International Critical Incident Stress Foundation Training

* **What is CISM?**

The UNC Healthcare CISM program provides an opportunity for people involved in a traumatic event to discuss the impact of that event on their work and personal lives. When requested, trained ICISF volunteers meet with those directly involved in the event to talk about what occurred, their feelings about the event, and discuss potential coping skills which are helpful to recover from the related stress.

* **Why should you consider joining the CISM Team?**

If you are empathetic and like to help your colleagues when they are emotionally struggling, this is a way to learn valuable skills to help others in both formal and informal ways.

* **What is the UNCH post training commitment?**
* One to two weeks of carrying the on call pager/ year
* Participate in an annual CISM event
* Maintain skills by attending an annual continuing education day

Training Dates:

August 24, 2017 (Thursday) from 9a-5p

August 25, 2017 (Friday) from 8:30a-5p

Location: Hillsborough Hospital Administrative Conference Room HBT 11002

For More Information email CISM Chair

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\*\*\*Trauma Hours will be provided for completed training