

<https://www.med.unc.edu/vascularanomaliesclinic/>

**Problems to watch for with vascular malformations include:**

1. Local intralesional clotting (LIC) which can cause pain and/or pulmonary emboli. With increased pain, should come to ER. Gen peds or ped heme onc handles ped admits with me in consultation during wk as needed. Adults admitted to gen med. Eval would incl repeat ddimers, fibrinogen, cbc diff, plt. Rx can range from symptomatic pain management to LMWH or Xarelto as preferential anticoagulant at least for a few days, or steroids for a few days(doses vary but I arbitrarily generally use 1mg/kg pred bid for 2-3 days then wean over a wk). Eval for PE will be patient dependent.
2. Redness/swelling of overlying skin: this is probably an inflammatory reaction but is generally rx as infection with po or iv amp or clinda for 7-10 days; some add or substitute steroids, anticoagulation as above. Warm soaks or ice packs to area, compression garments for superficial lesions. Role of ASA less clear and probably not helpful.

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# Sirolimus

(Rapamune®)

## How does this medicine work?

Sirolimus prevents and treats graft-versus-host disease by interfering with the T-lymphocytes (white cells) growth cycle, making them inactive and unable to reproduce.

## What does it look like?

- Tablets: white (1 mg) or yellow (2 mg)

## How is it given?

- By mouth (liquid or tablet)

## What are the common side effects?

- Diarrhea
- Nausea
- Mouth sores
- Acne
- High blood pressure
- Peripheral edema (swelling)
- Low red blood cells (fatigue) and low platelets (bleeding or bruising)
- Headache
- Lack of appetite
- Trouble breathing
- Weakness and muscle pains

## What are the less common side effects?

- Changes in electrolytes (e.g., potassium, sodium) in blood
- Chest pain or changes in heart rhythm
- Difficulty seeing
- Secondary cancer
- Severe infection

## Special instructions

- Do not crush, chew, or cut tablet.
- Solution can be mixed with 2 oz. water or orange juice only; stir well and drink right after mixing.
- Take with or without food, but take it the same way every day.
- Store tablet at room temperature and protect from light. Refrigerate oral solution and protect from light; store oral solution in original container and use contents within 1 month of opening; amber syringe containing solution may be stored at room temperature. If in the refrigerator for a maximum of 24 hours.
- This medication increases the risk of getting an infection. Avoid crowds and people with an infection, a cold, or the flu.
- Call your doctor or nurse if fever or signs of infection develop.
- Do not receive any vaccinations while receiving this medication.
- This medication can cause severe birth defects. Sexually active male and female patients should use contraceptives for at least 3 months after the last dose.

**APHON**  
ASSOCIATION OF PEDIATRIC  
HEMATOLOGY/ONCOLOGY NURSES

All possible side effects and precautions of this medicine are not covered in this information sheet. For a complete list of side effects, ask your healthcare professional (doctor, nurse, pharmacist) for a manufacturer's package insert or other reference.

# **Sirolimus**

**(Rapamune®)**

## **¿Cómo funciona este medicamento?**

Previene y trata el injerto contra el huesped enfermedad del anfitrión. Interfiere con el ciclo de crecimiento de los linfocitos de T (células blancas) que los hace inactivos e incapaces de producir más.

## **Apariencia**

- Pastillas blancas (1 mg) o pastillas amarillas (2 mg)

## **¿Cómo se administra?**

- Por la boca (líquido o pastillas)

## **¿Cuáles son los efectos secundarios comunes?**

- Diarrea
- Náusea
- Llagas bucales
- Acne
- Alta tensión arterial
- Edema periférico (hinchazón general)
- Glóbulos rojos bajos (fatiga)
- Bajas plaquetas (hemorragia, contusiones)
- Dolor de cabeza
- Pérdida de apetito
- Dificultad respiratoria
- Debilidad o dolor muscular

## **¿Cuáles son los efectos secundarios menos comunes?**

- Cambios en electrolitos de la sangre (potasio, sodio, etc.)
- Dolor de pecho/cambios en el ritmo cardíaco
- Dificultad con la visión
- Cánceres secundarios
- Infecciones severas

## **Instrucciones especiales**

- No machaquear, masticar o partir las pastillas.
- La medicina líquida se puede mezclar con dos onzas de agua o jugo de naranja. Mézclelo bien y tómese enseguida.
- La medicina se puede tomar con o sin comida, pero haga lo mismo todos los días.
- Guarde las pastillas a la temperatura ambiental y protégela de la luz. La medicina líquida tiene que mantenerse refrigerada en su caja original protegida de la luz y tiene que ser usada durante el mes en que se abrió. La medicina que viene en una jeringuilla color oscuro se puede mantener dentro o fuera del refrigerador por un máximo de 24 horas.
- Usted o su niño tienen un alto riesgo de contraer cualquier infección. Trate de evitar estar en grupos, evite personas que puedan tener infecciones, gripas, o influenza.
- Llame a su médico o enfermera si su niño tiene fiebre o tiene alguna señal de infección.
- No debe recibir vacunas mientras este recibiendo esta medicina.
- Use control de natalidad mientras este recibiendo esta medicina y por lo menos hasta 3 meses después de la última dosis.

**APHON**

ASSOCIATION OF PEDIATRIC  
HEMATOLOGIST/ONCOLOGY NURSES

Todos los posibles efectos secundarios y precauciones de este medicamento no aparecen en esta hoja de información. Para obtener una lista completa de los efectos secundarios, pídale a su profesional médico (doctor, enfermera/o, farmacéutico) un encarte del fabricante u otra referencia.

# Vascular Anomalies Clinic

## Where to get a compression garment

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SEE ALSO: [Useful websites and NC Lymphedema Treatment Facilities](#)

Compression garments can be expensive. Check with an individual vendor about whether your insurance will cover all or part of the cost of compression garments. AOP and [Clovers Compression](#) are two companies which we know will accept medical assistance. Sometimes sports stores will have athletic sleeves which can be used as compression garments. Sports bras may be useful for chest lesions. Talk to your vascular anomalies clinic providers about how often to keep your garment on. The vendor may offer guidelines about pressure and style.

### UNC Compression Garment Options

There are lymphedema Physical Therapists who can see patients/families to teach them self-care of lymphedema and vascular malformations.

Location: UNCH Comprehensive Cancer Support Program 2893 Farrington Road, Chapel Hill.

Many vascular anomalies clinic members can write orders on our electronic medical record for "PT lymphedema, evaluate and treat", which will be needed for the PTs to provide their services. The PTs may be able work with local vendors to get garments paid for by insurance companies, and vascular anomalies members can petition insurance companies with variable success to get these paid for!

**Ability Orthopedics**

**Location/Territory:** Greater Hickory Area, Greater Charlotte Area

**Representative:** Cathy Ruble

**Contact Phone Number:** (828) 326-7161

**\*Billable Insurance:** Contact Vendor

**Advanced Home Care**

**Location/Territory:** 105 W North Carolina 54 #267 Durham NC 27713

**Representative:** Christina Bernard

**Contact Phone Number:** (919) 852.0052 x8181

**\*Billable Insurance:** United Healthcare, Cigna (determined by plan), GHI, Wellpath, Aetna, Duke Select

**NC Lymphedema Treatment Facilities**

**A.O.P.**

**Clinic Locations:** Greenville, Washington, Wilson, Rocky Mount, Red Oak, Kinston, Goldsboro, Ahoskie, etc.

**Representative:** Kim Monk (Part-time)

**Contact Phone Number:** (252) 621.8684

**\*Billable Insurance:** Accepts Medicaid and most private insurances

**Carolina Care at Home Convenience Center**

**(located at North Carolina Memorial Hospital – UNC Medical Center)**

**Caromed Compression Garments**

5605 Spring Ct, Raleigh, NC 27616

Phone: (919) 878-0578

Peninsula Biomedical

**Location:** 500 Walt Ave, Ste 1, Wake Forest, North Carolina 27587

**Representative:** Liz Powell

**Contact Phone Number:** (919) 556.8934

**\*Billable Insurance:** BCBS, State NC BCBS, Federal BCBS, Tricare for Life, Champ VA, GEHA, Mail Handlers, UHC (requires pre-authorization), Med Cost

Clover Health Services

**Location/Territory:** Greater Raleigh/Durham/Chapel Hill Area, Greater Triad Area, (*House Calls are available*)

**Representative:** Carolyn Alexander

**Contact Phone Number:** (919) 523.9564 (c); (919) 704.0526 (o)

**\*Billable Insurance:** Accepts Medicaid and most private insurances

**\* Carolina Care at Home Convenience Center** (UNC Medical Center – NC Memorial Hospital)

**North Carolina Lymphedema Treatment Facilities**

**Alamance County**

**Cone Health Alamance Regional**

Amy Lovett, OT, CLT; [amy.lovett@conehealth.com](mailto:amy.lovett@conehealth.com)  
336-538-7512

Maureen du Preez, OT, CLT; [Maureen.dupreez@conehealth.com](mailto:Maureen.dupreez@conehealth.com)  
336-538-7504

**Buncombe County**

**Care Partners Outpatient Therapy Services: Main Campus  
Lymphedema Management Program**

68 Sweeten Creek Rd, Asheville, NC 28803-2318

Jean Collett, PT; Emily Jones, OT; Cynthia Roberto, OT  
800-627-1533

**Skyland Physical Therapy**

1201 Bleachery Blvd, Suite 201, Asheville, NC 28803

Melinda Halpern, PT

828-274-5763

**Burke County**

**Blue Ridge Healthcare System/Grace Rehabilitation Center**

2201 S. Sterling St. Morganton, NC 28655-4058

828-580-6808

**Blue Ridge Healthcare System: Valdese Hospital/Outpatient Rehab Services**

P.O. Box 700, Valdese, NC 28690

Brooke Stames, OT; 828-879-7592

**Cabarrus County**

**Carolina Medical Center – Northeast Outpatient**

Alice Williams, [alice.williams@carolinashealthcare.org](mailto:alice.williams@carolinashealthcare.org)

Amy Ross, [amy.ross@carolinashealthcare.org](mailto:amy.ross@carolinashealthcare.org)

Christina McGinnis MS, OT/L, CLT, [Christina.mcginis@carolinashealthcare.org](mailto:Christina.mcginis@carolinashealthcare.org)  
704-403-9148

**Atrium Health-Northeast Rehabilitation Outpatient Services**

Nancy A. Murphy, [Nancy.Murphy@atriumhealth.org](mailto:Nancy.Murphy@atriumhealth.org)

704-403-9148

**Caldwell County**

**Caldwell Memorial Rehabilitation Services**

1031 Morganton Blvd., Suite A, Lenoir, NC 28645

Angela Smith, OT; [angela.smith3@unchealth.unc.edu](mailto:angela.smith3@unchealth.unc.edu)

Keisha Paige, PT, CLT; [kp20351@yahoo.com](mailto:kp20351@yahoo.com)

828-757-6226

**Carteret County**

**Carteret Health Care**

Julie Cooper, DPT; [jacooper@CCGH.org](mailto:jacooper@CCGH.org)

252-499-6461

**Catawba County**

**Ability Orthopedics-DME**

Crystal Link, [Nyjetergirl2@charter.net](mailto:Nyjetergirl2@charter.net)  
828-326-7161

**Frye Regional Medical Center**

Tennisha Mitchell; [tennisha.epps@tenethealth.com](mailto:tennisha.epps@tenethealth.com) or [tennisha.mitchell@lpnt.net](mailto:tennisha.mitchell@lpnt.net)  
828-315-3186

**Piedmont Medical Supply, Inc-DME**

752 4<sup>th</sup> St. SW

Hickory, NC 28602

Deborah Few; [dfew@ncpms.com](mailto:dfew@ncpms.com);

Emery Sherrill; [esherrill@ncpms.com](mailto:esherrill@ncpms.com)

828-327-6970, fax: 828-327-2878

**Watauga Medical Center/Wellness Center**

Michelle Forrest; [mforrest@apprhs.org](mailto:mforrest@apprhs.org)

Shirley Faw

828-268-9043

**Cleveland County**

**Cleveland Regional Medical Center**

Angela Brooks; [angela.brooks@carolinashealthcare.org](mailto:angela.brooks@carolinashealthcare.org)  
704-477-9765

Tonya Craig; [tonya.craig@carolinashealthcare.org](mailto:tonya.craig@carolinashealthcare.org)

704-482-1191

**Concord County**

**Paragon Surgical Specialists-DME**

Michelle Long; [molong@paragonsurg.com](mailto:molong@paragonsurg.com)

704-262-1656

**Carolina Medical Center Northeast – Breast Health Center**

Ruth Smith; [ruth.smith@carolinashealthcare.org](mailto:ruth.smith@carolinashealthcare.org)

704-408-4963

**Craven County**

**Carolina East**

Amy Burdulis; [aburdulis@carolinaeasthealth.com](mailto:aburdulis@carolinaeasthealth.com)

252-634-6120

**Cumberland County**

**South Eastern Health**

Sara Warren, MS OTR/L CLT; [rose03@srmc.org](mailto:rose03@srmc.org)

910-779-1967

**Advance Physical Therapy Solutions**

Gidget Wilkerson, PTA CLT-UE; [gidget.wilkerson@APTSNC.com](mailto:gidget.wilkerson@APTSNC.com)

Ashley Chandler, DPT, CLT; [Ashley.Chandler@APTSNC.com](mailto:Ashley.Chandler@APTSNC.com)

910-423-5550

**Durham County**

**Duke Med**

Leigh Wilfley; [leigh.wilfley@duke.edu](mailto:leigh.wilfley@duke.edu)

**Massage & Lymphedema Care**

Doris Laing, LMBT; [dorie@laingmassage.com](mailto:dorie@laingmassage.com)

919-489-2497

**Duke-LenoX Baker**

Lisa Massa, PT, WCS, CLT; [lisa.massa@duke.edu](mailto:lisa.massa@duke.edu)

Chris Holladay, PT, DPT, WCS, CLT-LANA, CSCS; [Christina.holladay@dm.duke.edu](mailto:Christina.holladay@dm.duke.edu)

Amanda Heath, PT, DPT, CLT; [Amanda.heath@dm.duke.edu](mailto:Amanda.heath@dm.duke.edu)

Peter Kay, PTA, CLT; [peter.kay@duke.edu](mailto:peter.kay@duke.edu)

919-684-0874

**The Elmore Center**

5720 Fayetteville Rd, Suite 201, Durham, NC 27713

Brook Elmore, PT, DPT, CLT

919-251-5306

**Hillcrest Convalescent Center**

1417 West Pettigrew Street

Durham, NC 27705

Crystal Williams, MPT, CLT; [cismith801@gmail.com](mailto:cismith801@gmail.com)

919-286-7705

**Edgecombe County**

**Heritage Hospital/Rehabilitation Therapy Services Department**

111 Hospital Dr., Tarboro, NC 27886

Alex Measamer, OT

252-641-7776

**Franklin County**

**Rhodes Medical Massage**

116 Camille Circle, Youngsville, NC 27596

Mary Rhodes, CLT-LMBT; [rhodesmedicalmassage@gmail.com](mailto:rhodesmedicalmassage@gmail.com)

919-443-5859

**Forsyth County**

**Kernersville Outpatient Center: Novant Health**

Trisha Monroe, PT, CLT; [pwshelton@novanthealth.org](mailto:pwshelton@novanthealth.org)

336-996-7001

Novant Health

Stephanie Rehm, DPT, CLT-GCS; [slrehm@novanthealth.org](mailto:slrehm@novanthealth.org)

336-718-6735

**Gaston County**

Caromont Rehab and Sports Medicine Gastonia, NC 28054

Marian Schrader OTR/L, CLT; [marian.m.schrader@gmail.com](mailto:marian.m.schrader@gmail.com)

704-671-5730

**Georgetown (SC) County**

**Prince George Healthcare and Rehabilitation**

Diane Dolan; [mdianed@gmail.com](mailto:mdianed@gmail.com)

REVISED May 2020

### **Guilford County**

#### **Cone OP Cancer Rehabilitation**

Donna Salisbury, PT, CLT; [donna.salisbury@conehealth.com](mailto:donna.salisbury@conehealth.com)  
336-271-4940

Marti Smith, PT, CLT; [marti.smith@conehealth.com](mailto:marti.smith@conehealth.com)  
336-271-4940

Teresa Brown, PT, CLT; [Teresa.brown@conehealth.com](mailto:Teresa.brown@conehealth.com)  
336-549-6357

#### **Cone Health**

Valerie Rosenberger, [Valerie.rosenberger@conehealth.com](mailto:Valerie.rosenberger@conehealth.com)  
336-337-4166

Patricia Clay, OT; [patricia.clay@conehealth.com](mailto:patricia.clay@conehealth.com)

Robin Walcott; [robin.walcott@sosbonedocs.com](mailto:robin.walcott@sosbonedocs.com)  
336-508-9588

Kara Tevis; [kara.tevis@gmail.com](mailto:kara.tevis@gmail.com)  
336-271-4840

#### **High Point Regional**

600 Elm Street, High Point, NC 27410

Cassandra Downtin, PT, CLT; [cassie.downtin@gmail.com](mailto:cassie.downtin@gmail.com)  
336-878-6915 fax: 336-878-6933

### **Harnett County**

#### **Total Body Therapy and Wellness**

The Square At Lillington, Lillington, NC 27546  
(910) 893-2850

### **Iredell County**

#### **The Wellness Source**

Cathy Ross; [cross@wellness-sourceinc.com](mailto:cross@wellness-sourceinc.com)

Heather Little; [hlittle@wellness-sourceinc.com](mailto:hlittle@wellness-sourceinc.com)  
704-778-1393

#### **Lymphatic Health Center – Mooresville**

517 Alcove Rd, Suite 101, Mooresville, NC 28117

Stephanie King, OTR/L CLT; [stking123@yahoo.com](mailto:stking123@yahoo.com)  
704-778-1393

#### **Davis Regional Medical Center**

218 Old Mocksville Rd, Statesville, NC

Jill Ferrell, OTR/L CLT; [Jill.Ferrell@Davisregional.com](mailto:Jill.Ferrell@Davisregional.com)

Patricia Monroe; [patricia.monroe@davisregional.com](mailto:patricia.monroe@davisregional.com)  
704-838-7620; fax: 704-838-7095

### **Jackson County**

#### **Harris Regional Hospital/Duke Lifepoint Sylva/Westcare Rehabilitation Services**

68 Hospital Rd., Sylva, NC 28779

Lauren Sides, PT; [lparker03@gmail.com](mailto:lparker03@gmail.com)  
828-586-7235

### **Johnston County**

#### **Johnston Health Rehab Medical Mall**

14 North Brightleaf Blvd. Ste. 1120, Smithfield NC 27577

Karina Zugaj, OTR, MOT, CLT [karina.zugaj@unchealth.unc.edu](mailto:karina.zugaj@unchealth.unc.edu)  
919-938-7296

**Lincoln County**

**CHC - Lincolnton and Denver**

Jeannie Bartlein; [Jeannie.bartlein@carolinashealthcare.org](mailto:Jeannie.bartlein@carolinashealthcare.org)

Merri Finn; [Meredith.finn@carolinashealthcare.org](mailto:Meredith.finn@carolinashealthcare.org)

980-212-7020

Lynne Ross; [Mary.Lynne.Ross@carolinashealthcare.org](mailto:Mary.Lynne.Ross@carolinashealthcare.org)

**Mecklenburg County**

**Atrium University Outpatient Rehab**

Julia Cantwell, OTR/L; [Julia.Cantwell@atriumhealth.org](mailto:Julia.Cantwell@atriumhealth.org)

704-863-5780

**Carolinas Rehabilitation - Blumenthal Cancer Center**

Lauren Tate; [lauren.crossley@carolinashealthcare.org](mailto:lauren.crossley@carolinashealthcare.org)

Susan Postell; [susan.postell@carolinashealthcare.org](mailto:susan.postell@carolinashealthcare.org)

704-335-5210

**Carolinas Rehabilitation - Blythe**

Beth Koenig; [beth.koenig@carolinashealthcare.org](mailto:beth.koenig@carolinashealthcare.org)

704-446-9946

**Carolinas Rehabilitation - Matthews**

1401 Matthews Township Pkwy, Suite 225; Matthews, NC 28105

Page Phillips Mack; [page.mack@carolinashealthcare.org](mailto:page.mack@carolinashealthcare.org)

704-841-2104; fax: 704-841-2127

**Carolinas Medical Center**

Jaimie Tippet Poe, PT, DPT, CLT; [Jaimie.tippetpoe@carolinashealthcare.org](mailto:Jaimie.tippetpoe@carolinashealthcare.org)

704-863-4056

**Carolinas Rehabilitation - Pineville**

Suzanne Emory; [Suzanne.emory@carolinashealthcare.org](mailto:Suzanne.emory@carolinashealthcare.org)

704-667-2500

Catherine Holsten, OTR/L, CLT; [Catherine.holsten@carolinashealthcare.org](mailto:Catherine.holsten@carolinashealthcare.org)

**Carolinas Rehabilitation - University**

Diane Schleicher; [diane.schleicher@carolinashealthcare.org](mailto:diane.schleicher@carolinashealthcare.org)

Kristen Jones, OT; [Kristen.jones@carolinashealthcare.org](mailto:Kristen.jones@carolinashealthcare.org)

704-863-5804

**Novant Health Lymphedema**

Edith Phillips; [ephillips@novanthealth.org](mailto:ephillips@novanthealth.org)

980-245-6952

Tammy Alford; [talford@novanthealth.org](mailto:talford@novanthealth.org)

704-316-1903

**Presbyterian Hospital Outpatient**

Sandra Graunke; [sgraunke@gmail.com](mailto:sgraunke@gmail.com)

704-779-7858

**Integra Rehab**

Sharon Kanelos; [skanelos@integrarehabphysicians.com](mailto:skanelos@integrarehabphysicians.com)

704-965-6787

**Griffin Home Health**

Tiffani Ross; [tross@griffinhomehealthcare.com](mailto:tross@griffinhomehealthcare.com)

Caitlin Echave; [CEchave@griffinhomehealthcare.com](mailto:CEchave@griffinhomehealthcare.com)

Katie Nolan; [KNolan@griffinhomehealthcare.com](mailto:KNolan@griffinhomehealthcare.com)

704-347-1993

**Integrative Massage Concepts of Charlotte**

REVISED May 2020

Dorothea Weinschuetz, LMBT CLT; [matt@imccclt.com](mailto:matt@imccclt.com)

**Moore County**

**1<sup>st</sup> Health Rehab**

12 Avamore Dr., Pinehurst, NC 28374

Kristy Pusser, OT

910-295-0660

**New Hanover County**

**Self Care Therapy**

Connie Ammann, OT; [conniebammann@hotmail.com](mailto:conniebammann@hotmail.com)

910-512-1015

David Wilson, [reaveswilson@hotmail.com](mailto:reaveswilson@hotmail.com)

910-262-6334

Robert Erikstam, [Robert@selfcaretherapy.com](mailto:Robert@selfcaretherapy.com)

910-233-0730

**Lymphedema Management of Wilmington**

Alicia Donatone; [lymphgmt@gmail.com](mailto:lymphgmt@gmail.com)

910-392-3986

**Mariner Health of Wilmington Outpatient Rehab Services**

820 Wellington Ave., Wilmington, NC 28401-7618

Kim Jordan, OT

910-343-0425

**New Hanover Regional Medical Center/Oleander Rehab Center/Outpatient Physical and Occupational Therapy**

5220 Oleander Dr., Wilmington, NC 28403-7021

Elizabeth Hinshaw; PT [ehinshaw@cc.rr.com](mailto:ehinshaw@cc.rr.com)

910-452-8104

**Physical Therapy for Women/Lymphedema Treatment Program**

5919 Oleander Dr., Suite 123, Wilmington, NC 28403-4757

Amanda Knauft, PT; Samantha Huebner, PT

910-798-2318

**Healthcare Management**

7809 Reunion Road, Wilmington, NC 28411

Karen Lowdermilk COTA/L, CDT, MLD [karenlowdermilk@hotmail.com](mailto:karenlowdermilk@hotmail.com)

910-352-7028

**Bodies In Balance**

5710 Oleander Dr. Suite 211, Wilmington, NC 28403

C. Beth Connell PT, DPT, OCS [binbpt.com](http://binbpt.com)

910-398-6301

14057 Hwy 17N, Suite 230 Hampstead, NC 28443

910-821-3377

**Orange County**

**UNC Healthcare - Chapel Hill**

Valerie Collins, PT, CLT-LANA; [valerie.collins@unchealth.unc.edu](mailto:valerie.collins@unchealth.unc.edu)

Sherin Joseph, PT, CLT; [sherin.joseph@unchealth.unc.edu](mailto:sherin.joseph@unchealth.unc.edu)

Jennifer Harrington, PT, DPT, WCS, CLT; [jennifer.harrington@unchealth.unc.edu](mailto:jennifer.harrington@unchealth.unc.edu)  
984-974-9700

**Duke Hillsborough Clinic**

Kaye Harris, PT, CLT; [kaye.harris@duke.edu](mailto:kaye.harris@duke.edu)

919-646-4529

**Lisa Messier, LLC**

Lisa Messier, LMBT, CLT; [lymphaid@gmail.com](mailto:lymphaid@gmail.com)

Durham and Chapel Hill 919-886-6778

**Comprehensive Physical Therapy**

115 Timberhill Place, Chapel Hill, NC 27514

Susan Mullins PT, CLT [smullinsPT@gmail.com](mailto:smullinsPT@gmail.com)

919-967-5959

**Pitt County**

**Avila Physical Therapy for Women's Health – Greenville**

Allyson Daugherty, PT, CLT, CFM; [Allyson@avilapt.com](mailto:Allyson@avilapt.com)

252-215-5225

**Peak Performance Sports and Physical Therapy**

Becky Holmberg, PT, CLT; [Bholmberg@peakperformanceclinics.com](mailto:Bholmberg@peakperformanceclinics.com)

910-550-2515

**Randolph County**

Ryan Zel, DME Ames Walker 336-629-0564, fax: 336-629-0632

**Richland (SC) County**

**Palmetto Health Baptist**

Marie McGowan; [marie.mcgowan@palmettohealth.org](mailto:marie.mcgowan@palmettohealth.org)

803-296-5486

Shanda Berg, PT, CLT; [Shanda.berg@palmettohealth.org](mailto:Shanda.berg@palmettohealth.org)

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**Robeson County**

**Lifestyle Center for Rehabilitation – SRMC**

Lisa Donovan; [donova01@srmc.org](mailto:donova01@srmc.org)

910-738-4554

**Rockingham County**

**Morehead Memorial Hospital Outpatient Physical Rehabilitation**

640 South Van Buren Rd., Eden, NC 27288-5201

Sarah Mosen, OT

336-627-6199

**Rowan County**

**Lymphedema Solutions Physical Therapy**

Pam Roseman; [lymphedemasolutions@carolina.rr.com](mailto:lymphedemasolutions@carolina.rr.com)

704-213-4952

**VA Medical Center**

1601 Brenner Ave

Salisbury, NC 28144

Tasha B. Robinson; [tashabatizy@gmail.com](mailto:tashabatizy@gmail.com)

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704-638-9000 x 13017

**Rutherford County**

**Rutherford Regional Medical Center**

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828-247-1588

**Sampson County**

**Sampson Regional Medical Center/Outpatient Rehabilitation**

405 Beaman St., Clinton, NC 28328

Dusty Glover, PT

910-596-4744

**Scotland County**

**Scotland Memorial Hospital/Rehabilitation Department**

500 Lauchwood Dr., Laurinburg, NC 28352

Cathy McBride

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**Stanly County**

**Stanly Regional Medical Center**

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**Surry County**

**Healthy Lymphatics**

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Carmen Albu, [healthilymphatic@att.net](mailto:healthilymphatic@att.net)

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**Union County**

**Carolina Medical Center – Union**

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**Superior Home Medical-DME**

Courtney Garrison, [Courtney@superiorhomemedical.com](mailto:Courtney@superiorhomemedical.com)

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**Autumn Care Marshville**

Nicolé Craven, [nicolemariecraven@gmail.com](mailto:nicolemariecraven@gmail.com)

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**Vance County**

**Maria Parham Medical Center**

Liz Karan, [karane@mphosp.org](mailto:karane@mphosp.org)

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**Virginia**

**Monarch Continuing Education**

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**Wake County**

**Rex Hospital**

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Katie Marakas; [Katie.Marakas@unchealth.unc.edu](mailto:Katie.Marakas@unchealth.unc.edu)

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**Rex Home Services Wake County**

Lisa Topolsky [lisatopolsky@hotmail.com](mailto:lisatopolsky@hotmail.com)

Work cell: 919-210-5763 personal cell: 919-395-9808

**Duke - Brier Creek Clinic**

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Jillian Wojt, PT, DPT, CLT; [jillian.wojt@duke.edu](mailto:jillian.wojt@duke.edu)

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**Dunn Physical Therapy**

987 High House Rd, Cary, NC 27513

Laura Suter, PT

919-388-0111

**Moonshadow Therapeutic Massage**

216 E. Chatham St. Cary, NC 27511

Cristi Anne Holder

919-466-2494

**WakeMed Outpatient Services**

3701 Wake Forest Rd, Suite 120., Raleigh, NC 27609

Laura McCarthy, OT, OTR/L, CLT; [lmccarthy@wakemed.org](mailto:lmccarthy@wakemed.org)

919-350-4199; fax: 919-878-7669

**WakeMed Wound Care Center**

3000 New Bern Avenue, Raleigh, NC

Cynthia Wulff-Haver PTA-CLT

919-350-4515

**WakeMed Acute Care Rehab Services (main)**

3000 New Bern Avenue, Raleigh, NC

Lori Gupton, OTR/L, CLT

919-350-8950

**WakeMed Cary**

1900 Killdaire Rd, Cary, NC 27518

Stacy Patterson, OTR/L, CLT; [spatterson@wakemed.org](mailto:spatterson@wakemed.org)

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**Wake County cont**

**Activcare Specialty Clinic**

3100 Blue Ridge Rd., Suite 204, Raleigh, NC 27612

Holly Honeycutt, PT

919-535-8528

**A Touch of Heaven Massage**

4517 Leadmine Road, Raleigh, NC 27612

Mary Seitz, LMBT, CLT; [mary\\_seitz@hotmail.com](mailto:mary_seitz@hotmail.com)

919-539-6798

**Brookdale Home Health**

5713 Enoree Lane, Raleigh, NC 27616

Colleen Cox, PT, DPT, CLT; [colleen.mcbee@gmail.com](mailto:colleen.mcbee@gmail.com)

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**Duke Raleigh Outpatient Rehab**

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Kimberly B Mann PT; [Kimberly.b.mann@duke.edu](mailto:Kimberly.b.mann@duke.edu)

**Wake Medical Massage**

203 N. Harrison Ave Ste 206, Cary NC 27513

Shashi Lodhia, LMMT, CLT [wakemedicalm@gmail.com](mailto:wakemedicalm@gmail.com)

919-228-9559

Carolyn Alexander DME; [carolyn7NC@gmail.com](mailto:carolyn7NC@gmail.com) 919-523-9564

**Body Supports Unlimited-DME**

Julie Bragg; [julie@ncopi.com](mailto:julie@ncopi.com) 919-523-9564

**Watauga County**

**Watauga Medical Center**

232 Boone Heights Drive, Catawba

Michelle Forrest; [mforrest@apprhs.org](mailto:mforrest@apprhs.org)

Shirley Faw

828-268-9043

**A Perfect Fit-DME**

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Donna Warmuth; [dwarmuth@ncpms.com](mailto:dwarmuth@ncpms.com)

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**Wilkes County**

**Wilkes Regional Medical Center/Outpatient Rehabilitation Services**

1370 West D St., North Wilkesboro, NC 28659

Angela Powers, OT

Christal McKinney; [cmckinney@wilkesregional.com](mailto:cmckinney@wilkesregional.com)

336-903-7850

**Wilson County**

**Wilson Medical Center Rehab Services**

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252-399-8147

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