

UNC Center for
Excellence in
Community
Mental Health

STEP Research Clinic

at the North Carolina Psychiatric
Research Center

**TREATMENT FOR TODAY.
KNOWLEDGE FOR TOMORROW.**

Schizophrenia and related mental disorders are medical illnesses that affect the brain.

Without treatment, these conditions can seriously disrupt every aspect of a person's life. However, with proper care, symptoms can be managed, relapse can be prevented, and lasting recovery is possible.



At the STEP Research Clinic, we blend two activities that, together, help maximize recovery for those living with serious mental illness:

- State-of-the-art clinical care for people seeking treatment today, and
- Research studies to advance our knowledge and improve treatments for tomorrow

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STEP Research Clinic

Move Forward with Your Recovery. Our multidisciplinary staff is prepared to treat the full spectrum and course of your schizophrenia, bipolar disorder, depression, or other serious mental illness, from onset to active stages and on into recovery. At STEP, you will learn about your condition and your symptoms, receive help managing medications, and come up with personal coping strategies. You will also find out about other community programs that can help you move forward with your recovery.

Clozapine Management. If other antipsychotics have not been successful in treating your mental illness, clozapine is a medication that may provide the relief you need. However, using this medication may also have serious side effects. At STEP, you will receive the high level of care and monitoring you need to make sure clozapine is a safe and effective treatment for your illness.

Here for You. Based in the North Carolina Psychiatric Research Center (NCPRC), formerly known as the Clinical Research Unit at Dorothea Dix Hospital, STEP Research Clinic services are open to residents of Wake County and the surrounding area who are at any stage of coping with schizophrenia or a related condition. Additionally, all patients who attend our clinics are given the opportunity to participate in innovative treatment studies being conducted at the NCPRC.

Find Out More. If you would like information about our services, call 919.733.5227 or visit unccmh.org.

STEP Research Clinic
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UNC
SCHOOL OF MEDICINE

The STEP Research Clinic is a specialized program of the UNC Center for Excellence in Community Mental Health, within the Department of Psychiatry at the UNC-Chapel Hill School of Medicine. The North Carolina Psychiatric Research Center is a program of Central Regional Hospital and is supported by the the North Carolina Department of Health and Human Services, as well as by grants from the National Institutes of Health, foundations, pharmaceutical and biotechnology companies, and private philanthropy.