

ABOUT US

Our primary mission is to provide critical supplies while connecting individuals with an approachable method to access free testing and free medical care.

CONTACT US



984-538-1031



shac_ssp@med.unc.edu



@UNC.SHAC.SSP



UNC SHAC SSP



Please use the QR code below to **preorder** supplies for pick up at one of our weekly staffing events.



SHAC - Carrboro Clinic
301 Lloyd St
Carrboro, NC 27510



It can be hard to tell if someone is having an overdose. If you are unsure, it is best to act like it is an overdose - a life can be saved.

Steps to take if someone is overdosing:

1. Give them naloxone, aka Narcan, if you have it.
2. Call 911.
3. Keep the person awake and breathing.
4. Lay the person on their side to stop choking
5. Stay with them until emergency workers arrive.

NEVER USE ALONE

If you or someone you know is planning to use, you can call **Never Use Alone (877-696-1996)** and a representative will stay on the phone with you while you use. They will dispatch EMS to your location if you are non-responsive after a certain amount of time. it is **100% free** and **available nationwide**.



SYRINGE SERVICES PROGRAM

Our aim is to address the health problems that people who use drugs experience.

WHERE AND WHEN

Inter-faith Council

110 W. Main Street, Carrboro, NC
Tuesdays @ 4-6pm

University United Methodist Church

150 E. Franklin Street, Chapel Hill, NC
Thursdays @ 5:30-6:30pm

Hillsborough Pharmacy and Nutrition

Ask a Pharmacist for Safe Injection Supplies during regular business hours

OUR SERVICES

1. We offer **free, safe, and legal** syringes, naloxone, first aid supplies, and other injection supplies.
2. Referrals for mental health treatment and drug treatment, if requested.
3. Referrals to HIV and STI testing on Wednesday nights with SHAC XYZ.

WHERE ELSE TO GET NALOXONE KITS?

Southern Human Service Center

2501 Homestead Rd, Chapel Hill

Hours:

Monday: 8AM - 5PM

Wednesday 10AM - 5PM

Thursday: 8AM - 5PM

Whitted Human Services Center

300 W Tryon St., Hillsborough

Hours:

Tuesday: 9:30AM - 6:30PM

Friday: 8AM - 12PM

TREATMENT FOR MENTAL ILLNESS

SHAC provides a variety of free mental health services **every Wednesday night** during clinic hours.

Mental health services include: depression anxiety, sleep, chronic pain, and interpersonal issues.

If you want to learn more or make an appointment, call **(984) 538-1031** or send an email to shac_mentalhealth@med.unc.edu

TREATMENT FOR SUBSTANCE USE DISORDER

UNC Substance Treatment and

Recovery (STAR) offers:

- Alcohol & SUD Treatment
- DWI/DWM Assessment & Counseling
- Adolescent Substance Use Disorder Services
- Group Therapy Programs

Call at **(984) 974 - 6320**

or

Visit online at:

<https://www.uncmedicalcenter.org/uncmc/hospitals-locations/profile/unc-substance-treatment-and-recovery--star/>

Freedom House Recovery Center

(104 New Stateside Drive, 27516)

offers:

- Detox and crisis stabilization
- Outpatient therapy
- Residential treatment

Call at **(919) 942 2803**

or

Visit online at:

<https://freedomhouserecovery.org>

Using **NEEDLES FOR INJECTION PURPOSES** increases the risk for infection of a few diseases such as **HIV/AIDS** and some types of **Hepatitis** that spread through blood, semen, vaginal fluid, breast milk, and anal fluid.

HIV/AIDS

HIV is the virus that causes AIDS. In early stages of infection, there are usually no symptoms. **Getting tested, when you're at risk, is the best way to find out your HIV status.** Getting a positive result does not mean you have AIDS. With current medication, people can be HIV+ and live a normal life.

How to protect yourself:

- Do not share or reuse needles
- Take PrEP medication
- Use condoms when having sex

HEPATITIS

Two types of viral hepatitis that can spread through injections are Hepatitis B (HBV) and Hepatitis C (HCV). While there's a vaccine for HBC, there's no vaccine to prevent HCV.

How to protect yourself:

- Do not share or reuse needles
- Do not share/use personal items such as razors, tooth brushes, nail clippers
- Use condoms when having sex
- Do not get tattoos/piercing using non-sterile tools