

## UNC Health Care System Standard Opioid Prescribing Schedule (SOPS)

Adult		
Service	Procedure Group	# of Opioid Doses Recommended <sup>1</sup>
Acute Care Surgery	Lap Chole	0-15
	Lap Appy	0-15
	Inguinal/Femoral Hernia Repair (open/laparoscopic) <sup>2</sup>	0-10
	Open Incisional Hernia Repair <sup>2</sup>	0-20
Adult ENT	Cochlear Implant	0-15
	Head & Neck	0-30
	Laryngoscopy	0-10
	Nasal/Sinus Endo	0-15
	Nose Repair	0-15
	Parotid Procedure	0-15
	Skull Based	0-20
	T & A	0-30
	Thyroid/Parathyroid <sup>2</sup>	0-5
Adult Neurosurgery	Facial Trauma	0-30
	Tympanoplasty	0-15
Thoracic Surgery	Cranectomy	0-30
	Shunts	0-30
Emergency Department	Stereotactic Pre/Post Procedure	0-30
	Minimally Invasive Thoracic Procedures	0-20
Gastrointestinal Surgery	Minimally Invasive Robotic Procedures	0-20
	ED Patients with an acute pain condition necessitating opioids	0-10
Gynecologic Oncology	Lap Chole	0-15
	Lap Colectomy <sup>2</sup>	0-20
	Lap Esophageal <sup>2</sup>	0-15
	Loop Ostomy Takedown <sup>2</sup>	0-15
	Minimally Invasive Abdominal Procedure (i.e. adrenalectomy, partial gastrectomy)	0-20
	Open Colectomy <sup>2</sup>	0-20
	Open Incisional Hernia Repair <sup>2</sup>	0-20
	Inguinal/Femoral Hernia Repair	0-10
	Parastoma/Stoma Revision	0-25
Orthopaedics	Proctectomy	0-20
	Hysterectomy	0-15
Plastic Surgery	Colostomy <sup>2</sup>	0-20
	Hysterectomy	0-15
	Ileostomy <sup>2</sup>	0-25
	Oophorectomy <sup>2</sup>	0-20
	Open Incisional Hernia Repair <sup>2</sup>	0-20
Primary Care	Radical Vulvectomy	0-20
	Simple Vulvectomy	0-10
Surgical Oncology	Total Knee	0-60
	Total Hip	0-30
Urology	Hidradenitis	0-50
	Breast Reduction & Panniculectomy	0-30
	Hand Fracture	0-20
	Carpal Tunnel	0-5
1. The above Standard Opioid Prescribing Schedule (SOPS) has been confirmed by the appropriate departments for opioid naive adult patients. The recommended opioid for prescribing is <b>5mg of Oxycodone</b> . For patients intolerant to oxycodone, consider prescribing hydromorphone 2 mg tablets in the same quantity recommended for oxycodone. 2. Adapted from Michigan Surgical Quality Collaborative's Opioid Prescribing Recommendations for Surgery ( <a href="https://opioidprescribing.info/">https://opioidprescribing.info/</a> )	Patients with an acute pain condition necessitating opioids	0-10
	Partial Mastectomy <sup>2</sup>	0-20
	Complete Mastectomy	0-30
	Complete Mastectomy with Reconstruction	0-45
	Melanoma/Skin Excision with or without Sentinel Node <sup>2</sup>	0-5-local anesthesia 0-20-general anesthesia
	Node Dissection (ALND, MRND, ILND) <sup>2</sup>	0-30
	Thyroid/Parathyroid <sup>2</sup>	0-5
	Lap Chole	0-15
	Lap Appy	0-15
	Loop Ostomy Takedown <sup>2</sup>	0-15
2. Adapted from Michigan Surgical Quality Collaborative's Opioid Prescribing Recommendations for Surgery ( <a href="https://opioidprescribing.info/">https://opioidprescribing.info/</a> )	Minimally Invasive Abdominal Procedure (i.e. laparoscopic/robotic colectomy, adrenalectomy, partial gastrectomy)	0-20
	Cystectomy	0-15
	Cysto/TUR	0-10
	Lap Neph	0-15
	Nephrostolithotomy	0-15
	Penile/Urethral	0-10
	Prostatectomy	0-20
	Scrotal/Testis	0-10
	Ureteroscopy	0-10

Adult Perioperative LOS > 4 Days Algorithm		
Participating Surgical Services	Total Dose of Oxycodone (mg) in last 24 hrs	# of Opioid Doses Recommended <sup>3</sup>
• Adult ENT • Burn Surgery	0 mg	0
• Cardiothoracic Surgery	1-15 mg	0-15
• Gastrointestinal Surgery	16-35 mg	0-30
• GYN Oncology • Surgical Oncology	36-60 mg	0-45
	≥ 61mg	0-60

3. Adapted from Hill, MV, Stucke, RS, Billmeier, SE, Kelly, JL, Barth, RJ. Guideline for Discharge Opioid Prescriptions after Inpatient General Surgical Procedures. J Am Coll Surg. 2017; 226(6): 996-1003

Obstetrics-Cesarean Delivery		
Procedure	Total # Oxycodone (5mg) used in last 24 hrs	# of Opioid Doses Recommended <sup>4</sup>
Cesarean Section (for 5-Day Supply)	0	0
	1	0-5
	2	0-10
	3	0-15
	4	0-20
	5	0-25
	6 or more	0-30

4. If zero opioids were used last 24 hours, recommend NOT prescribing opioids. However, prescription for 1-5 tablets can be considered using shared decision-making with patient.  
Maximum of 30 tablets is recommended but higher levels may be needed for chronic pain patient.  
If a different opioid is prescribed, use same algorithm of the number of tablets used in the last 24 hours x 5 to determine recommended prescription amount.

Pediatrics		
Service	Procedure Group	# of Opioid Doses Recommended <sup>5</sup>
Pediatric ENT	T & A	<12 yo: 0-20, ≥ 12 yo: 0-30
	Implant Removal	0-5
	Pediatric Spine	0-40
Pediatric Orthopaedics	Supracondylar Humeral Fracture Repair	0-5
	Cranectomy	0-10
	Laminectomy	0-5
Pediatric Neurosurgery	Shunts	0-5
	ED Patients with an acute pain condition necessitating opioids	0-10
	Pediatric Lap Appy	<10 yo: 0-5, ≥ 10 yo: 0-10
Pediatric Surgery	Umbilical Hernia Repair	0-5
	Inguinal Hernia Repair	<1 yo: 0, 1-10 yo: 0-5, ≥ 10 yo: 0-10
	Circumcision	0-5
Pediatric Urology	Cystourethroscopy	0-5
	Hypopspadias	0-12
	Inguinal Hernia Repair / Orchiopexy	<1 yo: 0, 1-10 yo: 0-5, ≥ 10 yo: 0-10
	Laparoscopy	0-5
	Nephrectomy (lap)	0-5
	Nephrectomy (Open)	0-10
	Ureteroneocystostomy	0-10
	Vesicostomy	0-5

5. The above Standard Opioid Prescribing Schedule (SOPS) has been confirmed by the appropriate departments for opioid naive pediatric patients. The recommended opioid for prescribing is **0.05-0.1 mg/kg of Oxycodone**.

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