

COME (W)RAP WITH US!

Join the 1st UNC Health **WRESTLE-A-VESSEL** Carolinas-wide event to raise awareness and support to benefit our pediatric and adult patients with **VASCULAR ANOMALIES**



WHAT THEY ARE: abnormalities of the vasculature: capillaries, arteries, veins, lymphatic vessels or a combination of these.

RARE DISORDERS: There are fewer than 50,000 affected individuals across the US with some of these disorders compared to more than 5 million children and adults with a history of cancer.

SYMPTOMS: Many patients experience pain, swelling, difficulties with acts of daily living, and emotional distress from physical disfigurement.

OTHER ISSUES: Vascular anomalies can be single or multiple, visible or deep in the body. They may be associated with multiple problems (syndromes) such as limb overgrowth or skin discoloration. They can also predispose patients to cancers.

\$\$\$: Care is expensive, so we are asking you to help us improve patient care, education, and research.

COMPRESSION: We often recommend compression garments which are fancy ace bandages which is the basis for this fundraising event!

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Here's how you can help!

- 1** Make a 1–2-minute video of you wrapping someone else—a friend, family member, teacher, or health care provider.
- 2** **BE CREATIVE!** Crepe paper (streamers), string, wrapping paper, yarn, saranwrap, or aluminum foil all work great or feel free to use something unique!
- 3** Send us a video with or without sound to jennifer_brandon@med.unc.edu
- 4** Share your video on social media, tag @wrestleavessel and challenge your followers to do a video and donate at: unchf.org/wrestleavessel.
You can also donate directly via this website or by mailing checks payable to: UNC Children's c/o Cameron Shoaf PO Box 1050 Chapel Hill, NC 7514 **Memo Line: Wrestle A Vessel**

QUESTIONS?

Contact: Julie Blatt MD 919-966-0590 or jblat@med.unc.edu or
Jennifer Brondon MD jennifer_brandon@med.unc.edu

