



SCHOOL OF MEDICINE

Sports Medicine Institute

Annual Conference
Improving Knee Injury Outcomes
September 30, 2022
Friday Conference Center

7:15-8:00	Registration
8:00-8:05	Welcome: David Berkoff, MD and Brian Pietrosimone, PhD
8:05-8:45	Session 1-Prevention of Knee Injuries
8:05-8:45	KEYNOTE: Kevin Ford, PhD <i>Role of Biomechanics in Identifying and Modifying Knee Injury Risk in Athletes</i>
8:45-10:15	Session 2-Surgical Management and Outcomes
8:45-9:25	KEYNOTE: Bernard Bach, MD <i>ACL Reconstruction with BTB Auto and Allografts- A 35 Year Observational Review of Personal Revision and Reoperation Rates</i>
9:25-9:45	R Alex Creighton, MD <i>Lateral Extra-Articular Tenodesis, When and How in ACL Reconstruction</i>
9:45-10:05	Ganesh Kamath, MD <i>ACL Grafts, Tensioning, and Fixation: Time Zero Biomechanical Considerations</i>
10:05-10:15	Q&A Moderator: Brian Trabulsi, PT
10:15-10:25	Break
10:25-11:55	Session 3-Nonoperative Management and Outcomes
10:25-11:05	KEYNOTE: Anthony Beutler, MD
11:05-11:25	Joshua Berkowitz, MD <i>Knees and Needles</i>
11:25-11:45	David Berkoff, MD <i>Approach to the Stiff Post-operative Knee</i>
11:45-11:55	Q&A Moderator: Greg Summerville, MD
11:55-12:55	Lunch



12:55-2:25, 2:35-4:00	Session 4-Rehabilitation, Recovery, and Return to Activity
12:55-1:35	KEYNOTE: Lynn Snyder-Mackler, PT, ATC, ScD <i>Optimizing Outcomes and Minimizing Re-injury after ACL Injury</i>
1:35-1:55	Brian Pietrosimone, PhD <i>Recovering from ACL Reconstruction: How Gait Biomechanics Impact Joint Healing</i>
1:55-2:15	Joseph Hart, PhD <i>Musculoskeletal Evaluations to Guide Recovery from Orthopaedic Injury and Return to Physical Activity</i>
2:15-2:25	Q&A Moderator: Caroline Lisee, PhD
2:25-2:35	Break
2:35-3:05	Poster Session
3:05-3:25	Shelby Baez, PhD <i>Psychologically-informed Clinical Practice</i>
3:25-3:45	Malia Blue, PhD <i>Therapeutic Approaches to Nutrition</i>
3:45-4:00	Q&A Moderator: Caroline Lisee, PhD
4:00-4:55	Session 5-Teamwork in the Care of Athletes
4:00-4:30	KEYNOTE: Robert Arciero, MD <i>The Sports Medicine Team: How it works best</i>
4:30-4:55	Q&A panel with Mario Ciocca, MD, Nina Walker, ATC Moderator: Jeff Spang, MD
4:55-5:00	Closing Remarks: David Berkoff, MD and Brian Pietrosimone, PhD