

Intensive Outpatient Program

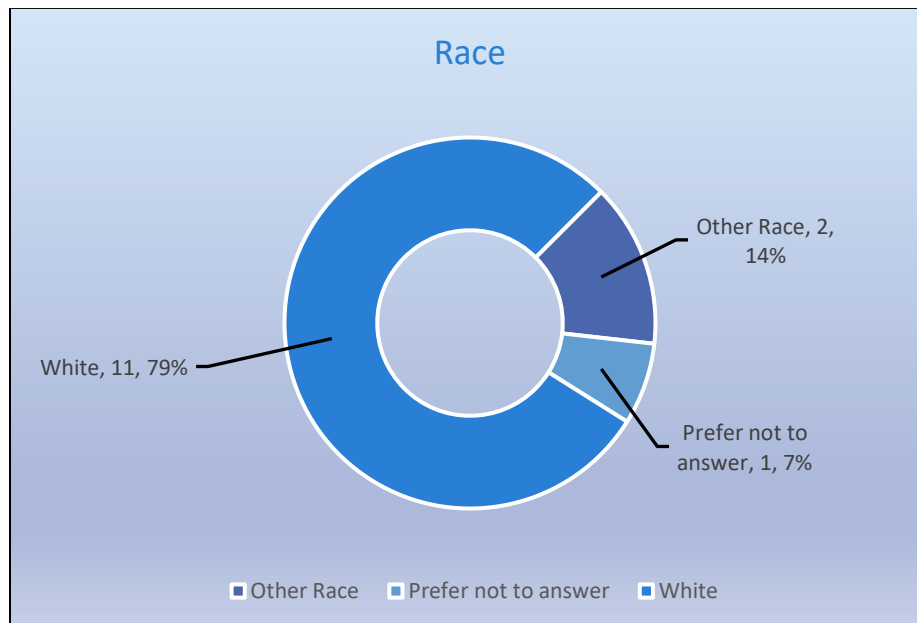
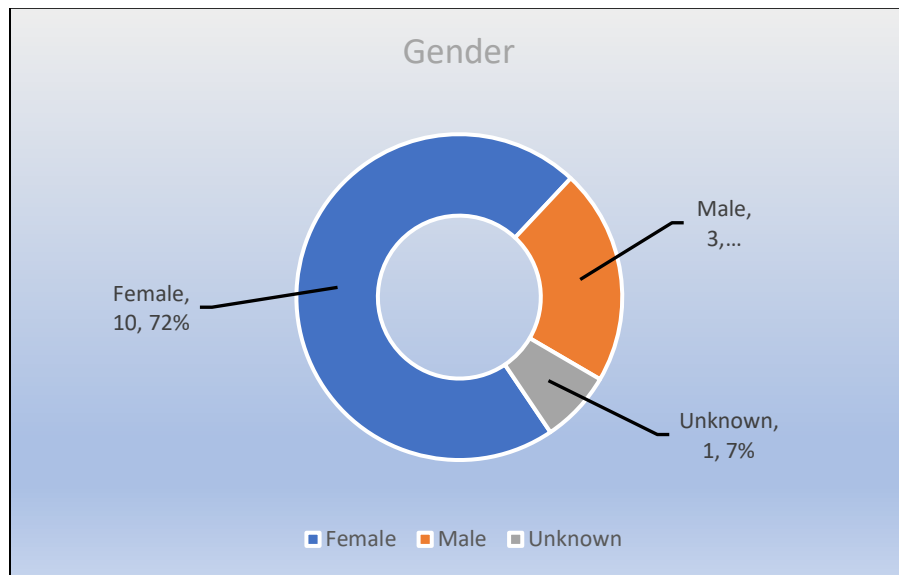
April 2024

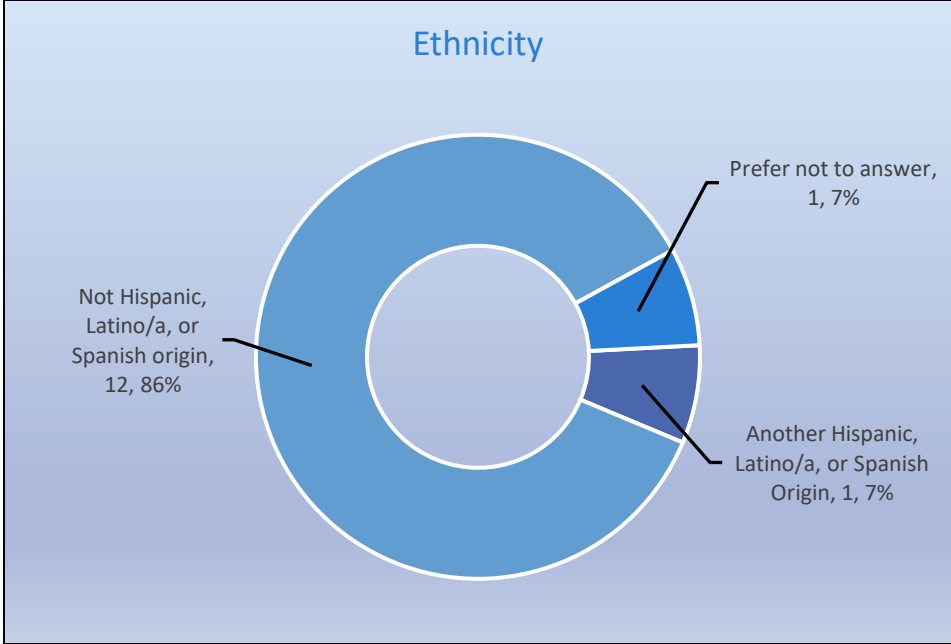


The UNC's Department of Psychiatry's Intensive Outpatient Program was launched in September 2023. The program seeks to provide psychological services to patients who need more intensive services than traditional outpatient therapy. The young adults (ages 18-26) group started in September and the adolescent (ages 14-17) group launched in April 2024. Our goal is to expand the services offered to include parent groups, psychoeducation groups and other groups to fit the needs of our patients.

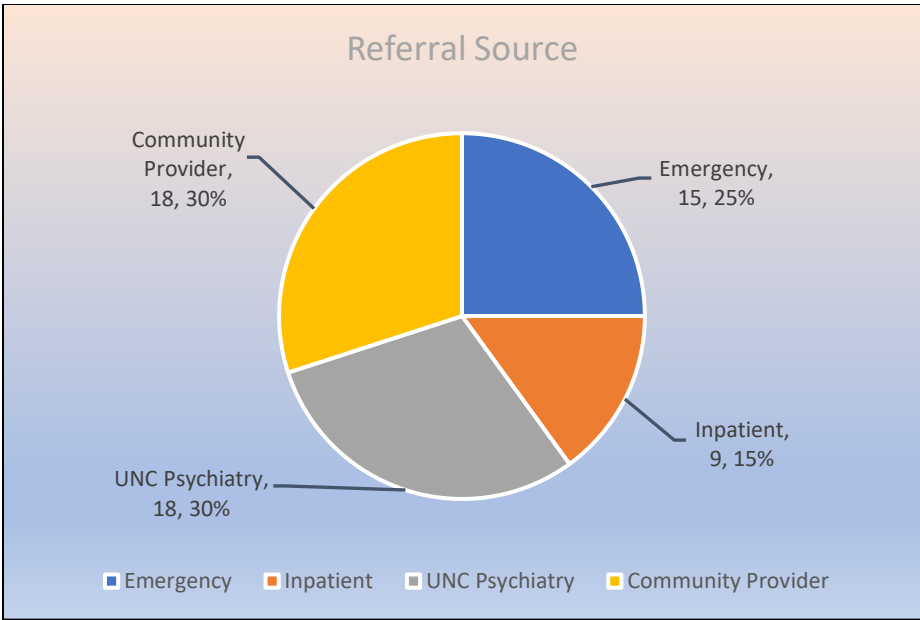
Since the launching of IOP, we have received 60 referrals. Of those referrals, only 14 have been appropriate referrals. The inappropriate referrals did not meet the criteria for insurance, age, or presenting problem.

Patient Demographics

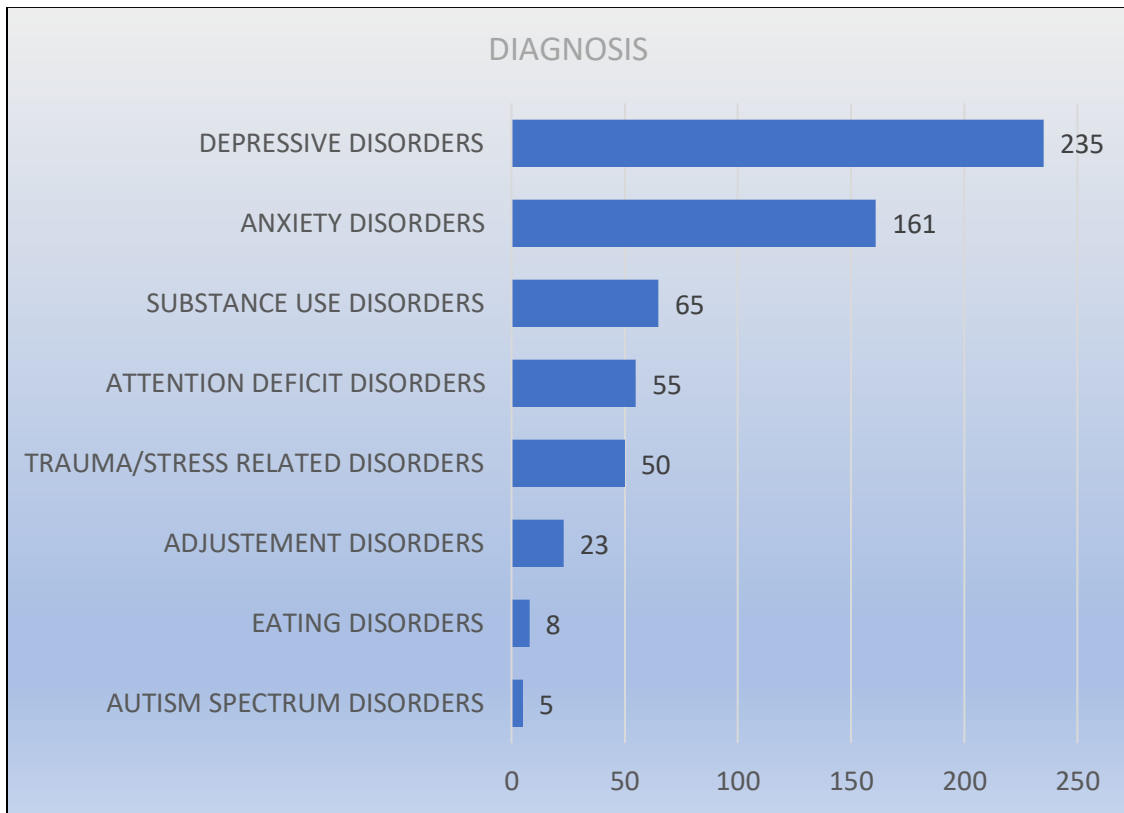




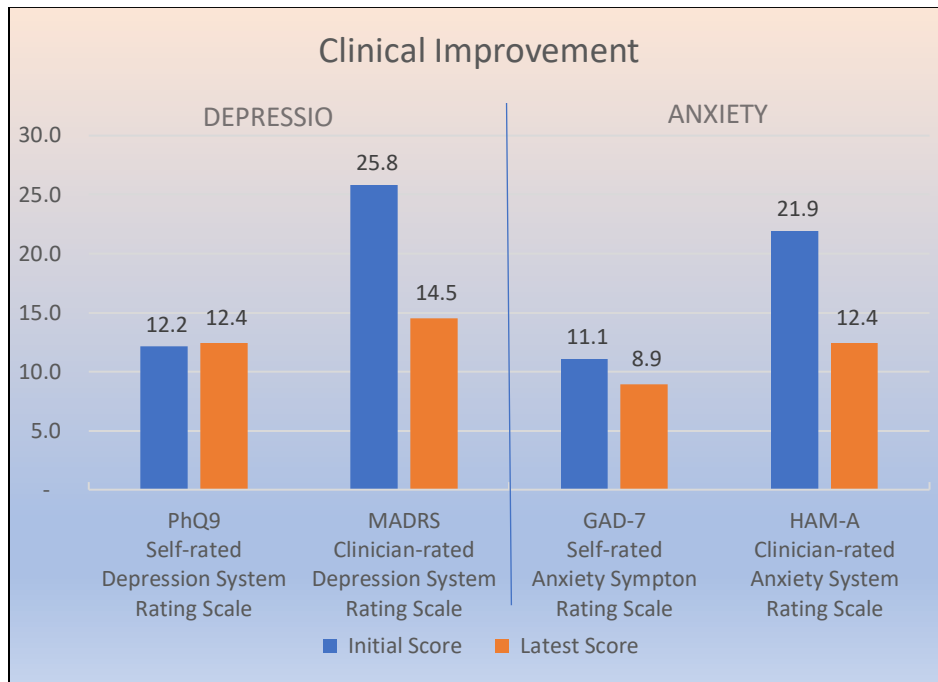
Referral Source



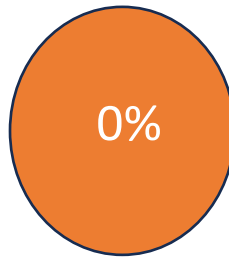
Primary Diagnoses



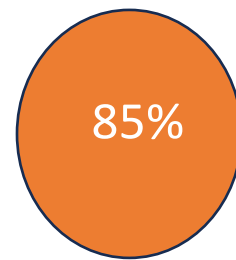
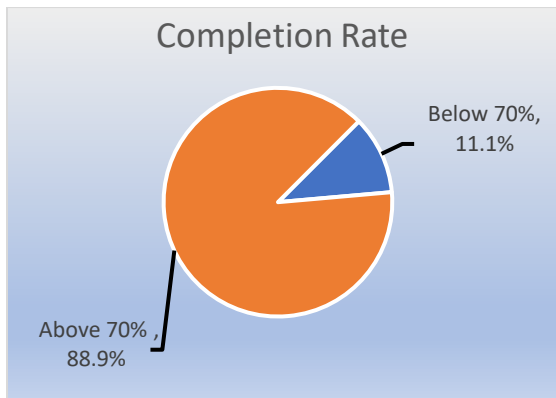
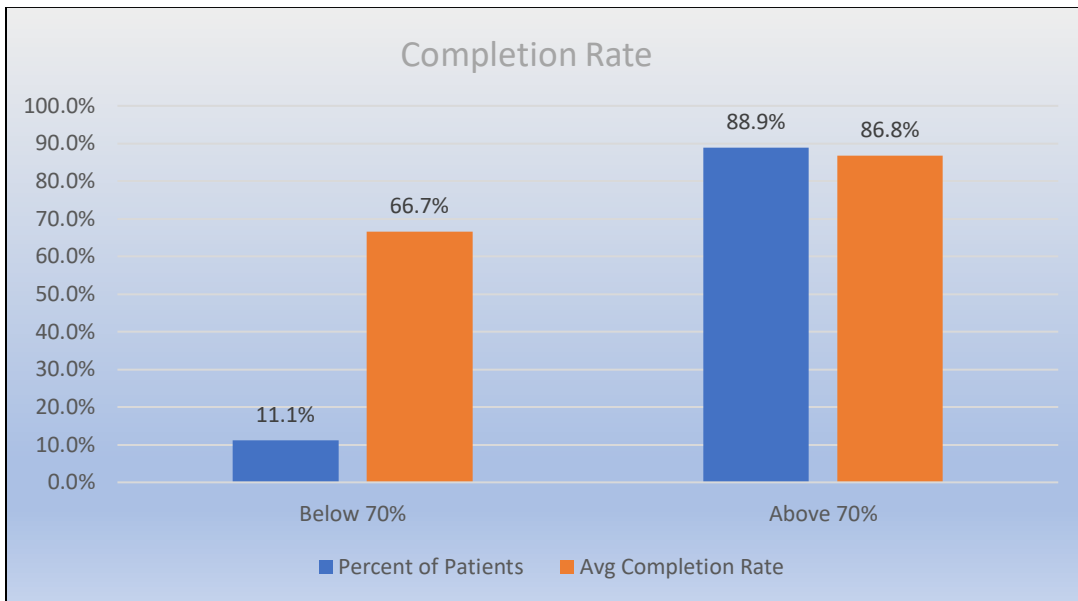
Clinical Improvement



Readmission Rate



Completion Rate



Average Completion Rate