

NEWSLETTER



Bruce Noll, MD
Retires June 30, 2025 after
30 years with Atrium

Happy Retirement



Karen Graham
Retires June 30, 2025
after 20 years with OASIS

Dr Bruce Noll is retiring as of 6/30/25. Dr Noll has been working with Atrium health since 7/1/1990 as he has been with the company for about 30 years. He was one of the creators for the Eagle program and was a terrific leader and physician not just with Eagle, but for Atrium Health. Dr Noll has been overseeing our AIC clinic, ACT team, and the Eagle Program. Dr Noll has been a great asset to the team and for Atrium Health and he will be missed and we wish him well with his retirement. Best wishes Dr Noll.

"I completed my psychiatry residency at UNC in 2000 and joined the faculty that same year. Over the next years, I worked as a STEP attending, on the Psychotic Disorders Unit, collaborating with Diana Perkins on research related to Clinical High Risk and Early Psychosis. Very early in my career, I witnessed that early intervention lead to better outcomes for clients experiencing psychosis. In 2005, I jumped at the chance to join the newly developing OASIS program, which was the best decision I could have made. Although the work is often challenging, I've loved working with the young clients; they are some of the most inspiring and courageous people I have ever met. I want to acknowledge Diana Perkins, who has been my mentor, colleague, and friend since I came to UNC, Lyse de Bourguignon, who I could always rely on for excellent clinical judgment and plenty of good laughs, and the NC HeAL team (Sarah Faigle, Rob Anderson and Carrie Gregory) for helping turn our vision into a successful coaching program.

As I transition to this new phase of post-work life, I plan to travel, tend to my gardens, hike and kayak, pick up the flute again, and spend much more time with my family, especially as I look forward to welcoming my first grandchild."

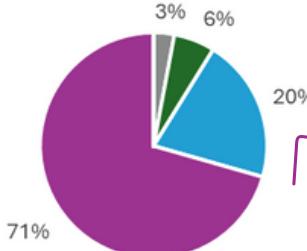
"I love the symposiums and am very grateful for the work that goes into bringing us together - thank you EPI-NC"

Symposium Feedback

"This was my first symposium, and it was a great time! I learned a lot about FEP and best practices for working with this population of individuals and their families. I think the structure of the symposium was perfect and I loved the idea of lightning talks to get information to folks in a quick, concise format."

"As a peer without experience with the IVC process, I plan to be more intentional about advocating for my clients when it feels like IVC may be the only option. I understand the ethical dilemma we all face when a person may be a danger to themselves or others, but shared decision making really stuck with me."

Will you use what you learned in this session in your work?

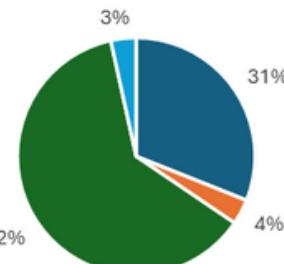


■ Definitely not ■ Probably not ■ Possibly
■ Probably yes ■ Definitely yes ■ N/A

91% of respondents will probably or definitely use what they learned

93% of respondents agreed that they were satisfied with the Symposium!

I was satisfied with the Symposium



■ Somewhat agree ■ Somewhat disagree
■ Strongly agree ■ Strongly Disagree

CONGRATULATIONS



Kaitlyn Boyle, MD
OASIS Medical Director

Dr. Kaitlyn Boyle will be taking over as medical director at OASIS in July. OASIS is very much looking forward to having her lead our team. Katie has a robust and impressive background to bring to the table. She graduated medical school in 2016 from the University of Central Florida in Orlando, Florida. Following that, she completed a 4-year general psychiatry residency at the Harvard Longwood Psychiatry Residency Training Program in Boston, Massachusetts and a 2-year child and adolescent psychiatry fellowship at Duke University in Durham, North Carolina. She is board certified in general psychiatry and child and adolescent psychiatry. She maintained a strong interest and passion for caring for people with serious mental illness, psychosis, and the young adult population throughout her training.

We asked her about her history with OASIS and what she is most excited about in her new role:

"I started at OASIS in the fall of 2021 as a second-year child and adolescent psychiatry fellow from Duke. I had the opportunity to have Dr. Karen Graham serve as my supervisor and mentor and begin my work with the team and clients. Following my graduation from fellowship in the summer of 2022, I was offered a permanent position at OASIS and started as full time faculty at the University of North Carolina.

I love our team and how well we work together to best support our young people and their families. I also truly enjoy the direct work with all my patients and their supports. I hope to carry on the long-term success of the program and continue to expand our impact. I look forward to the future and many possibilities for growth as we continue to learn more about how to best treat early psychosis and allow for the best possible outcomes for our clients."

New lead physician for Eagle is Dr Amber Butler, MD, she will be taking over as of 7/1/25

Dr. Butler began working at the AIC clinic in September of 2024.

Prior to that, Dr. Butler completed her residency through the Sandra and Leon Levine Adult Psychiatry Residency Program at Atrium Health Carolinas Medical Center. Dr. Butler completed a master's degree at Morehouse School of Medicine and her medical degree at the University of South Carolina.



Amber Butler, MD
EAGLE Medical Director

PUBLICATIONS

Bryan Stiles (first author), Diana Perkins and David Penn published, "Time-varying associations between daily skills practice and affect in a mindfulness and positive psychology-based intervention for early psychosis" in the British Journal of Clinical Psychology (00, 1-17).

Gleeson, J. F., Ludwig, K., Stiles, B. J., Piantella, S., McNab, C., Cotton, S., ... & Penn, D. L. (2025). Systematic review and meta-analysis of family-based interventions for early psychosis: Carer and patient outcomes. *Schizophrenia Research*, 276, 57-78.

Dr. Will Smith has published numerous papers this year, here are two:

Peter Phalen, Nev Jones, Beshawn Davis, et al. Suicidality among clients in a network of coordinated specialty care (CSC) programs for first-episode psychosis: Rates, changes in rates, and their predictors. *Schizophrenia Research*, 274, 150-157.

<https://doi.org/10.1016/j.schres.2024.07.054>.

Patch K, Smith WR. What are set and setting: Reducing vagueness to improve research and clinical practice. *J Psychopharmacol*. doi: 10.1177/02698811251337372. Epub ahead of print.

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EPI-NC is offering an optional listserv for communication between clinics including, questions, and research/education opportunities.

CAREER ACHIEVEMENTS

JaQueita has been nominated to be employee spotlight for the week for her great work with eagle team in May '25

Paige Harris graduated and is joining the WeCare2 team as an individual and family therapist

Shahin Sabouri, Shenita McCrary, Lily Smith all started a position with UNC Encompass

Dr. Will Smith was awarded K23 award from NIMH

Brianna Allen (she/her) completed her BSW program May 10th and was accepted into WCU's accelerated MSW program! She completed her BSW internship with us at the clinic over the last five months, and will be a clinical intern for our team in Fall 2025 and Spring 2026!

Dr. Jennifer Kemper boarded in Addiction Medicine. Publication is here: <https://pubmed.ncbi.nlm.nih.gov.libproxy.lib.unc.edu/39957654/>

Jennifer Daniels completed SOAR training

Kathy Hayes PA-C will be joining the AEGIS team in July!

JaQueita and PJ and Miya received a nomination in March '25 for teammate of the quarter

Miya Buford received teammate of the quarter!

Layne Smith (they/them) completed their MSW program May 8th after interning with us for the last 18 months, and also received their CPSS certification in April!

Destiny Max started a position with UNC Encompass and completed SOAR training

Jessie Jefferys completed training on Collaborative Healing with Internal Family Systems, and Reiki Treatment

Connie McMillan gives incredible daily support in the many outreach contacts, data collection and the glue that keeps us together. We couldn't do it without her!

Debbie Redman-Szajnberg was promoted to Exptert (T3) Clinical Instructor

Deb Lawson and Rachel Taylor worked to meet family therapy fidelity requirements for the first time!

CAREER MILESTONES

Andrea Wise our support employment education specialist reached her 9 year work anniversary with Atrium and 7 year mark with Eagle as of 5/16/25

Shahin Sabouri, Shenita McCrary, Lily Smith all started a position with UNC Encompass

PJ Powell reached 1 year work anniversary with Atrium Health eagle program as of 5/13/25

Brittany Strawn, MD will be leaving AEGIS on July 1, 2025. We thank her for her hard work and dedication to serving the FEP population!

EARLY PSYCHOSIS INTERVENTION ADVISORS OF NORTH CAROLINA WAS FOUNDED IN 2014 AND IS FUNDED BY FEDERAL COMMUNITY MENTAL HEALTH SERVICES BLOCK GRANT (CFDA #93.958). EPI-NC WORKS TO GUIDE AND ASSIST THE EXPANSION OF EARLY PSYCHOSIS SERVICES IN NORTH CAROLINA. EPI-NC HAS EXPANDED TO HELP SUPPORT THE DEVELOPMENT OF INNOVATIVE PROGRAMMING TO EXPAND AND IMPROVE CARE FOR THE EARLY PSYCHOSIS POPULATION



NC DEPARTMENT OF
HEALTH AND
HUMAN SERVICES