

TAKING CARE OF YOURSELF AFTER NEPHROSTOGRAM

Home Care Instructions Following Nephrostogram

If tube remains in place:

- Continue to care for your nephrostomy tube at home as previously instructed. Refer to Nephrostomy Tube Care patient education handout.

If your tube has been removed by the physician:

- Keep clean dressing over site and replace as needed. Expect some urine drainage while site is healing. This may take several days to completely heal.
- Monitor signs of infection such as redness or swelling.
- You may notice some blood in your urine; this is normal and should improve over the next 1-2 days
- Notify the physician for difficult urinating, increasing pain on affected side, increasing blood in urine, fever over 100 degrees F.

If you have any questions or concerns

- Monday through Friday 8:00 am – 4:30 pm please call 919-966-1315 for routine questions. If you need immediate attention from the doctor call 919-966-4131 and ask the operator to page the Urologist on call.
- Evening and weekend please call the hospital operator 919-966-4131 and ask for the urologist on call.