

UNC Medical Center Formulary Multivitamin Components

KEY	
Epic Order Name	Formulary Product*
Multivitamin, pediatric oral liquid	Poly-Vi-Sol, PolyVite
Multivitamin, pediatric with iron liquid	Poly-Vi-Sol with Iron, PolyVite with Iron
Multivitamin, pediatric with iron chewable tablet	Flintstones Chew with Iron
Multivitamin, oral tablet (ADULT)/multivitamin with folic acid 400 mcg tablet	Thera-M Plus Adult multivitamin with minerals
Multivitamin, therapeutic with minerals oral liquid	Centrum Multi-Vite Adult multivitamin with minerals
Prenatal Vitamin	PrePlus Prenatal Vitamin

*Product(s) may vary based on availability, contact pharmacy to verify available product.

Poly Vi Sol / PolyVite			
Vitamin/Mineral	Amount per mL	% DV Infants - 12 m/o	%DV Children 1-3 yr
Vitamin A	250 mcg	50%	83%
Vitamin C	50 mg	100%	333%
Vitamin D	10 mcg (400 IU)	100%	67%
Vitamin E	5 mg	100%	83%
Thiamine	0.3 mg	100%	60%
Riboflavin	0.4 mg	100%	80%
Niacin	4 mg	100%	67%
Vitamin B6	0.3 mg	100%	60%
Vitamin B12	0.5 mcg	100%	56%

Poly Vi Sol with Iron / PolyVite with Iron			
Vitamin/Mineral	Amount per mL	% DV Infants - 12 m/o	%DV Children 1-3 yr
Vitamin A	250 mcg	50%	83%
Vitamin C	50 mg	100%	333%
Vitamin D	10 mcg (400 IU)	100%	67%
Vitamin E	5 mg	100%	83%
Thiamine	0.3 mg	100%	60%
Riboflavin	0.4 mg	100%	80%
Niacin	4 mg	100%	67%
Vitamin B6	0.3 mg	100%	60%
Iron	11 mg	100%	157%

Flintstones Chewable Tablet with Iron			
Vitamin/Mineral	Amount per tablet	% DV Children 2-3 yr	% DV Children ≥ 4 yr
Vitamin A	400 mcg	67%	44%
Vitamin C	25 mg	83%	28%
Vitamin D	15 mcg (600 IU)	50%	75%
Vitamin E	7 mg	58%	47%
Thiamine	0.6 mg	60%	50%
Riboflavin	0.6 mg	60%	46%
Niacin	8 mg	67%	50%
Vitamin B6	0.6 mg	60%	35%
Folate	200 mcg DFE	67%	50%
Vitamin B12	1.2 mcg	67%	50%
Biotin	12 mcg	75%	40%
Pantothenic Acid	3 mg	75%	60%
Iron	18 mg	129%	100%
Iodine	90 mcg	50%	60%
Zinc	5 mg	83%	45%

Thera-M Plus Adult Multivitamin with Minerals		
Vitamin/Mineral	Amount per caplet	% DV
Vitamin A	1,500 mcg	167%
Vitamin C	60 mg	67%
Vitamin D3	10 mcg	50%
Vitamin E	9 mg	60%
Vitamin B1	1.5 mg	125%
Riboflavin	1.7 mg	131%
Niacin	20 mg	125%
Vitamin B6	2 mg	118%
Folate	667 mcg DFE	167%
Vitamin B12	6 mcg	250%
Biotin	30 mcg	100%
Pantothenic Acid	10 mg	200%
Calcium	60 mg	5%
Iron	19 mg	106%
Iodine	150 mcg	100%
Magnesium	60 mg	14%
Zinc	15 mg	136%
Selenium	10 mcg	18%
Copper	2 mg	222%
Manganese	2 mg	87%
Chromium	15 mcg	43%
Molybdenum	15 mcg	33%

Centrum Multi-Vite Adult Multivitamin with Minerals (Solution)		
Vitamin/Mineral	Amount per 15 mL	% DV
Vitamin A	390 mcg	43%
Vitamin C	60 mg	67%
Vitamin D3	10 mcg (400 IU)	50%
Vitamin E	13.5 mg	90%
Thiamine	1.1 mg	92%
Riboflavin	1.7 mg	131%
Niacin	20 mg	125%
Vitamin B6	2 mg	118%
Vitamin B12	6 mcg	250%
Biotin	300 mcg	1000%
Pantothenic Acid	10 mg	200%
Iron	9 mg	50%
Iodine	150 mcg	100%
Zinc	3 mg	27%
Manganese	2 mg	87%
Chromium	25 mcg	71%
Molybdenum	25 mcg	56%

PrePlus Prenatal Vitamin		
Vitamin/Mineral	Amount per tablet	% DV P&L Women
Vitamin A	4,000 IU	50%
Vitamin C	120 mg	200%
Vitamin D3	400 IU	100%
Vitamin E	22 IU	73%
Thiamine	1.84 mg	108%
Riboflavin	3 mg	150%
Niacin	20 mg	100%
Vitamin B6	10 mg	400%
Folic Acid	1 mg	125%
Vitamin B12	12 mcg	150%
Calcium	200 mg	15%
Iron	27 mg	150%
Zinc	25 mg	167%
Copper	2 mg	100%