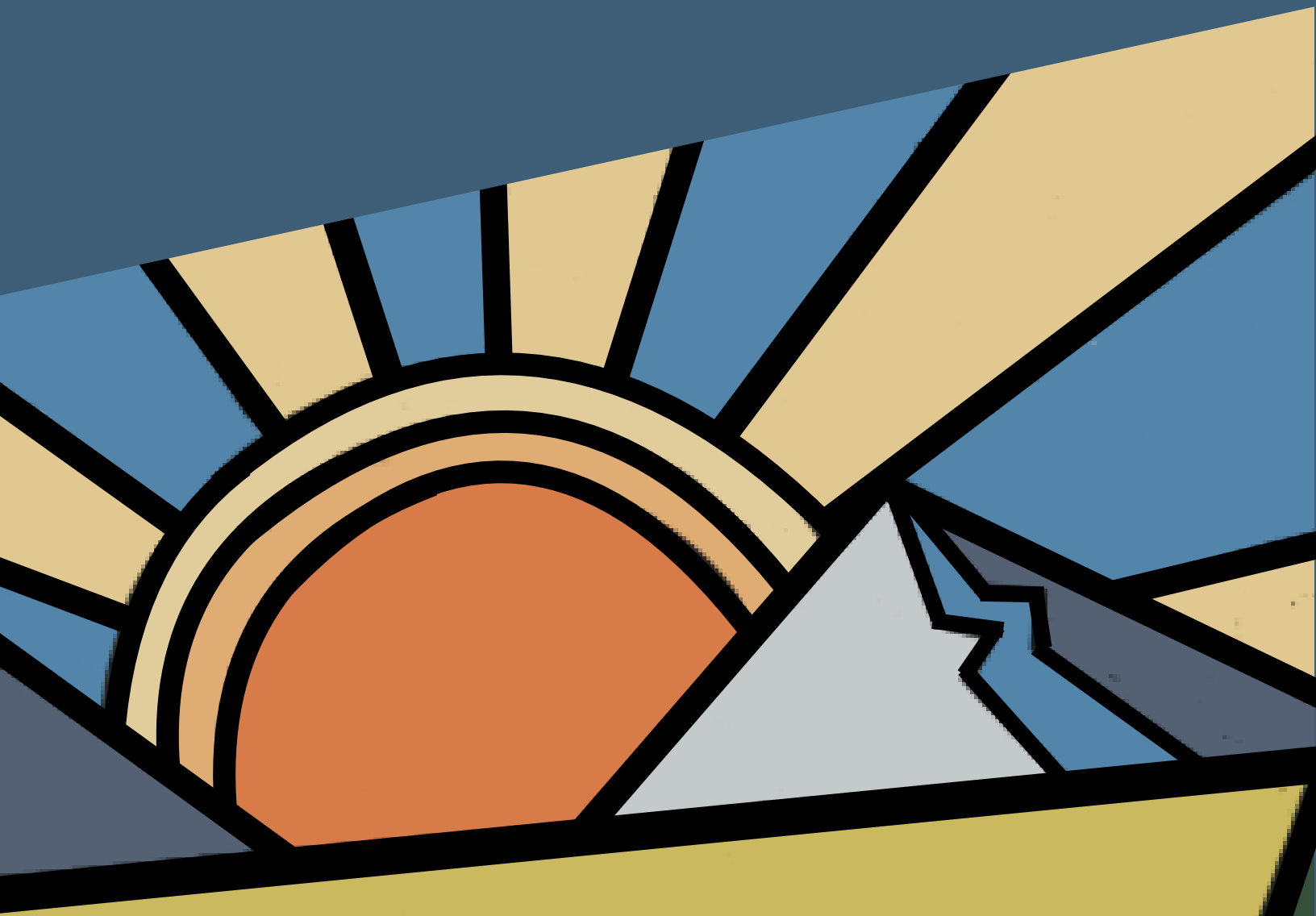


# UNC INSTITUTE FOR BEST PRACTICES ACT AND IPS 2025 CONFERENCE



SCAN HERE FOR  
MORE INFORMATION

**TUESDAY AND WEDNESDAY  
MAY 6TH - 7TH**

The Colonnade and Color Works meeting rooms  
at Revolution Mill  
900 Revolution Mill Dr. Greensboro, NC 27405

**PRESENTED BY UNC INSTITUTE FOR BEST PRACTICES, NC DHHS,  
AND THE NC ACT COALITION**

## DAY 1

Tuesday, May 6th 8:30am – 6:00 pm

8:30 – 9:30

### CONFERENCE ATTENDEES CHECK-IN/REGISTRATION

9:30 – 9:45

### CONFERENCE OPENING

9:45 – 11:00

### KEYNOTE ADDRESS



#### DR. STEVE HARKER

*Stories from the Field: The Spirit of Community-Based Services from a Seasoned ACT Psychiatrist*

Discussing the values of working within the ACT team framework from the perspective of being an ACT team member and a psychiatrist. Describing the complexities of helping clients who strive to recover and find their place in society.

11:00 – 11:15

### BREAK

11:15 – 12:00

### BREAKOUT SESSION 1

#### EMPLOYMENT AND EDUCATION TRACK

##### MARK CARTER

*Social Security Benefits 101*

Myths about working and benefits are common in our communities. This session will clear up many misconceptions that are barriers to many people to working.



#### PERSON CENTERED CARE TRACK

##### DR. STEVE SMITH

*Echoes in the Room: The Quiet Impact of Groupthink on Team-Based Care*

*\* attendees must also participate in part 2 of this workshop\**

Examining how group dynamics – such as power imbalances, communication patterns, and implicit roles – affect decision-making in interdisciplinary mental health teams. Exploring the concept of groupthink, identifying its signs, symptoms, and potential impact on client care.



#### EVIDENCED BASED/BEST PRACTICES TRACK

##### JACOB SCHONBERG

*What is WHAM? Beating Stress: in Theory and Practice*

A brief overview of the WHAM curriculum and method of delivery, followed by a practical demonstration of one of the WHAM topic modules.



12:00 – 1:15

**LUNCH in the COLONNADE ROOM**

1:15 – 2:30

**PLENARY SESSION**



**DR. ANTOINE BAILLIARD**

*Moving Beyond Stabilization through Meaningful Participation*

Presenting the critical importance of participation in meaningful activities as a mechanism to support the health and well being of adults with serious mental illness in the community.

2:30 – 2:45

**BREAK**

2:45 – 3:30

**BREAKOUT SESSION 2**

**EMPLOYMENT AND EDUCATION TRACK  
LAURIE SELZ-CAMPBELL**

*Recovery, Making Meaning, and Supporting the Dignity of Risk*

Building on Pat Deegan's early work, "Recovery as a Journey of the Heart," and will think about recovery as a process of making meaning of one's challenges and supporting the right to take risks to reach one's self-defined aspirations.



**PERSON CENTERED CARE TRACK  
DR. STEVE SMITH**

*Echoes in the Room: The Quiet Impact of Groupthink on Team-Based Care*

*\* attendees must have participated in part 1 of this workshop\**

Building off part one of this workshop, clinicians will learn practical strategies to recognize and disrupt groupthink, foster more open and diverse dialogue, and enhance reflective practices.



**EVIDENCED BASED/BEST PRACTICES TRACK  
DR. ANTOINE BAILLIARD**

*Practical skills for Enhancing Meaningful Participation*

Building off of the information presented in the plenary session; providing an overview of research and occupational therapy practice guidelines to introduce attendees to practical interventions that can support the participation of adults with serious mental illness.



3:30 – 3:45

**BREAK**

3:45 – 4:30

**BREAKOUT SESSION 3**

**EMPLOYMENT AND EDUCATION TRACK**  
**PENNY LILES**

*Partnering with Behavioral Health for Better Employment Outcomes*

Integration with behavioral health services sets Individual Placement and Support (IPS) apart from other employment programs. We will discuss what behavioral health integration should look like on IPS teams, how to build relationships with behavioral health partners, and how to utilize the information learned from behavioral health in service delivery.



**PERSON CENTERED CARE TRACK**  
**DR. STEVE HARKER**

*Setting Up the Right Conditions: Identifying Goals, Clarifying ACT Interventions, and Helping People be a Part of their Community*

Building off of the opening keynote, we will discuss one ACT team's process for service planning – identifying interventions that help individuals integrate back into the community in meaningful ways. ACT sets up conditions unique to each person, while learning as we go, and modifying what we do based on new information.

**EVIDENCED BASED/BEST PRACTICES TRACK**  
**STACY SMITH**

*Reflecting on the use of Reflections in Motivational Interviewing*

Client change talk leads to client change and growth. Reflections help people focus on more possible changes in behavior or circumstances. Come practice the 3 levels of reflection and walk away more confident in your ability to evoke, attend to and amplify change talk with those you serve.



4:30 – 6:00

**SOCIAL/NETWORKING EVENT**

COURTYARD OF THE COLONNADE ROOM  
FREE HORS D'OEUVRES  
DRINKS AVAILABLE FOR PURCHASE AT THE VENUE'S BAR

6:00

**END OF DAY 1**



8:30 – 9:00

**CONFERENCE ATTENDEE CHECK-IN**

\*ONLY NECESSARY FOR THOSE THAT DID NOT ATTEND DAY 1\*

9:00 – 10:15

**PLENARY SESSION****BOB DRAKE***Employment Experiences in the Field*

Exploring personal experiences in recognizing the importance of employment for people with mental health challenges, helping Deborah Becker to develop IPS, working as a job developer and trainer, studying IPS, and trying to stimulate policy changes in mental health.

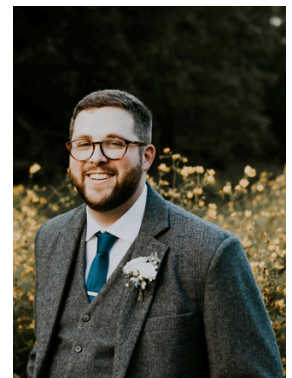
10:15 – 10:30

**BREAK**

10:30 – 11:15

**BREAKOUT SESSION 4****EMPLOYMENT AND EDUCATION TRACK****NOAH ROSS***Employment and SMI: Lessons Learned and Tips Given from Working with ACT and IPS individuals*

Learning creative strategies for supporting people in their employment goals through case study examples. Additionally, we will discuss individualized interventions and various tips and lessons learned in the field.

**PERSON CENTERED CARE TRACK****HILLARY FAULK-VAUGHAN***Getting Creative with Engagement Strategies*

Exploring the skills and strategies to utilize when people begin to disengage from services but demonstrate that they are still in need of support from the team.

**EVIDENCED BASED/BEST PRACTICES TRACK****CANDICE CARTNER***Mindset Theory, Workshop Part 1*

*\*attendees must participate in part 2 of this workshop\**

The information and tools provided will serve both as a framework for professionals to help reduce burnout, frustration and overwhelm, as well as translate to use as an independent and/or supportive intervention with clients.



11:15 – 11:30

**BREAK**

11:30 – 12:15

**BREAKOUT SESSION 5**

**EMPLOYMENT AND EDUCATION TRACK**  
**ERIC HADDOCK**

*Opportunities for Justice Involved Participants – Reentry in NC*

This session will discuss various resources for formally incarcerated individuals. We will highlight North Carolina-specific opportunities related to career-development, educational resources, federal bonding, work opportunity tax credits and more.



**PERSON CENTERED CARE TRACK**  
**ARIEL REYNOLDS AND ERIN EBERLE**

*Identifying Strengths to Build an Effective Treatment Plan*

Exploring the strengths-based approach and what it means to center our work on individuals' abilities and potential to develop a deeper understanding of how to empower individuals by building on their strengths and applying these insights to your everyday work.



**EVIDENCED BASED/BEST PRACTICES TRACK**  
**CANDICE CARTNER**

*Mindset Theory Skills and Application, Workshop Part 2*

*\*attendees must have participated in part 1 of this workshop\**

The information and tools provided will serve both as a framework for professionals to help reduce burnout, frustration and overwhelm, as well as translate to use as an independent and/or supportive intervention with clients.



12:15 – 1:30

**LUNCH in the COLONNADE ROOM**

**ACT AND IPS AWARDS CEREMONY**

*AWARD RECIPIENTS (OR A REPRESENTATIVE) ATTENDING THE CONFERENCE ARE ASKED TO BE PRESENT TO RECEIVE THEIR AWARD*

1:30 – 2:15

**PANEL DISCUSSION**

**ENGAGING WITH NATURAL SUPPORTS**

2:15 – 2:30

**BREAK**

2:30 – 3:15

**BREAKOUT SESSION 6**

**EMPLOYMENT AND EDUCATION TRACK**

**MARK CARTER**

*ABLE Accounts and Pass Plans. How can they help to have a secure future?*

We all want to have a secure future. We will discuss how ABLE ACCOUNTS and PASS PLANS can help achieve independence, greater financial security and a better quality of life.



**PERSON CENTERED CARE TRACK**

**BODI BODENHAMER**

*Exploring Alternatives to Involuntary Hospitalization*

Addressing the problematic nature and effects of involuntary psychiatric hospitalization across various domains and discussing the current alternative crisis centers in the state, diversion tactics, and prevention.



**EVIDENCED BASED/BEST PRACTICES TRACK**

**KARON JOHNSON**

*Who Cares? Reflecting on the Ethical Integration of Spirituality and Religion in Clinical Practice*

Exploring your own relationship to religion, spirituality, and/or faith (R/S/F) and offer practices to ethically incorporate such resources into their work with clients.



3:15 – 3:30

**BREAK**

3:30 – 4:15

**PLENARY SESSION**

**DR. LORNA MOSER**

*Who has their ACT Together? Looking at Findings from the National ACT Study*

Despite recognition at a federal level of ACT being a best practice, each U.S. state varies widely in the extent to which ACT is implemented. Although ACT is an essential component of a broader system of care, it is also not feasible for every area to have access to ACT services while honoring program fidelity. Findings on the state of ACT across the U.S. was systematically gathered and results on availability and local support will be reviewed.



4:15 – 4:30

**CONFERENCE CLOSING**