

INFORMATION SOURCES FOR COMPLEMENTARY & ALTERNATIVE THERAPIES

FOREWORD

This resource guide is part of a series of educational publications, published by the Program on Integrative Medicine, University of North Carolina at Chapel Hill, that explores the convergence of complementary, alternative, and conventional health care. Its purpose is to provide health care practitioners a core list of current, useful, and reliable information resources on complementary and alternative therapies as well as related research.

The acronym “CAM” (Complementary and Alternative Medicine) is commonly used to refer to any and all healing modalities and therapies that are distinct from conventional medical practice. Because of its wide usage, particularly in many of the sources cited in this guide, we, too, use the term—but with caution. Although “CAM” suggests a singular healing approach, it is used here as a shorthand for a widely diverse collection of healing systems, practices, and therapies.

There are thousands of CAM websites in the world, hundreds of journals and books, and many other accessible resources on CAM for health professionals—

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a bewildering choice indeed! Our approach to distilling this list was to use our own experience, consult with other professionals and CAM providers, and, of course, to review the materials. We have visited many websites, searched many databases, and read many books and journals.

As we compiled and reviewed these resources, we were struck by how much change has occurred in a relatively short period of time. For example, several excellent reference books have been published between the first and final drafts of this publication; while additions and changes to Internet sources occur daily. The information presented in this document was compiled between March and August, 2003. And, although it will be updated periodically, it cannot hope to keep pace with rapid changes in the world of information. Nonetheless, we believe it offers a solid foundation and guide for those who seek reliable information about complementary and alternative medicine and CAM research.

We welcome readers' comments and suggestions to strengthen this resource guide. We are particularly interested in refining or adding to useful CAM information resources in order to improve patient care. A comment form is included at the end of this publication; we invite you to use it to provide feedback on our efforts.

Peter Curtis
June McDermott
Diane McKenzie

JOURNALS

TITLE	WEB ADDRESS	PUBLISHER	FREQUENCY
<i>Alternative & Complementary Therapies</i>	http://www.liebertpub.com/	Mary Ann Liebert, Inc. • 2 Madison Avenue, Larchmont, NY 10538 • (914) 843-3100 • Fax: (914) 834-3688, info@liebertpub.com	6 issues/ year
<i>Alternative Medicine Review</i>	http://www.thorne.com/	Thorne Research, Inc. • P.O. Box 25, Dover, ID 83825 • (208) 263-1337 • Fax: (208) 265-2488 • altmedrev@thorne.com	6 issues/ year
<i>Alternative Therapies in Health and Medicine</i>	http://www.alternative-therapies.com	InnoVision Communications • 169 Saxony Road, Suite 104, Encinitas, CA 92024 • (800) 345-8112 • Fax: (760) 633-3910	6 issues/ year
<i>American Journal of Chinese Medicine</i>	http://www.worldscinet.com/ajcm/ajcm.shtml	World Scientific Publishing Co., Inc. • 1060 Main Street, River Edge, NJ 07661 • (800) 227-7562 • Fax: (888) 977-2665 • sales@wspc.com	6 issues/ year
<i>Australian Journal of Medical Herbalism</i>	http://www.nhaa.org.au/site.html	National Herbalists Association of Australia • P.O. Box 403, Morisset, NSW, Australia 2264 • 61-2-4973-4107 • Fax: 61-2-4973-4857 • nhaa@nhaa.org.au	Quarterly
<i>Australian Traditional Medicine Society Journal</i>	http://www.atms.com.au/	Australian Traditional Medicine Society, Ltd. • P.O. Box 1027, Meadowbank, NSW 2114, Australia • 61-2-9809-6800 • Fax: 61-2-9809-7570 • enquiries@atms.com.au	Quarterly
<i>British Journal of Phytotherapy</i>	http://www.collegeofphytotherapy.com/index.htm	College of Phytotherapy , Rutherford Business Park Battle, East Sussex TN33 0TY, UK • +44 (0) 1424 776780 • Fax: +44 (0) 1424 776781 • medjane@pavilion.co.uk	2 issues/ year
<i>Complementary Therapies in Medicine (UK)</i>	http://www.elsevier-international.com/journals/ctim/	Elsevier Science , Customer Services Department • 6277 Sea Harbor Drive, Orlando, FL 32887-4800 • (800) 654-2452 • Fax: (407) 363-9661 • usinfo-f@elsevier.com	Quarterly
<i>Complementary Therapies in Nursing and Midwifery (UK)</i>	http://www.elsevier-international.com/journals/ctnm/	Elsevier Science , Customer Services Department • 6277 Sea Harbor Drive, Orlando, FL 32887-4800 • (800) 654-2452 • Fax: (407) 363-9661 • usinfo-f@elsevier.com	Quarterly
<i>European Journal of Herbal Medicine</i>	http://www.ejhm.co.uk	National Institute of Medical Herbalists • 56 Longbrook Street, Exeter, Devon EX4 6AH, UK • +44 (0) 1392 426022, Fax: +44 (0) 1392 498963 • subscriptions@ejhm.co.uk	3 issues/year
<i>Fitoterapia</i>	http://www.elsevier.com/locate/fitote	Elsevier Science , Regional Sales Office • P.O. Box 945, New York, NY 10159 • (888) 437-4636 • Fax: (212) 633-3680 • usinfo-f@elsevier.com	8 issues/year
<i>Focus on Alternative and Complementary Therapies (FACT) (UK)</i>	http://www.pharmpress.com/	Pharmaceutical Press ? c/o CABI Publishing, CAB International, 10 East 40 th Street, Suite 32002, New York, NY 10016 • FAX: (212) 686-7993 • rpsgb@cabi.org	Quarterly

JOURNALS

TITLE	WEB ADDRESS	PUBLISHER	FREQUENCY
<i>Forschende Komplementärmedizin und Klassische Naturheilkunde/ Research in Complementary Medicine</i>	http://www.karger.com/	S. Karger AG ? P.O. Box CH-4009 Basel Switzerland • 41-61-306-111 • Fax: 41-61-306-1234 • orders@karger.ch	6 issues/ year
<i>HerbalGram</i>	www.herbalgram.org	American Botanical Council • 620 Manor Road, Austin, TX 78723 • (512) 926-4900 • Fax: (512) 926-2345 • abc@herbalgram.org	Quarterly
<i>Journal of Alternative and Complementary Medicine: Research on Paradigm, Practice and Policy</i>	http://www.liebertpub.com/	Mary Ann Liebert, Inc. • 2 Madison Avenue, Larchmont, NY 10538 • (914) 843-3100 • Fax: (914) 834-3688 • info@liebertpub.com	6 issues/ year
<i>Journal of Herbal Pharmacotherapy</i>	www.haworthpress.com/store	The Haworth Press, Inc. • 10 Alice Street, Binghamton, NY 13904 • (800) 429-6784 • Fax: (800) 895-0582 • orders@haworthpress.com	Quarterly
<i>Journal of Interprofessional Care</i>	http://www.taylorandfrancis.com	CarFax/Taylor & Francis ? 325 Chestnut Street, Suite 800, Philadelphia, PA 19106 • (800) 354-1420 • Fax: (215) 625-8914 • beverly.acreman@tandf.co.uk	Quarterly
<i>Journal of Manipulative and Physiological Therapeutics</i>	http://www.us.elsevierhealth.com/	National College of Chiropractic/Mosby • 11830 Westline Industrial Dr., St. Louis, MO 63146-3318 • (800) 654-2452, (407) 345-4000 • Fax: (407) 363-9661 • elspcs@elsevier.com	9 issues/ year
<i>Journal of the American Osteopathic Association</i>	http://www.aoa-net.org/Publications/pubs.htm	American Osteopathic Association , Circulation Manager • 142 E. Ontario Street, Chicago, IL 60611-2864 • (800) 621-1773 • Fax: (312) 202-8200 • sbaird@aoa-net.org • nfo@aoa-net.org	Monthly
<i>Medical Herbalism (e-journal)</i>	www.medherb.com	Bergner Communications • P.O. Box 20512, Boulder, CO 80308 • (303) 541-9552	Quarterly
<i>Phytomedicine</i>	http://www.urbanfischer.de/journals	Urban & Fischer Verlag/Nature Publishing Group • Linda Still, Brunel Road, Basingstoke RG21 6XS, UK • +44 (0) 1256 302629 • Fax: +44 (0) 1256 476117 • Lstill@nature.com	8 issues/ year
<i>Scientific Review of Alternative Medicine</i>	www.prometheusbooks.com	Prometheus Books, Inc. • 59 John Glenn Drive, Amherst, NY 14228-2197 • (716) 691-0133, (800) 421-0351 • Fax: (716) 691-0137 • marketing@prometheusbooks.com	Quarterly

NEWSLETTERS

TITLE	WEB ADDRESS	PUBLISHER	FREQUENCY & COST
<i>Alternative Medicine Alert</i>	http://www.ahcpub.com/ahc_root_html/products/newsletters/ama.html	Thomson American Health Consultants, Inc. • 3525 Piedmont Road NE, Building 6, Suite 400, Atlanta, GA 30305 • (404) 262-7436, (800) 688-2421 • Fax: (800) 284-3291 • customerservice@ahcpub.com	12 issues/year \$269
<i>Alternative Therapies in Women's Health</i>	http://www.ahcpub.com/ahc_root_html/products/newsletters/atwh.html	Thomson American Health Consultants, Inc. • 3525 Piedmont Road NE, Building 6, Suite 400, Atlanta, GA 30305 • (404) 262-7436, (800) 688-2421 • Fax: (800) 284-3291 • customerservice@ahcpub.com	12 issues/year \$249
<i>Dr. Andrew Weil's Self Healing</i>	http://www.drweilselfhealing.com/	Self Healing • P.O. Box 2057, Marion, OH 43305-2057 • (800) 523-3296 • Fax: (617) 926-5021 • drwn@kable.com	Monthly \$18
<i>Harvard Health Letter</i>	http://www.health.harvard.edu/	Harvard Health Publications • P.O. Box 421073, Palm Coast, FL 32143-1073 • (800) 829-9045 • harvardmed@palmcoastd.com	12 issues/year \$28
<i>Dr. Julian Whitaker's Health & Healing Newsletter</i>	http://www.drwhitaker.com/	Customer Service, Health & Healing • P.O. Box 59750, Potomac, MD 20854 • (800) 219-8590 • customerservice@drwhitaker.com	12 issues/year \$49.99
<i>Tufts University Health & Nutrition Letter</i>	http://healthletter.tufts.edu/	Tufts University Health & Nutrition Letter • 10 High Street, Suite 706, Boston, MA 02110 • (800) 274-7581 • healthletter@tufts.edu	12 issues/year \$28
<i>Townsend Letter for Doctors and Patients</i>	http://www.townsendletter.com/	911 Tyler Street, Port Townsend, WA 98368 • (360) 385-6021 • Fax: (360) 385-0699 • info@townsendletter.com	10 issues/year \$54
<i>Wellness Letter</i> University of California, Berkeley	http://www.berkeleywellness.com/	Health Letter Associates • PO Box 420148, Palm Coast, FL 32142 • (386) 447-6328	12 issues/year \$28

BOOKS

BOOKS ON COMPLEMENTARY, ALTERNATIVE & INTEGRATIVE MEDICINE

TITLE	PUBLISHER	ISBN
<i>American Medicine as Culture.</i> H. F. Stein • 1990 • out of print	Westview Press • 5500 Central Avenue, Boulder, CO 80301 • (800) 386-5656 • Fax: (720) 406-7336 • westview.orders@perseusbooks.com	0-8133-0737-6
<i>A-Z Guide to Drug-Herb-Vitamin Interactions</i> , 2 nd edition • S. W. Lininger (Ed) • 2002 • \$19.95	Prima Publishing • PO Box 1260BK, Rocklin, CA 95677 • (800) 729-2960 • http://www.primapublishing.com/books/	0-7615-1599-2

BOOKS

BOOKS ON COMPLEMENTARY, ALTERNATIVE & INTEGRATIVE MEDICINE

TITLE	PUBLISHER	ISBN
<i>Clinical Research in Complementary Therapies</i> • George Lewith, Wayne B. Jonas, Harald Walach • 2002 • \$37.00	Churchill Livingstone • Distributed by Elsevier Health Sciences Order Fulfillment • 11830 Westline Industrial Drive, St. Louis, MO 63146 • (800) 545-2522 • Fax: (800) 568-5136 • custserv.ehs@elsevier.com • http://www.us.elsevierhealth.com/	0-4430-6367-2
<i>Clinician's Complete Reference to Complementary and Alternative Medicine</i> ? Donald W. Novey ? 2000 ? \$49.95	Mosby Yearbook/Elsevier Health Sciences Division ? 11830 Industrial Drive, St. Louis, MO 63146 ? (800) 545-2522 ? Fax: (800) 568-5136 ? custserv.ehs@elsevier.com ? www.elsevierhealth.com	0-3230-0755-4
<i>Complementary Therapies on the Internet</i> • Mac Beckner, Brian Berman, Robert Kiley • 2002 • \$29.95	Churchill Livingstone • Distributed by Elsevier Health Sciences Order Fulfillment • 11830 Westline Industrial Drive, St. Louis, MO 63146 • (800) 545-2522 • Fax: (800) 568-5136 • custserv.ehs@elsevier.com • http://www.us.elsevierhealth.com/	0-4430-7067-9
<i>Desktop Guide to Complementary and Alternative Medicine</i> • Edzard Ernst, Max H. Pittler, Clare Stevinson & Adrian White • 2001 • \$36.95	Mosby (Elsevier Health Sciences) • Order Fulfillment • 11830 Westline Industrial Drive, St. Louis, MO 63146 • (800) 545-2522 • Fax: (800) 568-5136 • custserv.ehs@elsevier.com • http://www.us.elsevierhealth.com/	0-7234-3207-4
<i>Divided Legacy. A History of the Schism in Medical Thought</i> , 4 volumes • Harris L. Coulter • 1994 • out of print as a set	Center for Empirical Medicine • Washington, DC • (310) 378-4597 • (310) 378-7026 • empherapies@earthlink.net • www.empiricaltherapies.com/	(V-1) 0-9163-8601-5 (V-2) 1-5564-3035-3 (V-3) 0-9381-9057-1 (V-4) 1-5564-3170-8
<i>Drug-Induced Nutrient Depletion Handbook (Annual)</i> • Ross Pelton, James LaValle, Ernest Hawkins, & Daniel Krinsky • 2000-2001 • \$29.95	Lexi-Comp, Inc. • 1100 Terex Road, Hudson, OH 44236 • (330) 650-6506 • Fax: (330) 656-4307 • customer_service@lexi.com • http://www.lexi.com/web/	1-9305-9845-9
<i>Encyclopedia of Natural Medicine</i> , 2 nd edition, revised • M. Murray & J. Pizzorno • 2002 • \$25.00	DIANE Publishing Company • PO Box 1428, 330 Pusey Avenue, Unit #3 Rear, Collingdale, PA 19023 • (800) 782-3833, (610) 461-6200 • Fax: (610) 461-6130 • books@dianepublishingcentral.com • http://www.dianepublishingcentral.com/index.asp	0-7567-5274-4
<i>Essentials of Complementary and Alternative Medicine</i> • Wayne B. Jonas, Jeffrey S. Levin • 1999 • \$59.95	Springhouse Lippincott Williams & Wilkins • P.O. Box 1600, Hagerstown, MD 21740 • (800) 638-3030 • Fax: (301) 223-2400 • customerservice@lww.com	0-6833-0674-X
<i>Foundation for Osteopathic Medicine</i> • R.C. Ward, et al. (Eds) • 2002 • \$110.00	American Osteopathic Association • Lippincott Williams & Wilkins • P.O. Box 1600, Hagerstown, MD 21740-1600 • (800) 638-3030 • Fax: (301) 824-7390 • customerservice@LWW.com • http://www.lww.com/	0-7817-3497-5

BOOKS

BOOKS ON COMPLEMENTARY, ALTERNATIVE & INTEGRATIVE MEDICINE

TITLE	PUBLISHER	ISBN
<i>Fundamentals of Complementary and Alternative Medicine</i> • 2nd Edition • Marc S. Micozzi • 2001 • \$54.95	Mosby Yearbook/Elsevier Health Sciences Division • 11830 Industrial Drive, St. Louis, MO 63146 • (800) 545-2522 • Fax: (800) 568-5136 • custserv.ehs@elsevier.com • www.elsevierhealth.com	0-4430-6576-4
<i>Integrative Health Care: Complementary and Alternative Therapies for the Whole Person</i> • V. S. Sierpina • 2001 • \$32.95	FA Davis Company • 1915 Arch Street, Philadelphia, PA 19103 • (800) 523-4049, (215) 568-2270 • Fax: (215) 568-5065 • info@fadavis.com • http://www.fadavis.com/	0-8036-0704-0
<i>Interactions Between Drugs & Natural Medicines: What the Physician and Pharmacist Must Know About Vitamins, Minerals and Herbs</i> • C. D. Meletis, & T. Jacobs • 1999 • \$35	Eclectic Medical Publications • 36350 SE Industrial Way, Sandy, Oregon 97055 • (800) 865-1487, (503) 668-4120 • Fax: (503) 668-3227 • books@eclecticherb.com • http://www.eclecticherb.com/emp/	1-8884-8310-5
<i>Natural Medicines Comprehensive Database</i> • Revised annually • \$92.00	Therapeutic Research Facility • 3120 W. March Lane, Stockton CA 95208 • (209) 472-2244 • Fax: (209) 47202249 • www.NaturalDatabase.com/newbook.asp	0-9676-1364-7
<i>Nurse's Handbook of Alternative and Complementary Therapies</i> • M. C. a-hill • 2002 • 2nd Edition • \$36.95	Springhouse Lippincott Williams & Wilkins • P.O. Box 1600, Hagerstown, MD 21740 • (800) 638-3030 • Fax: (301) 223-2400 • customerservice@lww.com	1-5825-5162-9
<i>Textbook of Natural Medicine</i> • J.E. Pizzorno & M. J. Murray (Eds) • 1999 • 2nd Edition • \$210.00	Churchill Livingstone • Distributed by Elsevier Health Sciences Order Fulfillment • 11830 Westline Industrial Drive, St. Louis, MO 63146 • (800) 545-2522 • Fax: (800) 568-5136 • custserv.ehs@elsevier.com • http://www.us.elsevierhealth.com/	0-4430-5945-4

BOOKS ON CHINESE HERBAL MEDICINE

TITLE	PUBLISHER	ISBN
<i>Chinese Herbal Medicine: Materia Medica</i> , revised edition • Dan Bensky, Andrew Gamble, L. Bensky, & Ted J. Kaptchuk • 1999 • \$75.00	Eastland Press, Inc. • PO Box 12689, Seattle, WA 98111 • (800) 453-3278 • Fax: (800) 241-3329 • info@eastlandpress.com • http://www.eastlandpress.com/	0-9396-1615-7
<i>The Pharmacology of Chinese Herbs</i> . 2nd edition • Kee Chang Huang • 1999 • \$169.95	CRC Press, Inc. • 2000 Corporate Boulevard NW, Boca Raton, FL 33431 • (800) 272-7737 • Fax: (800) 374-3401 • orders@crcpress.com • http://www.crcpress.com/default.asp	0-8493-1665-0

BOOKS

BOOKS ON WESTERN HERBAL MEDICINE

TITLE	PUBLISHER	ISBN
<i>A-Z Guide to Drug-Herb-Vitamin Interactions</i> , 2nd edition • S.W. Lininger (Ed) • 2002 • \$19.95	Prima Publishing • PO Box 1260BK, Rocklin, CA 95677 • (800) 729-2960 • http://www.primapublishing.com/books/	0-7615-1599-2
<i>Botanical Safety Handbook</i> (American Herbal Products Association). M. McGuffin, C. Hobbs, R. Upton, & A. Goldberg (Eds) • 1997 • \$49.95	CRC Press, Inc. • 2000 Corporate Boulevard NW, Boca Raton, FL 33431 • (800) 272-7737 • Fax: (800) 374-3401 • orders@crcpress.com • http://www.crcpress.com/default.asp	0-8493-1675-8
<i>The Complete German Commission E Monographs: Therapeutic Guide to Herbal Medicines</i> . M. Blumenthal (Ed) • 1998 • \$89.00	American Botanical Council • 6200 Manor Road, Austin, TX 78723 • (512) 926-4900 • Fax: (512) 926-2345 • abc@herbalgram.org • www.herbalgram.org • Free on-line for ABC members	0-9655-5550-X
<i>The Healing Power of Herbs: The Enlightened Person's Guide to the Wonders of Medicinal Plants</i> , 2nd edition, revised • M. T. Murray • \$16.95	Prima Publishing • PO Box 1260BK, Rocklin, CA 95677 • (800) 729-2960 • http://www.primapublishing.com/	1-5595-8700-8
<i>Herbal Medicine: Expanded Commission E Monographs</i> • M. Blumenthal (Ed) • 2000	American Botanical Council • 6200 Manor Road, Austin, TX 78723 • (512) 926-4900 • Fax: (512) 926-2345 • abc@herbalgram.org • www.herbalgram.org	0-9670-7721-4
<i>Herb Contraindications and Drug Interactions</i> , 3rd edition • F. Brinker • 2002 • \$25.95 (plus online updates)	Eclectic Medical Publications • 36350 SE Industrial Way, Sandy, Oregon 97055 • (800) 865-1487, (503) 668-4120 • Fax: (503) 668-3227 • books@eclecticherb.com • http://www.eclecticherb.com/emp/	1-8884-8311-3
<i>Phytotherapy in Paediatrics. Handbook for Physicians and Pharmacists</i> • H. Schilcher • 1997 • \$29.95	Medpharm Scientific Publishers • Distributed by Medicina Biologica • 2937 NE Flanders Street, Portland, OR 97232 • (503) 287-6775	3-8876-3026-2
<i>Principles and Practice of Phytotherapy: Modern Herbal Medicine</i> • S. Mills & K. Bone. • 2000 • \$82.95	Churchill Livingstone • Distributed by Elsevier Health Sciences Order Fulfillment • 11830 Westline Industrial Drive, St. Louis, MO 63146 • (800) 545-2522 • Fax: (800) 568-5136 • custserv.ehs@elsevier.com • http://www.us.elsevierhealth.com/	0-4430-6016-9
<i>Rational Phytotherapy. A Physician's Guide to Herbal Medicine</i> , 4th edition • V. Schulz, R. Hansel, & V.E. Tyler • 2000 • \$49.95	Springer-Verlag New York, Inc. • 175 Fifth Avenue, New York, NY 10010 • (212) 460-1500, (800) SPRINGER, (800) 777-4643 • Fax: (201) 348-4505 • service@springer-ny.com • http://www.springer-ny.com/	3-5406-7096-3
<i>The Review of Natural Products</i> • A. DerMarderosian, L. Liberti, J.A. Beutler, C. Grauds, D.S. Tatro, M. Cirigliano, & D. DeSilva Jr. • 2003 • \$79.95	Facts & Comparisons • Distributed by Lippincott Williams & Wilkins • PO Box 1600, Hagerstown, MD 21741 • (301) 683-3030 • Fax: (301) 223-2365 • www.lww.com	1-5743-9141-0

BOOKS

BOOKS ON HOMEOPATHY

TITLE	PUBLISHER	ISBN
<i>Homeopathic Medicine at Home: Natural Remedies for Everyday Ailments and Minor Injuries</i> • M.B. Panos • 1981 • \$12.95	Jeremy P. Tarcher/Penguin Putnam • 405 Murray Hill Parkway, East Rutherford, NJ 07073 • (800) 788-6262 • Fax: (800) 227-9604 • www.penguinputnam.com	0-8747-7195-1
<i>Healing with Homeopathy</i> • W.B. Jonas & J. Jacobs • 1998 reprint edition • \$19.99	Warner Books, Inc. • 1271 Avenue of the Americas, New York, NY 10020 • Available from amazon.com	0-4466-7342-0

BOOKS ON AYURVEDIC MEDICINE

TITLE	PUBLISHER	ISBN
<i>Handbook of Ayurvedic Medicinal Plants</i> • L. D. Kapoor • 2000 • \$149.95	CRC Press, Inc. • 2000 Corporate Boulevard NW, Boca Raton, FL 33431 • (800) 272-7737 • Fax: (800) 374-3401 • orders@crcpress.com • http://www.crcpress.com/default.asp	0-8493-2929-9

AUDIO CASSETTES

TITLE	PUBLISHER
<i>Functional Medicine Update</i> • \$225	Institute for Functional Medicine/HealthComm International • PO Box 1729, Gig Harbor, WA 98335 • (800) 843-9660, (800) 228-0622 • client_services@fxmed.com • http://www.functionalmedicine.org

DATABASES & WEBSITES

Key databases and websites selected by the faculty and staff of the University of North Carolina Program on Integrative Medicine (accessed August 2003)

ON-LINE DATABASES WITH CAM INFORMATION

NAME	WEBSITE ADDRESS	NOTES
ACUBASE	http://www.trigram.com/default.htm	Maintained by the Bibliothèque Universitaire de Médecine de Nîmes. Provides access to the acupuncture literature in French and English. Includes citations, conference proceedings, and some full-text articles. For health professionals.
AltCareDex	(CAM subset of Micromedex)	Fee-based service from Micromedex. Provides full-text , referenced patient and consumer leaflets on herbals, vitamins, minerals, and other dietary supplements, and complementary and alternative therapies for common health conditions. For health professionals.
Alt-Health Watch		Fee-based service from EbscoHost. Provides access to full-text complementary and alternative medicine information in journal articles, newsletters, pamphlets, and special reports; covers 1990 to present. For health professionals and consumers.
AMED (Allied and Complementary Medicine Database)	http://www.bl.uk/services/information/amed.html	Fee-based service from the British Library Health Care Information Service. Provides access to the complementary and alternative medicine literature with citations and abstracts for journal articles from 1985 to present. For health professionals.
Bandolier	http://www.jr2.ox.ac.uk/bandolier/booth/booths/altmed.html	Maintained by the Oxford University Pain Research Group. Provides independent evaluations and summaries of evidencebased articles; arranged by topic (including CAM topics). Goal is to provide guidance to consumers and health professionals.
Chiropractic Literature Bibliography. 1985-2003	http://www.chiroindex.org	Developed by the Chiropractic Library Consortium and supported by the American Chiropractic Association. Covers citations to 21 chiropractic journals. For health professionals.
CINAHL (Cumulated Index to Nursing and Allied Health Literature)	http://www.cinahl.com	Fee-based service from CINAHL. Provides access to citations and abstracts and some full-text of a broad scope of nursing and allied health journals and newsletters. Covers many alternative therapies and herbal medicines. For health professionals. Individual subscriptions available.
CISCOM	http://www.rccm.org.uk/	Fee-based service from the Research Council for Complementary Medicine, UK. Provides full-text data on over 4,000 randomized trials and citations to over 60,000 articles. Site will be upgraded in 2003. For health professionals.

DATABASES & WEBSITES

ON-LINE DATABASES WITH CAM INFORMATION

NAME	WEBSITE ADDRESS	NOTES
Cochrane Library	http://www.cochrane.org	Fee-based service from the Cochrane Collaboration. Provides access to rigorous, evidence-based, full-text systematic reviews, meta-analyses and clinical trials on wide range of therapies, including over 80 that are CAM-related. Information is of highest reliability and validity. Abstracts are available at no cost. For health professionals. The University of Maryland maintains a Cochrane site specific for CAM information, including abstracts of Cochrane reviews and a searchable registry of CAM-related, evidence-based articles. http://www.compmed.umm.edu/
HerbMed	http://www.herbmed.org/	Maintained by the Alternative Medicine Foundation. Provides full-text reviews on over 130 evidence-based reviews of herbal therapies. Links to Tibetan Medicine database. For health professionals.
Hom-Inform	http://dSPACE.dial.pipex.com/hom-inform/	Maintained by the British Homeopathic Library. Provides access to the homeopathic literature at their library with citations to over 25,000 articles and books. For health professionals.
International Bibliographic Information on Dietary Supplements (IBIDS)	http://ods.od.nih.gov/databases/	Maintained by NIH Office of Dietary Supplements and US Department of Agriculture Food and Nutrition Information Center. Includes full-text information about dietary supplements and access to the IBIDS (citations from literature) and CARDS (citations to current research) databases. A bit clunky to use. For health professionals.
International Pharmaceutical Abstracts (IPA)		Fee-based service from the American Society of Health-System Pharmacists. An index to the pharmaceutical literature. Includes citations and abstracts. Provides access to a wide spectrum of journals articles not indexed elsewhere, especially in the area of biopharmaceuticals and pharmacognosy. For health professionals.
MANTIS (Manual Alternative and Natural Therapy Index System)	http://www.healthindex.com/	Fee-based service from Action Potential, Inc., covers manual, alternative, and natural therapies, with citations and some full-text of about 1,000 journals dating from 1900. Originally covered chiropractic literature but now has broader mission. For health professionals.
NAPRALERT (Natural Products Alert)	http://www.uic.edu/pharmacy/research/diet/content/scont_napralert.htm	Fee-based service maintained by the UIC/NIH Center for Botanical Dietary Supplement Research in Women's Health. Provides citations and summaries for articles on ethno-medical and traditional uses, chemistry and pharmacology of plant, microbial, animal, and natural products; reports both positive and negative tests. For health professionals.
Natural Medicines Comprehensive Database (NMCD)	http://www.NaturalDatabase.com	Fee-based service from Therapeutic Research Facility. Provides reliable, evidence-based full-text information on many products, both herbal and non-herbal. Arranged to answer clinicians' questions on uses, interactions, and efficacy. For health professionals.

DATABASES & WEBSITES

ON-LINE DATABASES WITH CAM INFORMATION

NAME	WEBSITE ADDRESS	NOTES
Office of Dietary Supplements (ODS)	http://dietary-supplements.info.nih.gov	Federal database with over 400,000 citations. Provides regular updates.
PubMed	http://www.ncbi.nlm.nih.gov/	Maintained by the National Library of Medicine. Provides free on-line access to MEDLINE, the major index to the health sciences literature. Provides access to citations and abstracts for peer-reviewed medical and life sciences journals in all languages back to 1966. Includes a complementary medicine subset. Searching may be limited to randomized controlled trials. Many libraries provide linking to the full text of journals. For health professionals.
SumSearch	http://sumsearch.uthscsa.edu	Maintained by the University of Texas Health Science Center. Provides one-step method for searching across the evidence-based literature (e.g., PubMed, Cochrane, Practice Guidelines). Searching is clunky. Includes CAM topics. For health professionals.
Traditional Chinese Medicine Database System	http://www.cintcm.com	Maintained by the Institute of Information on Traditional Chinese Medicine, China Academy of Traditional Chinese Medicine, Beijing. Includes 10 Chinese and 2 English language databases (covering acupuncture and phytotherapies). Provides citations and abstracts. Also includes an English language Chinese materia medica that covers medicinal plants, herbal drugs, animal-derived drugs and mineral drugs. For health professionals.
TRIP Database, National Health Service, UK	http://www.tripdatabase.com	Maintained by TRIP Database, Ltd. Provides one-step method for searching evidence-based health care resources on the Internet. Links to large number of resources— many full-text —and articles from on-line journals such as the BMJ, JAMA, NEJM. Some CAM information included. For health professionals.

BEST WEBSITES FOR INFORMATION ON CAM

NAME	WEBSITE ADDRESS	NOTES
Alternative Medicine Foundation (AMF)	http://www.amfoundation.org	Maintained by the non-profit AMF with goal of providing reliable, non-biased CAM information. Resource Guides provide useful full-text introduction to CAM modalities, lists of schools and professional organizations, suggested books, and other links. Links to HerbMed file. For consumers and health professionals.
American Botanical Council (ABC)	http://www.herbalgram.org	Maintained by the American Botanical Council and supported by corporate members. Provides references, resources, and links to other CAM and herbal sites. Additional resources available to members (\$50 per year). For consumers and health professionals.

DATABASES & WEBSITES

BEST WEBSITES FOR INFORMATION ON CAM

NAME	WEBSITE ADDRESS	NOTES
Continuum Center for Health and Healing	http://www.healthandhealingny.org	Maintained by Beth Israel Medical Center. Provides concise information on treatments, history, philosophy, and training of different CAM modalities and alternative health systems. For health professionals and consumers.
Longwood Herbal Task-force	http://www.mcp.edu/herbal/	Maintained by the Longwood Herbal Task Force. Focuses on use of herbs and supplements; includes full-text , in depth monographs, clinician summaries, patient handouts, and educational case studies; links to other sources. For health professionals.
National Center for Complementary and Alternative Medicine (NCCAM)	http://nccam.nih.gov/	Maintained by the US National Center for CAM. Provides general CAM information and information on research, clinical trials, funding initiatives & career fellowships. Provides full-text health information organized by CAM therapy and by disease. For consumers and health professionals.
MEDLINEplus (National Library of Medicine, NLM)	http://medlineplus.gov/	Provides free, full-text , authoritative information from the National Library of Medicine (NLM), National Institutes of Health (NIH), and other health-related organizations. Includes sections on alternative medicine (http://www.nlm.nih.gov/medlineplus/alternativemedicine.html) and on herbal medicine (http://www.nlm.nih.gov/medlineplus/herbalmedicine.html). <i>Go Local</i> feature provides links to state, county, and city level information in North Carolina. For consumers.
Memorial Sloan Kettering Cancer Center: Integrative Medicine	http://www.mskcc.org/mskcc/html/11570.cfm	Maintained by Center staff. Provides full-text , objective information on herbs, vitamins and supplements, especially potential use in cancer care; includes clinical summary and details about constituents, adverse effects, interactions, and potential benefits or problems. For oncologists and health professionals.
Richard and Hinda Rosenthal Center for Alternative and Complementary Medicine	http://www.Rosenthal.hs.Columbia.edu/CAM.html	Maintained by Center staff. Links to CAM Internet sites and databases and sites for CAM education. Provides some legal information about CAM therapies. Emphasis on aging and women's health. For health professionals.
University of Maryland Program in Complementary Medicine	http://www.compmed.umm.edu/index.html	Maintained by Program staff. In addition to program information, provides links to CAM sites and to a subset of Cochrane Library information, and databases on pain control and CAM. For health professionals.
University of Pittsburgh Alternative Medicine Page	http://www.pitt.edu/~cbw/altm.html	Maintained by the Falk Library of the Health Sciences, University of Pittsburgh. Provides list of CAM databases and sites with good annotations, and links to CAM associations and directories. For consumers and health professionals. Subset of the website (http://www.pitt.edu/~cbw/licen.html). Lists schools, training, and licensing information for a wide range of CAM practices.

DATABASES & WEBSITES

EVIDENCE-BASED CLINICAL WEBSITES

NAME	WEBSITE ADDRESS	NOTES
Agency for Healthcare Research and Quality	http://www.ahrq.gov/clinic	Maintained by agency staff. Includes full-text guidelines, reports, and technical reviews. Evidence-based reports are issued by 12 U.S. practice centers on clinical topics, including CAM topics such as garlic and Ayurvedic treatments for diabetes. For health professionals.
Bandolier	http://www.jr2.ox.ac.uk/Bandolier/	Maintained by the Oxford University Pain Research Group. Provides independent evaluations and summaries of evidence-based articles; arranged by topic (including CAM topics). Goal is to provide guidance to consumers and health professionals
Bastyr University	http://www.bastyr.edu/library/resources/researchguide/	Provides practical literature searching guides to CAM research using Medline. Evidence-based resources on alternative approaches to healing, acupuncture, oriental resources, nutrition resources. For students and health professionals.
CAM on PubMed	www.nlm.nih.gov/nccam/camonpubmed.html	Maintained by the National Library of Medicine. An approach to searching PubMed that automatically limits searches to CAM articles. For evidence-based articles, searches should be further limited to publication types for meta-analyses or randomized controlled trials. For health professionals.
Centre for Evidence-Based Medicine	http://www.cebm.utoronto.ca/resources/websites.htm	Maintained by the University Health Network, Mount Sinai Hospital. Excellent index of 31 EBM sites by health care discipline and other categories—each one accurately described. For health professionals.
Cochrane Library	http://www.cochrane.org	Fee-based service from the Cochrane Collaboration. Provides access to rigorous, evidence-based , full-text systematic reviews, meta-analyses and clinical trials on wide range of therapies, including over 80 that are CAM-related. Information is of highest reliability and validity. Abstracts are available at no cost. For health professionals.
DARE (Database of Abstracts of Review of Effects)	http://agatha.york.ac.uk/	Fee-based service from the Cochrane Collaboration that provides summaries of reviews of positive and negative effects of interventions, including many CAM therapies. Also available as part of the Cochrane subscription. For health professionals.
EBM Online/Evidence-Based Medicine	http://ebm.bmjournals.com/	A <i>British Medical Journal</i> (BMJ)-sponsored, fee-based , bi-monthly online journal on evidence-based medicine. Provides structured commentaries on clinically relevant articles, highlighting treatment, diagnosis and clinical prediction, etiology, prognosis, cost-effectiveness, and quality assurance. Some access is provided for non-subscribers. For health professionals.
EvidenceBased Practice Newsletter	http://www.ebponline.net	On-line newsletter with evidence-based reviews maintained by editors of <i>Journal of Family Practice</i> . Focuses on providing continuing education and Practice-Oriented Evidence that Matters (POEMS) to clinicians in primary care. Newsletter is free and full-text ; access to POEMS database requires subscription. For health professionals.

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EVIDENCE-BASED CLINICAL WEBSITES

NAME	WEBSITE ADDRESS	NOTES
Effective Health Care	http://www.york.ac.uk/inst/crd/ehcb.htm	Maintained by the national Health Service Center for Reviews and Dissemination at the University of York, UK. Bi-monthly bulletins based on a systematic review and synthesis of research on the clinical effect, cost-effectiveness and acceptability of health-service interventions. Bulletins are subject to rigorous peer review. For health professionals.
InfoPOEMS, Clinical Awareness System	http://www.InfoPOEMs.com/	Fee-based system created by four family physicians. Goal is to provide full-text answers to clinical questions within 30 seconds. Provides a tool for retrieving information from article reviews based on rigorous standards for validity, reliability, and levels of evidence. Covers primary care/urgent care/emergency medicine and will be expanding to pediatrics,
Introduction to InfoMastery	http://www.poems.msu.edu/InfoMastery/	Web-based course created and maintained by the Michigan State University Department of Family Practice. Consists of six modules. Educational aim is understanding the rationale for an evidence-based approach to clinical practice and critical appraisal of the medical literature for clinical decision making. For health professionals.
Michigan State University Department of Family Practice	http://www.poems.msu.edu/InfoMastery/	Web-based course from the University of Michigan Department of Family Medicine that introduces the basic concepts of Information Mastery, Evidence-Based Medicine (EBM), and critical appraisal of the medical literature. For health professionals.
North Carolina Evidence-Based Education Center for Excellence	http://www.hsl.unc.edu/ahec/ebmcoe/pages/index.htm	Maintained by librarians at the University of North Carolina at Chapel Hill and North Carolina AHECs. Provides a collection of resources that support teaching and learning in Evidence-Based Medicine (EBM). Includes teaching modules, curricula, selected articles on EBM methodology, and list of annotated resources. For health professionals and students.
US Preventive Services Task Force	http://www.ahrq.gov/clinic/uspstfix.htm	Maintained by the U.S. Agency for Healthcare Research and Quality. Provides full-text reviews and recommendations on the evidence of effectiveness of primary care treatments and preventions. Based on systematic review of literature by the independent panel of experts in primary care who make up the Task Force. For health professionals.

REGULATORY INFORMATION WEBSITES

NAME	WEBSITE ADDRESS	NOTES
Center for Food Safety and Applied Nutrition, Food and Drug Administration	http://www.cfsan.fda.gov	Federal agency website that provides adverse event reporting, warnings and safety alerts, and regulatory information for such areas as dietary supplements (http://www.cfsan.fds.gov/~dms/supplmnt.html), food additives, food labeling, medical food, and health fraud. For consumers and health professionals.

DATABASES & WEBSITES

REGULATORY INFORMATION WEBSITES

NAME	WEBSITE ADDRESS	NOTES
Consumerlab	www.consumerlab.com	Maintained by Consumerlab group that conducts research on supplements, vitamins, wellness, sport, and health products. Provides full-text evaluations of product quality; includes recall information. Free newsletter available. Additional information available for a fee (\$18 per year). For consumers and health professionals.
FDA MedWatch	http:// www.fda.gov/medwatch	Maintained by the U. S. Food and Drug Administration (FDA). Main website for reporting on adverse drug events. Provides safety information on drugs and other medical products regulated by the FDA.
Federal Trade Commission	www.ftc.gov	Maintained by the US Federal Trade Commission, which monitors marketing and businesses that offer medical treatments, products, equipment, and diets for unscrupulous practices. Provides link for reporting complaints and to information on health fraud schemes, products, and services. For consumers and health professionals.
Health Canada/Health Products and Food Branch	http://www.hc-sc.gc.ca/hpfb/	Maintained by Health Canada, the equivalent of the National Institutes of Health. Search Health Protection section for Alternative Medicine and Therapies and links to the Natural Health Products Directorate, which regulates CAM products and practitioners. The Health Products and Food Branch regulates drug and supplement information. (http://www.hc-sc.gc.ca/hpfb/) For consumers and health professionals.
National Council Against Healthcare Fraud	www.ncahf.org	NCAHF is a private, nonprofit, voluntary health agency that focuses on health misinformation, fraud, and quackery as public health problems and promotes disclosure in labeling and pre-marketing proof of safety. Weekly <i>Consumer Health Digest</i> summarizes scientific reports, legislative developments, and enforcement actions. Lists full-text of its position papers on CAM topics. For consumers and health professionals.
Public Citizen's Health Research Group	www.citizen.org/hrg/	Maintained by Public Citizen, a consumer advocacy organization founded by Ralph Nader in 1971. The Health Research Group provides oversight for drugs and medical devices, promotes truth in labeling, and educates the public about unsafe or ineffective drugs. Many full-text documents and free registration for several on-line newsletters. For the consumer and health professional.
Richard and Hinda Rosenthal Center for Alternative and Complementary Medicine	http://www.Rosenthal.hs.columbia.edu/legal_info.html	This subset of the Rosenthal Center website provides updated data on CAM licensing and legal issues in all U.S. states.

DATABASES & WEBSITES

CAM EDUCATIONAL RESOURCES

NAME	WEBSITE ADDRESS	NOTES
American Medical Student Association	http://www.amsa.org/humed/CAM/	Maintained by AMSA. Includes modules on stress reduction, wellness, evidence-based CAM, and 10 CAM modalities. Provides references, text, some audiovisuals and web links to other CAM resources.
Harvard Medical School	http://www.childrenshospital.org/holistic/	Maintained by Boston Children's Hospital Center for Holistic Pediatric Education and Research (CHPER). Includes on-line self-instructional curriculum in holistic pediatrics; links to Longwood Herbal website. For health professionals.
Holistic Kids	www.holistickids.org .	Maintained by the Pediatric Integrative Medical Education (PIME) project at Children's Hospital, Boston. Provides teaching tools, full-text information on disease-related topics, and interactive resources for holistic care of children. For health professionals.
Longwood Herbal Taskforce	http://www.mcp.edu/herbal/	Maintained by the Longwood Herbal Task Force. Focuses on use of herbs and supplements; includes full-text in-depth monographs, clinician summaries and patient handouts, and educational case studies; links to other sources. For health professionals
Office of Cancer Complementary and Alternative Medicine (NCI OCCAM)	http://www3.cancer.gov/occam/	Maintained by the OCCAM. Provides information on clinical trials, fact sheets, FDA alerts, grants, funding resources, and educational resources. For consumers and health professionals.
Rush University College of Nursing	http://www.rushu.rush.edu/nursing/CAM/	Maintained by Rush University Nursing Program. Focuses on CAM in nursing. Provides information on CAM courses, research, and resources, definitions of CAM nursing competencies, and access to web-based mini-course. For health professionals.
University of Pennsylvania. School of Medicine Complementary and Alternative Medicine Education Program	http://www.med.upenn.edu/progdev/compmed/education/	Maintained by University of Pennsylvania CAM Education Program. Provides information on their curriculum and program, and also access to slide and PowerPoint presentations on CAM topics. (registration required to use presentations) For health professionals.
University of Texas Medical Branch	http://cam.utmb.edu	Maintained by University of Texas Medical Branch. Provides well-designed links and reviews of 28 other CAM related websites (including a rating scale and pros/cons of the site). Provides details and some content of CAM curricula in use at the University of Texas program. For health professionals.
White House Commission on Complementary and Alternative Medicine	http://www.whccamp.hhs.gov	Maintained by the Commission. Provides full-text of its published report, including recommendations for research education, licensure, insurance, and training. For consumers and health professionals.

DATABASES & WEBSITES

GENERAL INFORMATION WEBSITES

NAME	WEBSITE ADDRESS	NOTES
Alternative Health News Online	http://www.altmedicine.com	Maintained by Dr. Frank Grazian, a journalist. Provides links to full-text alternative medicine news stories in the popular press; a weekly newsletter; and recommendations of CAM books. Links to CAM websites. Offers brief descriptions of a wide range of CAM modalities. For consumers.
American Health Consultants	http://www.ahcpub.com	Mostly fee-based service maintained by American Health Consultants. Provides access to on-line newsletters, including <i>Complementary Therapies in Chronic Care</i> . For health professionals.
Alternative Medicine Health Care Information Resources, McMaster University	http://hsl.mcmaster.ca/tomflem/altmed.html	Maintained by McMaster University Health Sciences Library. Provides wide range of information (mostly links, but some full-text) with Canadian and international emphasis. Covers a number of esoteric therapies. For consumers and health professionals.
DrWeil.com: Your Guide to Optimum Health	http://www.drweil.com	Maintained by the Polaris Health Group. Provides full-text information and lists resources on vitamins, supplements, natural products, health conditions. Registration (free) required for full access. For consumers.
Healthfinder	http://healthfinder.gov	Maintained by the US Department of Health and Human Services. Provides links to government, nonprofit, and university websites, with an emphasis on health and product safety frauds. Includes Alternative Medicine section. For consumers.
Health Web: Choices for Health	http://www.healthwwwweb.com	Maintained by Integrative Medical Arts Group, Inc. Provides lists of CAM journals, newsletters, organizations, research centers and links to other CAM sites. For consumers.
InternalMDLinx	http://www.internalmdlinc.com	Maintained by website Management Team and Board of Advisors. Provides summaries of new studies for practicing clinicians. Registration (free) required for full access. Includes specialty section on CAM. For health professionals.
MEDLINEplus (National Library of Medicine, NLM)	http://medlineplus.gov/	Provides free, full-text , authoritative information from the National Library of Medicine (NLM), National Institutes of Health (NIH), and other health-related organizations. Includes sections on alternative medicine (http://www.nlm.nih.gov/medlineplus/alternativemedicine.html) and herbal medicine (http://www.nlm.nih.gov/medlineplus/herbalmedicine.html). <i>Go Local</i> feature provides links to state, county, and city level information in North Carolina. For consumers.
NIH Clinical Trials	http://clinicaltrials.gov	Maintained by the National Institutes of Health. Provides access to full-text information at completed and ongoing clinical trials, including CAM trials. For consumers and health professionals.

DATABASES & WEBSITES

GENERAL INFORMATION WEBSITES

NAME	WEBSITE ADDRESS	NOTES
NOAH	http://www.noah-health.org	Maintained by New York City public and academic libraries. Provides full-text information on health conditions in English and Spanish. Includes CAM section: (http://www.noah-health.org/English/alternative/alternative.html) For consumers.

SPECIALIZED DATABASES & WEBSITES: ACUPUNCTURE & ACUPRESSURE

NAME	WEBSITE ADDRESS	NOTES
ACUBASE	http://www.trigram.com/default.htm	Maintained by the Bibliothèque Universitaire de Médecine de Nîmes. Provides access to the acupuncture literature in French and English. Includes citations, conference proceedings, and some full-text articles. For health professionals.

SPECIALIZED DATABASES & WEBSITES: TRADITIONAL CHINESE MEDICINE

NAME	WEBSITE ADDRESS	NOTES
Traditional Chinese Medicine Database System	http://www.cintcm.com	Maintained by the Institute of Information on Traditional Chinese Medicine, China Academy of Traditional Chinese Medicine, Beijing. Includes 10 Chinese and 2 English language databases (covering acupuncture; and phytotherapies). Provides citations and abstracts. Also includes an English language Chinese materia medica that covers medicinal plants, herbal drugs, animal-derived drugs and mineral drugs. For health professionals.

SPECIALIZED DATABASES & WEBSITES: CHIROPRACTIC

NAME	WEBSITE ADDRESS	NOTES
Chiropractic Literature Bibliography. 1985-2003	http://www.chiroindex.org	Developed by the Chiropractic Library Consortium and supported by the American Chiropractic Association. Covers citations to 21 chiropractic journals. For health professionals.
MANTIS (Manual Alternative and Natural Therapy Index System)	http://www.healthindex.com/	Fee-based service from Action Potential, Inc., covers manual, alternative, and natural therapies, with citations and some full-text of about 1,000 journals dating from 1900. Originally covered the chiropractic literature but now has a broader mission. For health professionals.

SPECIALIZED DATABASES & WEBSITES: HERBS & SUPPLEMENTS

NAME	WEBSITE ADDRESS	NOTES
American Botanical Council (ABC)	http://www.herbalgram.org	Maintained by the American Botanical Council and supported by corporate members. Provides references, resources, and links to other CAM and herbal sites. Additional resources available to members (\$50 per year). For consumers and health professionals.

DATABASES & WEBSITES

SPECIALIZED DATABASES & WEBSITES: HERBS & SUPPLEMENTS

NAME	WEBSITE ADDRESS	NOTES
ConsumerLab	http://www.consumerlab.com	Maintained by Consumerlab group that conducts research on supplements, vitamins, wellness, sport, and health products. Provides full-text evaluations of product quality; includes recall information. Free newsletter available. Additional information available for a fee (\$18 per year). For consumers and health professionals.
Integrative Medicine	http://www.onemedicine.com	Fee-based service from the publisher A.D.A.M., Inc., for integrative medicine. Provides full-text and interactive information on medications, surgery, modalities, herbs, and dietary supplements. For health professionals, especially clinicians.
MedHerb	http://www.medherb.com	Maintained by the journal <i>Medical Herbalism</i> . Provides links to photographs, conferences, adverse effects information, materia medica. Links to book reviews. For consumers and health professionals.
Memorial Sloan Kettering Cancer Center: Integrative Medicine	http://www.mskcc.org/mskcc/html/11570.cfm	Maintained by Center staff. Provides full-text , objective information on herbs, vitamins, supplements, especially potential use in cancer care. Includes clinical summary and details about constituents, adverse effects, interactions, and potential benefits or problems. For oncologists and health professionals.
NAPRALERT (Natural Products Alert)	http://www.uic.edu/pharmacy/research/diet/content/scont_napralert.htm	Fee-based service maintained by the UIC/NIH Center for Botanical Dietary Supplement Research in Women's Health. Provides citations and summaries for articles on ethno-medical and traditional uses, chemistry and pharmacology of plant, microbial, animal, and natural products; reports both positive and negative tests. For health professionals.
Natural Medicines Comprehensive Database (NMCD)	http://www.NaturalDatabase.com	Fee-based service from Therapeutic Research Facility. Provides reliable, evidence-based full-text information on many products, both herbal and non-herbal. Arranged to answer clinicians' questions on uses, interactions, and efficacy. For health professionals.
Natural Pharmacist	http://www.tnp.com	Maintained by Health Gate Corp. Provides full-text information on herbal medicines and supplements and evidence-based natural health information. Good site for identifying potential interactions between supplements and conventional therapies. Links to ConsumerLab and other sites. Separate home pages for consumers and health professionals.
NIH Office of Dietary Supplements	http://dietary-supplements.info.nih.gov	Maintained by NIH Office of Dietary Supplements and the US Department of Agriculture Food and Nutrition Information Center. Includes full-text information about dietary supplements and access to the IBIDS (citations from literature) and CARDS (citations to current research) databases with citations and some full-text. For health professionals.
Supplement Watch	http://www.supplementwatch.com	Maintained by private group of health professionals. Provides full-text evaluations of supplements, focusing on fraudulent claims; evaluates specific brands; publishes monthly newsletter and FAQs. Additional information available to members (fee-based). For consumers and health professionals.

DATABASES & WEBSITES

SPECIALIZED DATABASES & WEBSITES: HOMEOPATHY

NAME	WEBSITE ADDRESS	NOTES
Hom-Inform	http://dSPACE.dial.pipex.com/hom-inform	Maintained by the British Homeopathic Library. Provides access to the homeopathic literature at their library with citations to over 25,000 articles and books. For health professionals.

SPECIALIZED DATABASES & WEBSITES: CANCER

NAME	WEBSITE ADDRESS	NOTES
Office of Cancer Complementary and Alternative Medicine	http://www3.cancer.gov/occam/	Maintained by the National Cancer Institute. Provides full-text information on clinical trials, fact sheets, FDA alerts, grants, funding resources, and educational resources. For consumers and health professionals.
Memorial Sloan-Kettering Cancer Center	http://www.mskcc.org/mskcc/html/11570.cfm	Maintained by the Memorial Sloan-Kettering Cancer Center. Provides full-text, evidence-based information on integrative medicine (herbs, botanicals, and other products) used in cancer therapy. For health professionals.
Hersource	http://www.hersource.com	Sponsored by General Electric Medical Systems. Provides full-text information on osteoporosis and breast cancer, including complementary therapies. For consumers and health professionals.

ORGANIZATIONS, PROFESSIONAL ASSOCIATIONS

NAME	WEBSITE ADDRESS	CONTACT INFORMATION
American Academy of Biological Dentistry		P.O. Box 856, Carmel Valley, CA 93924 • (408) 659-5385
American Academy of Environmental Medicine	www.aaem.com	7701 East Kellogg, Suite 625, Wichita, KS 67207 • (316) 684-5500
American Academy of Medical Acupuncture	www.medicalacupuncture.org	4929 Wilshire Boulevard, Suite 428, Los Angeles, CA 90010 • (323) 937-5514
American Academy of Osteopathy	www.academyofosteopathy.org	3500 DePauw Boulevard, Suite 1080, Indianapolis, IN 46268 • (317) 879-1881
American Association of Acupuncture and Oriental Medicine	www.aaom.org	433 Front Street, Catasauqua, PA 18032 • (888) 500-7999

ORGANIZATIONS, PROFESSIONAL ASSOCIATIONS

NAME	WEBSITE ADDRESS	CONTACT INFORMATION
American Association of Naturopathic Physicians	www.naturopathic.org	3201 New Mexico Avenue, NW, Washington, DC 20016 • (202) 895-1392
American Board of Hypnotherapy	www.hypnosis.com	2002 E. McFadden Avenue, Suite 100, Santa Ana, CA 92705 • (714) 245-9340
American Botanical Council	www.herbalgram.org	P.O. Box 144345, Austin, TX 78714-4345 • (512) 926-4900
American Chiropractic Association	www.amerchiro.org	1701 Clarendon Boulevard, Arlington, VA 22209 • (703) 276-8800
American College of Advancement in Medicine (Chelation Therapy)	www.acam.org	23121 Verdugo Drive, Suite 204, Laguna Hills, CA 92653 • (714) 583-7666
American Foundation of Traditional Chinese Medicine		2390-A Powell Street, San Francisco, CA 94133 • (415) 956-3030 • Fax: (415) 392-7003
American Holistic Medical Association	www.holisticmedicine.org	12101 Menaul Boulevard, NE, Suite C, Albuquerque, NM 87112 • (505) 292-7788
American Massage Therapy Association	www.amtamassage.org	820 David Street, Suite 100, Evanston, IL 60201 • (312) 761-2682
American Music Therapy Association	www.musictherapy.org	8455 Colesville Road, Suite 1000, Silver Spring, MD 20910 • (301) 589-3300
American Naturopathic Medical Association	www.anma.net	P.O. Box 96273, Las Vegas, NV 89193 • (702) 897-7053
American Nutraceutical Association (ANA)	www.americanutra.com	5120 Selkirk Drive, Suite 100, Birmingham, AL 35242 • (800) 566-3622; (205) 980-5710
American Oriental Bodywork Therapy Association	www.healthy.net/pan/pa/bodywork/about1.htm	6801 Jericho Turnpike, Syosset, NY 11791 • (516) 364-5533
American Polarity Therapy Association	www.polaritytherapy.org	P.O. Box 19858, Boulder, CO 80308 • (303) 545-2080
American Society for the Alexander Technique	www.alexandertech.org	P.O. Box 60008, Florence, MA 01062 • (800) 473-0620
American Society of Clinical Hypnosis	www.asch.net	140 N. Bloomingdale Road, Bloomingdale, IL 60108-1017 • (631) 980-4740

ORGANIZATIONS, PROFESSIONAL ASSOCIATIONS

NAME	WEBSITE ADDRESS	CONTACT INFORMATION
Association for Applied Psychophysiology and Biofeedback	www.aapb.org	10200 West 44 th Avenue, Suite 304, Wheat Ridge, CO 80033 • (303) 422-8436
Association of Natural Medicine Pharmacists (ANMP)	www.anmp.org	P.O. Box 150727, San Rafael, CA 94915-0727 • (415) 868-1909
Bio-Electro-Magnetics Institute	Http://cancer.ucsd.edu/outreach/cams/electromag.asp	2490 West Moana Lane, Reno, NV 89509-3936 • (702) 827-9099
Biofeedback Certification Institute of America	www.bcia.org	10200 West 44 th Avenue, Suite 304, Wheat Ridge, CO 80033 • (303) 422-8436
Center for Mind/Body Medicine	www.cmbm.org	5225 Connecticut Avenue, NW, Suite 414, Washington, DC 20015 • (202) 966-7338
Council on Naturopathic Registration and Accreditation	www.cnra.org	3509 Connecticut Avenue, NW, Suite 1600, Washington, DC 20008 • (800) 200-9123
Federation of Chiropractic Licensing Boards	www.fclb.org	901 54 th Avenue, Suite 101, Greeley, CO 80634 • (970) 356-3500
Feldenkrais Guild	www.feldenkrais.com	3611 SW Hood Avenue, Suite 100, Portland, OR 97201 • (503) 221-6612
Herb Research Foundation	www.herbs.org	1007 Pearl Street, Suite 200, Boulder, CO 80302 • (303) 449-2265
Institute of Noetic Sciences (Meditation)	www.noetic.org	101 San Antonio Road, Petaluma, CA 94952 • (707) 775-3500
International Association of Yoga Therapists	www.iayt.org	2400-A County Center Drive, Santa Rosa, CA 95403 • (707) 566-9000
International Chiropractors Association	www.chiropractic.org	1110 North Glebe Road, Suite 1000, Arlington, VA 22201 • (800) 423-4690
International College of Applied Kinesiology	www.icak.com	6405 Metcalf Avenue, Suite 503, Shawnee Mission, KS 66202 • (913) 384-5336
International Medical and Dental Hypnotherapy Association	www.infinityinst.com/imdha.html	4110 Edgeland, Suite 800, Royal Oak, MI 48073 • (800) 257-5467, (248) 549-5594

ORGANIZATIONS, PROFESSIONAL ASSOCIATIONS

NAME	WEBSITE ADDRESS	CONTACT INFORMATION
International Rolf Institute	www.rolf.org	205 Canyon Boulevard, Boulder, CO 80302 • (800) 530-8875
National Association for Holistic Aromatherapy	www.naha.org	4509 Interlake Avenue, N., #233, Seattle, WA 98103-6773 • (206) 547-2164
National Center for Homeopathy	www.homeopathic.org	801 N. Fairfax Street, Suite 305, Alexandria, VA 22314 • (703) 548-7790
National Certification Board for Therapeutic Massage	www.ncbtmb.com	8201 Greensboro Drive, Suite 300, McLean, VA 22102 • (800) 296-0664
Nurse Healers-Professional Associates, International (Therapeutic Touch)	www.therapeutic-touch.org	3760 South Highland Drive, Suite 429, Salt Lake City, UT 84106 • (801) 273-3399
Upledger Institute (Craniosacral Therapy)	www.upledger.com	11211 Prosperity Farms Road, Suite D-325, Palm Beach Gardens, FL 33410 • (561) 622-4334

YOUR COMMENTS & RECOMMENDATIONS

Like any useful information resource, this is an evolving document. Not only are new books and journals published regularly, but Internet resources—by definition—are subject to daily changes, additions, and deletions. Additionally, many information sources in complementary and alternative modalities and therapies are relatively new, and practitioners benefit from a growing awareness of and experience with these sources.

We therefore invite your comments, corrections, and suggestions regarding the materials presented in this Resource Reference Guide. In particular, we hope you will share your experience in using the growing body of Internet resources by identifying materials or sources that you find useful and which are not identified here.

The form below is a guide for your comments. You may detach this page and mail it to the address on the reverse. The form also is posted on our website (<http://pim.med.unc.edu>) and may be completed on-line. You also may email your comments to: rcoble@med.unc.edu.

Many thanks.

COMPLEMENTARY & ALTERNATIVE MEDICINE INFORMATION SOURCES

JOURNALS

- Additional peer-reviewed journals that should be included?
- Additional non-peer-reviewed journals that should be included?
- Comments:

NEWSLETTERS

- Newsletters that you have found particularly useful?
- Additional newsletters that should be included?
- Newsletters listed that you have found problematic?
- Comments:

BOOKS & COMPENDIA

- Books and compendia that you have found particularly useful?
- Additional books and compendia that should be included?
- Books and compendia listed that you have found problematic?
- Comments:

WEBSITES & DATABASES

- Websites/databases that you have found particularly useful?
- Additional web-based resources that should be included?
- Websites/databases listed that you have had problems with?
- Comments:

**CD-ROM &
PDA RESOURCES**

- CD-ROM, PDA resources that you have found particularly useful?
- Additional CD-ROM/PDA resources that should be included?
- CD-ROM/PDA resources listed that you have found problematic?
- Comments:

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