NC Maternal Mental Health MATTERS
Making Access to Treatment, Evaluation, Resources & Screening Better

How it works...

1. Provider receives ongoing education & training
2. Patient completes identified screening tool(s)
3. Provider reviews screening tool results with patient
4. Provider calls NC-PAL with non-emergency clinical questions
5. Provider receives assistance in identifying & securing appropriate resources & referrals for patient
6. Provider receives consultation related to psychiatric & medication questions
7. Provider’s patient is identified for telepsychiatry assessment & care

Let us support you and your patients!

Program Components: Tiers of Patient and Provider Support

NC MATTERS provides:
- outreach and education for providers;
- an online screening toolkit;
- a consultation phone line staffed by perinatal mental health specialists;
- a perinatal telepsychiatry clinic;
- specialized care coordination.

Contact us to learn more and enroll: 919-962-0656
Call the consult line: 919-681-2909

This publication was produced by the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau under contract number UK3MC32240. This publication lists non-federal resources in order to provide additional information to consumers. The views and content in these resources have not been formally approved by the U.S. Department of Health and Human Services (HHS) or the Health Resources and Services Administration (HRSA). Listing these resources is not an endorsement by HHS or HRSA.