

TAKING CARE OF YOURSELF AFTER CYSTOGRAM

If catheter remains in place:

- Continue to care for your catheter at home as previously instructed. Refer to Foley Catheter Care patient education handout.

If your catheter has been removed the physician:

- You may need to empty your bladder frequently
- You may leak urine for a short period of time
- You may notice some blood in your urine; this is normal and should improve over the next 1-2 days.
- You may feel urgent and have to urinate frequently for a short period of time
- It is important to stay well hydrated, drink extra water today and tomorrow. Avoid caffeine and soda today.
- Call the physician if you are unable to urinate 4 hours after catheter removal, or if you feel the urge to urinate and you cannot pass urine
- Notify the physician for difficulty urinating, increasing blood in urine, fever over 100 degree F.

If you have questions or concerns:

- Monday through Friday 8:00 am – 4:30 pm please call 919-966-1315 for routine questions. If you need immediate attention from the doctor call 919-966-4131 and ask the operator to page the Urologist on call.
- Evening and weekend please call the hospital operator 919-966-4131 and ask for the Urologist on call.