**Direct Observation – Physical Exam: Diabetic Foot Exam (Complete 2 of 3)**

Student Name:

Evaluator Name:

**Repeat until all skills are completed correctly (i.e. ‘Done’ or ‘D’). Max 3 attempts.**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **ATTEMPT #1** Date: | **ATTEMPT #2** Date: | **ATTEMPT #3** Date: |
| **SKILLS** | **Done** | **Needs Attention** | **Omitted** | **D** | **NA** | **O** | **D** | **NA** | **O** |
| Explained to patient why he/she needs to examine feet |  |  |  |  |  |  |  |  |  |
| Helps patient remove shoes/socks if needed |  |  |  |  |  |  |  |  |  |
| Asks patient to close eyes while doing monofilament test |  |  |  |  |  |  |  |  |  |
| Examines whole foot, including between toes |  |  |  |  |  |  |  |  |  |
| Uses monofilament to test sensation |  |  |  |  |  |  |  |  |  |
| Puts monofilament on until it bends and quickly removes it |  |  |  |  |  |  |  |  |  |
| Uses at least 8 spots (4 per foot) to measure sensation-metatarsal heads (toes 1,3,5) and great toe careful to avoid calluses |  |  |  |  |  |  |  |  |  |
| Interprets monofilament correctly (i.e. if misses more than 2 spots, considered abnormal) |  |  |  |  |  |  |  |  |  |
| Helps patient put shoes and socks back on |  |  |  |  |  |  |  |  |  |
| Warns patient about risks of blisters, cuts, calluses |  |  |  |  |  |  |  |  |  |

**Questions on Back (flip)**

What is one thing the student can do better?

What is one thing the student did well?

Action plan: