**Direct Observation - Counseling: Anticipatory Guidance (Complete 1 of 3)**

Student Name:

Evaluator Name:

**Repeat until all skills are completed correctly (i.e. ‘Done’ or ‘D’). Max 3 attempts**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **ATTEMPT #1** Date: | | | **ATTEMPT #2** Date: | | | **ATTEMPT #3** Date: | | |
| **SKILLS** | **Done** | **Needs Attention** | **Omitted** | **D** | **NA** | **O** | **D** | **NA** | **O** |
| Chooses to discuss age appropriate topics, based on *Bright Futures* |  |  |  |  |  |  |  |  |  |
| Uses words that patient and caregiver understand |  |  |  |  |  |  |  |  |  |
| Ask questions about what the family is already doing related to the topic (e.g., how much screen time does your child get? Does (s)he have TV/internet in their bedroom?) |  |  |  |  |  |  |  |  |  |
| Acknowledge if parents already have experience with the topic with previous children |  |  |  |  |  |  |  |  |  |
| Involves child in the discussion when appropriate (e.g., what are some ways you can reduce your screen time?) |  |  |  |  |  |  |  |  |  |
| Provides messages that are reasonable, evidence-based where possible, and supported by AAP recommendations (e.g., Parents should try to be good media role models) |  |  |  |  |  |  |  |  |  |
| Uses shared decision making if encounters resistance to advice (e.g., if it’s difficult to do everything that is recommended, start with restricting media during meals) |  |  |  |  |  |  |  |  |  |
| Provides patient education material or resource for topic to the patient and family |  |  |  |  |  |  |  |  |  |

**Questions on Back (flip)**

What is one thing the student can do better?

What is one thing the student did well?

Action plan: