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North Carolina Lymphedema Treatment Facilities

Alamance County

Cone Health Alamance Regional

Amy Lovett, OT, CLT; amy.lovett@conehealth.com
336-538-7512

Maureen du Preez, OT, CLT; Maureen.dupreez@conehealth.com
336-538-7504

Buncombe County

Care Partners Outpatient Therapy Services: Main Campus

Lymphedema Management Program

68 Sweeten Creek Rd, Asheville, NC 28803-2318

Jean Collett, PT; Emily Jones, OT; Cynthia Roberto, OT
800-627-1533

Skyland Physical Therapy

1201 Bleachery Blvd. Suite 201, Asheville, NC 28803

Melinda Halpern, PT

828-277-5763

Burke County

Blue Ridge Healthcare System/Grace Rehabilitation Center

2201 S Sterling St. Morganton, NC 28655-4058

828-580-6808

Blue Ridge Healthcare System: Valdese Hospital/Outpatient Rehab Services

P.O. Box 700, Valdese, NC 28690

Brooke Spangis, OT; 828-879-7592

Cabarrus County

Carolina Medical Center – Northeast Outpatient

Alice Williams, alice.williams@carolinashealthcare.org

Amy Ross, amy.ross@carolinashealthcare.org

Christina McGinnis MS, OT/L, CLT, Christina.mcginis@carolinashealthcare.org

704-403-9118

Atrium Health-Northeast Rehabilitation Outpatient Services

Nancy A. Murphy, Nancy.Murphy@atriumhealth.org

704-403-9118

Caldwell County

Caldwell Memorial Rehabilitation Services

1031 Morganton Blvd., Suite A, Lenoir, NC 28645

Angela Smith, OT; angela.smith3@unchealth.unc.edu

Keisha Paige, PT, CLT; kp20351@yahoo.com

828-757-6226

Carteret County

Carteret Health Care

Julie Cooper, DPT; jacooper@CCGH.org

252-499-6461

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Catawba County

Ability Orthopedics-DME

Crystal Link, Nyjetergirl2@charter.net
828-326-7161

Frye Regional Medical Center

Tennisha Mitchell; tennisha.epps@tenethealth.com or tennisha.mitchell@lpnt.net
828-315-3186

Piedmont Medical Supply, Inc-DME

752 4th St. SW

Hickory, NC 28602

Deborah Few, dfew@ncpms.com;

Emery Sherrill, esherrill@ncpms.com

828-327-6970, fax: 828-327-2878

Watauga Medical Center/Wellness Center

Michelle Forest; mforrest@apprhs.org

Shirley Faw

828-268-9043

Cleveland County

Cleveland Regional Medical Center

Angela Brooks; angela.brooks@carolinashealthcare.org

704-477-9765

Tonya Craig; tonya.craig@carolinashealthcare.org

704-482-1191

Concord County

Paragon Surgical Specialists-DME

Michelle Long; mlong@paragonsurg.com

704-262-1656

Carolina Medical Center Northeast – Breast Health Center

Ruth Smith; ruth.smith@carolinashealthcare.org

704-403-4963

Craven County

Carolina East

Amy Burdulis; aburdulis@carolinaeasthealth.com

252-634-6120

Cumberland County

South Eastern Health

Sara Warren, MS OTR/L CLT; rose03@srmc.org

910-779-1967

Advance Physical Therapy Solutions

Gidget Wilkerson, PTA CLT-UE; gidget.wilkerson@APTSNC.com

Ashley Chandler, DPT, CLT; Ashley.Chandler@APTSNC.com

910-423-5550

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Durham County

Duke Med

Leigh Wilfley; leigh.wilfley@duke.edu

Massage & Lymphedema Care

Doris Laing, LMBT; dorie@laingmassage.com

919-489-2497

Duke-Lenox Baker

Lisa Massa, PT, WCS, CLT; lisa.massa@duke.edu

Chris Holladay, PT, DPT, WCS, CLT-LANA, CSCS; Christina.holladay@dm.duke.edu

Amanda Heath, PT, DPT, CLT; Amanda.heath@dm.duke.edu

Peter Kay; PTA, CLT; peter.kay@duke.edu

919-684-0874

The Elmore Center

5720 Fayetteville Rd, Suite 201, Durham, NC 27713

Brook Elmore, PT, DPT, CLT

919-251-5306

Hillcrest Convalescent Center

1417 West Pettigrew Street

Durham, NC 27705

Crystal Williams, MPT, CLT; cismith801@gmail.com

919-286-7705

Edgecombe County

Heritage Hospital/Rehabilitation Therapy Services Department

111 Hospital Dr., Tarboro, NC 27886

Alex Measamer, OT

252-641-7776

Franklin County

Rhodes Medical Massage

116 Camille Circle, Youngsville, NC 27596

Mary Rhodes, CLT-LMBT; rhodesmedicalmassage@gmail.com

919-413-5859

Forsyth County

Kernersville Outpatient Center: Novant Health

Trisha Monroe, PT, CLT; pwshelton@novanthealth.org

336-996-7001

Novant Health

Stephanie Rehm, DPT, CLT-GCS; slrehm@novanthealth.org

336-718-6735

Gaston County

Caromont Rehab and Sports Medicine Gastonia, NC 28054

Marian Schrader OTR/L, CLT; marian.m.schrader@gmail.com

704-671-5730

Georgetown (SC) County

Prince George Healthcare and Rehabilitation

Diane Dolan; rndianed@gmail.com

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Guilford County

Cone OP Cancer Rehabilitation

Donna Salisbury, PT, CLT; donna.salisbury@conehealth.com
336-271-4940

Marti Smith, PT, CLT; marti.smith@conehealth.com
336-271-4940

Teresa Brown, PT, CLT; Teresa.brown@conehealth.com
336-549-6357

Cone Health

Valerie Rosenberger, Valerie.rosenberger@conehealth.com
336-337-4166

Patricia Clay, OT; patricia.clay@conehealth.com

Robin Walcott; robin.walcott@sosbonedocs.com
336-508-9588

Kara Tevis, kara.tevis@gmail.com
336-271-4840

High Point Regional

600 Elm Street, High Point, NC 27410

Cassandra Downtin, PT, CLT cassie.downtin@gmail.com
336-878-6915 fax: 336-878-6933

Harnett County

Total Body Therapy and Wellness

The Square At Lillington, Lillington, NC 27546
(910) 893-2850

Iredell County

The Wellness Source

Cathy Ross, cross@wellness-sourceinc.com

Heather Little, hlittle@wellness-sourceinc.com
704-778-1393

Lymphatic Health Center – Mooresville

517 Alcove Rd, Suite 101, Mooresville, NC 28117

Stephanie King, OTR/L CLT; stking123@yahoo.com
704-778-1393

Davis Regional Medical Center

218 Old Mocksville Rd, Statesville, NC

Jill Ferrell, OTR/L CLT; Jill.Ferrell@Davisregional.com

Patricia Monroe, patricia.monroe@davisregional.com
704-838-7620; fax: 704-838-7095

Jackson County

Harris Regional Hospital/Duke Lifepoint Sylva/Westcare Rehabilitation Services

68 Hospital Rd. , Sylva, NC 28779

Lauren Sides, PT; lparker03@gmail.com
828-586-7235

Johnston County

Johnston Health Rehab Medical Mall

14 North Brightleaf Blvd. Ste. 1120, Smithfield NC 27577

Karina Zugaj, OTR, MOT, CLT karina.zugaj@unchealth.unc.edu
919-938-7296

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Lincoln County

CHC – Lincolnton and Denver

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Merri Finn; Meredith.finn@carolinashealthcare.org

980-212-7020

Lynne Ross; Mary.Lynne.Ross@carolinashealthcare.org

Mecklenburg County

Atrium University Outpatient Rehab

Julia Cantwell, OTR/L; Julia.Cantwell@atriumhealth.org

704-863-5780

Carolinas Rehabilitation – Blumenthal Cancer Center

Lauren Tate; lauren.crossley@carolinashealthcare.org

Susan Postell; susan.postell@carolinashealthcare.org

704-335-5210

Carolinas Rehabilitation - Blythe

Beth Koenig; beth.koenig@carolinashealthcare.org

704-446-9946

Carolinas Rehabilitation-Matthews

1401 Matthews Township Pkwy, Suite 225; Matthews, NC 28105

Page Phillips Mack; page.mack@carolinashealthcare.org

704-841-2104; fax: 704-841-2127

Carolinas Medical Center

Jaime Tippet Poe, PT, DPT, CLT; Jaime.tippetpoe@carolinashealthcare.org

704-863-4056

Carolinas Rehabilitation – Pineville

Suzanne Emory; Suzanne.emory@carolinashealthcare.org

704-667-2500

Catherine Holsten, OTR/L, CLT; Catherine.holsten@carolinashealthcare.org

Carolinas Rehabilitation - University

Diane Schleicher; diane.schleicher@carolinashealthcare.org

Kristen Jones, OT; Kristen.jones@carolinashealthcare.org

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Novant Health Lymphedema

Lori Phillips; lphillips@novanthealth.org

980-245-6952

Tammy Alford; talford@novanthealth.org

704-316-1903

Presbyterian Hospital Outpatient

Sandra Graunke; sgraunke@gmail.com

704-779-7858

Integra Rehab

Sharon Kanelos; skanelos@integrarehabphysicians.com

704-965-6787

Griffin Home Health

Tiffani Ross; tross@griffinhomehealthcare.com

Caitlin Echave; CEchave@griffinhomehealthcare.com

Katie Nolan; KNolan@griffinhomehealthcare.com

704-347-1993

Integrative Massage Concepts of Charlotte

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Dorothea Weinschuetz, LMBT CLT; matt@imccclt.com

Moore County

1st Health Rehab

12 Avamore Dr., Pinehurst, NC 28374

Kristy Pusser, OT

910-295-0660

New Hanover County

Self Care Therapy

Connie Ammann, OT; conniebammann@hotmail.com

910-512-1015

David Wilson, reaveswilson@hotmail.com

910-262-6334

Robert Erkstam, Robert@selfcaretherapy.com

910-233-0730

Lymphedema Management of Wilmington

Alicia Donatone; lymphmgmt@gmail.com

910-392-3986

Mariner Health of Wilmington Outpatient Rehab Services

820 Wellington Ave., Wilmington, NC 28401-7618

Kim Jordan, OT

910-343-0425

New Hanover Regional Medical Center/Oleander Rehab Center/Outpatient Physical and Occupational Therapy

5220 Oleander Dr., Wilmington, NC 28403-7021

Elizabeth Hinshaw, PT ehinshaw@ec.rr.com

910-452-8104

Physical Therapy for Women/Lymphedema Treatment Program

5919 Oleander Dr., Suite 123, Wilmington, NC 28403-4757

Amanda Knauff, PT; Samantha Huebner, PT

910-798-2318

Healthcare Management

7809 Reunion Road, Wilmington, NC 28411

Karen Lowdermilk COTA/L, CDT, MLD karenllowdermilk@hotmail.com

910-352-7028

Bodies In Balance

5710 Oleander Dr. Suite 211, Wilmington, NC 28403

C. Beth Connell PT, DPT, OCS binbpt.com

910-398-6301

14057 Hwy 17N, Suite 230 Hampstead, NC 28443

910-821-3377

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Orange County

UNC Healthcare - Chapel Hill

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Jennifer Harrington, PT, DPT, WCS, CLT; jennifer.harrington@unchealth.unc.edu

984-974-9700

Duke-Hillsborough Clinic

Kaye Harris, PT, CLT; kaye.harris@duke.edu

919-643-4529

Lisa Messier, LLC

Lisa Messier, LMBT, CLT; lymphaid@gmail.com

Durham and Chapel Hill 919-886-6778

Comprehensive Physical Therapy

115 Timberhill Place, Chapel Hill, NC 27514

Susan Mullins PT, CLT smullinsPT@gmail.com

919 967-5959

Pitt County

Avila Physical Therapy for Women's Health – Greenville

Allyson Daugherty, PT, CLT, CFm; Allyson@avilapt.com

252-215-5225

Peak Performance Sports and Physical Therapy

Becky Holmberg, PT, CLT; Bholmberg@peakperformanceclinics.com

910-550-2515

Randolph County

Ryan Zell DME Ames Walker 336-629-0564, fax: 336-629-0632

Richland (SC) County

Palmetto Health Baptist

Marie McGowan; marie.mcgowan@palmettohealth.org

803-296-5486

Shanda Berg, PT, CLT; Shanda.berg@palmettohealth.org

803-296-5675

Robeson County

Lifestyle Center for Rehabilitation – SRMC

Lisa Donovan; donova01@srmc.org

910-738-4554

Rockingham County

Morehead Memorial Hospital Outpatient Physical Rehabilitation

640 South Van Buren Rd., Eden, NC 27288-5201

Sarah Moser, OT

336-627-6199

Rowan County

Lymphedema Solutions Physical Therapy

Pam Roseman; lymphedemasolutions@carolina.rr.com

704-213-4952

VA Medical Center

1601 Brenner Ave

Salisbury, NC 28144

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Rutherford County

Rutherford Regional Medical Center

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Tiffany Warner; tiffany.warner@rutherfordregional.com

828-247-1588

Sampson County

Sampson Regional Medical Center/Outpatient Rehabilitation

405 Beaman St., Clinton, NC 28328

Dusty Glover, PT

910-596-4244

Scotland County

Scotland Memorial Hospital/Rehabilitation Department

500 Lauchwood Dr., Laurinburg, NC 28352

Cathy McBride

910-291-7800

Stanly County

Stanly Regional Medical Center

Kelly Lockamy, kelly.lockamy@stanly.org

704-984-4290

Jodi Merritt, jodimerritt@windstream.net

Suzie Ehmann, suzie.ehmann@stanly.org

704-984-4159

Komeh Zilka, komeh.zilka@stanly.org

704-984-4298

Surry County

Healthy Lymphatics

Andrea Perkins, andreaperkins7@yahoo.com

910-398-0966

Carmen Albu, healthylymphatic@att.net

828-355-9584

Union County

Carolina Medical Center – Union

Chandra Stegall; Chandra.stegall@carolinashealthcare.org

980-993-3277 Fax: 980-993-3269

Tricia Bryan, OTR/L, CLT; tricia.bryan@carolinashealthcare.org

704-993-3277

Superior Home Medical-DME

Courtney Garrison; Courtney@superiorhomemedical.com

704-225-0285

Autumn Care Marshville

Nicole Craven; nicolemariecraven@gmail.com

704-624-6643

Vance County

Maria Parham Medical Center

Liz Karan; karane@mphosp.org

252-436-1604

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Virginia

Monarch Continuing Education

Carmen Thompson; carmen@monarchce.com

Wake County

Rex Hospital

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Nancy Reifsteck, OT; nancy.reifsteck@rexhealth.com

Robynn Wilhelmi; robynn.wilhelmi@unchealth.unc.edu

Valerie Hunsel; valerie.hunsel@rexhealth.com

Margaret Hatfield; Margaret.Hatfield@unchealth.unc.edu

919-784-4696

Emily Sourisak; Emily.sourisak@gmail.com

919-784-2082

Katie Marakas; Katie.Marakas@unchealth.unc.edu

(919) 570-7746

Rex Home Services Wake County

Lisa Topolsky lisatopolsky@hotmail.com

Work cell: 919-210-5763 personal cell: 919-395-9808

Duke + Brier Creek Clinic

Amy Pannullo, PT, DPT, WCS, CLT; amy.pannullo@duke.edu

Jillian Wojt, PT, DPT, CLT; jillian.wojt@duke.edu

919-206-4868

Dunn Physical Therapy

981 High House Rd, Cary, NC 27513

Laura Suter, PT

919-388-0111

Moonshadow Therapeutic Massage

216 E Chatham St. Cary, NC 27511

Cristi-Anne Holder

919-466-9494

WakeMed Outpatient Services

3701 Wake Forest Rd Suite 120., Raleigh, NC 27609

Laura McCarthy, OT, OTR/L, CLT; lmccarthy@wakemed.org

919-350-4199; fax: 919-878-7669

WakeMed Wound Care Center

3000 New Bern Avenue, Raleigh, NC

Cynthia Wulff-Haver PTA-CLT

919-350-4515

WakeMed Acute Care Rehab Services (main)

3000 New Bern Avenue, Raleigh, NC

Lori Gupton, OTR/L, CLT

919-350-8950

WakeMed Cary

1900 Killdaire Rd, Cary, NC 27518

Stacy Patterson, OTR/L, CLT; spatterson@wakemed.org

919 350-1985; fax: 919-350-2315

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Wake County cont

Activcare Specialty Clinic

3100 Blue Ridge Rd., Suite 204, Raleigh, NC 27612
Holly Honeycutt, PT
919-535-8528

A Touch of Heaven Massage

4517 Leadmine Road, Raleigh, NC 27612
Mary Sietz, LMBT, CLT; mary_seitz@hotmail.com
919-539-6798

Brookdale Home Health

5713 Enoree Lane; Raleigh, NC 27616
Colleen Cox, PT, DPT, CLT; colleen.mcbee@gmail.com
330-760-4375

Duke Raleigh Outpatient Rehab

Carol Johns, PT, CLT; carol.johns@duke.edu
Kimberly B Mann PT; Kimberly.b.mann@duke.edu

Wake Medical Massage

203 N. Harrison Ave Ste 206, Cary NC 27513
Shashi Lodhia, LMMT, CLT wakemedicalm@gmail.com
919-228-9559

Carolyn Alexander DME; carolyn7NC@gmail.com 919-523-9564

Body Supports Unlimited-DME

Julie Bragg; Julie@ncopi.com 919-523-9564

Watauga County

Watauga Medical Center

232 Boone Heights Drive, Catawba
Michelle Forrest, mforrest@apprhs.org
Shirley Faw
828-268-9043

A Perfect Fit-DME

Melissa Meares; mmeares@ncpms.com; melissameares@gmail.com
Donna Warmuth; dwarmuth@ncpms.com
(828) 386-6250

Wilkes County

Wilkes Regional Medical Center/Outpatient Rehabilitation Services

1370 West D St., North Wilkesboro, NC 28659
Angela Powers, OT
Christal McKinney; cmckinney@wilkesregional.com
336-903-7850

Wilson County

Wilson Medical Center Rehab Services

Lori Boswell; lori.boswell@gmail.com
252-399-8147

