

Start Safe; A Fire and Burn Safety Program for Preschoolers and their Families
North Carolina Program Guidelines and Responsibilities Worksheet

Pilot Site Activity	Timeline ¹
Participate in Start Safe Training Workshop	
Develop Plan to Implement Start Safe in a Preschool Program. Identify Classrooms/Teachers/Fire Service Personnel that will participate.	
Send invitation Letters to Parents introducing Program with Consent Forms attached asking permission for Photography/media/etc. (Have Parents Complete Pre-Parent Knowledge Survey)	
Implement Program Activities as outlined below.	
Administer Post - Parent Knowledge Survey to Participating Parents (Waiting approximately 6 weeks after completion of program)	
Teachers and Fire Service Participants: Please Complete Post Program Evaluation and Return all pre and post program parent surveys and evaluations to Kay Teague @ NC Jaycee Burn Center/ Fax#: 919-966-5732/101 Manning Drive/ Chapel Hill NC 27514	

Program Activities Teach at least 4 classroom lessons with a minimum duration of 15 minutes each using *Start Safe* materials. Lessons should be presented over a period of time and include a review of previous learning.

1. Conduct at least one fire safety meeting including parent. (Opportunity to have Pre/Program parent knowledge survey completed.) Distribute Fire and Burn Safety Tips take-home brochures to parents.
2. Conduct at least one fire department classroom presentation which can be one of the four classroom lessons.
3. Conduct at least one additional instructional activity for *families*. This could be a demonstration of fire fighter turn-out gear, a station tour, home smoke alarm installation, home safety check, or a combination of these.
4. Distribute one take-home activity for preschool children and their parents to complete together.
5. Collect completed take-home activities/ have post program survey completed by parent at approx. 6 weeks upon program completion.
6. Return Post Program evaluations and Pre and Post Parent Knowledge surveys to Kay Teague at the NC Jaycee Burn Center (address and fax number listed above). This information is essential in gathering information that will allow us to maximize the benefits of the program to you as educators, and to the children and their families.
7. If you have questions or need materials, please do not hesitate to contact either:
 Kay Teague at [919-843-5073](tel:919-843-5073)/kteague@med.unc.edu or Ernest Grant at [919-966-2381](tel:919-966-2381)/egrant@unch.unc.edu.
 We want to assist you in any way that we can to ensure the success of the *Start Safe* Program in your classroom and community.

START SAFE TEAM PLANNING

This checklist is designed as a guide for planning your *Start Safe* project. List the tasks necessary to complete each activity. Identify the person responsible for each task and the date it will be completed.

Activity	Tasks	Person Responsible	Date
A. ORGANIZING			
1. Identify a member of your team who will serve as the primary contact person for communicating with NC Start Safe Project Manager: Kay Teague	Example: Return information in a timely manner		
2. Determine how team members will maintain contact throughout the project.	Example: Face to Face, Phone and E-mail communication		
3. Identify classrooms and teachers for the test. Involve at least 15 parents or caregivers of children between the ages of 4 and 6.			
4. Administer a pre-survey to parents and return them to Kay.			

B. CLASSROOM INSTRUCTION			
<p>1. Plan a minimum of three lessons with a minimum duration of fifteen minutes each using <i>Start Safe</i> materials, to be presented by the teacher.</p>			
<p>2. Plan at least one classroom lesson that is presented by the fire fighter/fire educator to the students.</p>			
<p>3. Conduct at least one fire safety meeting for parents that includes a presentation from your fire fighter/fire educator.</p>			

(continued - Classroom Instruction)			
4. Conduct at least one additional Instructional activity for preschool families. This could be a demonstration of fire fighter turn-out gear, a station tour, home smoke alarm installation, home safety check, or a combination of these.			
5. Distribute take-home booklets to parents.			
6. Distribute one take-home activity for preschool children and their parents to complete together.			
7. Follow-up with parents to answer questions about the activity and to ensure return.			

C. DATA COLLECTION			
1. Administer post-surveys to parents. (Waiting approx. 6 weeks after completion of program -the goal of the survey is to see if the parents have changed their home behaviors regarding fire and burn prevention.)			
2. Return parent post surveys to Kay with-in one month of completion.			
3. Complete and return Post Program Evaluation (Fire Representative and Teachers) we want to know what your experience and thoughts are regarding the Start Safe program.			
H. CELEBRATE!!			

All Pre and Post Surveys, that are completed by the parents/caregivers and all Post Program Evaluations that are completed by the Teachers and Fire Experts should be returned to:

Kay Teague

North Carolina Jaycee Burn Center/UNC Hospitals

101 Manning Drive

Chapel Hill, NC 27514

FAX#: 919-966-5732

PH#: 919-843-5073

Kteague@med.unc.edu



UNC
NORTH CAROLINA
JAYCEE BURN CENTER



Start Safe: A Fire and Burn Safety Program for Preschoolers and Their Families

Information Sheet

Dear Parents and Guardians:

Thank you for your interest in participating in the Start Safe Fire and Burn Safety Program for Preschoolers and Their Families. We hope that you find this program interesting and informative.

An important part of this program is determining our success at teaching you how to protect your children from fire and burns. In order to do this, we would like to carry out two surveys about your fire safety knowledge; one before the program and one approximately six weeks afterwards. This will help us to see how effective our program is and whether we are meeting our goal of educating preschoolers and their families. Participation in these surveys is completely voluntary. The surveys are anonymous, so we will not collect any identifying information about you or your child. The information from the surveys will be used to help us evaluate the program and make changes to it if necessary.

If you would like to participate in the pre-program survey that, please complete it before the program starts and return it to the teacher.

A post-program survey will be given to your child at school to bring home for you to complete in about six weeks. If you choose to complete it, please return it to the teacher as soon as possible so that she/he may return it to us.

Thank you again for your participation in this program and for completing the surveys.

Sincerely,

Ernest Grant, RN, MSN
Principal Investigator
Nursing Educator Clinician, Burn Outreach



Pre Fire and Burn Prevention Parent Knowledge Survey

Directions: Read each question and decide on the BEST answer. Then, circle your answer.

1. How often should you test your smoke alarm?
 - a. Every month
 - b. Every three months
 - c. Every six months
 - d. Every year
 - e. Every two years

2. What is the first thing you should do if you hear your smoke alarm beep?
 - a. Call the fire department
 - b. Find the fire
 - c. Get your family out fast.
 - d. Find your home escape map
 - e. All of the above

3. Where should you put smoke alarms in your home?
 - a. In the kitchen
 - b. Above all doors that go outside
 - c. In rooms with fireplaces
 - d. On every level and in or near rooms where people sleep
 - e. All of the above

4. What is the highest temperature you should set hot water heaters at to prevent burns?
 - a. 100 degrees F or Very Low
 - b. 110 degrees F or Medium-Low
 - c. 120 degrees F or Medium-High
 - d. At the highest setting or Hot
 - e. Just below the temperature you need to make water boil

5. You just bought new matches at the store. Where should you put them if children live in or visit your home?
 - a. In a drawer
 - b. In a place that only you know about
 - c. In a place with a lock
 - d. In the kitchen away from children
 - e. None of the above

6. What should you do right after your child gets a skin burn?
 - a. Cool it with cool water for 3-5 minutes
 - b. Cool it with ice
 - c. Put butter or lotion on the burn
 - d. Call 911
 - e. All of the above

7. What can you do to help children stay safe in the kitchen?
 - a. Turn pot handles to the back of the stove
 - b. Use the back burners
 - c. Keep children 3 feet from the stove
 - d. Stay in the kitchen when you cook
 - e. All of the above

8. Where is the best place to put a smoke alarm?
 - a. On the wall at eye level
 - b. On the ceiling or high on the wall
 - c. Near each door
 - d. In the corner of the room
 - e. Above the stove

9. Who is the best person to teach children how to be safe from fire and burns at home?
 - a. Fire fighter
 - b. Teacher
 - c. Parent or person who takes care of the children
 - d. Safety expert
 - e. All of the above

10. Why is it important to have smoke alarms that work?
 - a. They make a loud noise and can wake you up when there is smoke
 - b. They can save the life of someone in your family
 - c. They give you time to get out of your home
 - d. They can save your life
 - e. All of the above

11. What should you do if a smoke alarm makes noise and you know the smoke is from cooking and not from a fire?
 - a. Fan the smoke away and open a window
 - b. Take the battery out of the alarm for the day
 - c. Cover your ears
 - d. Cover the smoke alarm until it stops
 - e. None of the above

12. What can you do so children don't get burned from hot drinks?
 - a. Do not place hot drinks at the edges of tables and counters
 - b. Do not use tablecloths or placemats
 - c. Use a cup with a tight lid
 - d. Do not hold a child when you have a hot drink in your hand
 - e. All of the above

13. What should you do when you make your home escape map?
 - a. Have two ways to get out of every room
 - b. Pick a meeting place outside
 - c. Make sure doors and windows are easy to get to and open
 - d. Make sure everyone knows the sound of the smoke alarm
 - e. All of the above

14. If there is a fire in your home, where should you go as soon as you get outside?
 - a. To the fire department
 - b. To a neighbor's home
 - c. To your meeting place
 - d. To the police department
 - e. To the local school

15. What should you do when you make a home escape map?
 - a. Show where the furniture is
 - b. Talk about what to do for people who need special help
 - c. Keep the map away from children
 - d. List all the people in the home
 - e. All of the above

16. How often should a family practice their family fire drill?
 - a. Never
 - b. Every month
 - c. Two times a year
 - d. Once a year
 - e. Once every two years

17. Where is a good place to keep your home escape plan?
 - a. In a box
 - b. In the kitchen
 - c. In a place where everyone can see it
 - d. In your bedroom
 - e. In the living room

18. What is the best thing to do before you put cigarette butts and ashes in the trash?
 - a. Wait one hour
 - b. Put water on them
 - c. Stir them first
 - d. Make sure you put them in a metal wastebasket
 - e. None of the above
19. If you cannot get out of your room because of fire or smoke, what should you do?
 - a. Open the door to your room so someone can get in to help you
 - b. Stay low and near a window
 - c. Open the window and climb down a sheet
 - d. Get under the bed
 - e. All of the above
20. Why is it important to have a home escape map?
 - a. It helps fire fighters know where to find you
 - b. It shows everyone how to get out of the home if there is a fire
 - c. It shows you where to put the smoke alarms
 - d. It is the law
 - e. All of the above.
21. What can you do so your children don't get burned from hot water in the tub?
 - a. Use your hand to see if the water is too hot
 - b. Mix the hot and cold water
 - c. Run hot water first and then cold water
 - d. Show your child how to test for hot water
 - e. All of the above
22. How often should you put new batteries in your smoke alarm?
 - a. Every six months
 - b. Once a year
 - c. Every two years
 - d. Every four years
 - e. Every six years
23. What is the first thing children should do if their clothes are on fire?
 - a. Run and get an adult
 - b. Go get water
 - c. Call 911
 - d. Stop, drop, and roll over and over to put the fire out
 - e. All of the above
24. What should children not do?
 - a. Use the microwave.
 - b. Put water in the tub for a bath
 - c. Touch matches and lighters
 - d. All of the above
 - e. None of the above



Post Fire and Burn Prevention Parent Knowledge Survey

Directions: Read each question and decide on the BEST answer. Then, circle your answer.

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 - a. Every month
 - b. Every three months
 - c. Every six months
 - d. Every year
 - e. Every two years

2. What is the first thing you should do if you hear your smoke alarm beep?
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 - b. Find the fire
 - c. Get your family out fast.
 - d. Find your home escape map
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 - b. Put water in the tub for a bath
 - c. Touch matches and lighters
 - d. All of the above
 - e. None of the above

Please give us your comments on the *Start Safe* Program:



Post Program Evaluation

Start Safe: A Fire and Burn Safety Program for Preschoolers and Their Families

Thank you so much for making the commitment to participate in the Pilot Program of *Start Safe* in North Carolina. We need for you to tell us about your experience with *Start Safe* and then return this evaluation to us at the address listed below. Again, thank you for your participation in Start Safe.

School/Organization _____ Phone # _____

Address _____ City _____ State _____ Zip _____

Ages Taught _____

How many students used the material? _____

Your evaluation of the overall educational value of Start Safe is:

Excellent _____ Above Average _____ Average _____ Below Average _____

Did your students watch the DVD? Yes _____ No _____

Did any of the students take the DVD home to watch with their families? Yes _____ No _____

Did you read the Big Book with the children? Yes _____ No _____

Did you distribute the activities to the students? Yes _____ No _____

Did you distribute the Safety Tip booklets to the Parents/Caregivers? Yes _____ No _____

What part of the program was most helpful to you?

Teacher/Expert Guide _____ DVD _____ Big Book _____ Activities _____ Other _____

What part of the program were the children most attentive?

DVD _____ Big Book _____ Activities _____ Other _____

As a result of using the materials would you say that the children are more aware of things in the home that are hot or can be hot? Definitely _____ Somewhat _____ No _____

Would you like to continue to use this curriculum in the Classroom?

Comments on Overall Program:



Media and Photo Release Agreement

I hereby agree that the Home Safety Council may use photographs and recordings (audio and video) and publicly exhibit, for promotional purposes, my appearance and statements made by me in connection with The *Start Safe* program.

I further agree as follows:

1. The Home Safety Council is the sole owner, in perpetuity, of all rights, content and recordings for all purposes and uses of any type including, without limitation: (i) to publicly exhibit and/or license others to publicly exhibit, and any part(s) or edited version, one or more times by any means of transmission now or hereafter known both commercially and non-commercially (including but not limited to broadcast by television stations, origination or dissemination on cable TV systems, Internet, distribution in the form of videocassettes or disks, or direct projection before audiences); (ii) to publish, disseminate and edit the content of any recording(s) in any form, including but not limited to print, radio or other media; and (iii) to assign all or part of any such right to others, including the Home Safety Council's agents and affiliates .
2. The Home Safety Council shall have the right to use and license others to use my name, likeness and biographical material (as I may furnish) in connection with any activities approved by the Home Safety Council; provided, however, that such rights do not extend to product endorsement activities.
3. By signing this agreement I am releasing the Home Safety Council, its licensees, clients and affiliates, from and against claims of any nature arising in any way in connection with my participation in the *Start Safe* program, including but not limited to my appearance or statements made by me or others in any audio or visual recording(s), or in connection with the exercise of the rights which I have granted to the Home Safety Council in this agreement.
4. I agree to indemnify and hold harmless the Home Safety Council, its licensees, affiliates, and their related officers, directors, agents and employees, and anyone acting on their behalf, from and against any and all claims, damages, liabilities, costs and expenses (including attorneys fees) arising from the broadcast or other publication or use of any words spoken by me, my appearance, or any material furnished by me.

Date _____

Name (print) _____

Signature _____

Parent or guardian (name required if model is under 18 years of age) _____

Signature of parent or guardian _____

Street address _____

Witness name (print) _____

City & state _____

Signature of witness _____

THANK YOU

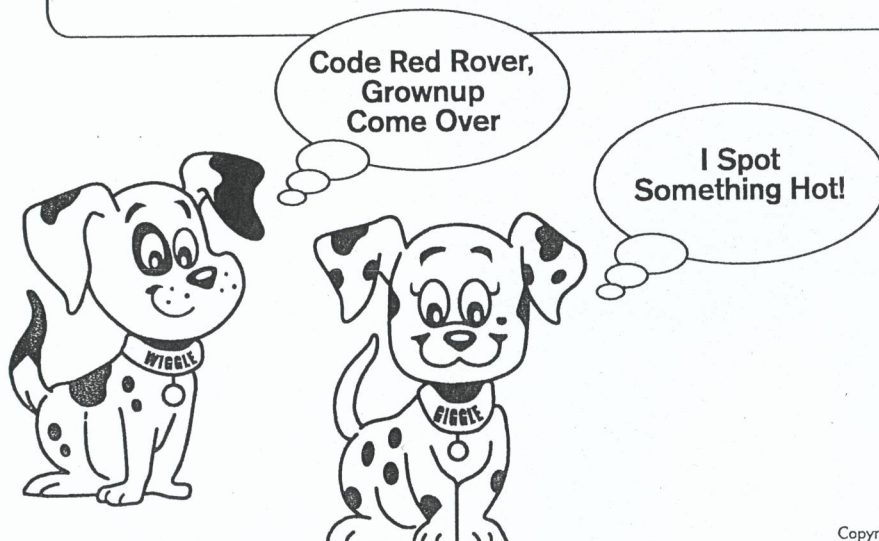
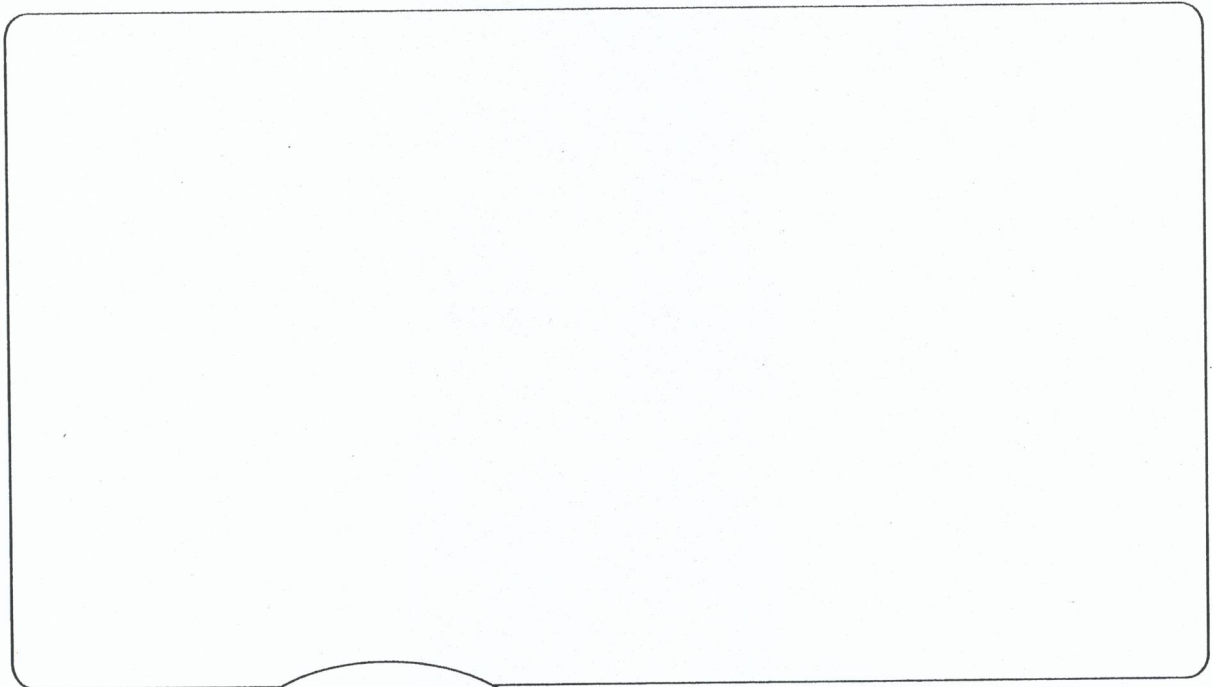
Fire Fighter _____,

I am glad that you came to my classroom to teach us about fire and burn safety.

Giggle and Wiggle learned how to be safe. I made this picture to show you what

I learned too.

Thank you, _____



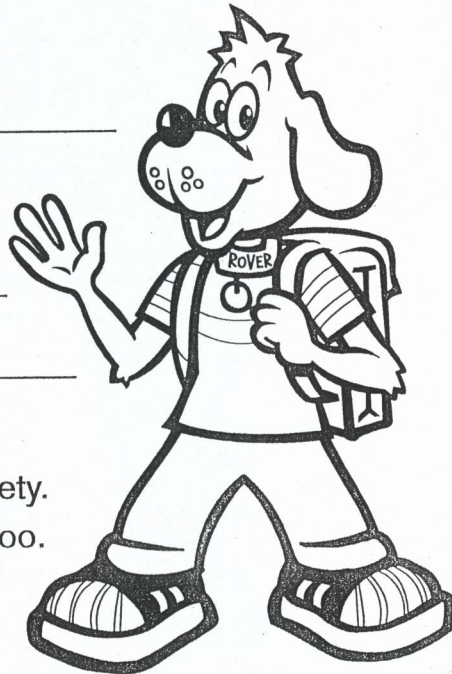
PLEASE COME!

Day: _____

Date: _____

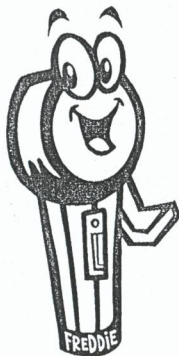
Time: _____

Place: _____



Find out what your children are learning about safety. We want them to be safe. And we know you do, too.

Our program is called **Start Safe**. We will begin the program _____, and we will be working with someone from the fire department. The children will be learning:



- What things are hot or can be hot.
- To stay away from these things so they don't get burned.
- To call a grownup if they see something that is hot or can hurt them.
- What a smoke alarm sounds like.
- That they should practice with grownups at home so they know what to do and where to go if they hear a smoke alarm.

The children will also be learning a song called "I Spot Something Hot." They will sing the song for you when you come on _____, We think it will be fun for you and for the children. Someone from the fire department will come, too. You will have a chance to ask questions about the program and learn more about what you can help teach your child. We look forward to seeing you there.

If you have questions, please call

_____ at _____.

(name)

(phone number)





Activity: Puppet Rover

Color or decorate the figure of Rover. Cut along the solid line and glue to a tongue depressor or Popsicle stick. Rover likes to sing along with "I Spot Something Hot"!

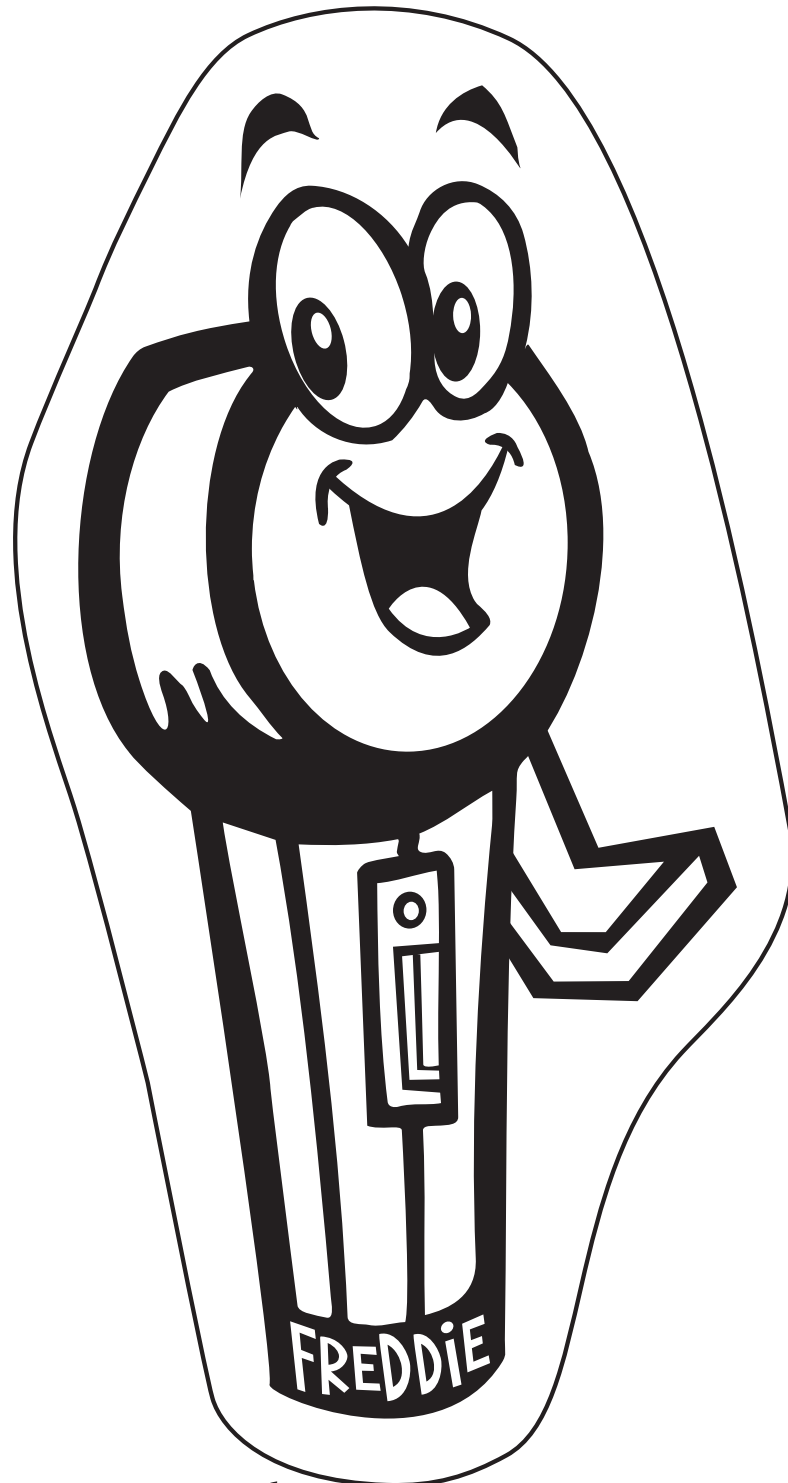


 Cut along the solid line.



Activity: Puppet Freddie

Color or decorate the figure of Freddie. Cut along the solid line and glue to a tongue depressor or Popsicle stick. Freddie likes to sing along with "I Spot Something Hot"!

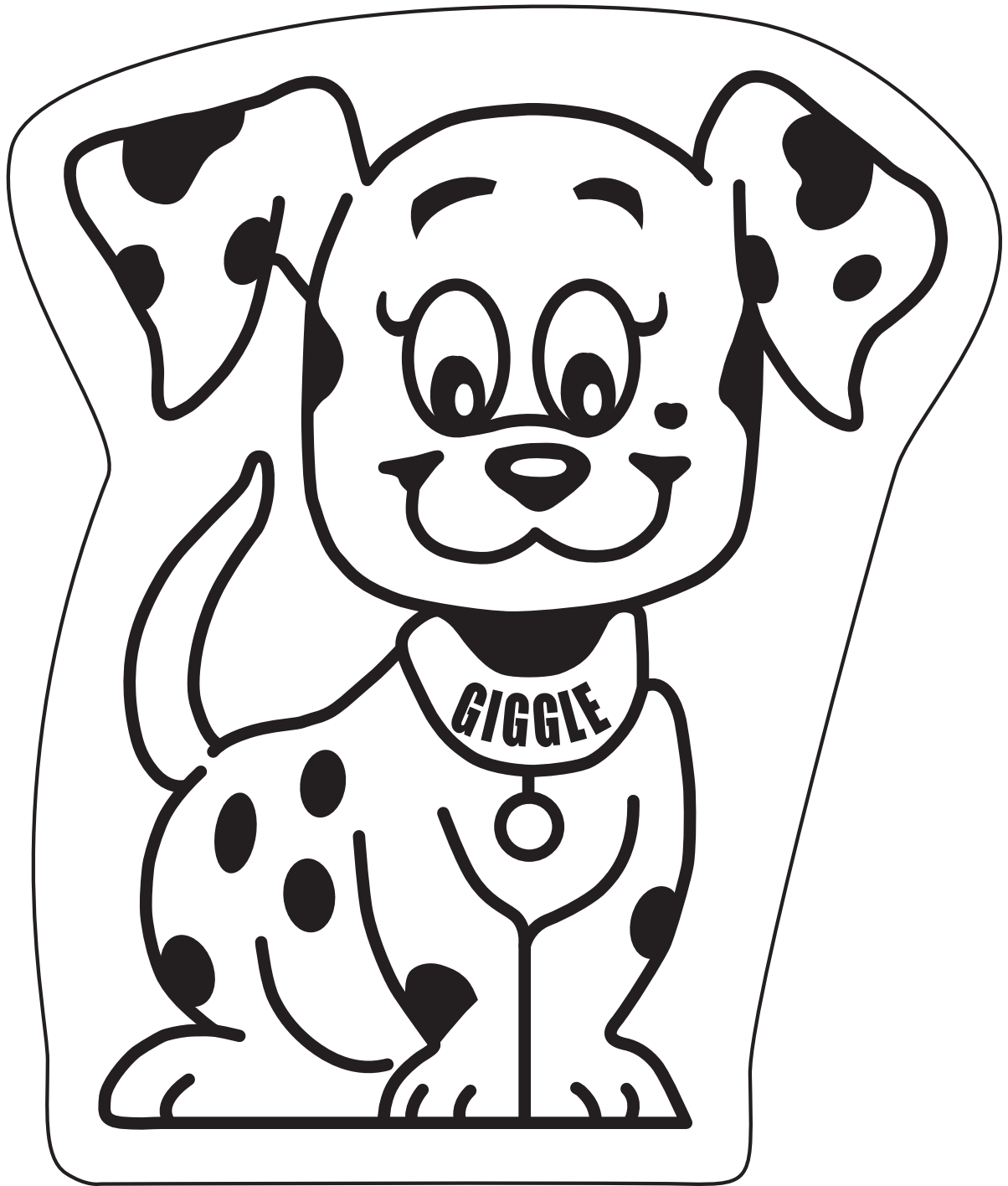


 Cut along the solid line.



Activity: Puppet Giggle

Color or decorate the figure of Giggle. Cut along the solid line and glue to a tongue depressor or Popsicle stick. Giggle likes to sing along with "I Spot Something Hot"!

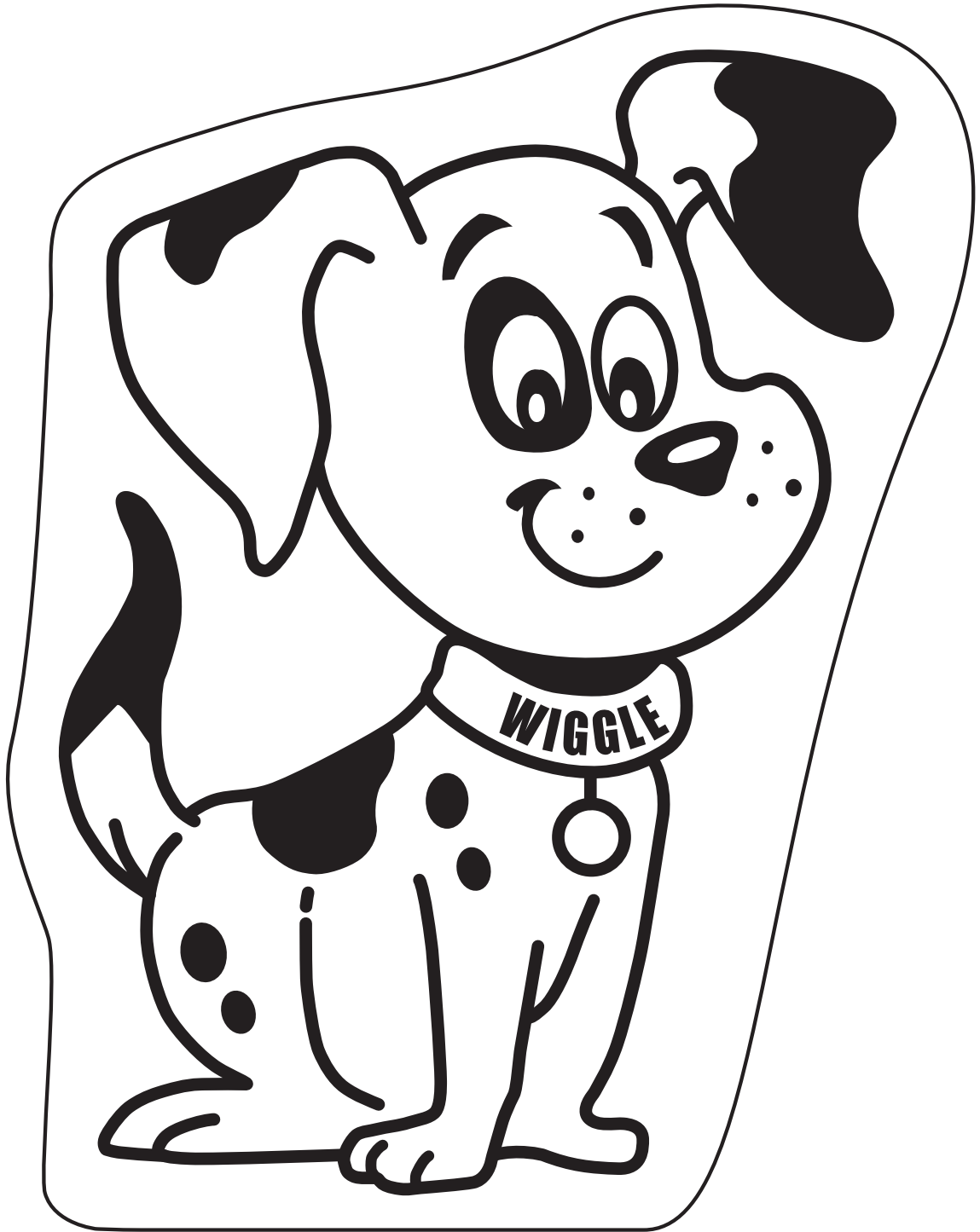


 Cut along the solid line.

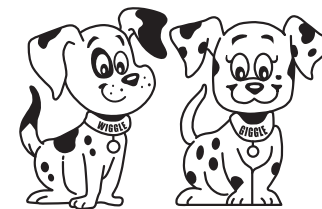


Activity: Puppet Wiggle

Color or decorate the figure of Wiggle. Cut along the solid line and glue to a tongue depressor or Popsicle stick. Wiggle likes to sing along with "I Spot Something Hot!"



 Cut along the solid line.



Our Home Escape Map

Start Safe:

Step 1: Draw a map of your home. Show the rooms, doors and windows that go outside. Show where your smoke alarms are.

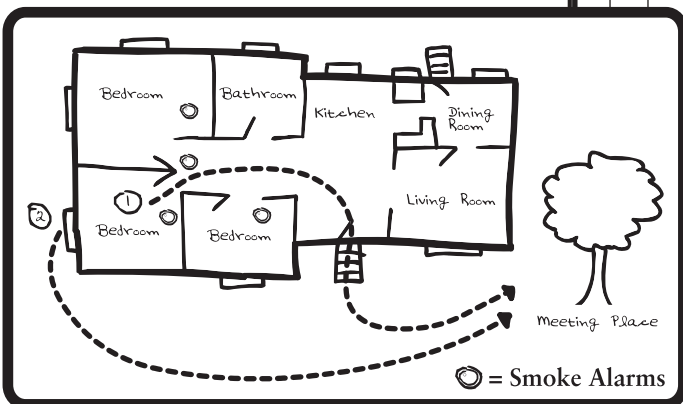
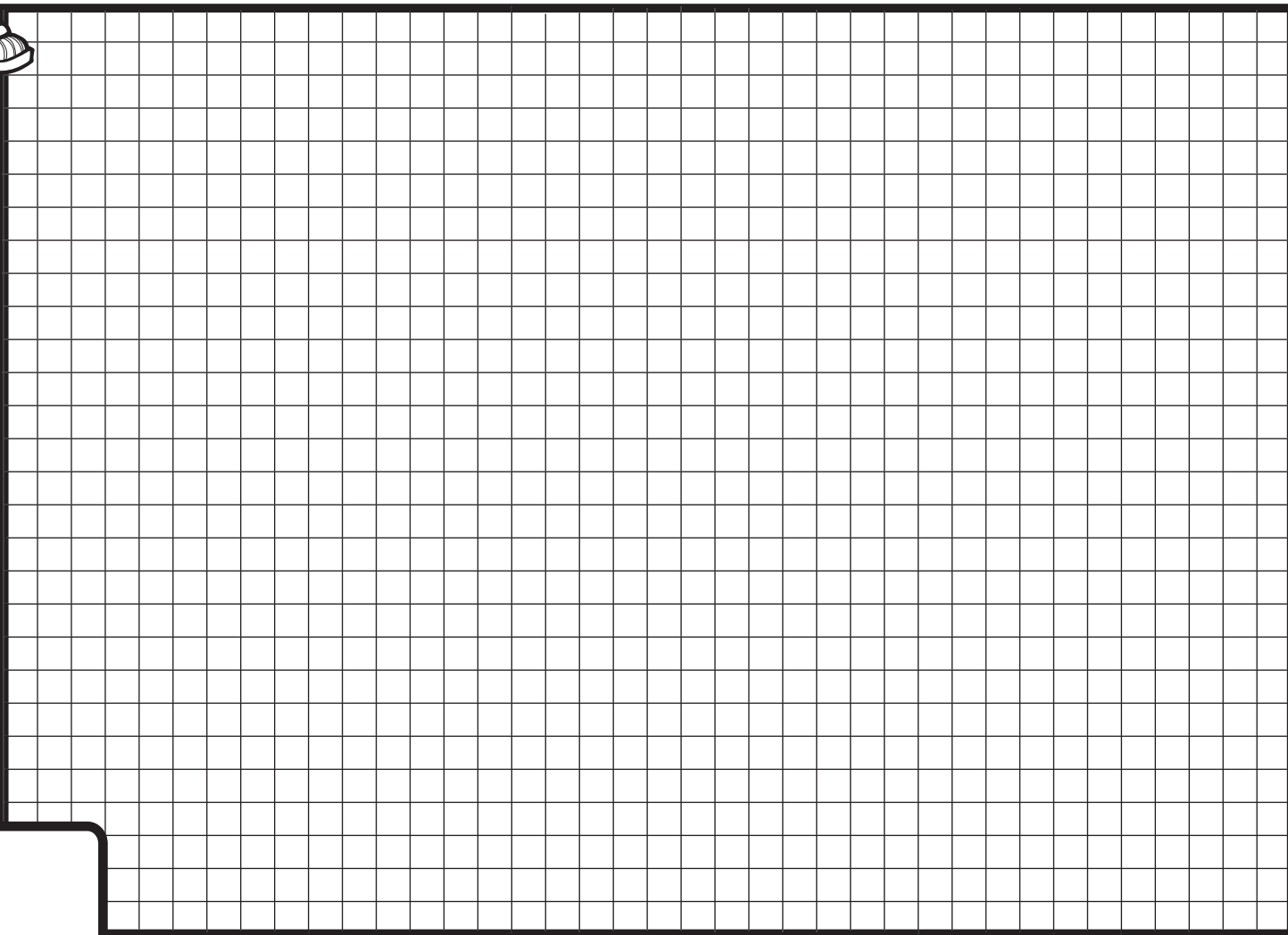
Step 2: Know 2 ways out of every room. Show them on the map. Make sure windows and doors open easily. But do not practice going out the window.

Step 3: Pick a safe meeting place outside. It should be in front of, and away from your home.

Step 4: Talk with your family about your plan. Show your children what to do.

Step 5: Have a family fire drill!

1. Push the test button on your smoke alarm.
2. Help your children get outside. Take your phone with you. Close the doors behind you.
3. Go to your meeting place. Pretend to call the fire department (911).
4. Tell your children in a real fire – **Get outside and stay outside.** Do not ever go back inside a burning building.



Our meeting place is: _____

Fire Dept. Phone Number: _____

For more information visit

www.homesafetycouncil.org/startsafeprogram

Start Safe Certificate

This certificate is awarded to

For knowing how to be safe from
fires and burns at home.



Start Safe: A Fire and Burn Safety Program for Preschoolers and
Their Families from the Home Safety Council ©2009