakids.org/fsn.html

Serves Cherokee, Clay, Graham, Haywood, Jackson, Macon, and Swain Counties

MADISON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Madison Home Care & Hospice 590 Medical Park Drive Marshall, NC 28753 (828)369-4206

Support Groups

Chronic Disease Self Management Course Madison County Health Department Workshop lasts for 6 weeks, open to Madison county residents with chronic diseases, learn how to manage the disease in a supportive environment Contact the health department at (828)649-3531

Pediatric Services

Family Support Network of Western NC Provides support and education for parents whose children have a premature birth, physical, mental, or developmental disabilities, hearing or visual impairment, chronic illness, or other health or learning related disorders 11 Vanderbilt Park Drive Asheville, NC 28803 (828) 213-0033 Tollfree: (888) 810-2800 ext. 2

http://www.missionhospitals.org/body _childrens.cfm?id=572

Covers Buncombe, Henderson, Madison, and Transylvania counties

MARTIN

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care & Hospice 107 West Blvd. Williamston, NC 27892 (252)792-7199

Continuum Home Care & Hospice of Martin County 119 Gatling Street Williamston, NC 27892 (252)792-1616

Roanoke Home Care & Hospice (Home Care with Hospice) 106 S. Watts Street Williamston, NC 27962 (800)842-8275

MCDOWELL

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice of McDowell County, Inc. 575 Airport Road Marion, NC 28752-3103 (828)652-1318

Support Groups

Hugs 4 Life Support group for cancer patients, survivors, and family members The McDowell Hospital 100 Rankin Drive Marion, NC 28752 (828)652-6307 Look Good...Feel Better Beauty consultations provides to help cancer patients cope with effects of treatment The McDowell Hospital 100 Rankin Drive Marion, NC 28752 (828)442-7566

Other Community Resources

McDowell Cancer Care Partners Provides a wig program and support groups 430 Rankin Drive Marion, NC 28752 (828)659-5364

MECKLENBURG

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice & Palliative Care Charlotte Region-Main 1420 East Seventh Street Charlotte, NC 28204 (704)375-0100

Hospice & Palliative Care Charlotte Region-South Charlotte 7845 Little Avenue Charlotte, NC 28226 (704)375-0100

Hospice & Palliative Care Lake Norman 705 Griffith Street Suite 203 Davidson, NC 28036 (704)375-0100

Presbyterian Hospice & Palliative Care 324 N McDowell Street Charlotte, NC 28204-2215 (704)384-6478

Innovative Senior Care Home Health 1420 East Seventh Street, 100 Charlotte, NC 28204

(704)334-4398

In-patient Hospice

Levine & Dickson Hospice House 11900 Vanstory Drive Huntersville, NC 28078 (704)375-0100 Hospice Inpatient Beds: 11; Hospice Residence Beds: 5

Presbyterian Hospice and Palliative Care In-patient Hospice unit within Presbyterian hospital 324 N. McDowell Street Charlotte, NC 28207 (704)384-6478 Hospice Inpatient Beds: 8

Palliative Care Services

Hospice & Palliative Care Charlotte Region

Interdisciplinary palliative care consults for inpatients at Carolinas Medical Center Main, Mercy, Union and Pineville. Consults also provided for long term care facilities, home settings, and outpatient consults provided at Blumenthal Cancer center and the campus of Hospice & Palliative Care Charlotte region. Palliative care services provided in Mecklenburg, Lincoln, and Union counties 1420 East Seventh Street Charlotte, NC 28204 (704)375-0100

Presbyterian Hospital Provides in-patient palliative care consults 324 N. McDowell Street Charlotte, NC 28207 (704)384-6878

Presbyterian Hospice & Palliative Care Provides palliative care consults in the home, assisted living, and skilled nursing settings 324 N McDowell Street Charlotte, NC 28204-2215 Serves Mecklenburg, Gaston, Lincoln, Cabarrus and Union counties (704)384-6478

Support Groups

Carolina Breast Friends For women with breast cancer, provides education, encouragement, and friendship Blumenthal Cancer Center Carolina Healthcare system 1025 Morehead Medical Drive, Suite 600 Charlotte, NC 28204 Contact Meg Turner at (704)355-7283

CLIMB Support Group Support group for children whose parents or family members have cancer Presbyterian Buddy Kemp Support Center 242 S. Colonial Avenue Charlotte, NC 28207 (704)384-5223

Carolinas Cancer Wellness Program (CCWP) Cancer wellness program which helps people cope with side effects of cancer during treatment and after (704)716-6150

Hispanic Breast Cancer Support Group-In Spanish Group for Hispanic women with breast cancer Morehead Medical Plaza Blumenthal Cancer Center Contact Grace Sauzier at (704)446-5184

Living with Cancer Support group for people with cancer and their family and friends Morehead Medical Plaza Blumenthal Cancer Center Contact Meg Turner at (704)355-7283 Look Good...Feel Better For women undergoing cancer treatment to help cope and adjust to side effects

- Morehead Medical Plaza Blumenthal Cancer Center Contact Meg Turner at (704)355-7283
- CMC-University Contact Gail Linyard at (704)548-6450 or Debbie Rybicki at (704)863-6450

Melanoma Support Group For people with Melanoma Morehead Medical Plaza Blumenthal Cancer Center Contact Meg Turner at (704)355-7283

Nutrition Class for Women with Breast Cancer Morehead Medical Plaza Blumenthal Cancer Center Contact Rachel Burns at (704)446-5171

Oral, Head, and Neck Cancer Support Group For people diagnosed with oral, head, and neck cancer Morehead Medical Plaza Blumenthal Cancer Center Contact Meg Turner at (704)355-7283

Ovarian Cancer Support Group Morehead Medical Plaza Blumenthal Cancer Center Contact Meg Turner at (704)355-7283

Adapting and Growing Cancer Support Group For adults and their family members who are dealing with cancer Presbyterian Buddy Kemp Support Center 242 S. Colonial Avenue Charlotte, NC 28207 (704)384-5223 Look Good...Feel Better Cancer Program Teaches women undergoing cancer treatment coping skills for dealing with their appearance Presbyterian Buddy Kemp Support Center 242 S. Colonial Avenue Charlotte, NC 28207 (704)384-5223

Mind/Body Healing Cancer Support Group For cancer survivors, discusses meditation and self -help techniques, education about stress, and relaxation techniques Presbyterian Buddy Kemp Support Center 242 S. Colonial Avenue Charlotte, NC 28207 (704)384-5223

Caregiver Connection Cancer Support Group For families, caregivers, and cancer survivors to learn about information and resources related to cancer Presbyterian Buddy Kemp Support Center 242 S. Colonial Avenue Charlotte, NC 28207 (704)384-5223

Pediatric Services

Kids Path

Program for infants to eighteen years of age, provides home health care, hospice care, or supportive care for seriously ill children and teens and their families. Supportive services include individual or group support and a grief camp, Chameleon's Journey, for children and teens Hospice & Palliative Care Charlotte Region 1420 East Seventh Street Charlotte, NC 28204 Program operates in Cabarrus, Catawba, Cleveland, Gaston, Iredell, Lincoln, Mecklenburg, and Union counties. (704)375-0100

Easter Seals UCP Irwin & Carol Belk Children's Center Provides specialized services including speech, occupational, and physical therapies 716 Marsh Road Charlotte, NC 28209 (704)522-9912 Serves Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties

Ronald McDonald House in Charlotte Expected to open March 2011 Provides housing for families of children being treated at local medical facilities P.O. Box 35129 Charlotte, NC 28235 (704)335-1191

Family Support of Mecklenburg County Offers support for families of children with special needs by providing a trained support parent match facilitating emotional support, assistance in finding resources, and sharing parenting experiences 3500 Ellington Street Charlotte, NC 28211 (704)336-7173

Other Community Resources

Presbyterian Buddy Kemp Cancer Support Center Provides support groups, cancer financial support services, community education programs, cancer resource library, community resource referrals, individual, family, and group therapy, lending boutique offering wigs, scarves, hats to borrow, and yoga for cancer patients 242 S. Colonial Avenue Charlotte, NC 28207 (704)384-5223

Blumenthal Cancer Center Carolina HealthCare System Provides individual and family counseling, support groups, pastoral care, education programs, and patient and a family information room 1025 Morehead Medical Drive, Suite 600 Charlotte, NC 28204 (704)355-2884

Hospice & Palliative Care Charlotte Region Offers clinical education, community outreach, advance care planning training and education, resource library and grief counseling and support groups 1420 East Seventh Street Charlotte, NC 28204 (704)375-0100

MITCHELL

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) The Hospice & Palliative Care Center of Mitchell County 236 Hospital Drive Spruce Pine, NC 28777 (828)765-5677

Palliative Care Services

The Hospice & Palliative Care Center of Mitchell County 236 Hospital Drive Spruce Pine, NC 28777 (828)765-5677

Pediatric Services

Family Support Network of the High Country Parent to Parent

Family Support is families helping families who have: high risk or premature infants; children with chronic illnesses; children with problems learning, hearing, seeing, moving, talking or controlling their emotions; children and adults with injuries resulting from an accident; and children who have died 2359 Highway 105 Boone, NC 28607 (828) 262-6089 Toll Free Phone: (866) 812-3122 haveskl@appstate.edu www.parent2parenthighcountry.org Covers Alleghany, Ashe, Avery, Mitchell, Watauga, and Yancey counties

MONTGOMERY

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care & Hospice 120 North Main Street Troy, NC 27371 (910)572-1693

Support Groups

Better Breathers Group provides support to individuals with COPD by teaching them and their families ways to live with the lung disease 2nd Monday of the month Community Health Building 443 Wood Street Troy, NC Register at (910)571-5277

Alzheimer's Support group For caregivers of people with Alzheimer's disease Troy/Montgomery Senior Center 200 Park Street Call (910)572-4464 for information

Pediatric Services

Family Support Network of the Sandhills

Provides support for families of children with special needs by providing a one-on-one parent match with a trained support parents for emotional support, assistance in finding community resources, ad sharing parenting experiences. Serves Anson, Harnett, Hoke, Lee, Montgomery, Moore, Richmond, and Scotland counties 10 Parker Lane, Suite 1 Southern Pines, NC 28374 (910)295-3133, ext. 241

Other Community Resources

Department of Social Services Provides emergency assistance 102 E Spring Street Troy, North Carolina 27371 (910)576-6531

MOORE

Hospice (Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) FirstHealth Hospice and Palliative Care 5 Aviemore Drive Pinehurst, NC 28374 (910)715-6000 or 866-861-7485

Liberty Home Care and Hospice 300 W. Pennsylvania Avenue Southern Pines, NC 28387-7045 (910)246-9882

In-patient Hospice

First Health Hospice House Opening Summer 2011 (910)715-6000 Pain Management Group-NC 285 Olmsted Blvd, Suite 1 Pinehurst, NC 28374 (910)295-7246

Support Groups

Cancer Support Group For cancer patients and their loved ones Cancer Center Sunroom Moore Regional Hospital Call (910)715-2298 or (910)715-5266 for information

Breast Cancer Support Group For patients with breast cancer and their loved ones 2nd Monday evening Conference Center Moore Regional Hospital (910)715-2298 or (910)715-5366 for information

Better Breathers

Group provides support to individuals with COPD by teaching them and their families ways to live with the lung disease 3rd Tuesday of the month Conference Center Moore Regional Hospital Corner of Hwy 211 & Page Road Pinehurst, NC For more information call (910)715-5266

Living with Loss Ongoing support group for those who have experienced the death of a loved one 11:30am-12:30pm, 2nd and 4th Wednesday of the month

Held at First Health Hospice and Palliative Care 5 Aviemore Drive Pinehurst, NC For more information call (910)715-6000 or (866)861-7485

Stroke Club Meets at 10:30am 2nd Saturday of the month Conference Center Moore Regional Hospital Call (910)715-5266 for information Vital Connections Support group for those with a loved one enrolled in a hospice or palliative care program 1st and 3rd Tuesdays of the month Held at First Health Hospice & Palliative Care (910)715-6000 866-861-7485

Hope Cottage Medical Equipment and Supplies Provider of various medical equipment and/or supplies 430 Magnolia Square Ct, Aberdeen, North Carolina 28315 (910)944-2255

Pediatric Services

Family Support Network of the Sandhills Provides support for families of children with special needs by providing a one-on-one parent match with a trained support parents for emotional support, assistance in finding community resources, ad sharing parenting experiences. Serves Anson, Harnett, Hoke, Lee, Montgomery, Moore, Richmond, and Scotland counties 10 Parker Lane, Suite 1 Southern Pines, NC 28374 (910)295-3133, ext. 241

Compassionate Friends of the Sandhills Support group for family who have suffered the death of a child or a friend Brownson Memorial Presbyterian Church 330 S. May Street Southern Pines, NC 28387 (910)695-8629

Other Community Resources

Sandhills Coalition for Human Care

Provides emergency assistance and medication assistance 1117 W. Pennsylvania Ave. Southern Pines, NC 28387 (910)693-1600

Support Services

Cancer Center Provides cancer care coordination, counseling, support groups, spiritual care and supportive pastoral counseling, mindfulness-based stress management program, cancer center library, financial assistance and medication assistance Moore Regional Hospital 290 Page Road Pinehurst, NC 28374 (910)715-2298

Grief Resource & Counseling Center Support for those who have already suffered a loss and those who are dealing with a life-altering illness or who are facing the death of a loved one First Health of the Carolinas (910)715-6000 or 866-861-7485

NASH

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 3124 Zebulon Road Rocky Mount, NC 27804 (252)442-4918

Continuum Home Care & Hospice of Nash County 7369 Hunter Hill Road Rocky Mount, NC 27804 (252)443-0867

United Hospice of Eastern Carolina 301 S. Church Street, Suite 122; Station Square Rocky Mount, NC 27804 (252)442-9126 Nash Hospice and Palliative Care of Nash General Hospital *Agency provides Palliative care consults* 2460 Curtis Ellis Drive Rocky Mount, NC 27804 (252)962-8000

Palliative care service

Nash Hospice and Palliative Care of Nash General Hospital *Agency provides Palliative care consults* 2460 Curtis Ellis Drive Rocky Mount, NC 27804 Phone: (252)962-8000

Support Group

Breast Cancer Support Group Lakeside Baptist Group 1501 Sunset Ave. Rocky Mount, NC 27804 Contact: Peggy Winstead at 252-443-7973 or Linda McCoy at (252)443-8358

NEW HANOVER

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Lower Cape Fear Hospice and Life Care Center 1414 Physicians Drive Wilmington, NC 28401 (910)762-7900 General (800)207-6908 Referrals http://www.hospiceandlifecarecenter. org Main reception transfers calls to various counties. Phone numbers for specific locations will work during evening and weekend hours.

Liberty Home Care and Hospice 2550 South 41st Street

Wilmington, NC 28408 (910)362-9311 Continuum Home Care & Hospice of New Hanover County 3015 Enterprise Drive Wilmington, NC 28405 (910)791-3451

Community Home Care and Hospice 117 Village Rd. NE # E Leland, NC (910)371-6427

In-patient Hospice

Hospice Care Center 1406 Physician's Drive Wilmington, NC 28401 (910)762-9422 Hospice Inpatient Beds: 12

Palliative Care Services

Palliative Care Program Palliative care team provides services in hospitals in New Hanover and Pender counties, contracted nursing homes and in the home settings Lower Cape Fear Hospice 1414 Physicians Drive Wilmington, NC 28401 (800)207-6908

Palliative Care Bridge program New Hanover Regional Medical Center Home Care contracts with Lower Cape Fear Hospice to focus on symptom management for patient's whose needs are in between Home Health and Hospice level of care. The program acts as a transition program to Hospice 2131 S. 17th Street Wilmington, NC 28401 (910)343-7000

Support Groups

Karen Jo Smith Breast Cancer Support Group New Hanover Regional Medical Center Medical Mall Conference Room 2239 South 17th Street Wilmington, NC 28401 Contact Maureen Dugan at (910)343-7973

CanSurvive

For patients and family members who are dealing with cancer New Hanover Regional Medical Center Zimmer Cancer Center, Conference Room 2131 South 17th Street Wilmington, NC 28403 Contact Michelle Erlich at (910)815-5870

Living with Grief For adults who have experienced the death of a loved one Lower Cape Fear Hospice 1414 Physicians Drive Wilmington, NC 28401 Contact Julie Errett at (910)796-7991 or Sue Strickler at (910)796-7900

Wilmington Brain Injury Support Group Support for those with brain injuries and their families New Hanover Regional Medical Center Rehab 2131 South 17th Street Wilmington, NC 28401 (910)815-5618

Reach for Recovery

Support for women with breast cancer by someone who has breast cancer New Hanover Regional Medical Center Zimmer Cancer Center Call American Cancer Society for information at (888)227-6333

Coastal Heart Cares

Support group for patients living with heart disease Cameron Education Center New Hanover Regional Medical Center Call (910)343-7773 or 1-800-432-7899 ALS Support Group For people with Lou Gehrig's disease and their families New Hanover Regional Medical Center Coastal Rehabilitation Hospital Call Sharon Roberts at (910)815-5615 for more information

Holy Cross Cancer Hope Cancer support group for adults and their caregivers Holy Cross Episcopal Church Carolina Beach/Wilmington, NC Call Kim Morris at (910)799-6347 for information

Stroke Support Group Support for those who have had strokes and their families Coastal Rehabilitation Classroom Call (910)815-5615 or (910)815-5497 for more information

Look Good Feel Better Information for women about how to cope with the cosmetic side effects of cancer treatment Contact Shelia Steele at (910)798-0704 or Dottie Washington at (910)763-228

Lump to Laughter Support for women with breast cancer PO Box 1295, Wrightsville Beach, North Carolina 28480 (910)617-4455

New Hanover Regional Medical Center Support Groups For Ovarian cancer group contact Brenda Hines (910)342-3403 For Breast cancer group contact La Sonia Melvin (910)342-3403 For Prostate cancer group contact George Gardner (910)792-9953 For other Carolina Well support programs contact La Sonia Melvin at (910)342-3403 2131 S 17th St Wilmington, North Carolina 28401

Harbor Hugs Support for people with cancer Harbor United Methodist Church 4853 Masonboro Loop Road Wilmington, North Carolina 28409 (910)452-7202

Harbor of Hope Support for people with cancer 4700 Wrightsville Ave, Wilmington, North Carolina 28403 Contact Keith Casmer at (910)792-1581

Currie Community Cancer Care Support group for people with cancer and their caregivers Currie Community Baptist Church 28396 NC Hwy 210 Currie, NC 28435 Contact Pastor Jerry Worley at (910)452-4970 or C4_2010@gmail.com

Pediatric Services

Sunrise Kids program Lower Cape Fear Hospice Provides grief support for kids who have experienced the death of someone through an in-school program, individual counseling, and through a grief camp for ages 7-12 1414 Physicians Drive Wilmington, NC 28401 Contact Julie Errett at (910)796-7991 or Marty Hernandez at (910)524-1872

Wilmington Children's Center Provides specialized services for children with disabilities including speech, occupational, and physical therapies 500 Military Cut-Off Road Wilmington, NC 28405 (910)392-0080 Compassionate Friend's Support Group Support group for family who have suffered the death of a child or a friend St. Paul's Lutheran Church 12 N 6th St. Wilmington, NC 28401 Contact Jeff at tcf.wilmington@gmail.com or (910)686-1953 Lower Cape Fear Hospice & Life Care Center

 Sunshine Camp 2011
Day camp for young people coping with the death of a loved one

Sunrise Kids program helps children and teen grieve the death of someone they love through an in-school program and individual counseling 1414 Physicians Drive

Wilmington, NC 28401 Contact Julie Errett at (910)796-7991 or Marty Hernandez (910)524-1872

Other Community Resources

Road to Recovery Offer transportation to treatment for patients with cancer Zimmer Cancer Center New Hanover Regional Medical Center 2239 South 17th Street Wilmington, NC 28401 (910)342-3000

Baptist Association Provides emergency assistance 610 S College Rd Wilmington, North Carolina 28403 (910)799-1160

Catholic Charities Provides general assistance 4006 Princess Place Dr. Wilmington, North Carolina 28401 (910)251-8130 Disabled American Veterans Provide volunteer drivers to VA hospitals in Durham, Fayetteville or Greenville for scheduled medical appointment. 2011 Market St. Wilmington, North Carolina 28403 (910)763-3702

New Hanover Community Action Provides emergency assistance PO Box 3434 Wilmington, North Carolina 28406 (910)762-7808

New Hanover Department of Social Services Provides emergency assistance and community referrals. 1650 Greenfield Street Wilmington, NC 28403 (910)798-3400 Tileston Health Clinic Offers assistance for medications 1303 Cypress Grove, Wilmington, North Carolina 28401 (910)343-8736

Zimmer Cancer Center Provides cancer support groups, pink ribbon bags, and patient navigatiors New Hanover Regional Medical Center 2239 South 17th Street Wilmington, NC 28401 (910)342-3000

Pink Ribbon of Hope Essentials Prosthesis and other products for women with breast cancer 1616 Shipyard Blvd. Ste. 5 Wilmington, NC 28412 Contact Jeanette Baltezegar at (910)798-3834

Winter Park Baptist Wellness Program Techniques to promote Health or ease the cancer experience

4700 Wrightsville Ave. (910)791-4752

NORTHAMPTON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of N. Hampton County 200 Hampton Woods Complex Jackson, NC 27845 (252)534-0131

ONSLOW

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice 3391 Henderson Dr Jacksonville, NC 28546 (910)989-2682

Community Home Care & Hospice 714 W. Corbett Ave, Suite 20 Swansboro, NC 28584 (910)346-2334 Onslow County Home Health And Hospice 4024 Richlands Hwy Jacksonville, NC 28540 (910)577-6660

Liberty Home Care and Hospice 1700 Country Club Road Jacksonville, NC 28546 (910)346-4800

Onslow County Home Health and Hospice 2013 Lejeune Blvd Jacksonville, NC 28546 (910)577-6660 3HC 204 Main St Maysville, NC 28555 (910)743-2800

Support Groups

Bosom Buddies Breast Cancer Group Logan's Roadhouse Western Boulevard Jacksonville, NC 28540 Contact Janice Cox at (910)355-0000 or (910)455-8321

Cancer Support Group Onslow Memorial Hospital 317 Western Boulevard Jacksonville, NC 28540 Contact Karen Sota at (910)327-0546

Alzheimer's Support Group For caregivers of a loved one with Alzheimer's or other related Dementia Disorders Meets 2nd Tuesday of the month Senior Services of Onslow County Multipurpose Complex Richlands Highway (910)455-2747

Powerful Tools for Caregivers: six week class Educational program for those who care for someone with a chronic illness Onslow County Senior Services (910)455-2747

The Chronic Disease Self-Management Program

Interactive course designed to help people manage pain, fatigue, depression, improve fitness, improve nutrition, and solve problems effectively. Free for those 60 and over Call Onslow County Senior Services at (910)455-2747 to register Chronic Disease and Nutrition Community based program focused on prevention and maintenance of chronic disease for all age groups Onslow County Health Department Call (910)347-2154, ext. 3994 for information

Pediatric Services

Compassionate Friend's Support Group Support group for family who have suffered the death of a child or a friend Northwoods Methodist Church 1528 Gum Branch Road Jacksonville, NC 28546 Contact Sue at (910)455-3397 or (910)358-2650

Family Support Network of the Crystal Coast

Offers support for families of children with special needs by providing a trained support parent for emotional support and assistance in finding community resources. Serves Carteret, Craven, Jones, Lenoir, Onslow, and Pamlico counties 2842 Neuse Blvd New Bern, NC 28562 (252)514-4770, ext. 237

Other Community Resources

Onslow Department of Social Services Provides emergency, medication and financial assistance PO Box 1379 Jacksonville, North Carolina 28541 (910)455-4145

Discovery Church International Provides general assistance 825 Gum Branch Sq, Ste # 132 Jacksonville, North Carolina 28540 (910)347-4114

Onslow United Transit System Provides transportation services 605 New Bridge Street PO Box 1548 Jacksonville, North Carolina 28540 (910)346-2998

Onslow Memorial Hospital Pastoral volunteers committee Contact Nancy Power at (910)577-2478

Foundation for Hospice Provides a grief resource center, support groups, assistance with living expenses, personal care assistance, facility respite stays, and end-of-life education 3391 Henderson Drive Ext, Jacksonville, North Carolina 28546 (910)455-3925

ORANGE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 1777 North Fordham Blvd. Suite 107 Chapel Hill, NC 27514 (919)933-0137

Continuum Home Care & Hospice of Orange County 1716 Legion Road Chapel Hill, NC 27517 (919)942-2280 UNC Hospice, Chapel Hill 1101 Weaver Dairy Road, Suite 200 Chapel Hill, NC 27514 (919)843-1667

Amedysis Home Health of Chapel Hill 120 Providence Road, Suite 200 Chapel Hill, NC 27514-2237 (919)401-3000

In-patient Hospice

Duke Hospice at the Meadowlands 1001 Corporate Drive Hillsboro, NC 27278

(919)644-0764 Hospice Inpatient Beds: 6

Palliative Care Services

Palliative Care Consults UNC Hospital

> Interdisciplinary in-patient palliative care service provides consults for adult patients (919)843-3650

> > http://www.med.unc.edu/pcare

- Supportive Care UNC outpatient support care consult service and clinic providing interdisciplinary medical care for cancer patients focusing on quality of life and symptom management. Serves patients from all adult outpatient oncology services (919)966-1500
- Perinatal palliative care services: For pregnant mothers and their families whose fetus or baby has a confirmed diagnosis of a fatal condition. Program provides extra emotional support to mother and family developing a birth plan and providing information about loss and grieving Contact Lisa Welborn at <u>lwelborn@unch.unc.edu</u> or (919)843-4690
- Children's Hospital palliative care committee : Focusing on education first with intent of developing a children's palliative care program in the near future Contacts: Ashley Fannin, RN, <u>afannin@unch.unc.edu</u>, (919)966-2105 & Elisabeth Dellon, MD, <u>epdellon@med.unc.edu</u>, (919)966-9850

Support Groups

Look Good Feel Better- Latino group UNC Comprehensive Cancer Support Program

Helps women undergoing cancer treatment learn techniques to offset some of the physical and appearance related side effects of treatment Contact Claudia Rojas at the UNC Center for Latino Health-Latino Clinic at (919)966-5800

Look Good Feel Better

UNC Comprehensive Cancer Support Program

Helps women undergoing cancer treatment learn techniques to offset some of the physical and appearance related side effects of treatment Contact Pam Baker at (919)843-0680

Triangle Bladder Cancer Support Group UNC Comprehensive Cancer Support Program Living with and beyond bladder cancer Carolina Pointe II Contact David Langham at (919)943-

0589

Nutrition During Cancer Treatment (Class) Monthly Nutrition class held monthly

Comprehensive Cancer Support Program

Patient and Family Resource Center Contact Jennifer Spring at (919)216-1954

Lymphedema Precautions and Prevention Class Comprehensive Cancer Support Program For patients at risk for lymphedema following cancer surgery involving lymph node dissection (919)966-3494 Educational Series and support program for single fathers For single fathers due to cancer Comprehensive Cancer Support Program Carolina Pointe II Contact Justin Yopp at (919)445-5415

Living with Metastatic Cancer Support group for people with metastatic cancer Cornucopia House 5517 Durham Chapel Hill Blvd, Suite 1000 Durham, NC 27707 (919)401-9333

Support of People with Oral, Head, and Neck Cancer, Inc. Cornucopia House 5517 Durham Chapel Hill Blvd, Suite 1000 Durham, NC 27707 (919-493-8168 Prostate Support and Education Group Cornucopia House 5517 Durham Chapel Hill Blvd, Suite 1000 Durham, NC 27707 (919)401-9333

Compassionate Friend's Support Group Support group for family who have suffered the death of a child or a friend Evergreen Methodist Church 11098 US 15-501 Highway North Chapel Hill, NC 27517 Call (919)595-1010 or email www.chapelhilltcf.org

Perinatal Loss Support Group Perinatal group for miscarriage, pregnancy loss, or newborn death Women's Resource Center UNC Women's Hospital Contact Darryl Owens at (919)966-7801

Pediatric Services

Prenatal Care Coordination UNC Center for Maternal & Infant Health

Provides care coordination for pregnant women who are carrying a baby with anomalies or have an infant with multiple anomalies or a high-risk condition

Contact Lisa Welborn at (919)843-4690 or prenatal clinic schedulers at (919)843-6094

Ronald McDonald House A place to stay for families whose children are being seen by a pediatric doctor and who live more than 35 miles away from Chapel Hill 101 Old Mason Farm Road Chapel Hill, NC 27517 (919)913-2043

Family Support Network of North Central Carolina Non-profit organization dedicated to supporting, educating, and informing families of children with: prematurity, developmental disabilities, chronic illness, and other special needs 115 Market St., Suite 201 Durham, NC 27701 (919)560-3000 Serves Chatham, Durham, Franklin, Granville, Orange, Person, Vance and Warren counties

Family Support Project March of Dimes & UNC Center for Maternal & Child Health Provides information, support and comfort to families with a child in the NICU at UNC, helps with the transition home, and provides support in the event of the newborn's death Contact Tara Bristol at (919)843-0552 or Anna Bess Brown at (919)781-2481

Other Community Resources

Orange Congregations in Mission (OCIM) Provides meals on wheels in Northern Orange county and emergency food assistance 300 Millstone Drive Hillsborough, NC 27278 (919)732-6194

Caring Community Foundation, Inc. Financial Assistance Provides financial assistance for cancer patients for rent, utilities, food, prescription medications, nutritional supplements, and other needs <u>www.caringcommunityfoundation.org</u> Interfaith Council for Social Services Provides emergency assistance 110 W. Main Street Carrboro, NC 27510

(919)929-6380

Orange County Department of Social Services Provides emergency assistance 2501 Homestead Road Chapel Hill, NC 27516 (919)968-2000 P.O. Box 8181 Hillsborough, NC 27278 (919)732-8181

Piedmont Health Services Provides medication assistance and services such as Dental, Mental Health/Substance Abuse counseling, OB/GYN, Primary Care, or other professional services 299 Lloyd Street Carrboro, NC 27510 (919)933-8494

UNC Lineberger Comprehensive Cancer Center NC Cancer Hospital Provides a patient and family resource center, mental health services, integrative medicine including health coaching, massage therapy, and yoga classes, nutritional counseling, pastoral care, and supportive care through the Comprehensive Cancer Support Program (919)966-3494

Cornucopia House

Provides acupuncture, compassionate touch, educational classes, estate planning, Polarity Therapy, Reiki, restorative yoga classes, Touch for Health, and support groups 5517 Durham Chapel Hill Blvd, Suite 1000 Durham, NC 27707

www.cornucopiahouse.org (919)401-9333

SECU Family House at UNC Hospitals Provides housing for families with an adult patient being treated for a critical illness or injury at UNC Hospitals or its affiliated clinics for \$35 a night. Guests can apply for financial assistance. Referral made by UNC hospital or clinic 123 Old Mason Farm Rd Chapel Hill, NC 27517 (919)932-8000

Project Compassion
➢ Circles of Care
Network of volunteer Support
Teams that provide health
information, access to care,
practical caregiving and spiritual
support to African Americans living
with advanced cancer and other
illnesses in Durham, Orange,
Chatham and Wake counties
➢ Support Teams
Organize, train, and implement
volunteer support teams to offer
practical, emotional and spiritual

support for people living with illness and caregiving in Durham, Orange, and Chatham counties 180 Providence Road, Suite 1-C Chapel Hill, NC 27514 (919)402-1844 http://www.project-

compassion.org

Duke Community Bereavement Services

Provides short-term individual grief counseling, support groups and grief workshops. Free to Duke Hospice families, and available by donation to others.

1001 Corporate Drive Hillsborough, NC 27278 (919)644-6869

UNC Hospitals Bereavement Support Services Provides spiritual support for patients and their families (919)966-4021

PAMLICO

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Pamlico County 290 Keel Road Grantsboro, NC 28529 (252)745-5005

Hospice of Pamlico County, Inc. 11146 NC Hwy 55E Grantsboro, NC 28529 (252)745-5171

PASQUOTANK

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Albemarle Hospice 311 Cedar Street Elizabeth City, NC 27909-0189 (252)338-4066

Community Home Care and Hospice 1601 North Road Street Suite B Elizabeth City, NC 27909 (252)335-4594

Support Groups

Compassionate Friends Chapter Support group for family who have suffered the death of a child Albemarle Hospital 1144 North Rd St Elizabeth City, NC 27909 (252)331-1142

Cancer Support Group Bethel AME Zion Church 798 Fire Power Road Elizabeth City, NC 27909 Contact: Gladis Griffin at (252)771-2191

I CAN COPE support group Albemarle Hospital 1144 North Road Street Elisabeth City, NC 27909 Contact: Nancy Easterday at (252)384-4193

Other Community Resources

Albemarle Health-Community Resource Manuel Lists support groups related to Grief support, Diabetes support, Cancer support, and Caregivers Support /Education http://www.albemarlehealth.org/pdfs/ Community Resource Manual.pdf

PENDER

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Liberty Home Care & Hospice 904-B Walker Street Burgaw, NC 28425 (910)259-1150

Carolina East Home Care & Hospice Inc 101 E Main St Wallace, NC 28466 (910)285-0663

Lower Cape Fear 507 E Fremont St Burgaw, NC 28425 (910)259-2827

Continuum Home Care & Hospice of Pender County 15444 US Highway 17N Building 16 Hamstead, NC 28443 (800)676-1191

Palliative Care Services

Palliative Care Program Palliative care team provides services in hospitals in New Hanover and Pender counties, contracted nursing homes and in the home settings Lower Cape Fear Hospice (800)207-6908

Palliative Care Bridge program New Hanover Regional Medical Center Home Care contracts with Lower Cape Fear Hospice to focus on symptom management for patient's whose needs are in between Home Health and Hospice level of care. The program acts as a transition program to Hospice 2131 S. 17th Street Wilmington, NC 28401 (910)343-7000

Support Groups

Diabetes Support Group Sponsored by Pender Memorial Hospital's Diabetes Education Department Heritage Place 901 S. Walker Street (910)259-5451, ext. 306

Pediatric Services

Compassionate Friend's Support Group Support group for family who have suffered the death of a child or a friend Northwoods Methodist Church 1528 Gum Branch Road Jacksonville, NC 28546 Contact Sue at (910)455-3397 or (910)358-2650

Sunrise Kids program Lower Cape Fear Hospice Provides grief support for kids who have experienced the death of someone through an in-school program, individual counseling, and through a grief camp for ages 7-12 Contact Julie Errett at (910)796-7991 or Marty Hernandez (910)524-1872

Easter Seals UCP of Greater Wilmington Supports families whose children have disabilities providing information, personal care services, and respite care. Serves Brunswick, New Hanover and Pender counties 33 Darlington Ave. Wilmington, NC 28403 (910)790-5921

Other Community Resources

4 County Council Community Services Provides emergency services, weatherization program, utilities, food, placement of homeless PO Box 1457, Burgaw, North Carolina 28425 (910)259-3274 Pender County Department of Social Services Provides emergency assistance 810 South Walker Street PO Box 1207 Burgaw, North Carolina 28425 (910)259-1240

PERSON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Home Health and Hospice of Person County 355 A South Madison Boulevard Roxboro, NC 27573 (336)597-2542

Support Groups

Look Good...Feel Better Person County Memorial Hospital 615 Ridge Road Roxboro, NC 27573 Contact Renee Whitfield at (336)503-5776

Person County Cancer Support Group Person County Memorial Hospital 615 Ridge Road Roxboro, NC 27573 Facilitated by breast cancer survivors. Group has sharing time, guest speakers on cancer issues United Hospice of Eastern Carolina, Contact Maxine Galloway at (336)599-2057 or Farmville (336)504-0102

Pediatric Services

Family Support Network of North Central Carolina Non-profit organization dedicated to supporting, educating, and informing families of children with: prematurity, developmental disabilities, chronic illness, and other special needs 115 Market St., Suite 201 Durham, NC 27701 (919)560-3000

PITT

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) AseraCare Hospice 4051 South Memorial Drive Winterville, NC 28590-9346 (252)353-3326

Community Home Care and Hospice 3740 South Evans Street, Suite E Greenville, NC 27834 (252)321-1528

Continuum Home Care & Hospice of Pitt County 128 Snow Hill Road Ayden, NC 28513 (252)746-8223

Healthkeeperz 313 Clifton Street #H4 Greenville, NC 27835 (910)522-0001

3HC (Home Care with Hospice) 1880 Arlington Blvd. Greenville, NC 27858 (252)758-8212

3409 RL Davis Lane Farmville, NC 27828 (252)753-7741

University Health Systems Home Health and Hospice Medical Drive, Doctor Park #5 Greenville, NC 27834 (252)847-2000

In-patient Hospice The Service League of Greenville Inpatient Hospice 920 Wellness Drive Greenville, NC 27834

(252)847-2017

Hospice Inpatient Beds: 8

Palliative Care Service

University Health Systems Pitt County Memorial Hospital 2100 Stantonsburg Road Greenville, NC 27835-6028

> Hospital Inpatient Palliative care units with and without disabilities including 12 acute care beds to meet short term speech, occupational, and physical need or in-patient palliative care at the therapies end of life

1 Pediatric palliative care room: for children with terminal illnesses

Palliative care outpatient consults provided in four existing University area

needs or who have experienced the death of a child Pitt county: (252)328-9332 Outside of Pitt county: 1-800-FSN-4494

Easter Seals United Cerebral Palsy (UCP) Children's Centers Provide specialized services for children

1101 SE Greenville Blvd Greenville, NC 27858 (252)695-6155

Other Community Resources

Health System clinics in the Greenville REAL Crisis Center: provides information and referral, website has a link to the Pitt Resources Connection (PRC) database for information and referral

Support Groups

Bereavement support group (open to all countients that Smith and any loss, not just cancer related) (252)758-4357 Leo Jenkins Cancer Center Contact: Kimberly Garner at (252)847-9450 **Pitt Resource Connection** Griefshare group (Open to anyone, not just PittGeneral online resource guide for Pitt county county) http://www.pittresource.org/db/index.php **Contact: Deecie Ahlers** 3 HC Home Health and Hospice Pitt Partners for Health, Healthy Carolinians Thursday nights project Provide resource identification health **Covenant UMC** 4000 Corey Road

Winterville, NC 28590 (252)355-0123, extension 239 or register at connect2covenant.com/register

Community monthly education/support programs (open to all counties) Asera Care Hospice Meets the 3rd Saturday of each month from 11-12noon (252)355-3326

Pediatric services

Family Support Network

Provides emotional support and resource information through parent-to-parent contact to parents/families of children with special developmental, physical or medical

intervention and prevention strategies. Focus on Heart disease and stroke, diabetes, older adult health, and cancer Kristin Brooks, Coordinator (252)847-8265

United Methodist Churches, Jarvis, St. James, Covenant and Ayden UMC: assistance programs for uninsured and elderly Contact: Dennis Levine at (252)746-6524 Pitt County Cooperative extension Provide education programs for caregivers and other life issues. Contact: Susan Reece at (252)902-1714 University Health Systems Pitt County Memorial Hospital Health Steps program: cardiovascular and pulmonary rehabilitation program addressing

education, dietary planning, exercise, stress management, and psychosocial issues Referrals: (252)847-5736

Ronald McDonald House Provides housing for families who live at a distance and have children with serious illness being treated in Children's hospital 529 Moye Blvd

McConnell-Raab Hope Lodge 930A Wellness Drive Greenville, NC 27834 American Cancer Society Provides lodging for those undergoing cancer treatment in the Greenville area for no cost and Columbus, NC 28722 provides emotional support. Contact: David Roscoe at (252)695-6143

University Health Systems

- Pitt County Memorial Hospital Support groups related to cancer, grief, of children with special needs by bereavement. Educational programs fo providing a one-on-one parent match patients and families, and yearly camps for pediatric cancer patients and adult cancer survivors Cancer services: (252)847-9450 or http://www.uhseast.com/pittcounty/se icesDetail.aspx?id=3629
- Brody School of Medicine-University health Systems Bioethics center: video on Advanced Directives http://www.ecu.edu/bioethics

POLK

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice of the Carolina Foothills, Inc. 130 Forest Glen Drive Columbus, NC 28722 (828)894-7000

Palliative Care Services

Hospice of the Carolina Foothills, Inc. Provides palliative care consults 130 Forest Glen Drive (828)894-7016

Pediatric Services

Family Support Network of the Foothills This program offers support for families with a trained support parent for emotional support, assistance in finding community resources, and sharing parenting experiences. 312 West Marion Street Shelby, NC 28150 (704)480-5620

RANDOLPH

Asheboro, NC 27203

(336)672-9300

Hospice

(Hospice agencies are listed by the county

Pitt County Council on Aging: provides advanced surrounding counties.) care planning clinics in association with the EOL Community Home Care and Hospice Coalition, online resource guide lists services and 147 MacArthur Street end of life resources for the local area Asheboro, NC 27203 including bereavement groups (336)318-7832 (252)752-1717 www.pittcoa.com Hospice of Randolph County, Inc. 416 Vision Drive

Support Groups

Cancer Support Group Hospice of Randolph County 416 Vision Drive Asheboro, NC 27203 (336)672-9300

Look Good...Feel Better Randolph Cancer Center 364 White Oak Street Asheboro, NC 27204 Contact American Cancer Society at 800-227-2345

Pediatric Services

Kids Path Provides comprehensive health care and grief support services for children and teens Hospice of Randolph County, Inc. 416 Vision Drive Asheboro, NC 27203 (336)672-9300

Family Support Network of Central Carolina

Provides support and resources for families of children with: prematurity, developmental disabilities, chronic illness, and other special needs. Serves Alamance, Caswell, Guilford, Randolph, and Rockingham counties 801 Green Valley Road Greensboro, NC 27408 (336)832-6507

Other Community Resources

Randolph Cancer Center Provides education and support (336)626-0033 Online resource guide for cancer services: <u>http://www.randolphhospital.org/canc</u> <u>erCenter/pdfs/ResourceGuide.pdf</u>

RICHMOND

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice Suite A 1015 Fayetteville Road Rockingham, NC 28379 (910)895-2871

Continuum Home Care & Hospice of Richmond County P.O. Box 1489 Highway 177 South Hamlet, NC 28345 (910)582-0021

In-patient Hospice

Richmond County Hospice Residential Facility 1119 North U.S. Highway 1 Rockingham, NC 28379 (910)997-4464 Hospice Residence Beds: 6

Support Groups

Susan Sharpe Breast Cancer Support Group Conference Dining Room First Health Richmond Memorial Hospital 925 South Long Drive Rockingham, NC Call (910)715-2298 for information

Pediatric Services

Family Support Network of the Sandhills Provides support for families of children with special needs by providing a one-on-one parent match with a trained support parents for emotional support, assistance in finding community resources, ad sharing parenting experiences. Serves Anson, Harnett, Hoke, Lee, Montgomery, Moore, Richmond, and Scotland counties 10 Parker Lane, Suite 1 Southern Pines, NC 28374 (910)295-3133, ext. 241

Other Community Resources

Richmond County NC Department of Social Services Provides emergency assistance PO Box 518 Rockingham, North Carolina 28379 (910)997-8400

ROBESON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care & Hospice 2402 North Roberts Avenue Lumberton, NC 28358 (910)671-1163

Continuum Home Care & Hospice of Robeson County 1170 Linkhaw Road Lumberton, NC 28358 (910)671-1163

Liberty Home Care and Hospice 705 A Wesley Pine Road Lumberton, NC 28358 (910)738-4512

Native Angels Hospice 201 East Livermore Drive Pembroke, NC 28372 (910)735-1541

Southeastern Hospice 2002 N. Cedar Street Lumberton, NC 28358 (910)671-5655

In-patient Hospice

Southeastern Hospice House Southeastern Regional Med. Ctr. 1100 Pine Run Drive Lumberton, NC 28358 (910)671-4803 Number of Inpatient beds: 12

Support Groups

Sisters Network Breast Cancer Support Group Breast cancer support system and group for African-American women and family members Contact Irene Stewart, (910)738-3175 or sistersnetsenc@aol.com

Southeastern Regional Medical Center Unique Surviving Sisters Cancer Support For women diagnosed with breast cancer and other cancers of the reproductive system 1200 Pine Run Dr. Lumberton, North Carolina 28358 (910)671-5730

Alzheimer's Disease Support Group For caregivers of patients with Alzheimer's and other related disorders 2nd Thursday evening of the month WoodHaven Nursing and Alzheimer's Care Center 1150 Pine Run Drive Lumberton, NC Call (910)671-5703 for information

Cancer Support Group Support for individuals who have been diagnosed with cancer and their caregivers Meets 1st Thursday of the month Obbie Lee Community Education Room Gibson Cancer Center 1200 Pine Run Drive Lumberton Call (910)671-5768 for information

Diabetes Community Network Outreach group helps individuals with diabetes 1st Tuesday of the month at 5:30pm Call (910)671-5595 for more information

Unique Surviving Sisters Support Group Support for women diagnosed with breast cancer and other cancers of the reproductive system Obbie Lee Community Education Room Gibson Cancer Center 1200 Pine Run Drive Lumberton, NC Call (910)671-5768 for information

Happy Hearts Cardiac Support Group Support for people with heart disease and their family members Meets quarterly Call (910)671-5067 for information

Man-to-Man

Support group and lecture series for men diagnosed with prostate cancer Meets the 3rd Tuesday of the month at 7pm

Gibson Cancer Center Call (910)671-5768 for information

Super Lungs

For people who have breathing problems and lung disorders Meets quarterly Call (910)738-5403 for information

Pediatric Services

Family Support of the Greater Cape Fear Region Provides support for families of children with special needs. Serves Bladen, Cumberland, Robeson, and Sampson counties 1211-A Ireland Drive Fayetteville, NC 28304 (910)486-1590

Dorothy Spainhour Children's Center Provides specialized services for children with disabilities including speech, occupational, and physical therapies Serves Bladen, Cumberland, Harnett, Hoke, Robeson, and Sampson counties 223 Hull Road Fayetteville, NC 28303 (910)483-7283

Other Community Resources

Four County Community Service Provides emergency assistance 602 W 5th St, Lumberton, North Carolina 28359 (910)738-6809 Lumbee Tribe of North Carolina Provides information to callers and referrals to appropriate community resources. 707 Union Chapel Rd, PO Box 2709 Pembroke, North Carolina 28372 800-659-6585

Robeson County Department of Social Services Provides emergency assistance 435 Caton Rd, Lumberton, North Carolina 28360 (910)671-3500 (910)671-3525

Gibson Cancer Center Southeastern Regional Medical Center Provides support services, information resource library, support groups, and educational programs (910)671-5730

Southeastern Home Care Bereavement and Grief Services Organizations offering support and/or services to those who are grieving or have experienced the death of a loved one

2002 N. Cedar St, Lumberton, North Carolina 28358 (910)671-5655

ROCKINGHAM

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice of Rockingham County, Inc. 2150 NC 65 Wentworth, NC 27375 (336)427-9022

Continuum Home Care & Hospice of Rockingham County 1721 Bald Hill Loop Madison, NC 27025 (336)548-9658

In-patient Hospice

Hospice of Rockingham County, Inc. 2150 NC 65 Wentworth, NC 27375 (336)427-9022 Hospice Inpatient Beds: 3; Hospice Residence Beds: 5

Palliative Care Services

Hospice & Palliative Care Center Provides palliative care in home and nursing home settings 101 Hospice Lane Winston-Salem, NC 27103 Phone: (336)768-3972

Support Groups

Community of Hope Support Group For cancer patients, and their families, learn what to expect with a cancer diagnosis Morehead Memorial Hospital Cancer Center 117 E. Kings Highway Eden, NC 27288 (336)623-9713

Look Good...Feel Better For cancer patients in active treatment who are experiencing hair and skin changes Morehead Memorial Hospital Cancer Center 117 E. Kings Highway Eden, NC 27288 Call (336)623-9713 to register

Look Good...Feel Better For cancer patients in active treatment who are experiencing hair and skin changes Annie Penn Cancer Center 618 South Main Street, Womankind Center Contact American Cancer Society at 800-227-2345

Women's Cancer Support Group First Baptist Church 409 South Main Street Reidsville, NC 27320 Contact Marilyn Burton at (336)349-8810 or Alice Smith at (336)342-1931

Pediatric Services

Family Support Network of Central Carolina Provides support and resources for families of children with: prematurity, developmental disabilities, chronic illness, and other special needs. Serves Alamance, Caswell, Guilford, Randolph, and Rockingham counties 801 Green Valley Road Greensboro, NC 27408 (336)832-6507

Other Community Resources

Morehead Memorial Hospital Cancer Center Provides education and support groups to patients and families 117 E. Kings Highway Eden, NC 27288 (336)623-9713

Moses Cone Regional Cancer Center at Annie Penn Hospital 618 S. Main Street Reidsville, NC 27320 (336)951-4584

ROWAN

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Rowan County 1808 North Cannon Blvd Kannopolis, NC 28083 (704)932-5517

Hospice & Palliative CareCenter 512 Klumac Road, Suite 3 Salisbury, NC 28144 (336)768-3972

Rowan Regional Hospice 720 Grove Street Salisbury, NC 28144 (704)210-5000

Advanced Home Care, Inc. 1406-B West Innes Street Salisbury, NC 28144 (704)639-1060

Palliative Care Service

Hospice & Palliative Care Center Provides palliative care consults in the home and long term care facility settings 512 Klumac Road, Suite 3 Salisbury, NC 28144 (336)768-3972

Support Groups

Colon Cancer Support Group Offers support and education for people with colon cancer Contact Eva White at (704)212-2362

Diabetes Support Group Offers support and education for people with diabetes and their families Education Resource Center Rowan Regional Medical Center 612 Mocksville Avenue Salisbury, NC 28144 (704)210-5771

Epilepsy Support Group For people with epilepsy and their families United Methodist Church 217 S. Church St. Salisbury, NC (704)639-0847

Surviving Stroke Support Group For people who have suffered a stroke Imaging and Physical Rehabilitation Center Rowan Regional Medical Center on Julian Road (704)210-6918

Us Too! International Prostate Education & Support Group Rowan Regional Medical Center 612 Mocksville Avenue Salisbury, NC 28144 (704)210-5104

Look good...Feel better Rowan Regional Medical Center 612 Mocksville Avenue Salisbury, NC 28144 Call the American Cancer Society at 800-227-2345

Celebration of Life Informal social gathering for breast cancer survivors Salisbury, NC 28144 Contact Debbie Carter at (704)637-9589

Pediatric Services Family Support Network of Southern Piedmont Support network for families who have a child with special needs. Provides information and referral, parent-toparent matching, and support P.O. Box 1367 Concord, NC 28026 (704)788-1616 Serves Cabarrus, Iredell, Rowan, Stanley, and Union Counties Easter Seals UCP

Irwin & Carol Belk Children's Center Provides specialized services including speech, occupational, and physical therapies 716 Marsh Road Charlotte, NC 28209 (704)522-9912 Serves Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties

RUTHERFORD

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice of Rutherford County, Inc, 372 Hudlow Road Forest City, NC 28043 (828)245-0095

In-patient Hospice

Hospice of Rutherford County, Inc, 372 Hudlow Road Forest City, NC 28043 (828)245-0095 Hospice Inpatient Beds: 10; Hospice Residence Beds: 8

Palliative Care Services

Palliative care team from Hospice of Rutherford County provides symptom management, supportive care, and education to patients in the hospital, home or in long-term care settings Rutherford Hospital, Inc. 288 S. Ridgecrest Ave. Rutherfordton, NC 28139 (828)245-8471

Support Groups

Diabetes Support Group Offers support and educational speakers Rutherford Hospital Call the Diabetes Department at (828)286-5062 for more information Stroke Support Group For stroke survivors and caregivers. Rutherford Hospital Call (828)286-5198 for information

Empty Arms Support Group Meeting Glenn House Rutherford Hospital Contact Lucy Calhoun at (828)286-5065 for more information

Pink Ladies Support Group Meets monthly, good way to meet other women who are facing cancer Meets first Monday of each month from 5:00-6:30pm Rutherford Hospital, INC. 288 S. Ridgecrest Ave. Rutherfordton, NC 28139 Call the Cancer Resource Center for more information at (828)245-4596

Look Good...Feel Better Program Cosmetic makeover program sponsored by the American Cancer Society that helps women cope with skin changes and hair loss during cancer treatment Rutherford Hospital, INC. 288 S. Ridgecrest Ave. Rutherfordton, NC 28139 Call 1-866-227-7798 to sign up for the next class

Reach to Recovery Connects trained breast cancer survivors with women who are newly diagnosed Rutherford Hospital, INC. 288 S. Ridgecrest Ave. Rutherfordton, NC 28139

Call 1-800-ACS-2345 to have a volunteer contact you

GRACE support group for caregivers For anyone caring for a loved one with a long term illness 3rd Friday of the month, 1:00-2:30pm

and 1st Tuesday of the month, 4:00-5:30pm

Rutherford County Senior Center Callahan Koone Road in Spindale Contact Patty Olson or Joey Revis at (828)245-0095 for more information

Pediatric Services

Family Support Network of the Foothills This program offers support for families of children with special needs by providing a one-on-one parent match with a trained support parent for emotional support, assistance in finding community resources, and sharing parenting experiences. 312 West Marion Street Shelby, NC 28150 (704)480-5620 Covers Cleveland, Gaston, Lincoln, Polk, and Rutherford counties

Other Community Resources

Rutherford County Department of Social Services Provides emergency assistance 389 Fairground Road Spindale, NC 28160 (828)287-6165

Shepherd's Care Hickory Nut Gorge Community Outreach Provides emergency assistance P.O. Box 643 Lake Lure, NC 28746 (828)625-4683

Hospice of Rutherford, Inc. Provides a camp for children dealing with grief due to the loss of a loved one, grief support groups for children, adolescents, and parents, and support groups for widow's and widower's P.O. Box 336 Forest City, NC 28043 (828)245-0095

Rutherford Cancer Resource Center Cancer Outreach Program Provides computer access, education, resources, wigs, hats and scarves available to women who experience hair loss due to treatment for cancer. OneSource Healthcare 2270 US Hwy 74A Forest City, NC 28043 (828)245-4596

Health Ministry

Trains and works with Parish Nurses in over 30 congregations throughout Rutherford County. Health Ministry Nurse assists congregations who don't have a Parish Nurse to provide health screenings, flu shots, and deliver health and wellness information. Rutherford Hospital, INC. 288 S. Ridgecrest Ave. Rutherfordton, NC 28139 Call (828)286-5509 for more information.

SAMPSON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Liberty Home Care and Hospice 1206 Southwest Boulevard Clinton, NC 28328 (910)592-8367

3HC

1023 Beaman Street Clinton, NC 28328 (910)592-1421 Community Home Care and Hospice 216 Beaman Street Clinton, NC 28328 (910)592-7322

Support Groups

Cancer Support Group Offering support to individuals and those affected by cancer. Southeastern Medical Oncology Center 211 Beaman St, Clinton, North Carolina 28328 (910)592-5727

Alzheimer's Support Group 2nd Tuesday at 6pm on Aging conference room 311 County Complex Rd, Clinton, North Carolina 28328 (910)592-4653

Alzheimer's Support Group 1st Tuesday at 2pm Garland Senior Center 106 W. Third Street Garland, NC 28441 (910)529-3931

Grief and Loss Support Group 1st Thursday at 6pm Sampson county Department on Aging conference room 311 County Complex Rd, Clinton, North Carolina 28328 (910)592-4653

Family Caregiver Support Group 4th Monday at 6pm Sampson county Department on Aging conference room 311 County Complex Rd, Clinton, North Carolina 28328 (910)592-4653

Sugar Buddies Diabetes Support Group 1st Tuesday of every month The Center for Health and Wellness Call (910)590-8734 for more information

Pediatric Services

Family Support of the Greater Cape Fear Region Provides support for families of children with special needs. Serves Bladen, Cumberland, Robeson, and Sampson counties 1211-A Ireland Drive Fayetteville, NC 28304 (910)486-1590

Dorothy Spainhour Children's Center Provides specialized services for children with disabilities including speech, occupational, and physical therapies Serves Bladen, Cumberland, Harnett, Hoke, Robeson, and Sampson counties 223 Hull Road Fayetteville, NC 28303 (910)483-7283

Other Community Resources

Sampson County Department of Social Services Provides monetary assistance. 360 County Complex Rd, Ste 100 Clinton, North Carolina 28329 (910)592-7131

Episcopal Farmworker Ministry Provides emergency assistance PO Box 160 Newton-Grove, North Carolina 28366 (910)567-6917

Sampson Crisis Center, Inc. Provides financial assistance 309 E Main St, Clinton, North Carolina 28328 (910)592-3599

Cancer Center Provides support groups Sampson Regional Medical Center 215 Bearman Street Clinton, NC (910)590-2644

SCOTLAND

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice of Scotland County 610 & 610B Lauchwood Drive Laurinburg, NC 28352 (910)276-7176

In-patient Hospice

Morrison Manor Hospice of Scotland County 610 & 610B Lauchwood Drive Laurinburg, NC 28352 (910)276-7176 Hospice Inpatient Beds: 6; Hospice Residence Beds: 6

Support Groups

Look Good...Feel Better Helps women undergoing cancer treatment cope with appearance related side effects of treatment. Scotland Cancer Treatment Center Scotland Health Care System Call (910)291-7630 for more information

The Circle of Hope Women's Cancer Support Group Support for any woman who has had or currently has cancer Meets the 4th Friday of each month at noon Scotland Cancer Treatment Center Scotland Health Care System Call (910)291-7638 for more information

Alzheimer's Support Group Support for caregiver's of someone with Alzheimer's 2nd Tuesday of the month Scotland Memorial Hospital's Board Room Contact Gillie Edwards at (910)276-2060 for information

Diabetes Support Group Education and support for those with diabetes and their family members Scotland Memorial Hospital and Scotland County Health Department Call (910)291-7316 or (910)277-2470 for more information

Grief Support Group Support for anyone who has lost a loved one Hospice of Scotland County Contact David Hibbard at (910)276-7176 for information

Multiple Sclerosis Support Group Provides educational and emotional support for MS patients and their family members Rehab Center Scotland Memorial Hospital Call (910)291-7327 for information

Pain Support Group Support for those who are in chronic pain 1st and 3rd Monday at 6:30pm Staff Development Center Scotland Memorial Hospital Call Sandy Williams at (910)291-7315 for information

Parkinson's Support Group Support for those with parkinson's and their family members 4th Tuesday at 3pm Scotland Memorial Hospital Contact Doris Milligan at (910)276-4868 for information Stroke Support Group For those who have suffered a stroke and their family members 2nd Thursday of the month Rehab classroom Community Health and Rehabilitation Center Scotland Memorial Hospital Contact Menar Malloy at (910)291-7800 for information

Pediatric Services

Family Support Network of the Sandhills Provides support for families of children with special needs by providing a one-on-one parent match with a trained support parents for emotional support, assistance in finding community resources, ad sharing parenting experiences. Serves Anson, Harnett, Hoke, Lee, Montgomery, Moore, Richmond, and Scotland counties 10 Parker Lane, Suite 1 Southern Pines, NC 28374 (910)295-3133, ext. 241

Other Community Resources

Four County Community Services Provides an emergency assistance program PO Box 988, Laurinburg, North Carolina 28353 (910)277-3500

Scotland County Department of Social Services Provides emergency assistance 1405 W Blvd, PO BOX 1647 Laurinburg, North Carolina 28353 (910)277-2500

Scotland Cancer Treatment Center Provides support groups, a healing touch, a patient assistance fund, and a patient resource center 500 Lauchwood Dr, Laurinburg, North Carolina 28352 (910)291-7000

STANLEY

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Stanly County 33426 Old Salisbury Road PO Box 1250 Albemarle, NC 28002 (704)983-1195

Hospice of Stanly County, Inc. 960 North First Street Albemarle, NC 28001-3350 (704)983-4216

Support Groups

Breast Cancer Support Group-Albemarle For women diagnosed with Breast Cancer North East Oncology Associates Albemarle lobby (704)982-1880

Diabetes Support Group Monthly educational group on diabetes Stanley Regional Medical Center 301 Yadkin St. P.O. Box 1489 Albemarle, NC 28002 (704)984-4189

Alzheimer's Support Group Stanly County Senior Services Senior Center 283 North Third Street Albemarle, NC 28001 (704)986-3769

Pediatric Services

Family Support Network of Southern Piedmont Support network for families who have a child with special needs. Provides information and referrals, parent-toparent matching, and support P.O. Box 1367 Concord, NC 28026 (704)788-1616 Serves Cabarrus, Iredell, Rowan, Stanley, and Union Counties

Easter Seals UCP

Irwin & Carol Belk Children's Center Provides specialized services including speech, occupational, and physical therapies 716 Marsh Road Charlotte, NC 28209 (704)522-9912 Serves Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties

Other Community Resources

Hospice of Stanly County, Inc. Provides bereavement and grief support groups, a grief camp for children ages 6-12, and a teen retreat for teenagers 13-18 to deal with grief and adjust to life after a loss 960 North First Street Albemarle, NC 28001-3350 (704)983-4216

STOKES

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice & Palliative Care Center 235 N. Main Street Walnut Cove, NC 27052 (336)768-3972

Palliative Care Services Hospice & Palliative Care Center Provides both adult and pediatric palliative care, and a community support program for those not ready for Hospice care 235 N. Main Street Walnut Cove, NC 27052 (336)768-3972

Mountain Valley Hospice and Palliative Care Provides Palliative care services in home and nursing facility settings 401 Technology Lane, Suite 200 & 201 Mount Airy, NC 27030-6692 (336)789-2922

Support Groups

Pink Broomstick[®] Program Breast cancer peer program Cancer Services, Inc. (336)760-9983 or 1-800-228-7421

Pediatric Services

Family Support Network of Greater Forsyth

Support program for parents with a child having a hearing or visual impairment, prematurity at birth, mental challenge or development delay, physical impairment, learning disability, chronic illness, trauma resulting from an accident, emotional disturbance, or other disability or medical condition. Serves Davidson, Davie, Forsyth, Stokes, Surry, and Yadkin counties 4505 Shattalon Drive Winston-Salem, NC 27106 (336)924-5301 www.fsngreaterforsyth.com

Other Community Resources

Cancer Services, Inc. Services include patient advocacy, breast cancer support programming, medication and financial assistance, equipment and supply loans, healing hands clinics, transportation, and wellness programming. Serves Forsyth, Davie, Stokes, and Yadkin counties 3175 Maplewood Ave Winston-Salem, NC 27103 800-228-7421 http://cancerservicesonline.org

SURRY

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Mountain Valley Hospice and Palliative Care 688 North Bridge Street Elkin, NC 28621-3005 (336)526-2650

Mountain Valley Hospice and Palliative Care 401 Technology Lane, Suite 200 & 201 Mount Airy, NC 27030-6692 (336)789-2922

In-patient Hospice

Mountain Valley Hospice and Palliative Care Woltz Hospice Home 945 Zephyr Road Dobson, NC 27017 (336)356-5000 Hospice Inpatient beds: 13; Hospice Residence beds: 7

Palliative Care Services

Mountain Valley Hospice and Palliative Care Provides Palliative care services in home and nursing facility settings 401 Technology Lane, Suite 200 & 201 Mount Airy, NC 27030-6692 (336)789-2922

Hospice & Palliative Care Center Provides palliative care in home and nursing home settings 101 Hospice Lane Winston-Salem, NC 27103 (336)768-3972

Support Groups

Heart & Soul All cancers Hugh Chatham Memorial Hospital (336)874-4519 Contact: David McCann

Look Good Feel Better Appearance consultation for women American Cancer Society 800-282-4914

Man to Man

Peer telephone support program for men undergoing prostate cancer treatment American Cancer Society 800-282-4914

Better Breathers Club Armfield Center in Pilot Mountain (336)786-2596

Better Breathers Club J.J. Jones Senior Center in Mt Airy (336)719-7000

Surry County Breast Cancer Support Group Grace Moravian Church Contact Susan Overby at (336)789-9779

Pediatric Services

Family Support Network of Greater Forsyth Support program for parents with a child having a hearing or visual impairment, prematurity at birth, mental challenge or development delay, physical impairment, learning disability, chronic illness, trauma resulting from an accident, emotional disturbance, or other disability or medical condition. Serves Davidson, Davie, Forsyth, Stokes, Surry, and Yadkin counties 4505 Shattalon Drive Winston-Salem, NC 27106 (336)924-5301 www.fsngreaterforsyth.com

TRANSYLVANIA

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) TRH -Home Care 1266 Asheville Hwy., Suite 5 Brevard, NC 28712 (828)883-5254

Four Seasons Compassion for Life 571 South Allen Road Flat Rock, NC 28731 (828)692-6178 Serves Buncombe, Henderson, Transylvania, Macon, and Jackson Counties

Palliative Care Services

Four Seasons Compassion for Life Outpatient Palliative Care Consults Palliative Care consults provided in clinics, home, hospital, nursing home, or assisted living 571 South Allen Rd Flat Rock, NC 28731 (828)692-6178 (Serves Buncombe, Henderson, Transylvania, Macon, and Jackson counties)

Pediatric Services

Family Support Network of Western NC Provides support and education for parents whose children have a premature birth, physical, mental, or developmental disabilities, hearing or visual impairment, chronic illness, or other health or learning related disorders 11 Vanderbilt Park Drive Asheville, NC 28803 (828) 213-0033 Tollfree: (888) 810-2800 ext. 2 <u>http://www.missionhospitals.org/body</u> <u>childrens.cfm?id=572</u> Covers Buncombe, Henderson,

Madison, and Transylvania counties

TYRRELL

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Roanoke Home Care & Hospice 408 Bridge Street Columbia, NC 27925 (800)842-8275

UNION

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Union County 3315 Faith Church Road PO Box 2518 Indian Trail, NC 28079 (704)882-3420

Hospice of Union County, Inc. 700 West Roosevelt Blvd. Monroe, NC 28110 (704)292-2100

Community Home Care and Hospice 12995 E. Independence Blvd., Suite A Matthews, NC 28105-4950 (704)225-1498

In-patient Hospice

Hospice of Union County, Inc. 700 West Roosevelt Blvd. Monroe, NC 28110 (704)292-2100 Hospice Inpatient Beds: 6; Hospice Residence Beds: 20 Hospice

Palliative Care Services

Carolina's Medical Center Union Interdisciplinary team provides inpatient palliative care consults 600 Hospital Drive Monroe, NC 28112 (704)225-2889

Presbyterian Hospice & Palliative Care Provides palliative care consults in the home, assisted living, and skilled nursing settings 324 N McDowell Street Charlotte, NC 28204-2215 Serves Mecklenburg, Gaston, Lincoln, Cabarrus and Union counties (704)384-6478 Hospice & Palliative Care Charlotte Region Interdisciplinary palliative care consults for inpatients at Carolina Healthcare Palliative care services provided in Mecklenburg, Lincoln, and Union counties 1420 East Seventh Street Charlotte, NC 28204 (704)375-0100

Support Groups

Look Good...Feel Better Free bi-monthly support group for women undergoing chemotherapy or radiation treatments. Cosmetologists help women adjust to hair loss and skin complexion side effects Carolina's Medical Center-Union 600 Hospital Drive Monroe, NC 28112 (704)283-3265

Brain Injury Support Group Monthly support group for those with a brain injury including strokes, tumors, TBI, and Parkinson's. Families and caregivers are also welcome Carolina's Medical Center-Union Edwards Cancer Center Waiting room 600 Hospital Drive Monroe, NC 28110 (704)355-4354

Better Breathers Club Monthly support group for people with breathing difficulties including chronic lung disease Carolina's Medical Center-Union CMC-Union Auditorium 600 Hospital Drive Monroe, NC 28110 (704)283-3271

Chronic Disease Management Classes Six week program to learn how to cope with side effects of a health condition and receive support from others. For ages 55 or older with an ongoing health condition Council on Aging in Union County P.O. Box 185 Monroe, NC 28111 To find out when next class starts, call (704)292-1797

Pediatric Services

Family Support Network of Southern Piedmont Support network for families who have a child with special needs. Provides information and referrals, parent-toparent matching, and support P.O. Box 1367 Concord, NC 28026 (704)788-1616 Serves Cabarrus, Iredell, Rowan, Stanley, and Union Counties

Kids Path

Program for infants to eighteen years of age, provides home health care, hospice care, or supportive care for seriously ill children and teens and their families. Supportive services include individual or group support and a grief camp, Chameleon's Journey, for children and teens Hospice & Palliative Care Charlotte Region 1420 East Seventh Street Charlotte, NC 28204 Program operates in Cabarrus, Catawba, Cleveland, Gaston, Iredell, Lincoln, Mecklenburg, and Union counties. (704)375-0100

Easter Seals UCP Irwin & Carol Belk Children's Center Provides specialized services including speech, occupational, and physical therapies 716 Marsh Road Charlotte, NC 28209 (704)522-9912 Serves Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties

Other Community Resources

The Edwards Cancer Center at Carolina's Medical Center-Union Provides cancer support groups and patient navigators available to advocate for cancer patients 600 Hospital Drive Monroe, NC 28110 (704)283-3100

VANCE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 1242 Dabney Drive Henderson, NC 27536 (252)430-9760

Continuum Home Care & Hospice of Vance County 1245 Park Avenue Henderson,NC 27536

(252)492-7021

Support Groups

Tender Loving Care First Baptist Church 205 West Winders Street Henderson, NC 27536 Contact Ann Ritter at (919)773-4865

Maria Parham Medical Center 566 Ruin Creek Road P.O. Drawer 59 Henderson, NC 27536 <u>http://www.mariaparham.com/news_e</u> <u>vents/support_groups.aspx</u>

 The Women's Cancer Support Group
Meets on the 2nd Tuesday of every month at 6pm
Contact Hope at (252)436-1605
Caregiver Support Group
Meets on the second Wednesday at 12noon. For caregivers providing care for someone with an acute or chronic illness
Contact Deborah Stewart at (252)436-1277 or Hope Breedlove

- at (252)436-1605
- Four County Better Breathers Club

For anyone with COPD or a lung disease and their families Contact Teri Spence at (252)436-1573 or Erin McIntyre at (252)436-1570

Pediatric Services

Family Support Network of North Central Carolina Non-profit organization dedicated to supporting, educating, and informing families of children with: prematurity, developmental disabilities, chronic illness, and other special needs 115 Market St., Suite 201 Durham, NC 27701 (919)560-3000

Other Community Resources

Maria Parham Medical Center Cancer Resource Center Provides educational materials related to cancer, support groups, counseling and nutrition information 566 Ruin Creek Road P.O. Drawer 59 Henderson, NC 27536 (252)438-4143

WAKE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice of Wake County Inc 250 Hospice Circle Raleigh, NC 27607 (919)828-0890

Amedisys Hospice 220 New Fidelity Court Garner, NC 27529 (919)773-4865

Community Home Care & Hospice 7714 Chapel Hill Road Raleigh, NC 27607 (919)233-1100

Continuum Home Care & Hospice of Wake County 3609 Bond Street Raleigh, NC 27604 (828)437-8760

Duke Hospice 3325 Executive Drive Raleigh, NC 27609 (919)862-5872

Healthkeeperz 405 Aversboro Road, Suite 500 Garner, NC 27529 (910)522-0001 Heartland Home Health Care and Hospice 3200 Atlantic Avenue; #100 Raleigh, NC 27604 (919)877-9959

Liberty Home Care and Hospice 3200 Spring Forest Road; Suite 201 Raleigh, NC 27616 (919)850-4303

Amedysis Hospice 220 New Fidelity Court Garner, NC 27529-2896 (919)773-4865

In-patient Hospice

Hospice of Wake County, Inc. 200 Hospice Circle Raleigh, NC 27607 (919)828-0890 Hospice Inpatient Beds: 14; Hospice Residence Beds: 6

Palliative Care Service

Horizons Palliative Care Division of Hospice of Wake County Provides palliative care assessment and symptom management recommendations for those diagnosed with an advanced illness in hospitals, nursing homes, and home care 205 Hospice Circle Raleigh, NC 27607 (919)828-0890

Rex Healthcare In-patient palliative care service provided by an interdisciplinary team 4420 Lake Boone Trail Raleigh, NC 27607 Primary contact: Toni Miller, NP (919)784-3298 Secondary contact: Ann Yeager, MD (919)784-3689

Support Groups

Sisters of Hope- Fuquay Varina Breast Cancer Survivors <u>www.meetup.com/Sisters-of-Hope-</u> <u>Fuquay-Varina-Breast-Cancer-Survivors</u> Contact Pam Mitchell at (919)552-7445

Compassionate Friends Support group for family who have suffered the death of a child or a friend Hayes Barton Baptist Church (at Five Points) 1800 Glenwood Ave. Raleigh, NC 27608 (919)833-4022

Duke Health Raleigh Breast Cancer support group Duke Health Raleigh Cancer Center, Lower Level 3404 Wake Forest Road Raleigh, NC 27609 www.dukeraleighhospital.org/classes a nd events Meets 2nd and 4th Tuesday at 6:30-8:00pm Contact Julie McQueen at (919)954-3587

Gatherings Cancer support group Lovely Lady 260 West Chatham Street Cary, NC 27511 Contact Darlene Gardner at (919)469-4688

Pediatric Services

Easter Seals UCP North Carolina ➤ Information and referral for persons with disabilities 5171 Glenwood Ave Raleigh, NC (919)865-8606 www.nc.easterseals.com

Charlie Gaddy Children's Center Provides specialized services for children with disabilities including speech, occupational, and physical therapies 314 Chapanoke Rd. Raleigh, NC 27603 (919)773-2020 Serves Franklin, Johnston, and Wake County

Make-A-Wish Foundation Grants wishes to children who have life-threatening medical conditions 2880 Slater Road, Suite 105 Morrisville, NC 27560 (800)432-9474 or (919)821-7111 www.wish.org

Family Support Network of Wake County Non-profit organization dedicated to supporting, educating, and informing families of children with: prematurity, developmental disabilities, chronic illness, and other special needs P.O. Box 5567 Cary, NC 27512-5567 (919)662-4600, ext. 257 www.familysupportonline.org

Other Community Resources

ALS Association Local Chapter Provides information about Amyotrophic Lateral Sclerosis or Lou Gehrig's Disease (919)755-9001 800-782-4747 www.catfishchapter.org

American Cancer Society Publications and cancer support group information 8300 Health Park, Suite 10 Raleigh, NC (919)334-5218 www.cancer.org

American Diabetes Association Diabetes and support group information 2418 Blue Ridge Road, Suite 206 Raleigh, NC (919)743-5400 www.diabetes.org

American Heart Association Education and information on cardiovascular disease 3131 RDU Center Drive, Suite 100 Morrisville, NC (919)463-8300 www.americanheart.org

American Lung Association of NC Educational programs and information on lung disease, sponsors Better Breathers' Club 8300 Health Park, Suite 316 Raleigh, NC (919)832-8326 www.lungnc.org (state)

National Multiple Sclerosis Society Information, support groups, DME referrals Eastern NC Chapter 3101 Industrial Drive, Suite 210 Raleigh, NC (919)834-0678 www.nationalmssociety.org/nct

Project DIRECT Program for those with Diabetes 568 E. Lenoir St Raleigh, NC (919)856-6540

Rex Cancer Center Provides support groups, massage services and gentle yoga classes, and a resource center with books, brochures, audio and video tapes, prostheses and wigs. 4420 Lake Boone Trail Raleigh, NC 27607 (919)784-3105 http://www.rexhealth.com/Services a nd Wellness/Index of Services/Cancer Center/Cancer Center Resources/sup port groups.asp#supportgroups

Duke Health Raleigh Cancer Center Provides support groups and individual counseling, nutritional counseling, and pastoral services 3404 Wake Forest Road Raleigh, NC 27609 (919)862-5400

Cancer Centers of North Carolina Provides support groups and yoga classes. 4101 Macon Pond Road Raleigh, NC 27607 (919)781-7070 10010 Falls of Neuse Road Suite 203 Raleigh, NC 27614 (919)431-9201 > 216 Ashville Ave. Suite 20 Cary, NC 27518 (919)854-6900 700 Tilghman Drive Suite 706 Dunn, NC 28334 (910)892-0070 555 Medical Park Place Suite 108 Clayton, NC 27520 (919)350-4225 Please refer to the website calendar for support group times and locations http://www.cancercentersofnc.com /calendar.php

Hospice of Wake County

Horizons Grief Center
Individual and family grief
counseling, support groups, kids
camp, workshops
Hospice of Wake County
250 Hospice Circle

Raleigh, NC (919)828-0890

Online Newsletter- discusses when to refer to Hospice, CPR, what medications need to be stopped with Hospice care, and a end of life presentation. <u>http://www.hospiceofwake.org/pa</u> ges/44/Medical-Newsletter-

Publications-Resources/

Re, Amor y Esperanza El Pueblo, Inc. Provides support and information for Latinas diagnosed with breast cancer. 4 North Blount Street, Suite 200 Raleigh, NC 27601 (919)835-1525 www.elpueblo.org

Meets the second Saturday of every month at El Pueblo

Rex Cancer Resource Center Provides books, brochures, audio and video tapes, prostheses and wigs. 4420 Lake Boone Trail Raleigh, NC 27607 (919)784-1641

Project Compassion Circles of Care Network of volunteer Support Teams that provide health information, access to care, practical caregiving and spiritual support to African Americans living with advanced cancer and other illnesses in Durham, Orange, Chatham and Wake counties 180 Providence Road, Suite 1-C Chapel Hill, NC 27514 (919)402-1844 http://www.project-compassion.org

The Center for Volunteer Caregiving Provides volunteer support for Wake County adults with chronic illness, visual impairments, developmental disabilities and their families with respite care, meals, yard work, transportation and housekeeping 975 Walnut Street, Suite 311 Cary, NC 27511 919-460-0567 http://www.volunteercaregiving.org

WARREN

Support Groups

Diabetes Support Group Runs Jan-Oct Warren County Health Department 544 West Ridgeway Street Warrenton, NC 27589 Contact Larissa Mills at (252)257-1185

Pediatric Services

Family Support Network of North Central Carolina Non-profit organization dedicated to supporting, educating, and informing families of children with: prematurity, developmental disabilities, chronic illness, and other special needs 115 Market St., Suite 201 Durham, NC 27701 (919)560-3000

WASHINGTON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Washington County 1084 US 64 East Plymouth, NC 27962 (252)793-2100

Roanoke Home Care & Hospice (Home Care with Hospice) 198 NC Hwy. 45 North Plymouth, NC 27962 (800)842-8275

WATAUGA

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) High Country Health Care System 136 Furman Road, Suite 4 Boone, NC 28607 (828)265-3926

Support Groups

Look Good...Feel Better Offers hands-on cosmetic techniques to help with appearance related side effects from cancer treatment Seby B. Jones Cancer Center Boone, NC 28607 (828)262-4332 Man to Man Telephone support contact for men with cancer Boone, NC Contact Lance Campbell at 828-295-6382

Reach to Recovery Breast cancer support and info provided to newly diagnosed or currently in treatment people from breast cancer survivors Contact Sue Tilson or Barbara Smith at (336)306-6553

Pediatric Services

Family Support Network of the High Country Parent to Parent Family Support is families helping families who have: high risk or premature infants; children with chronic illnesses; children with problems learning, hearing, seeing, moving, talking or controlling their emotions; children and adults with injuries resulting from an accident; and children who have died 2359 Highway 105 Boone, NC 28607

(828) 262-6089

Toll Free Phone: (866) 812-3122 hayeskl@appstate.edu

www.parent2parenthighcountry.org

Covers Alleghany, Ashe, Avery, Mitchell, Watauga, and Yancey counties

Other Community Resources

Appalachian Regional Healthcare System

- Seby B. Jones Cancer Center Information, supportive services, cancer resource center, wig bank and an art cart Online resource guide: <u>https://www.apprhs.org/images</u> /stories/CRA/cancerResource g uide.pdf
- Cancer Resource Alliance provides community outreach, exercise programs, and regular support groups including a Family Caregiver Support program
 P.O. Box 2600
 Boone, NC 28607
 (828)262-4332

Massage service Hand and foot massage for patients while receiving treatment Watauga Medical Center Wellness Center (828)266-1060

Watauga Wellness Cancer Program Fitness program for patients in active treatment or have been in treatment the last year Appalachian Regional Healthcare System Wellness Center Boone, NC Contact Beth Ann Syers at (828)266-1060

WAYNE

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) 3HC 2402 Wayne Memorial Drive Goldsboro, NC 27534 (919)735-1386

Carolina East Home Care & Hospice, Inc. 304 Main Street Seven Springs, NC 28578 (252)569-0019

Healthkeeperz 808 N Berkley Blvd. Goldsboro, NC 27534 (919)522-0001

Community Home Care and Hospice 1201 C. Wayne Memorial Drive Goldsboro, NC 27534 (919)734-7011

Continuum Home Care & Hospice of Wayne 2401 Wayne Memorial Drive Goldsboro, NC 27534 (919)736-2121

In-patient Hospice

3HC/Kitty Askins Hospice Center 107 Handley Park Court Goldsboro, NC 27534 (919)735-5887 Hospice Inpatient Beds: 6 Hospice Residence Beds: 6

Support Groups

Breast Cancer Group For breast cancer patients, spouses and partners Wayne Memorial Hospital 2700 Wayne Memorial Drive Goldsboro, NC 27534 Contact Kathy Hughes at (919)751-2064

Diabetes Support Group Educational sessions open to people with diabetes and their families Meets 2nd Tuesday of the month Wayne Memorial Hospital auditorium Call (919)731-6508 for more information

Mended Hearts

Group provides support and education for people with heart disease Meets 1st Tuesday of the month Wayne Memorial Hospital Cardiac Rehabilitation classroom Call (919)731-6304 for more information

Stroke Support

Educational and support group for stroke victims and their family members Wayne Memorial Hospital Call (919)731-6005 for information

Coping with Grief Provides support for those who have lost a loved one Meets 2nd Tuesday of the month Wayne Memorial Hospital Call (919)735-1387, ext. 1051 for information

Alzheimer's Support Group For caregivers of someone with Alzheimer's St. Paul United Methodist Church 204 E. Chestnut Street Goldsboro, NC 27530 Call Anne Paugh at (252)933-4617

Caring for the Aged Support Group Support group for anyone in a caregiving role 2nd Monday of the month Brian Center 1700 Wayne Memorial Drive Goldsboro, NC 27530 (919)778-3458

Pediatric Services

Wings Camp For kids that are grieving the loss of a loved one 3HC 2402 Wayne Memorial Drive Goldsboro, NC 27534 (919)735-1387

Family Support Network of Eastern NC, Inc.

Provides support for parents who have a premature infant, a child with a developmental disability, chronic illness, learning disabilities, or other special needs or death of a child. Serves Beaufort, Bertie, Edgecombe, Greene, Halifax, Hyde, Johnston, Martin, Nash, Northampton, Pitt, Wayne, and Wilson Counties CDSA Oglesgy Drive Irons Building Greenville, NC 27858 (252)847-5120

Other Community Resources

Wayne County Department of Social Services Provides crisis intervention and assistance with utilities 301 N. Herman Street Goldsboro, NC 27530 (919)580-4034

Salvation Army Provides food, shelter, clothing and rent 610 N. William St. Goldsboro, NC 27530 (919)735-4811

United Church Ministries of Wayne County, Inc. Helps with food, rent, final notice or eviction notice, and utilities 119 W. Walnut Street Goldsboro, NC 27530 (919)734-0480

Disabled American Veterans Provides volunteer drivers to VA hospitals in Durham, Fayetteville or Greenville 112 Patrick St. Goldsboro, North Carolina 27530 (919)736-3114

WILKES

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Hospice
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(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Continuum Home Care & Hospice of Wilkes County 1016 Fletcher Street Wilkesboro, NC 28697 (336)667-9261

Hospice of Wilkes Regional Medical Center 1907 West Park Drive North Wilkesboro, NC 28659 (336)903-7700

United Hospice 902 West D Street, Suite B N. Wilkesboro, NC 28659 (866)450-7239

Palliative Care Services

Mountain Valley Hospice and Palliative Care Provides Palliative care services in home and nursing facility settings 401 Technology Lane, Suite 200 & 201 Mount Airy, NC 27030-6692 (336)789-2922

Hospice & Palliative Care Center Provides palliative care in home and nursing home settings 101 Hospice Lane Winston-Salem, NC 27103

(336)768-3972

Support Groups

Cancer Support Group All cancers Wilkes County Health Department Contact Dianne Combs at (336)651-7450

Keeping in Touch Contact: Ann Walker, 336-696-5400 Contact Marjorie Caudill at (336)696-2013

Pediatric Services

Easter Seals United Cerebral Palsy (UCP) Children's Centers Woodlawn Children's Center Provide specialized services for children with and without disabilities including speech, occupational, and physical therapies 1302 Second St. North Wilkesboro, NC 28659 (336)667-3251

WILSON

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Community Home Care and Hospice 1604 Forest Hills Road Wilson, NC 27893 (252)291-5353

Continuum Home Care & Hospice of Wilson County 403 Crestview Ave. Wilson, NC 27893 (252)237-0724

WilMed Hospice 1700 South Tarboro Street; Suite 200 Wilson, NC 27893 (252)399-8924 3HC (Home Care with Hospice) 2305 Wellington Drive, Suite C Wilson, NC 27895 (252)291-4400

Palliative Care Services

Acute inpatient unit with a palliative care focus Wilson Medical Center 1705 S. Tarboro Street Wilson, NC 27893 (252)399-8040

Support Group

Breast Cancer Support Group Southeastern Medical Oncology 2624 Ortho Drive Wilson, NC 27893 Contact: Terry Watson at (252)293-0777

Pediatric Services

Summer Moore Children's Center Easter Seals UCP Provides specialized services for children with disabilities including speech, occupational, and physical therapies 1101 SE Greenville Blvd. Greenville, NC 27858 (252)756-6533 Serves Beaufort, Edgecombe, Martin, Nash, Pitt and Wilson counties

Family Support Network of Eastern NC, Inc.

Support program for families with a premature infant, a child with a developmental disability, chronic illness, learning disability, or other special needs, or who have experienced the death of a child Oglesby Drive Irons Building Greenville, NC 27858 (252)847-5120

Other Community Resources

Salvation Army Provides emergency assistance P.O. Box 96 316 Tarboro St. Wilson, NC 27894 (252)243-2696

Wilson County Interfaith Services Provides emergency assistance 309 E. Goldsboro St. P.O. Box 2164 Wilson, NC 27894 (252)291-7278

Wilson Regional Cancer Center Offers the Bell-Pittman Library Resource Center 1705 Tarboro Street SW Wilson, NC 27893-3428 (252)399-8822

YADKIN

Hospice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Mountain Valley Hospice and Palliative Care 208 North Jackson Street Yadkinville, NC 27055 (336)679-2466

Palliative Care Services

Mountain Valley Hospice and Palliative Care Provides Palliative care services in home and nursing facility settings 208 North Jackson Street Yadkinville, NC 27055 (336)679-2466

Hospice & Palliative Care Center Provides palliative care in home and nursing home settings 101 Hospice Lane Winston-Salem, NC 27103

(336)768-3972

Other Community Resources

Cancer Services, Inc. Services include patient advocacy, breast cancer support programming, medication and financial assistance, equipment and supply loans, healing hands clinic, transportation, and wellness programming. Serves Forsyth, Davie, Stokes, and Yadkin counties

YANCEY

HOS	nico
1103	pice

(Hospice agencies are listed by the county where office is located; they often serve other surrounding counties.) Hospice of Yancey County 856 George's Fork Road Burnsville, NC 28714 (828)682-9675 **Pediatric Services** Family Support Network of the High **Country Parent to Parent** Family Support is families helping families who have: high risk or premature infants; children with chronic illnesses; children with problems learning, hearing, seeing, moving, talking or controlling their emotions; children and adults with injuries resulting from an accident; and children who have died 2359 Highway 105 Boone, NC 28607 (828) 262-6089 Toll Free Phone: (866) 812-3122 hayeskl@appstate.edu www.parent2parenthighcountry.org Covers Alleghany, Ashe, Avery, Mitchell, Watauga, and Yancey counties

II. Community Coalitions

Pediatric Palliative Care Coalition of NC Collaborative effort to promote familycentered pediatric palliative care (704)840-6097 www.pedcomalliance.org

Carolinas Center for Hospice and End of

Life Care Supports and Promotes assess to palliative care. Website has resources, information about advance care planning training and other events and

educational opportunities <u>www.carolinasendoflifecare.org</u> (919)677-4100

Pediatric Palliative Care Coalition of North Carolina Hospice & Palliative Care Center 101 Hospice Lane Winston-Salem, NC 27103 Contact: Shannon Bruggen at (336)768-6157

BUNCOME

Center for End of Life Transitions Provides workshops and retreats on Dying, Death and After Death Care 12 Von Ruck Court Asheville, NC 28801 828-676-9806 <u>http://ceolt.wordpress.com/</u>

CATERET

Community Home Care and Hospice Contact: Catherine Uhler (252)240-1142 Starting a new End of Life Care Coalition

CLEVELAND Journey Group organized by the Ethics Committee at Cleveland County

HealthCare System and health care providers in Cleveland county. Assists with advanced care planning and caregiver support through information and referral Contact Linda Cabiness at (704)484-0405

DURHAM, ORANGE, and CHATHAM

Project Compassion Provides education, advocacy, and support for people as they deal with serious illness, death, and grief. Offers on-line resource guide, support team training information and many other resources. Coalition for Durham, Orange, and Chatham Counties <u>http://www.project-compassion.org</u> (919)402-1844

EASTERN NORTH CAROLINA

End of Life Care Coalitions of Eastern North Carolina: provides information on trainings and resources for end of life care P.O. Box 33 Greenville, NC 27835 (252)847-0868 www.endoflifecarecoalition.org

FORSYTH

Pediatric Community Alliance Committed to improving the quality of life for infants and children living with a serious illness Hospice & Palliative Care Center 121 Hospice Lane Winston-Salem, NC 27103 Contact: Shannon Bruggen at (336)768-6157

Cancer Care Coalition Derrick L. Davis Forsyth Regional Cancer Center Coalition of 8 local agencies formed to help cancer patients and family members during after diagnosis and treatment. Compiles information on community resources and publishes the Cancer Care Guide (336)716-9451

Community Partnership for End of Life Care Hospice and Palliative Care Center Encourages conversations about endof-life care through community education and outreach to healthcare professionals (336)768-6157, ext. 622 http://www.hospicecarecenter.org/pro gramsPartnerships.aspx

MECKLENBURG

Mecklenburg End of Life Coalition Advocates and promotes end-of-life educational activities, share ideas, resources, and services with a network of community organizations Contact Larry Dawalt at (704)375-0100

NASH

Nash Edgecombe Partnership for EOL Care NEPEOL 1501 Sunset Ave. Rocky Mount, NC 27804 (252)446-0127 Contact: Myrlene Talbott at (252)443-8100

WAKE

Life Decisions Coalition of Wake County:

Website located on Hospice of Wake County's website, provides a link for advance directives and a link to request presentations on advanced directives and how to talk to others regarding end-of-life medical wishes http://www.hospiceofwake.org/pages/ 15/Life-Decisions-Coalition-Wake-County/

III. National and State Websites

A. Online Databases for Palliative Care Related Providers

Palliative Care physician locator databases through the American Academy of Hospice and Palliative Medicine

- <u>http://www.association-</u> office.com/ABHPM/etools/publicdi r/search.cfm
- http://www.palliativedoctors.org/

Pain Specialists locator database through the Academy of Pain Management <u>http://www.aapainmanage.org/search/</u> <u>MemberSearch.php</u>

Geriatric medicine and Hospice and Palliative Care board certified providers through the American Board of Family Medicine

https://www.theabfm.org/diplomate/fi nd.aspx

Hospitals providing palliative care through the Center to Advance Palliative Care: <u>http://www.getpalliativecare.org/provider</u> <u>S</u>

B.Advance Care Planning and Palliative Care Websites

Center to Advance Palliative Care (CAPC): tools, trainings, audio conferences, resources http://www.capc.org

Carolinas Center for Hospice and End of Life Care: end of life resources, educational program listings www.carolinasendoflifecare.org

Hospice Referral card from the Carolinas Center for Hospice and end-of-Life Care: <u>http://carolinasendoflifecare.org/pdf/Refe</u> <u>rralCard091405.pdf</u> Duke Institute on Care at the End of Life Resources related to end of life care and grief, including those focused on care for African American and Jewish patients <u>http://divinity.duke.edu/initiatives-</u> <u>centers/iceol</u>

Caring connections: Has resources and downloadable brochures for health care professionals and family members www.caringinfo.org

Hospice Foundation of America: Provides information about hospice services, how to find a hospice agency, end of life information for caregivers www.hospicefoundation.org

End of Life/Palliative Education Resource Center: has clinical resources and helpful one page explanations of topics related to end of life care http://www.eperc.mcw.edu

Social Work Hospice & Palliative Care Network: online courses, text books, upcoming trainings <u>http://www.swhpn.org</u>

The End of Life Nursing Education Consortium (ELNEC): Website from the American Association of Colleges of Nursing, end of life nationwide trainings listed for nurses <u>http://www.aacn.nche.edu/elnec</u>

Advance Healthcare Directive Registry (On-Line Registry): Online registry for advanced directives Department of Secretary of State P.O. Box 29622 Raleigh, NC 27626-0622 919-807-2167 www.secretary.state.nc.us/ahcdr

North Carolina Medical Society: End of Life Resource with a brochure, advanced directives and advanced directives

http://www.ncmedsoc.org/pages/public_h ealth_info/end_of_life.html

National Hospice and Palliative Care Organization

Children's Project on Palliative/Hospice Services (ChiPPS): Newsletter focusing on Pediatric palliative care, August 2010 discusses memory making and legacy building for families, resource lists for children, families, and professionals http://www.nhpco.org/i4a/pages/index.cf m?pageid=3409

Center to Advance Palliative Care (CAPC) Pediatric Palliative Care page: provides lists of publications, books and videos, resources, and training related to Pediatric Palliative care

http://www.capc.org/palliative-careacross-the-continuum/pediatric-palliativecare/

A Lion in the House

A film which displays the effect of cancer on children, young adults, and their families http://www.itvs.org/outreach/lionintheho

use/index.htm

Defining Wellness through the End of Life Lists end of life websites, books, and articles www.dyingwell.org

Project Compassion Information about support team development, upcoming trainings, and an online resource guide <u>http://www.project-compassion.org</u>

Online e-mail support groups http://www.griefnet.org

CancerCare Offers free professional counseling over the phone for anyone with a cancer diagnosis (800)813-4673 Wellness Community Online, professional counseling and support groups for those with a cancer diagnosis and their family members (888)793-WELL

www.thewellnesscommunity.org

C.Disease Specific Websites

National Cancer Institute Provides information on various types of cancer

www.cancer.gov

National Childhood Cancer Foundation Provides information and resources for various typed of childhood cancers http://www.curesearch.org

American Foundation for AIDS research Provides information on HIV www.amfar.org

ALS Association Provides information and resources for ALS <u>www.alsa.org</u>

Alzheimer's Association Provides information, resources, and local links for Alzheimer's support and services www.alz.org

American Cancer Society Provides cancer information and support www.cancer.org

National Brain Tumor Foundation Provide information, support for people with brain tumors www.braintumor.org

American Diabetes Association Provides, information about diabetes and current research www.diabetes.org

Cerebral Palsy Provides information and resources about cerebral palsy <u>www.ucp.org</u>

Cystic Fibrosis Provides information and resources about cystic fibrosis <u>http://www.cff.org</u> American Heart Association Provides information and resources about heart disease www.americanheart.org

Parkinson Disease Foundation Provides information resources about Parkinson's <u>www.pdf.org</u>

Multiple Sclerosis Association of America Provides information and resources about Multiple Sclerosis www.msaa.com

D. State Resources

Community Alternatives Program for Children (CAP/C) <u>http://www.ncdhhs.gov/dma/mp/3K1.pdf</u> Offers Palliative care waiver service for counseling, expressive therapy, and bereavement

DHSR- Hospice Licensing Rules http://www.ncdhhs.gov/dhsr/testrules.htm Complaint Hotline: 1-800-624-3004(within NC) or 919-855-4500 Fax: 919-715-7724

Association for Home and Hospice Care of NC http://www.homeandhospicecare.org/

102