

# SOCIAL DETERMINANTS OF MENTAL HEALTH AND RECOVERY

26th ANNUAL STEP SYMPOSIUM

## The William and Ida Friday Center

Saturday, April 6, 2019

Traditional medical and psychiatric health care represents only a modest portion of an individual's overall health and wellness. It is increasingly recognized that community factors and other social determinants of health, including housing, transportation, food security, employment and social connectedness, play a significant role in health, wellness and recovery.

At the 26th Annual STEP Symposium, we will present the importance of the community in maintaining health and wellness and in supporting recovery. We will also explore how healthcare systems are approaching social determinants of health and how communities

can support the health, wellness and recovery of individuals living with mental illness.

### Objectives:

- Discuss the social factors and how they influence health, wellness and recovery.
- Review how healthcare systems are beginning to address social determinants of health.
- Understand how communities can support health, wellness and recovery.

*Audience: Psychiatrists, social workers, psychologists, state mental health authorities, LME-MCO staff, other mental health professionals, persons living with mental illness, family members, and advocates.*

## AGENDA

- 8:00 - 8:30 a.m. Registration, Continental Breakfast (Atrium)
- 8:30 - 8:40 a.m. Introduction (Dogwood Room)  
John Gilmore, MD  
*Professor of Psychiatry, UNC-CH; Director, UNC Center for Excellence in Community Mental Health (CECMH)*  
Lorna Moser, PhD, HSPP  
*Associate Professor of Psychiatry, UNC-CH; Director, Institute for Best Practices, UNC CECMH*
- 8:40 - 9:30 a.m. Life in the Community Like Everyone Else: Community Inclusion as a Medical Necessity  
Mark Salzer, PhD  
*Professor of Social and Behavioral Sciences, Temple University College of Public Health; Director, Temple University Collaborative on Community Inclusion of Individuals with Psychiatric Disabilities*
- 9:30 - 10:15 a.m. The Role of Hot Spotter Models in the Evolving World of Population Health  
Brian Klausner, MD  
*Chief Medical Officer, WakeMed Key Community Care Accountable Care Organization; Medical Director, WakeMed Community Population Health*
- 10:15 - 10:30 a.m. Break
- 10:30 - 11:15 a.m. HomeLink: Improving Housing and Housing Stability Outcomes Among Individuals Experiencing Mental Illness  
Janice Bainbridge, LCSW  
*Clinical Instructor of Psychiatry, UNC-CH; Team Leader of HomeLink and Case Management Programs, UNC CECMH*  
Antoine Bailliard, PhD, OTR/L  
*Associate Professor, Division of Occupational Science and Occupational Therapy, UNC-CH; Consultant and Trainer, Institute for Best Practices, UNC CECMH*
- 11:15 - 12:00 p.m. Panel: What Can the Community Do to Support Community Inclusion  
Brian Klausner, MD  
Mark Salzer, PhD  
Antoine Bailliard, PhD, OTR/L  
Janice Bainbridge, LCSW  
Thava Mahadevan, MS, LCAS  
*Clinical Instructor of Psychiatry, UNC-CH*  
*Director of Operations, UNC CECMH*
- 12:00 - 1:00 p.m. Optional Luncheon (Vegetarian options available) (Trillium AB)

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8:00 a.m. - 12:00 noon

The William and Ida Friday  
Center for Continuing Education  
100 Friday Center Drive  
Chapel Hill, NC 27517

Organizing Sponsor:  
UNC Center for Excellence in  
Community Mental Health

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Continuing Education Credits (CEUs) will be provided by the William and Ida Friday Center for Continuing Education at the University of North Carolina at Chapel Hill. The CEUs granted by the Friday Center are accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACS COC). **Contact hours available: 4 or 0.4 CEUs**

## Directions to the Friday Center

**From I-40:** Take Exit 273B (Hwy 54 West towards Chapel Hill). The Friday Center is on Hwy 54 approximately one mile on the left.

**From 15-501:** Take 15-501 to Hwy 54 East. The Friday Center is on Hwy 54 approximately one mile on the right.

## About UNC Center for Excellence in Community Mental Health

The UNC Center for Excellence in Community Mental Health was founded in 2009 through a three-year grant from the Duke Endowment. The Center serves individuals with serious mental illness at three clinic locations in Orange, Wake and Chatham counties and provides care for individuals in a community setting 24/7 through its two highly regarded Assertive Community Treatment (ACT) Teams. The Center currently serves individuals in 42 North Carolina counties.