

## Location

The Pregnancy and Infant Loss Support Group will meet at the SECU House in Chapel Hill.

**Address:** 123 Old Mason Farm Road, in Chapel Hill, NC. The SECU House is next door to Ronald McDonald House and across from the NC Botanical Gardens, about 1 mile from UNC Hospitals.

**Parking:** Park in the bottom two rows of the SECU lot, closest to the Ronald McDonald House. Because construction on an expansion has begun, there are fewer spaces available in the lot. If there aren't any spaces in the lot, then park at the service entrance to the house, near the gazebo.

**Enter SECU House:** Ring the door bell and enter through the main doors. Let the front desk volunteer or House Manager know that you're here for your meeting in the board room, which is upstairs directly above the front desk.

**Miscellaneous:** No smoking or alcohol use on the premises.

## Who We Are

### About Us

We are a support group for parents who have experienced miscarriage, stillbirth or early infant loss.

### Meeting times

We will meet the first Thursday of each month from 6:30-8:00 PM. Please contact us for more detailed information.

### Contact Us

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919-619-6547

Email  
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**PREGNANCY AND  
INFANT LOSS  
SUPPORT GROUP**



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*Sponsored by UNC  
Healthcare*



## Description

Our support group is a monthly support group for parents who have experienced miscarriage, stillbirth, or early infant loss. Our hope is that parents will feel well connected and supported through our group as they begin to understand and adjust to the many challenging feelings that develop once a pregnancy or infant is lost.

*Special thanks to Duke's Empty Arms for allowing use of some of the materials for this brochure.*

Strict confidentiality is always maintained within the group and participation in the discussion is completely optional. Sometimes just being with others who share the experience of losing a pregnancy can be very comforting.

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*Our group is of no cost and open to all parents who have experienced a pregnancy or early infant loss and their support people.*

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We know that losing a baby is an isolating and devastating experience. In our meetings we support bereaved parents by naming the incredible challenges they are experiencing, knowing that this group is one of the few places where parents can speak the truth about the depth of their emotions and the details of their experience.

## We Remember Them

When we are weary  
and in need of strength  
We remember them.

When we are lost  
and sick at heart  
We remember them.

When we have joy  
we crave to share  
We remember them.

When we have decisions  
that are difficult to make  
We remember them.

When we have achievements  
that are based on theirs  
We remember them.

As long as we live,  
they too will live,  
for they are now a part of us as  
We remember them.