All of EHR Informatics in 90 Minutes

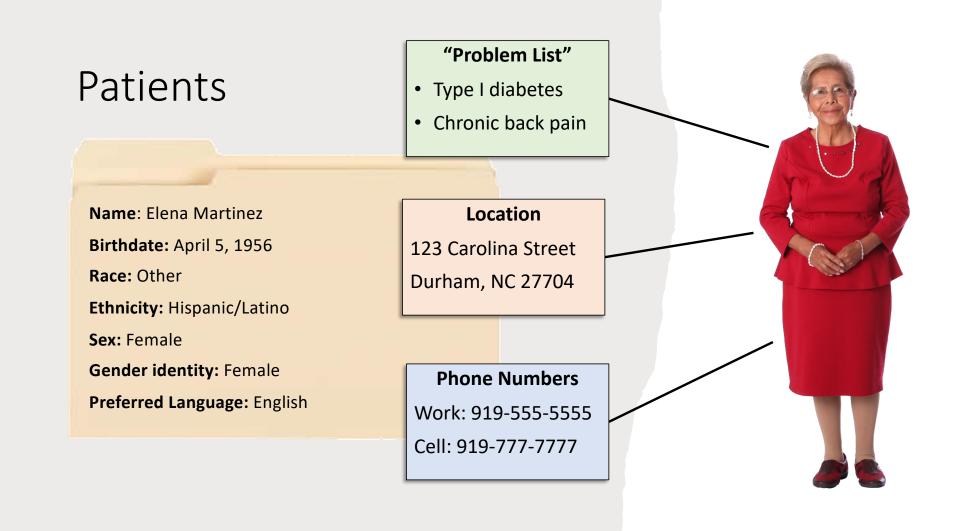
Emily Pfaff, PhD, MS Assistant Professor, Dept of Medicine Co-Director, TraCS IDSci

Clinical Data Modeling Basics

Patients

Name: Elena Martinez Birthdate: April 5, 1956 Race: Other Ethnicity: Hispanic/Latino Sex: Female Gender identity: Female Preferred Language: English





Patients have visits.

Jar	nuar	y 20	021		20 7 10 20 20	February 2001
Sunday 27	Monday 28	Tuesday 2.9	Wednesday	Thursday 31	Friday 1	Saturday 2
21	20	29	30	a	1	2
3	4	⁵ Endo. visit, 10AM	ő	7	⁸ Ophth. visit, 2PM	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 ED visit: Chest pain	25	26 Hospi	27 tal Stay	28	29	30
31	1	2	3	4	5	6



Things happen during visits: Diagnoses

- *Diagnosis* roughly = "Why are you here today?"
- Entered in the EHR as an *ICD-10-CM* code. (More on that later.)
- Can be used to:
 - Record a general reason for your visit.
 - Justify an order (e.g., lab test, biopsy, etc.)
 - Document for billing/insurance purposes.
- Not reliable for documenting symptoms
- Not necessarily a surefire way to know a patient has a disease.
- The lack of a diagnosis != lack of disease.

Things happen during visits: Diagnoses

- The "Problem List" is a place to store chronic conditions for future reference.
- Structured, but not necessarily at the visit level.
- Dates should not be interpreted as "onset date of disease," but rather "entry date of this record." (Onset date may be separate field, often null.)

Default 👤 📥	🙋 Add New I	ssue - Mozilla Firefox	_ 🗆 X
Calendar	http://med	lbloom.com/interface/patient_file/summary/add_edit_issue.php?issue=0	$\stackrel{\frown}{\simeq}$
Messages	Туре:	Problem C Allergy C Medication C Surgery C Dental	
Patient/Client		HTN 🔺	
Management Visits		asthma diabetes	
Visit Forms		hyperlipidemia 🗹 (Select one of these, or type your own title)	
Health Plans	Title:		
Medical Record	Begin Date:		
Rx Mec		I III (leave blank if still active)	
History	Diagnosis:		
	-		
Documents		Unknown or N/A	
Notes	Referred by:		
Report	Outcome:	Unassigned	
Fees	Destination:		
Administration Reports			
Miscellaneous		Save Cancel	
Pres			
Active Patient:			
James Smith (11111)			
Active Éncounter:			

Image from https://www.open-emr.org/wiki/index.php/Problem_List

Things happen during visits: Vitals

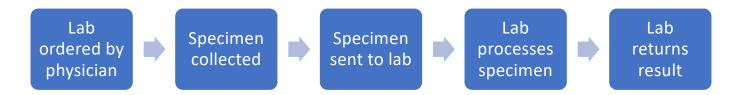
Example Vitals Include:

Blood pressure, heart rate (pulse), oxygen saturation, height, weight, BMI, respiration rate, temperature

- Inpatient vitals are collected very differently from outpatient vitals.
- Mostly quantitative variables that can be plotted over time.
- Not all vitals are collected at every visit.

Things happen during visits: Labs

• Labs are *orders* that have *results*.



- Results can be quantitative or qualitative.
- There can be one lab per order, or a *panel* of labs.
- Time is a factor (i.e., time between specimen collection and result).

Things happen during visits: Medications

- Medications prescribed at an outpatient visit:
 - Generally sent to a pharmacy for patient pick-up
 - Hard to know if the order was picked up, or if the patient took the drug.
 - Older data (early 2010s and before) is harder to trust because of paper prescriptions.
 - "Stop" dates are often not reliable.
- Medications administered in hospital/clinic:
 - Not necessarily inpatient—there are outpatient infusions, vaccines, etc.
 - More assurance that the drug made it in to the patient.
- Time is a factor in both cases (days supply, number of refills, start/stop date times.)

Things happen during visits: Procedures

- Procedures sometimes have results.
 - With results: CT scan, biopsy, stress test
 - Without results: delivering a baby, removing an appendix
- Two methods of coding: ICD-10-PCS (facility) and CPT (physician).
 - Facility charges are things that the hospital gets paid for; physician charges are things that the physician gets paid for.
 - When searching through procedures, always check both.

scanning from liver dome tothe pelvis at 10mm intervals is performed. The result showed:

1. The liver is normally positioned and has normal size and smooth borderd. Its internal structure and attenuation values are normal. The intrahepatic and extrahepatic bil ducts and gallbladder are unremarkable.

2. The spleen is orthotopic and of normal size. . 3. The pancrease is normal in size, position, and internal structure with smooth, lobulated outer contours. The pancreatic duct is unobstructed.

4.Both kidneys show normal size and position. The renal parenchyma show normal width and structure. The renal pelvis and calies show a normal configuration.The urinary tract is unobstructed.

5. The adrenal glands are unremarkable.

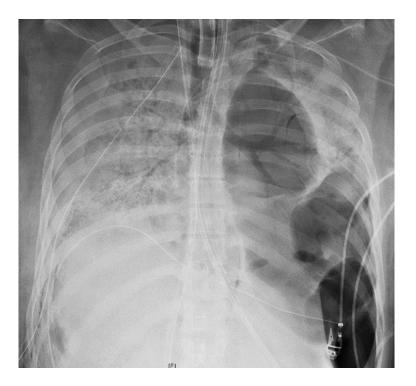
6.Major blood vessels appear normal, and there is no evidence of lymphoadenopathy.

7. There are no ascites or pleural effusion.

Sample from https://www.researchgate.net/figure/An-example-of-abdomen-CT-scan-report_fig1_220923374

Things happen during visits: Procedures

- Results of procedures are usually in semi-structured or free-text format or may be an image, PDF, or other "challenging" format.
- Results are usually attached to an order, which is attached to a visit.
- Results in these formats can be analyzed, but require specialized methods.

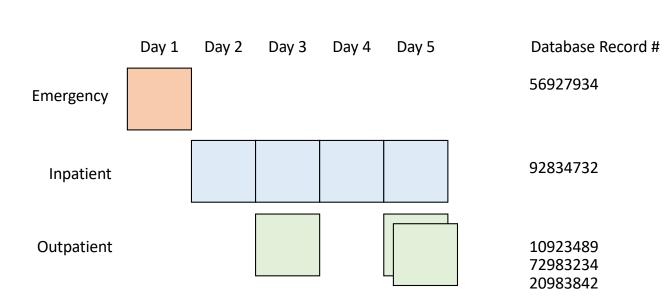


COVID-19 lung image from https://www.nbcnews.com/health/health-news/after-covid-19-destroyed-her-lungs-young-chicago-woman-receives-n1229841

Visits themselves can get complicated.

- Three major visit categories: outpatient, emergency, inpatient.
- Many more granular categories within those types (see right).
- Structure of visits in a healthcare database has more to do with business rules than clinical care.
- Not consistent across institutions.

581478	OMOP4822457	Ambulance Visit
705159	OMOP5160862	Ambulatory long COVID clinic
581479	OMOP4822456	Ambulatory Rehabilitation Visit
262	ERIP	Emergency Room and Inpatient Visit
9203	ER	Emergency Room Visit
32693	HE	Health examination
32759	OMOP4873970	Home isolation
581476	OMOP4822459	Home Visit





Complex visit example

Visits of all types have notes & summaries.

- Inpatient: progress notes, discharge summaries, social worker assessments, etc.
- Outpatient: After-Visit Summary, SOAP note
- Challenging to analyze, but good source for symptoms, rare diseases, social determinants, etc.

Room #: 01		
Enc. #: 01		
Routing #: 1	NATIONAL BOARD OF OST	ECPATHIC MEDICAL EXAMINERS
NBOME ID #: 111111		0:0
S	SOAP Note	0:0
discomfort for one week. The pain be constant, and he rates it 3-4/10. The left side, but made worse with lifting never had anything like this previousl ROS: No palpitations, shortness of br Pmhx: heartburn occasionally Surghx: tonsillectomy Meds: Ibuprofen three times a day ALL: NKDA Fam Hx: Mother living and in good h SocHx: Married with 3 children. No to O Vitals: 70 inches 190 lbs 27.3 kg/ Gen: mildly anxious male in mild dist Heart: regular, no murmurs, S3 or S	 an right handed male who presents to the Family Medicine office with a compl gan after moving into a new house. He denies any injury to his chest. The pa pain radiates through to the back intermittently. It is relieved with a hot showe boxes and taking deep breaths. He has had heartburn in the past, but says th y. He is concerned that this could be related to his heart. back, diaphoresis, nausea, or vomiting back, Father died of heart attack at age 60 bacco, 6-pack of beer on weekends occasionally, marijuana in high school. Occ m2 BMI 132/80 BP 98.4 Temp 80 HR 16 RR ess, occasionally touching R chest wall terior, slight increase in pain with deep breath 	in is sha ^r p like a knife and r, ibuprofen, or lying on his at this pain is different and
T spine: Paravertebral tenderness R Chest wall: Tenderness with palpatic	T4-8 tenderness n anterior chest wall mid-clavicular line at rib 4	
T spine: Paravertebral tenderness R Chest wall: Tenderness with palpatic A 1. Thoracic somatic dysfunction	T4-8 tenderness n anterior chest wall mid-clavicular line at rib 4 P 1. OMT: Balanced ligamentous tension tech	nnique. Schedule for
T spine: Paravertebral tenderness R Chest wall: Tenderness with palpatic A 1. Thoracic somatic dysfunction 2. Costochondritis	T4-8 tenderness n anterior chest wall mid-clavicular line at rib 4 P 1. OMT: Balanced ligamentous tension tech additional OMT if pain does not resolve	inique. Schedule for
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Sample from https://www.nbome.org/resources/completed-esoap-note-sample/

Insurance

- Insurance coverage is at the visit level, and can change over time.
- May be multiple insurers per visit.
- Plan specifics are rarely used in EHR data—roll-ups are common.
- Guarantor of the account is not necessarily the patient.
- Medicaid enrollment often used as a proxy for SES.
- Insurance data, called "claims" data, is a data source separate from EHR that may be used in research with special permission.
- Some states have an "all-payer claims database" available. (NC does not.)

Death

- EHRs reliably record deaths that occur inside the hospital.
- For an inpatient visit, a death date and a discharge date with a *disposition* of "Expired" are generally recorded.
- State death data may also be available, but usually lags in time by a few (or several) months.
- Death cause, if available, is encoded in ICD-10. (Often not available.)
- A patient's family may also self-report a death, in which case a date will be available (but may be inaccurate).

Family, Medical, and Surgical History

- Self-reported data; may or may not be structured.
 - Drop-downs, pick lists = likely to be structured.
 - Notes, e.g. "Pt notes paternal grandmother had T1D." = not structured
- Some EHRs allow family "links"; feature is not always used.
- Can be used in tandem with other data to assist with completeness.
 - Good use: "Find all patients who had a hysterectomy."
 - Bad use: "Find all patients with siblings."

Social History and Social Determinants

Social History

- Smoking status
- Alcohol use
- Sexual behaviors



Social Determinants of Health (SDoH)

- Food insecurity
- Housing insecurity
- Financial insecurity
- Unemployment
- May be at patient level or area level, structured or unstructured.

Pulling it all together

- This is not a comprehensive list of all data collected in the EHR.
- Most important: the EHR does not provide a full picture of the patient. It's a useful snapshot.

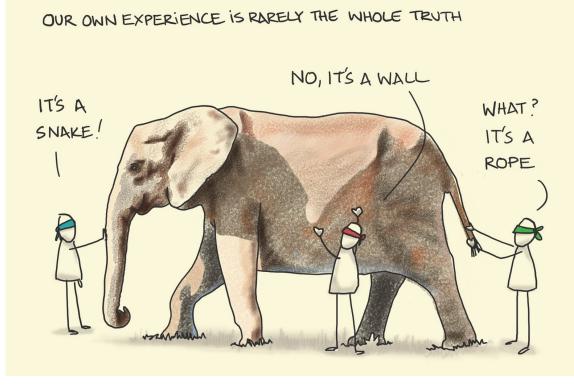
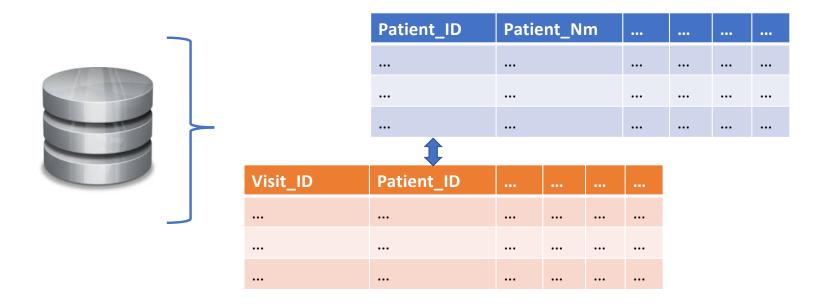


Image from https://sketchplanations.com/the-blind-and-the-elephant

Clinical Data Standardization

Hospital/clinical data warehousing



Other than filing it in a database, how do we make data useful for various analytics use cases?

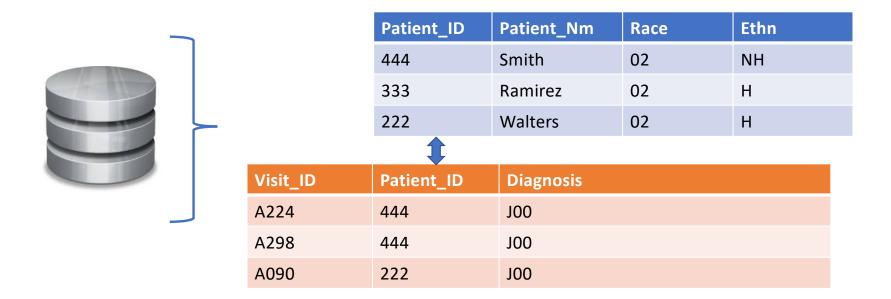
Hospital/clinical data warehousing



		Patient_ID	Patient_Nm	Race	Ethn
		444	Smith	White	Non-Hisp
		333	Ramirez	Wh/Cau	Hispanic
_		222	Walters	Caucasian	Hisp
		1			
	Visit_ID	Patient_ID	Diagnosis		
	A224	444	Common Cold		
	A298	444	Cold with snee	zing	
	A090	222	Sneezing		

NOT STANDARDIZED = NOT USEFUL

Hospital/clinical data warehousing



That's more like it!

- To move toward "nationally interoperable" health care data, we need to be consistent not only within an organization, but across the country.
- An abbreviated list:

Purpose	Standard	Purpose	Standard
Provider	ovider National Provider Identifier (NPI)	Diagnosis	ICD-10
		Medications	RxNorm
Race/Ethnicity	OMB standards	Procedures	CPT/HCPCS, ICD-10
Lab tests	LOINC		

Note: when every thing that can happen to a human being has to be "codeable," things can take a turn for the ridiculous. Take ICD-10, for example...

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W61.62XD: Struck by duck, subsequent encounter



V91.07XD: Burn due to water skis on fire, subsequent encounter



V95.43XS: Spacecraft collision injuring occupant, sequela

Where flat files fall short

- In your career, you've probably heard someone talk about their "Excel database."
 - This isn't inaccurate! A database is an structured collection of data, stored electronically—and *flat files*, like Excel sheets, CSVs, and other types of *delimited files*, fit that bill.
 - Here's an example of a flat file used to track patient visits.

Patient Name	Patient Address	Patient Date of Birth	Visit Date	Visit Provider	Clinic Name
Steven Levin	321 Lawndale Ave., Durham, NC 27705	3/2/1982	11/1/2016	JL KLEIN	UNC FAM MED

• Seems straightforward and well-organized!

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Steven Levin	321 Lawndale Ave., Durham, NC 27705	3/2/1982	5/3/2016	J LARRY KLEIN	UNC FAM MED
Steven Levin	321 Lawndale Ave., Durham, NC 27705	3/2/1982	8/4/2015	PHILIP RENSLER	Internal Medicine

• Now that our patient has more than one visit, and some information changes over time and some doesn't, we start to run into some problems.

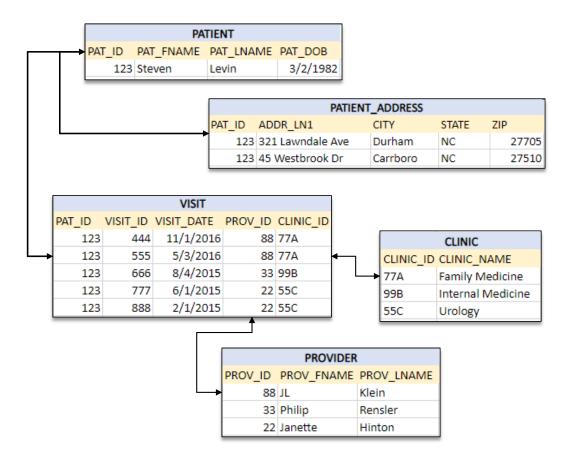
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Steven Levin	321 Lawndale Ave., Durham, NC 27705	3/2/1982	8/4/2015	PHILIP RENSLER	Internal Medicine
Steven Levin	321 Lawndale Ave., Durham, NC 27705	Mar-2-82	6/1/2015	JANETTE HINTON	UROLOGY
Steven Levin	45 Westbrook Dr., Carrboro NC, 27510	Mar-2-82	2/1/2015	JANETTE HINTON	urol.

• With even more data, we see more problems—inconsistent formatting, lots of duplication, and human error. This is the point where flat files fall short, and a relational database can help.

From flat file to relational database



Source System Data

- Source system data is much more difficult to control.
- Data warehouses can enforce common codesets to link data from different source systems and make them cross-queryable.

Patient_ID	Race			
999	Black			
EHR S	ystem			
Patient_ID	Race			
992378	Blk			
Radiology System				
Patient_ID	Race			
A7TR3	AfAm			
Research System				
Patient_ID	Race			
1020	02			
Billing System				

Source System Data

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- Data warehouses can enforce common codesets to link data from different source systems and make them cross-queryable.

Code_Typ e	Source	Source_Val	Common_Cd
RACE	EHR	Black	003
RACE	RAD	Blk	003
RACE	RSCH	AfAm	003
RACE	BLNG	02	003

Patient_ID	Race			
999	Black			
EHR S	ystem			
Patient_ID	Race			
992378	Blk			
Radiolog	y System			
Patient_ID	Race			
A7TR3	AfAm			
Research System				
Patient_ID	Race			
1020	02			
Billing System				

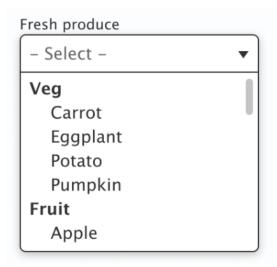
Clinical Terminologies

Ontologies and Terminologies

- Ontology: systematic representation of knowledge; a way to consistently classify and define data across users, databases, institutions, and even countries.
- Terminology: controlled vocabulary in a given domain
- Both provide common terms and definitions for, in this case, clinical concepts
- Ontologies also allow for computational logical reasoning on the relationships between concepts.

Ontologies and Terminologies

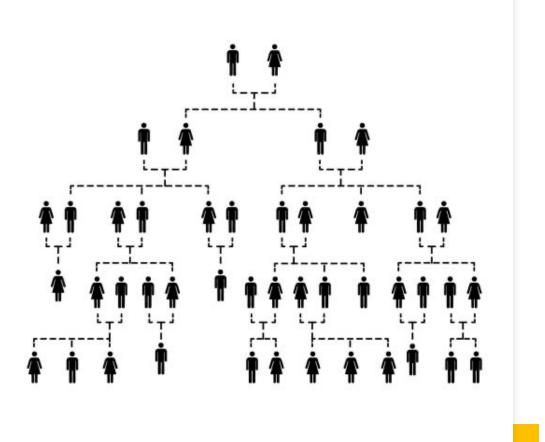
- In order to "find patients with disease X," or "identify visits where Y occurred," you need a way to consistently name X and Y.
- In many (but not all) cases, EHRs (and sometimes regulations) force clinicians to use consistent terminology to name things.



← You can try all you want, it still won't let you pick "chocolate cake."

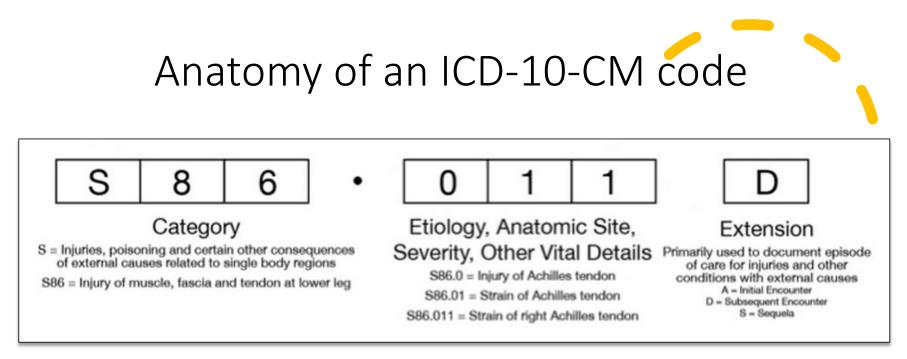
Ontologies and Terminologies

- Family Terminology:
- (Grand)father
- (Grand)mother
- (Grand)parent
- Sister
- Brother
- Sibling
- Uncle
- Aunt
- Cousin



Diagnoses: ICD-10-CM

- ICD: International Statistical Classification of Diseases and Related Health Problems; maintained by the World Health Organization (WHO).
- Contains "diseases, signs and symptoms, abnormal findings, complaints, social circumstances, and external causes of injury or diseases"
- ICD-10-CM is a subset of ICD-10. Developed by Medicare/Medicaid and the National Center for Health Statistics. ~70,000 codes.
- Used for disease reporting, billing. *Use is required* for Medicare/Medicaid reimbursement.



Source: https://www.webpt.com/blog/understanding-icd-10-code-structure/

Note: <u>UNC's i2b2 instance</u> is a great place to explore the ICD-10-CM hierarchy.

ICD-9

• Used until October 1, 2015. Needed when working with pre-2015 data.

ICD-9-CM

- 3 5 characters
- First character is numeric or alpha (E or V)
- Characters 2-5 are numeric
- Always at least 3
 characters
- Use of decimal after 3
 characters

ICD-10-CM

- 3 7 characters
- Character 1 is alpha (all letters except U are used)
- Character 2 is numeric
- Characters 3 7 are alpha or numeric
- Use of decimal after 3 characters
- Use of dummy placeholder "x"
- Alpha characters are <u>not</u> case-sensitive

Source: https://www.cms.gov/medicare/coding/icd10/downloads/032310_icd10_slides.pdf

Procedures: ICD-10-PCS and HCPCS/CPT

- Facility-billed procedures are generally coded with ICD-10-PCS. Provider-billed procedures are generally coded with HCPCS/CPT.
- ICD-9 had its own method of procedure coding, prior to 10/1/2015.
- CPT: Current Procedural Terminology. Requires a license to use.
 - Tip: Due to the license restrictions, <u>use UNC's i2b2 to browse the codes</u>.
- CPT is a subset of HCPCS (Healthcare Common Procedure Coding System).
- Good idea to use both terminologies when searching for procedures.

CPT Code 78608 Brain PET/CT

ICD-10-PCS Code C030MZZ

Brain PET

Medications: RxNorm and NDC

- There are many, many codes for each drug in both RxNorm and NDC.
- <u>Nice overview of RxNorm</u>
- Browse RxNorm codes in <u>RxNav</u>
- The National Drug Code (NDC) is another system that allows manufacturers to code their own products. It can be a <u>very confusing</u> <u>system</u>.
 - If drugs are coded with NDCs, I find it easier to search by name. (Yikes.)
 - RxNav includes an NDC crosswalk.

<u>RxNorm</u>	<u>NDC</u>	
26225	00409112011	
Ondansetron	2 ML ondansetron 2 MG/ML	
(ingredient)	Prefilled Syringe	

Labs (and other stuff): LOINC

- Logical Observation Identifiers Names and Codes.
- Not required for billing, but "preferred" (i.e., considered a best practice for interoperability)
- Two parts: (1) Laboratory LOINC, (2) Clinical LOINC. At present, lab LOINC is much more commonly used in EHRs
- Browse through <u>LOINC-coded COVID tests</u>

LOINC is not very user friendly.

- No rhyme or reason to the LOINC codes.
- On the Clinicial side, LOINC allows synonymous concepts to have different codes.
- Additionally, synonyms are not grouped together, and naming is not consistent.
- Very, very hard to identify "all LOINC codes that may contain patient name."

22020-2 Patient maiden name
45392–8 Patient First (Given) name
45394–4 Patient Last (Family) name
45395-1 Patient Name suffix
52010-6 Ambulance transport, Other patient name
52461-1 Patient middle name
54125-0 Patient name
54503–8 Legal name of patient
87226–7 Legal name of patient - first and last

LOINC codes are not often used for *results*.

- Tests can have quantitative or qualitative results.
- Qualitative results have LOINC codes, but they are not often used. Tests are standardized, results are not.

Example Answer List LL2021-5			
Source: Gen-Probe			
Answer	Code	Score	Answer ID
Positive © http://snomed.info/sct ID:10828004 Positive (qualifier value)			LA6576-8
Negative © http://snomed.info/sct ID:260385009 Negative (qualifier value)			LA6577-6
Invalid			LA15841-2

• Looking for test results is an exercise in string matching and synonym finding.

SNOMED

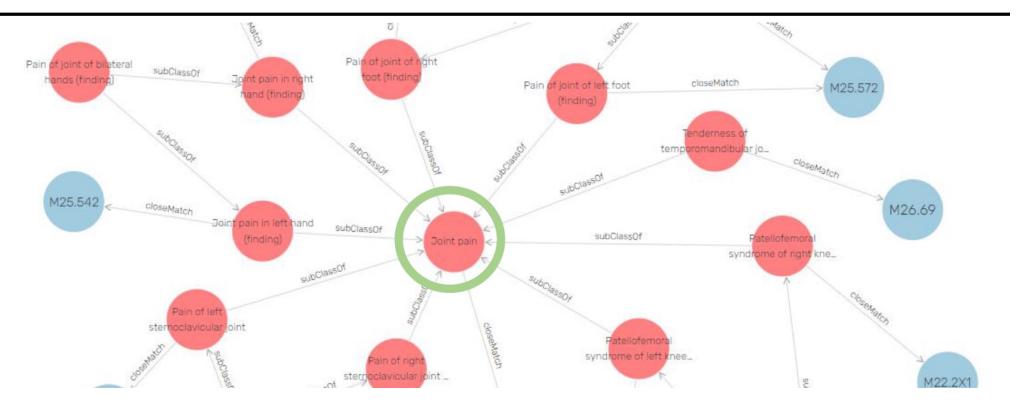
- SNOMED is intended to be the one vocab to rule them all—but isn't, at least in the US.
- Multi-domain (diagnoses, procedures, meds, etc.) and multi-lingual. Used extensively across the world—less so in the US.
- It's an ontology! You can computationally traverse the SNOMED graph.

```
71388002 |Procedure|:
405815000 |Procedure device| = 122456005 |Laser device|,
260686004 |Method| = 129304002 |Excision – action|,
405813007 |Procedure site – direct| = 15497006 |Ovarian structure|
```

• This example equates to: "the removal of an ovarian structure using a laser device."

SNOMED

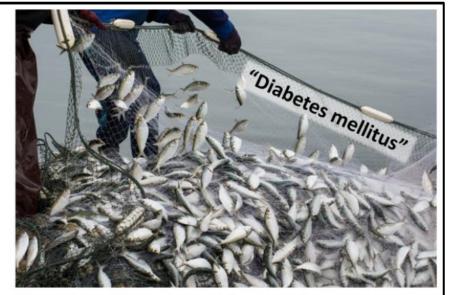
Being able to traverse the graph *should* make it easier to gather concepts.



Why care about gathering concepts?



ICD-10-CM: exact code matches, from all over the hierarchy



SNOMED/HPO: conceptual matches, powered by ontologies

Finding the right codes

- There is rarely a single source of truth for the "right" codes.
- UMLS example
- Detective work is almost always necessary: UMLS, <u>Athena</u>, Google

Reminder: All coding systems have the same flaw—human error

Coding Guidance



ICD-10 coding guidance specifies that a code for pre-existing diabetes in pregnancy (O24) should be accompanied by a diabetes code from the E08-E13 range.

Physician Judgment



Jane is pregnant and has Type I diabetes. When she sees her OB for the first time, her OB applies the code O24.019 (Pre-existing type 1 diabetes mellitus, in pregnancy), but does not think to add an E08-E13 code.* **Downstream Researcher**



Dr. Felton is running a study on Type I diabetes, and wants to identify all potentially qualifying patients using the EHR. She does a Google search for "Type I diabetes ICD-10," and comes up with E10, which she uses in her search.